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THE LYNN JOURNAL

Thursday, February 13, 2020

Community leader Donald Castle endorses new school building plan

By Thomas Grillo

The man behind the defeat of a \$188 million proposal for a pair of middle schools has endorsed the latest plan to replace the crumbling Pickering Middle School.

Donald Castle, president of Protect Our Reservoir | Preserve Pine Grove, a grassroots organization fought the Proposition 2 ½ override to pay for two schools in 2017, said Mayor Thomas M. McGee's decision to build one school on Conomo Avenue, adjacent to the 104-year-old Pickering, has his support.

"I appreciate the mayor looking at different sites to build a new school," he said. "The Pickering location is the right place for it. I enthusiastically support it."

Castle led the opposition to a plan supported by then Mayor Judith Flanagan Kennedy, former Superintendent Catherine Latham, the School Committee, Lynn Teachers Association, and the City Council for a 652-student school to be built near the Pine Grove Cemetery and Breeds Pond Reservoir on Parkland Avenue. A second one to serve 1,008 students would have been constructed in West Lynn on McManus Field.

Latham said the new schools were needed to fix the lack of space and inadequate facilities. At the time, she said the Massachusetts School Building Authority (MSBA), the state agency founded to fund school construc-

tion, insisted on two schools to meet the districts' growing school population.

But Castle argued both sites were unacceptable because the Parkland Avenue parcel was intended for the expansion of Pine Grove Cemetery, and the Commercial Street location would exacerbate traffic problems in that section of the city. Castle also insisted the site selection process failed to be inclusive, and the school building project was too expensive.

While the administration said the average tax bill would increase by \$196 annually until 2042, many homeowners whose homes are assessed at a higher value, would be hit with increases of as much as \$500 each year.

Voters crushed the proposal at the polls by an overwhelming majority.

Michael Bertino, the city's chief financial officer, did not return calls and texts seeking comment. He told *The Daily Item*, which first reported the story, the city would set aside \$500,000 annually from the city's budget to pay the city's portion.

"If the people don't have the appetite to pay more, we have to do it within the confines of Prop 2 ½, which is our budget," Bertino told the paper.

Still, there will be costs to be paid by taxpayers. If Lynn pays the project cost from its budget, the cash-strapped city will continue to be unable to bring the

Please see SCHOOL Page 3



Lucille Wine Shop and Tasting Room owner Sarah Marshall and her mother, Brenda, cut the ribbon as Mayor Thomas McGee, Jamie Marsh, Bill Bochnak, State Rep. Peter Capano, Store Manager Sue Meigs and members of the Marshall family look during the ceremony at the new store located at 776 Washington St., Lynn.

Lucille Wine Shop and Tasting Room holds grand opening

Special To The Lynn Journal

Lucille Wine Shop and Tasting Room held its grand opening and ribbon-cutting ceremony Friday at the new store located at 776 Washington St.

Mayor Thomas McGee and State Rep. Peter Capano, later joined by Rep. Daniel Cahill, presented congratulatory citations to Lucille owner Sarah Marshall. The store's name "Lucille" is a tribute to Sarah's maternal grandmother, who turned an eighth-grade education into a lifelong career as a chef.

Marshall, 33, describes her new business as "a specialty wine and craft beer retail shop and event space."

The space will be used for educational classes, tastings with distributors, and private events, from casual cocktail parties to a three-or-four course catered dinners.

Sarah's mother, Brenda, is also part of the venture while Sue Meigs is the store manager and vintage buyer. Originally from



Greater Lynn Chamber of Commerce Executive Director Colin Codner, Lucille Wine Shop and Tasting Room owner Sarah Marshall, State Rep. Peter Capano, and Bill Bochnak of EDIC, pictured at the grand opening last Friday.

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EDITORIAL

THE (CLIMATE) NEWS IS ALL BAD

At the start of World War II, President Franklin Roosevelt reportedly said to his aides, "So far, the news is all bad," referring to the reports from the front in the immediate aftermath of Pearl Harