



THE LYNN JOURNAL

Thursday, February 6, 2020

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CITY CHAMPIONS



Lynn Classical Swim Team with Coach Denise Silva raise the Brad Tilley Cup as 2020 City Champions. See Pages 6 and 7 for more photos.

Rick Wood seeks seat on Mass. GOP State Committee

By Thomas Grillo

A Republican for just eight years, Rick Wood is running for a seat on the Massachusetts GOP State Committee.

“I’m running to raise the profile of our Republican party,” he said. “I’ve been an active member of the Lynn Republican City Committee by participating in sign-holding standouts, gathering nomination signatures, and doing neighborhood leaflet drops.”

But first, the 60-year-old president of Wood & Associates Insurance Agency will have to defeat an incumbent who has been active in Republican politics since his high school days when Arizona Sen. Barry Goldwater challenged former president Lyndon B. Johnson for the White House in 1964.

Stephen Zykofsky, 72, has served Lynn and the Third Essex District, which also includes Lynnfield, Marblehead, Nahant, Saugus, and Swampscott, for more than five decades.

Members of the State Republican Committee help build the party by recruiting candidates, fundraising, and registering voters. One state committeeman and one state committeewoman are elected from each of the state’s 40 senate districts every four years.

“All those years, while I was out working for the Republican Party and raising money, Rick



Rick Wood

was not doing anything for the party,” said Zykofsky.

In making his case for re-election, Zykofsky said he has not only been a loyal Republican, but has the experience. He has been chairman of Massachusetts Young Republicans, served on Republican National Committee, and chaired the Lynn Republican City Committee.

“I know the players, I have lots of institutional knowledge, and I know about the election laws,” he said.

Zykofsky has secured the backing of longtime party members.

Massachusetts Chairman James Lyons said the incumbent understands the challenges Republicans face and has been a huge proponent of GOP policies.

Please see WOOD Page 3

Dudley receives scholarship to Tufts University

By Kate Anslinger

Lynn English High School senior, Tallia Dudley recently received news that she has dreamed of for years. The QuestBridge Scholarship recipient received a full boat to Tufts University, a college that she had fallen in love with during a recent visit and had hoped to attend ever since she decided that she wanted a career in biomedical research.

“When I was matched, I was overwhelmed with happiness and a sense of relief,” said Dudley. “My mom and I were screaming and crying because this single decision was able to lift a gigantic burden off of me and my family. There are no words that could completely describe the joy I felt on that day and how I continue to feel as a match recipient. Receiving the Match Scholarship has completely changed my future. For years I anticipated that, even if I was lucky enough to be ad-



Tallia Dudley, Lynn English High School senior and recipient of the QuestBridge Scholarship.

mitted into a prestigious college or university, I would still have to worry about how I would afford to attend.”

Dudley was prepared to apply for several scholarships, hoping she would be able to come up with the necessary finances;

otherwise, she’d have to consider attending a school simply for the aid, and not one that she had dreamed of. Her fear of a lifetime of student loans diminished as soon as she heard the news that she was a match scholarship recipient, which is a full scholarship that requires no loans or contributions from the student.

This past October, Dudley attended the Tufts fly-in program, and in those two days she fell even more in love with the university, confirming her determination to attend.

“I vividly remember one day in my freshman year when I looked up at the college banners in the cafeteria and pointed at the Tufts one saying that it was going to be mine someday. Little did I know that not only would I be attending Tufts for undergrad, but also on a full scholarship,” she said.

Dudley has witnessed hard

Please see DUDLEY Page 3



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EDITORIAL

HAVE WE TURNED A CORNER?

For the first time since 2014, life expectancy in the United States has risen after four years of decline, according to a report released this past Thursday by the U.S. Centers for Disease Control and Prevention.

Overall life expectancy rose to 78.7 years in 2018, a slight increase from 2017, when life expectancy stood at 78.6 years.

Despite the increase, life expectancy in the U.S. only stands at where it did in 2010. In other words, we've had a decade of stagnation in our country's life expectancy, the only Western nation to have no gain in this ultimate measure of national health.

Worse than that however, is this statistic: Life expectancy in the U.S. has fallen behind even poor nations, such as Portugal, Costa Rica, Cuba, and Slovenia, all of whom trailed far behind us in the 1990s.

Many factors have contributed to the recent national decline in life expectancy, most notably the opioid crisis, suicides, and alcohol abuse. These are what experts refer to as "deaths of despair," a statistic that has risen dramatically among the American white male population of all ages.

So here's one question: If it is true that we are still amidst the longest economic recovery of all time, why have America's "deaths of despair" reached an all-time high?

In our view, one obvious answer is this: The economic gains of the past decade have accrued only to the very wealthy, which in turn has resulted in many Americans falling out of the middle class and others not being able to get there.

Consider that the national minimum wage in the U.S. presently is a paltry \$7.25. And just how paltry is it? If the increase in the minimum wage had kept pace with the increase in the cost of living for the past 50 years (the minimum wage in 1968 was \$1.60), the minimum wage today would be about \$22.00. If you do the math, the lowest-paid workers in the U.S. should be making at least \$800 per week; instead, they are making only about \$300 per week.

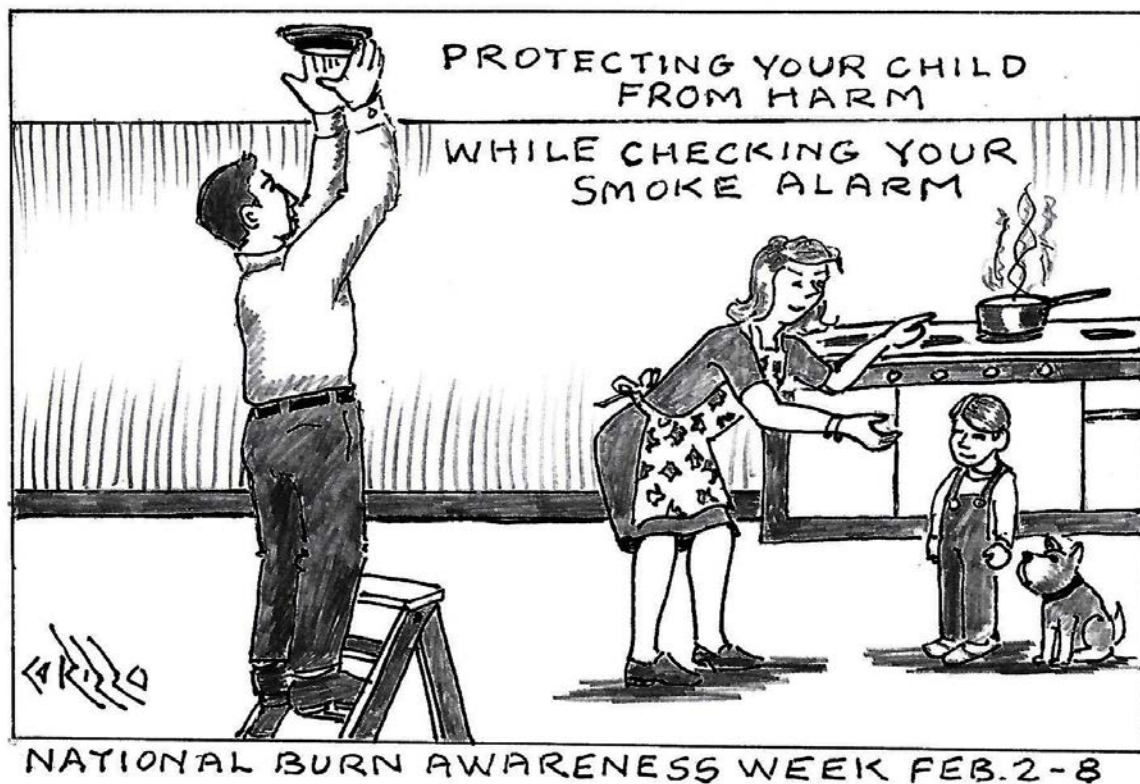
However, the working poor are not the only ones who have been left out of our nation's supposed economic growth. The median household income in the U.S. in 1968 was \$7,700. If that figure had kept pace with the cost of living, the median income today would be more than \$90,000. However, median household income in the U.S. in 2019 was just \$63,000, far below where it should be.

So now ponder this thought: If things have remained bleak for many of our fellow Americans even during the longest economic expansion on record, what will happen when the next recession hits?

The bottom line in America in 2020 simply is this: The very wealthy are getting much wealthier, while everybody else is getting poorer, with the costs of housing, health care, nursing home care for seniors, and a college education increasingly eluding the grasp of the rapidly-sinking American middle-class.

The end result of this economic dislocation can be seen in our national health statistics that show an increase in "deaths of despair" and an overall decline in our national life expectancy.

The stark reality of America in 2020 comes down to this: Americans today are living shorter -- and unhappier -- lives.



NATIONAL BURN AWARENESS WEEK FEB. 2-8

GUEST OP-ED

Oh, the woe of losing things

By Melissa Martin, Ph.D.

Socks, gloves, ink-pens. The sneaky universe steals these things from me. Or the Sock Fairy visits while I sleep and hides one sock of each color. Or a hungry Glove Grinch lives in my coat pocket. And I've left countless umbrellas behind—only to be reminded on the next rainy day. I am the queen of losing one earring.

The Mystery of Missing Socks

Why do socks disappear? A sock monster with lots of feet. A black hole in the washer or dryer. Socks get divorced. What's the deal?

Here is one theory. During the wash, a sock runs away from home and creeps into the laundry drum. The rotations separate items and a sock gets caught behind the drum or into the wastewater hose.

The Mystery of Missing Gloves

We can understand why kids lose gloves, but what about adults? This winter I purchased new gloves and vowed to pay attention and not lose one. Within two weeks, I had an orphan glove. Did the mate jump out of my pocket and join the hand circus? I threw a party for a lost

glove reunion, but no luck.

Memory Loss Related to Emotional Problems

"Emotional problems, such as stress, anxiety, or depression, can make a person more forgetful and can be mistaken for dementia. For instance, someone who has recently retired or who is coping with the death of a spouse, relative, or friend may feel sad, lonely, worried, or bored. Trying to deal with these life changes leaves some people feeling confused or forgetful," according to article by the National Institute on Aging.

Memory problems can occur from trying to juggle too many balls in the air; not enough sleep from burning the candle at both ends; and runaway stress. Some drugs list memory loss as a side effect.

Age-Related Changes in Memory

"Forgetfulness can be a normal part of aging. As people get older, changes occur in all parts of the body, including the brain. As a result, some people may notice that it takes longer to learn new things, they don't remember information as well as they did, or they lose things like their glasses. These usually are signs of mild forgetfulness, not serious memory problems, like Alzheimer's disease." www.nia.nih.gov

What's Normal

Absentmindedness occurs when you aren't paying close attention to the activity at hand. Occasionally forgetting where you placed things. Forgetting facts over time. Like computers, our brains need to purge old data to make room for new. A "tip of the tongue" memory slip that you remember later. Utilizing reminders to help you remember. Despite memory lapses, if your personality and mood remain the same, it's a good indicator that it's probably not something more serious. That's according to Helena Chang Chui, MD, a neurologist at Keck Medicine of USC.

I lose my car in parking lots, often. Is misplacing your cell phone, purse, or keys part of your daily routine? Do you put special things in special places to not forget, and then forget? The land of the lost has recently claimed a pair of my favorite glasses.

My solutions: Wear mismatched socks on my hands and outsmart the Sock Fairy and the Glove Grinch. Handcuff car keys to my wrist. And buy an old lady eyeglass chain or strap.

Melissa Martin, Ph.D., is an author, columnist, educator, and therapist. She lives in Ohio. Contact her at melissamcolumnist@gmail.com.

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Wood / CONTINUED FROM PAGE 1

“You can’t replace the kind of experience he brings to the table,” he said.

National Committeeman Ron Kaufman said Zykofsky is committed to the GOP and has worked tirelessly to raise the party’s profile.

“I have known Steve for a long time and while he sometimes ruffles feathers, the first thing to know about him is, when he tells you something you can take it to the bank,” he said. “He is straightforward and that quality in politics is rare.”

State Committeewoman Amy Carnevale of Marblehead said she committed to Zykofsky early on, before Wood entered the race.

“I’m standing by my support of Steve,” she said. “Each of the candidates present different personalities, and would bring different attributes to the position,” she said. “But Steve has lots of experience and with that comes lots of expertise and knowledge on how the State Committee works. I have seen how he has translated that knowledge here. Those are valuable skills.”

Still, Wood has already lined up support from some of the city’s high profile Republicans. Former Mayor Judith Flanagan Kennedy has pledged her support.

“I told Rick I would support him,” she said. “But it has nothing to do with my feelings toward Steve. I love Steve. I just feel as though he has served us well for a few decades and it might be time to try something different.”

John Krol, chairman of the Lynn Republican City Committee and Kennedy’s former chief of staff, said over the last few years he and Wood have held signs and distributed literature on behalf of Republican candidates.

“He has shown through words and deeds that he is up for the

job,” he said. “He has hosted several successful Republican fundraisers at his home. He’s out there doing things for the party. Rick would do a good job.”

Ward 2 City Councilor Richard Starbard agrees.

“Steve has done a good job, but Rick will also do a good job and bring different skills to the party,” he said.

When Wood turned 18 in 1977, he registered as a Democrat. At the time, President Jimmy Carter was in the White House. Micahel Dukakis was governor, U.S. Rep Michael Harrington (D-Mass) represented the 6th District, while U.S. Senators Edward M. Kennedy and Edward Brooke, a Republican, were in office. But that changed in 2012.

“I felt like the Democratic Party left me,” Wood said of his decision to move to the Republicans. “The Democrats have become left leaning. I consider myself a moderate and believe in a strong border, limited government, free enterprise, and law and order. I just felt like I wasn’t in tune with the Democrat Party anymore.”

Wood is well known for his involvement in the community through his business, as a Chamber of Commerce officer, and as a member of the Zoning Board of Appeals.

“It’s important to have someone that’s well received and known and someone who stands up as Republican,” he added.

A Lynn Republican is hard to find. Of the 53,415 registered voters in the city, only 6 percent are party members while 42 percent are Democrats.

Most Lynn voters, 50 percent of them, are unenrolled, and do not identify as Democrat or Republican, but they can choose a Republican primary ballot.

The candidates will face off during the presidential primary on Super Tuesday, March 3.

Dudley / CONTINUED FROM PAGE 1

work pay off, and she will take what she has learned about balancing a busy schedule and apply it to her college career. The 17-year-old tennis athlete is President of the National Honor Society, Captain of the Quiz team, and a member of the Math Team, Environmental Club and La Vida Scholars. When she is not busy with schoolwork, she volunteers at the Phillips Manor Nursing Home, spending time with the residents. She also spent two summers working on research projects in the Translational Research Laboratory at

Boston Children’s Hospital.

Dudley shares her advice on success inside and outside the classroom.

“From a young age I have always had the determination to be a successful, well-rounded individual. I always made sure that my schoolwork was my top priority, then I found time for extracurriculars that I had a passion for. Personally, I always like to make the most of my time and always want to be busy. When it comes to success, you have to be your biggest motivator, even when others are satisfied with

the work you put out, you are the only one who knows your full capability and if you know you can push harder, then it is up to you to do so. I have had this mentality since I started in elementary school, but it is never too late to start. At the same time, make sure that what you are doing is making you happy. I never did any of this for acknowledgement from others, I did this because I knew the happiness it would bring me in the end. Without this end goal I do not think I would have found it within me to try so hard.”

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Health Center announces new Chief of Human Resources

Lynn Community Health Center is pleased to announce that Kathy Duggan has joined the Executive Team as Chief Human Resource Officer. Duggan was hired in April 2019 as the Interim Chief Human Resource Officer and over time emerged as the leading candidate to take on the role permanently.

“As Interim Chief I was drawn to the mission of this organization, the people who work here, and the opportunity to serve LCHCs talented and dedicated employees,” she said. “I look forward to continuing the good

work that has been done in hiring talented people and creating a culture of engagement for the employees at LCHC.”

Duggan worked for over thirty years at General Electric, holding Human Resource leadership positions both at the GE Aviation facility in Lynn and at GE Corporate. She has extensive experience with selection processes, employee relations, conflict resolution, training and development, coaching teams and individuals for success, and improving HR processes. Most recently, she worked for Insight Performance,

an HR Consulting agency providing services to small to mid-size companies. Through her work at Insight, she got exposure to Community Health Centers and the challenges they face.

Lynn Community Health Center has grown into one of Lynn’s largest employers with more than 650 employees at six locations throughout the city and 17 School Based Health Centers, caring for approximately 42,000 patients each year.

“Kathy’s experience at a large corporation combined with her more recent hands-on experience

with community health centers makes her uniquely qualified to take the lead here at Lynn Community Health Center,” said CEO Kiame Mahaniah, MD. “She will provide guidance and stability for a staff that has more than doubled in the past decade.”

Duggan is a graduate of the Industrial and Labor Relations School at Cornell University and is actively engaged in the Cornell Alumni Association. In her down time, she enjoys reading, walking, gardening, and spending time with her family.



Kathy Duggan

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PASTA DINNER ON THE EVE OF THE LYNN CITY MEET



The captains of the Lynn Classical High School swim team are pictured at the Pasta Dinner Friday night at the school. Front row, from left, are Mushfiqur Dhrubo, Anna-Maie Alukonis, Ava Georgenes, Shannon Dunnigan, and Adam Mariano. Back row are Zach Westin and Jacon Lang.



The Lynn Classical High School Swim Parents hosted a Pasta Dinner for the team on the eve of the annual Lynn City Meet. Pictured at the event are, from left, Lisa Finnigan, Debbie Lang, head coach Denise Silva, John Lang, Amy Mariano, Kathy Alukonis, Norma Georgenes, assistant coach Kay Rowe, and assistant coach Charlie Rowe.

TYLER DRINAN SIGNS LETTER OF INTENT

A transition from soccer to football proved to be the calling for Tyler Drinan. He began playing football in his junior year. With dedication and talent the Lynn English football place-kicker began splitting the goal posts with precision and with booming deep kickoffs.

The assistant football coach introduced Tyler to Head Coach Chris Carroll for a try out. Not sure at first how the outcome would be according to Coach Carroll, but with a few kicks, the coach knew Tyler would be a valuable asset on the team.

Coach Carroll said, "Tyler showed his talent and he took off from that point. He continued to work hard improving his skill that earned him a football scholarship". As Coach Carroll continued, "Tyler had his own set up at practice and worked on his skill even during the off season. I could see improvements he made from his junior year into his senior year. I believe his best foot-

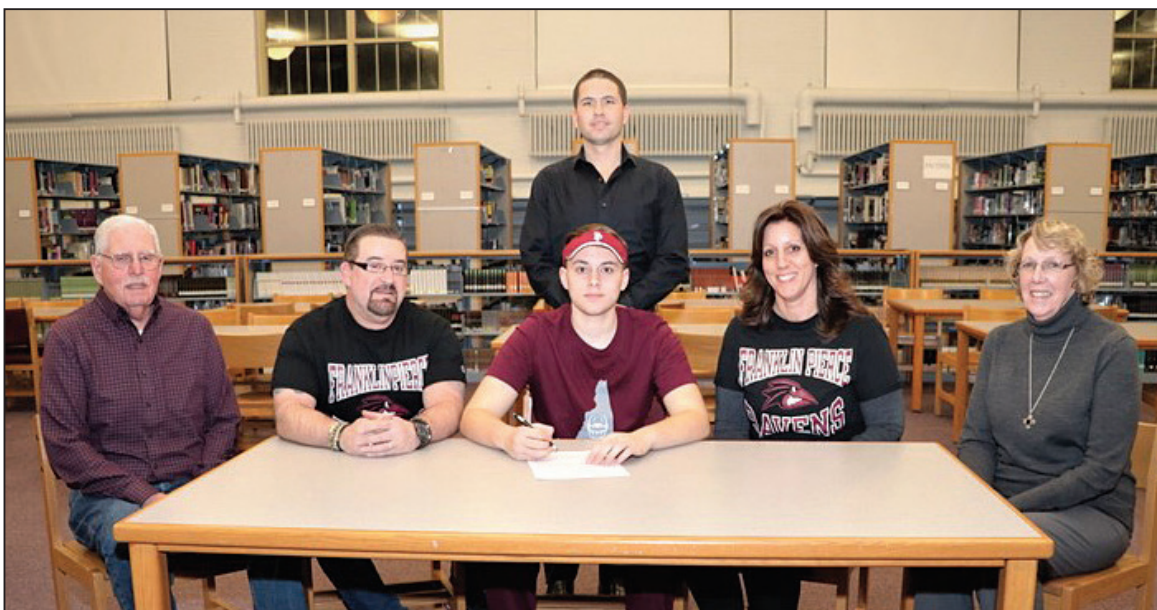


Proud Coach Chris Carroll with Tyler Drinan signing his Letter of Intent to Franklin Pierce University.

ball is ahead of him".

Tyler is a good academic student with a 3.5 GPA. He received several college football offers,

but selected Franklin Pierce University in Rindge, NH. Tyler will major in Sports Management.



Tyler signs his National Letter of Intent to Franklin Pierce University – (L-R); Grandfather John Curcuru, Father - Michael Drinan, Tyler Drinan, Coach Chris Carroll, Mother - Amy Drinan, and Grandmother Linda Curcuru.

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THE CITY SWIM/DIVE CHAMPIONSHIP MEET

Enthusiasm, excitement, and energy flowed throughout the entire City and Diving Championship at the Peter Sawin Lynn Tech Pool. A full house of supporters, parents, and former swimmers cheered swimmers during each contest.

Before the meet began, each high school senior was recognized and received a Hawaiian Lei of their school colors for their participation in the Lynn swim program.

Lynn Tech Head Coach Brad Tilley was honored for his 44 years of coaching swimming in the city. He coached at three different high schools and won City Championships at each school

besides amassing 300 win combined from the swim program.

Lynn Classical captured the 2020 City Championship as Coach Denise Silva said with excitement, "This swim meet was very competitive. Throughout the season our team worked very diligently. Lynn Tech and Lynn English were great against us and we had to work hard to win". As Denise continued, "I am proud of this city swim program. This is like a big family how we compete against each other and cheer each other on. I thank the support from the parents, former city swimmers, and the coaches who make this program the best for our swimmers".



High School Swim Coaches Honor Coach Brad Tilley – Richard Bucko (LVTI), Kate Rowe (LCHS), Denise Silva LCHS Head Coach , City Diving Coach Donald McKenney, Coach Brad Tilley, John Hogan (LVTI), Charlie Rowe (LCHS), and Lynn English Head Coach Lisa Trahant.

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Lynn English Senior Swimmers – Coach Matt Trahant, Captain Hannah Trahant, Heather Callanan, Captain Mary Lawlor, Veronica Mason, Captain Brook Zahine, and Head Coach Lisa Trahant.



Lynn Tech Senior Swimmers – Coach John Hogan, Coach Richard Bucko, Ben Donegan, Chris Chanvarin, Oliver Brooks, Dustin Bloom, Luis Hernandez, Savanna Joyce, Nathan Whicomb, and Jacob Lejeune, Head Coach Brad Tilley.

THE CITY SWIM/DIVE CHAMPIONSHIP MEET



Lynn Classical Coach Charlie Rowe presents a plaque to Coach Brad Tilley of Recognition for his 44 years of coaching the Lynn High Schools Swimming Program.



Lynn Classical 200 Medally Relay with a winning time of 2:05 minutes – CJ Flores, Daniel Puma, Adam Mariano, and Maxwell Gonzalez.



City Diving Coach Donald McKenney congratulates Lynn English City Diving Champion Hannah Trahant along with Divers - Josh Lessard of Lynn Classical, and Lynn Tech Luis Hernandez.



Championship Dive by Lynn English Hannah Trahant.



Lynn Classical Senior Swimmers – (Front): Coach Charlie Rowe, CJ Flores, Mushfigur Dhrubo, Mario Sordillo, Zack Westin, Max Gonzalez, Jacob Lang, and Head Coach Denise Silva; (Back): Coach Kate Rowe, Crystal Lopez, Shayla Thach, Dianne Hernandez, Ashley Robles, Ava Georgenes, Shannon Dunnigan, Anna-Marie Alukonis.



Lynn English Cole Story wins the 50 Free Style (1) with a time of 26:98 seconds.

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CLASSICAL GIRLS BASKETBALL IN HOOP ACTION AGAINST SAUGUS

The Lynn Classical High girls basketball team played Saugus in a Northeastern Conference game last Friday night at Classical. It was a well-played, hard-fought game, but Saugus had a surge in the fourth quarter to defeat the Rams, 59-48.

Coach Tom Sawyer's Rams rebounded nicely with a strong 54-36 victory over Salem Tuesday night. Classical hosts English Friday night.



Freshman guard Ava Thurman sets for a free throw in Classical's game against Saugus. Thurman scored 12 points for the Rams.



Amber Crayton brings the ball all the way to the Saugus end of the court.



Senior Guard Lindsey Valeri gets closely guarded as she brings the ball into play.



Freshman Guard Lauren Hennessey looking to set up a play. Hennessey scored 7 points for the Rams.



Jean Gupton Morrison runs into lots of Sachems under the basket. Gupton-Morrison led the Rams with 14 points.



Junior Guard Sajada Dean dribbles the ball toward the basket.

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LOCAL STUDENTS EARN ACADEMIC HONORS

ENDICOTT COLLEGE ANNOUNCES LOCAL DEAN'S LIST STUDENTS

Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2019 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following Lynn students have met these requirements

- Amanda Carroll, Nursing
- Christopher Cole, Business Management
- Alexis Ferraro, Nursing
- Michaela Hamill, Liberal Studies/Education
- Haleigh King, Criminal Justice

Endicott College offers doctorate, master's, bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites in Boston, online, and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines. For more, visit endicott.edu.

EMERSON COLLEGE ANNOUNCES LOCAL DEAN'S LIST HONOREES FOR FALL 2019

The following students have been named to Emerson College's Dean's List for the Fall 2019 semester. The requirement to make the Dean's List is a grade point average of 3.7 or higher that semester.

Allison Dixon of Lynn majoring in Media Arts Production, and a member of the class of 2020.

Lily Doolin of Lynn majoring in Writing, Lit and Publishing, and a member of the class of 2020.

Based in Boston, Massachusetts, opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through

engaged leadership in communication and the arts, a mission informed by liberal learning. The College has 3,780 undergraduates and 670 graduate students from across the United States and 50 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs in Los Angeles, Washington, DC, the Netherlands, London, China, and the Czech Republic as well as its new Global Portals, with the first program launching this fall in Paris and the second next year in Switzerland. The College has an active network of 39,000 alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

YAMAL-SANTIAGO NAMED TO FALL 2019 DEAN'S LIST AT HOFSTRA UNIVERSITY

Paola Yamal-Santiago of Lynn excelled during the Fall 2019 semester, achieving a GPA of at least 3.5 to earn a spot on the Dean's List.

Hofstra University is a nationally ranked and recognized private university in Hempstead, N.Y. that is the only school to ever host three consecutive presidential debates (2008, 2012 and 2016). Our campus is a leafy oasis just a quick train ride away from New York City and all its cultural, recreational and professional opportunities. We offer small classes and personal attention, with the resources, technology and facilities of a large university. Students can choose from more than 160 undergraduate program options and 165 graduate program options in the liberal arts and sciences, education, health professions and human services, the Peter S. Kalikow School of Government, Public Policy and International Affairs, the Fred DeMatteis School of Engineering and Applied Science, the Frank G. Zarb School of Business, the Lawrence Herbert School of Communication, the Maurice A. Deane School of Law, the Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies, and the Donald and Bar-

bara Zucker School of Medicine at Hofstra/Northwell. Hofstra University is a dynamic community of more than 11,000 students from around the world who are dedicated to civic engagement, academic excellence and becoming leaders in their communities and their careers.

BESSLER NAMED TO DEAN'S LIST FOR THE FALL 2019 SEMESTER AT QUINNIPIAC UNIVERSITY

Jordan Corbishley of Lynn was named to the dean's list for the Fall 2019 semester at Quinnipiac University.

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester.

Quinnipiac is a private, coeducational, nonsectarian institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 7,000 full-time undergraduate and 3,000 graduate and part-time students in 110 degree programs through its Schools of Business, Communications, Education, Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is recognized by U.S. News & World Report and Princeton Review's "The Best 385 Colleges." The Chronicle of Higher Education has named Quinnipiac among the Great Colleges to Work For(r). For more information, please visit qu.edu. Connect with Quinnipiac on Facebook at facebook.com/quinnipiacunews and follow Quinnipiac on Twitter @QuinnipiacU.

UNIVERSITY OF NEW HAMPSHIRE'S DEAN'S LIST FOR THE FALL 2019 SEMESTER

The following students have been named to the Dean's List at the University of New Hampshire for the fall 2019 semester.

Kayla Magwood of Lynn earning High Honors and major-

ing in Undeclared

Terrence Bowers of Lynn earning High Honors and majoring in Sport Studies

Kosta Triantafillakos of Lynn, MA earning High Honors and majoring in BusAdm:Finance

Matthew Woodward of Lynn earning Highest Honors and majoring in Psychology

Stella Bourgeois of Lynn earning Honors and majoring in Undeclared

Megan Dolan of Lynn earning Honors and majoring in Nutr:Nutrition&Wellness

Ashley McCoy of Lynn earning High Honors and majoring in Undeclared

Mia Serino of Lynn earning High Honors and majoring in English/Journalism

Students named to the Dean's List at the University of New Hampshire are students who have earned recognition through their superior scholastic performance during a semester enrolled in a full-time course load (12 or more

graded credits). Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of a possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.

The University of New Hampshire is a flagship research university that inspires innovation and transforms lives in our state, nation and world. More than 16,000 students from all 50 states and 71 countries engage with an award-winning faculty in top ranked programs in business, engineering, law, liberal arts and the sciences across more than 200 programs of study. UNH's research portfolio includes partnerships with NASA, NOAA, NSF and NIH, receiving more than \$100 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.

THE LYNN JOURNAL CAN BE PICKED UP AT THESE LOCATIONS EVERY THURSDAY

Community Credit Union.....	1 Andrew Square	PF O'Sullivan.....	151 Central St
Kwick Stop.....	532 Lynnfield Street	Cal News.....	53 Central Ave.
Dunkin Donuts.....	42 Market St	Police Station.....	300 Washington St.
St. Mary's.....	35 Tremont St	Richdale.....	585 Essex St
Union Hospital.....	500 Lynnfield Street	Lynn Apt. Bldg.....	295 Lynn Shore
Walnut St Café.....	157 Walnut St	Lynn Court House.....	580 Essex Street
Boys and Girls Club.....	25 N Common St	Lynn Housing Authority.....	10 Church Street
7 Eleven.....	3 Lynnfield Street	Lynn YMCA.....	20 Neptune Blvd.
Lynn Library.....	5 N. Common Street	Shaws.....	Lynn Marketplace, 43 State Street
Mobil Mart.....	512 Chestnut St	Tedeschi's.....	540 Summer Street
Walgreens.....	290 Broadway	Walgreens.....	841 Western Ave.
Richdale's.....	229 Broadway	Corner Shop.....	70 Market Sq
Equitable Bank.....	400 Broadway	Richdale's.....	149 Walnut Street
Riverworks Credit.....	947 Western Ave	Tony Lena's.....	617 Boston Street
All Day Convenience.....	548 Summer St	Little River.....	618 Boston Street
CVS.....	200 S. Common St	Lynn Liquor Mart.....	825 Boston Street
Lynn Sewer/Water.....	400 Parkland Ave.	City Hall.....	3 City Hall Square
CVS.....	65 Boston Street	Stop & Shop.....	35 Washington Street
Rite Aid.....	52 Boston St	Richdale's.....	8 Silsbee St
Richdale's.....	573 Chestnut Street	Walgreens.....	290 Broadway
Western Ave Mky.....	108 Western Ave	Silsbee Towers.....	67 Silsbee St
John's Roast Beef.....	111 Western Ave.	Edison Bldg.....	85 Exchange St
Convenience Plus.....	225 Western Ave	D&M.....	13 Broad St
Lynn Convenience.....	109 Western Ave	Pick Up Modern.....	68 Exchange St
7 Eleven.....	50 Western Ave.	Charles.....	65 Exchange St
Metro Credit Union.....	475 Western Ave	Mobile.....	512 Chestnut Street
CVS.....	509 Eastern Ave.	Lynn Art.....	25 Exchange St
Sunshine Convenience.....	6 Washington Ave.	Osborne Pharmacy + Medical Supplies.....	252 Eastern Ave.
Christopher's Cafe.....	2 Lewis Street	Lynn Museum.....	590 Washington St
Tedeschi's.....	210 Lewis Street	The Lazy Dog.....	Wyoma Square
Johnny's Market.....	Lynn Shore Drive	Rollys.....	Wyoma Square
Port Hole Pub.....	98 Lynnway		
Ocean Shore Apt. Bldg.....	50 Lynnway		
Eastern Bank.....	195 Market Street		
Brothers Deli.....	41 Market Street		
Capitol Diner.....	431 Union Street		
Three Yolks.....	1103 Lynn Marsh Road		

BRIEFS

GALLEGO JOINS ED MARKEY CAMPAIGN AS FIELD ORGANIZER

Juan Gallego has joined Sen. Ed Markey's campaign for re-election to the United States Senate as a Field Organizer. Juan has extensive campaign experience, having previously worked on the Committees to Elect Mayor Kimberley Driscoll, Michael Gatlin and Damali Vidot. He also interned at the Office of U.S. Sen. Markey and worked as a Student Assistant for Distinguished Professor and former Massachusetts governor, Michael S. Dukakis at Northeastern University.

Juan is the Field Organizer for South End, Allston, Brighton, Fenway, Kenmore, Back Bay,

Beacon Hill, North End, Government Center, South Boston, Charlestown, East Boston, Chinatown, Chelsea, Revere, and Winthrop.

"Juan's experience in government and politics, his drive to propel progressive policies forward, and his prior work for Ed Markey make him an important addition," said Campaign Manager John Walsh. "His passion for grassroots campaigns is evident in his work and we are excited to have him join Team Markey."

"I have always admired Senator Markey's commitment to the fight against climate change. It is the most important issue to my generation and I am glad to be a part of a campaign that un-

derstands that now is the time to act," said Gallego. "I am looking forward to making sure that the voters of Massachusetts organize for this progressive champion."

Juan is from Chelsea and has a Bachelor of Science in Political Science with a minor in Urban Studies from Northeastern University.

MASSDOT SCHEDULES INTERMITTENT OVERNIGHT CLOSURES OF ROUTE 1A NORTHBOUND AND SOUTHBOUND

The Massachusetts Department of Transportation (MassDOT) is announcing that there

will be intermittent overnight highway lane closures on Route 1A northbound and southbound in East Boston beginning on Sunday, February 9. The closures are scheduled to take place over the next four weeks during the overnight hours of 11:59 p.m., through 5:00 a.m. on the evenings of Sunday, Monday, Tuesday, Wednesday, and Thursday.

The closures are necessary to allow crews to remove existing overhead guide sign structures and install new sign structures along Route 1A at several locations. The work will require the closure of both northbound and southbound directions intermittently for 15 minutes at a time.

Traffic will be released after the 15 minutes, then once traffic clears, another 15 minute roadway closure will begin. This work will continue until all overhead guide sign structures have been installed.

Appropriate signage, law enforcement details, and advanced message boards will be in place to guide drivers through the work area.

Drivers who are traveling through the area should expect delays, reduce speed, and use caution.

All scheduled work is weather dependent and may be impacted due to an emergency.

For more information on traffic conditions travelers are encouraged to:

• Dial 511 and select a route to hear real-time conditions.

• Visit www.mass511.com, a website which provides real-time traffic and incident advisory information, and allows users to subscribe to text and email alerts for traffic conditions.

• Follow MassDOT on Twitter @MassDOT to receive regular updates on road and traffic conditions.

• Download MassDOT's Go-Time mobile app and view real-time traffic conditions before setting out on the road.

federal court in Boston in connection with receiving and laundering approximately \$1.4 million fraudulently obtained from a Korean company.

Chukwuemeka Eze, 37, was sentenced by U.S. District Court Judge Leo T. Sorokin to 51 months in prison, five years of supervised release and ordered to pay \$862,823 in restitution. In November 2019, Eze pleaded guilty to bank fraud, money laundering and aggravated identity theft. Eze was arrested in June 2019 and has been held in federal custody since that time.

Eze admitted that he used a victim's name, date of birth and Social Security number without permission to open bank accounts in the victim's name and in the name of a fictitious Massachusetts corporation that Eze created, Levitronix GMB Ltd. Eze selected the name for Levitronix because of its similarity to Levitronix GmbH, an actual Swiss company. In May and June 2018, others involved in the scheme sent fake Levitronix invoices totaling approximately \$1.4 million to a Korean company that was a Levitronix customer. The fake invoices directed the company to send the \$1.4 million to Eze's deceptively-named Massachusetts bank account.

When Eze received the money, he withdrew cash, and spent tens of thousands of dollars on retail purchases, including Apple laptops and Zales' jewelry. He also purchased \$700,000 in bank checks payable to other fictitious companies that he controlled, which he deposited into bank accounts in those companies' names. Eze in turn made cash withdrawals, retail purchases and wire transfers from those bank accounts, all to conceal the fact that the money was the proceeds of the fraud scheme. In doing so, Eze spent or disbursed more than \$862,000 of the Korean company's money.

United States Attorney Andrew E. Lelling and Joseph R. Bonavolonta, Special Agent in Charge of the Federal Bureau of Investigation, Boston Field Division made the announcement. Assistant U.S. Attorney Seth B. Kosto of Lelling's Cybercrime Unit prosecuted the case.

LYNN MAN SENTENCED FOR ROLE IN \$1.4 MILLION BANK FRAUD AND MONEY LAUNDERING SCHEME

A Lynn man was sentenced in

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One City Hall Plaza, Suite 966
Boston, MA 02201-1054
617-635-4408

CAMBRIDGE HUMAN RIGHTS COMMISSION
51 Inman Street
Cambridge, MA 02139-1732
617-349-4396

CONNECTICUT COMMISSION ON HUMAN RIGHTS & OPPORTUNITIES
21 Grand Street, 4th Floor
Hartford, CT 06106-1561
860-541-3400

MAINE HUMAN RIGHTS COMMISSION
51 State House Station
Augusta, ME 04333
207-624-6050

MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION
One Ashburton Place, Room 601
Boston, MA 02108-1599
617-994-6000

RHODE ISLAND COMMISSION ON HUMAN RIGHTS
180 Westminster Street, 3rd floor
Providence, RI 02903-3768
401-222-2661/62

VERMONT HUMAN RIGHTS COMMISSION
135 State Street, Drawer 33
Montpelier, VT 05633-6301
802-828-2480

NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS
2 Chenell Drive
Concord, NH 03301-9053
603-271-2767

NEW HAVEN COMMISSION ON EQUAL OPPORTUNITIES
200 Orange Street, Room 402
New Haven, CT 06510
203-946-8160/8165

All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

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A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease. But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS. Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.



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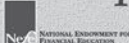
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LYNN YOUTH HOCKEY HOLIDAY PARTY AT CONNERY RINK



The Lynn Youth Hockey program, under the direction of President Brian Boisson, hosted its Holiday Party at the Connery Rink.

The players and their families enjoyed skating and refreshments and a special meeting with Santa Claus.

State Rep. Dan Cahill also highlighted the event with an appearance as one of Santa's elves.



Santa Claus and State Rep. Dan Cahill (dressed in an elf costume) brought joy to Lynn Youth Hockey families with their appearance at the Holiday Party.

Santa Claus poses for a photo with Lynn Youth Hockey players at the holiday skating party at Connery Rink.



BOARD MEMBERS AND FRIENDS: Front row, from left, Michelle Tinkham, Kevin Clougherty, Justine Plourde, and State Rep. Dan Cahill. Back row, from, JR Plourde, Bill Bochnak, LYH President Brian Boisson, Kristen Luciano, Crystal Lopez, and Kristen Briggs.

Whos Your Valentine?



Grammy and POPS .. A valentine thats from the heart where happy memories stay...I wish you love and happiness every single day.. Love your CHARLY GIRL xo

Let Everyone know who your Valentine is with a photo and message...

Published Feb. 12 & 13



ALL VALENTINES WILL BE PUBLISHED IN THE EAST BOSTON TIMES FREE PRESS, REVERE JOURNAL, EVERETT INDEPENDENT, CHELSEA RECORD, WINTHROP SUN TRANSCRIPT, LYNN JOURNAL, CHARLESTOWN & NORTH END REGIONAL REVIEW

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A SHORT STORY ABOUT A MOTORCYCLE. AND A SUDDEN TURN.

When she was a young college student, Elisabeth Marra had a serious motorcycle accident that ultimately changed her life. Two years after the crash, her painful open fractures had failed to heal. Then she heard about a new and complex surgery pioneered by a surgeon who used a patient's own stem cells to concentrate the healing process. This time, her surgery and subsequent therapy were successful.

Elisabeth's experience caused her to redirect her own career aspirations. Inspired by the medical professionals who helped her reclaim her active lifestyle, she changed her major to study physical therapy—a profession where her own experience could help other patients prevail through difficult recoveries.

We tell Elisabeth Marra's story here to illustrate two of the most profound messages we know. Don't give up, and remember to give back. If reading it inspires just one more person to achieve something special, then its telling here has been well worth while.



Santa Claus has the attention of Lynn Youth Hockey players at the Holiday Party.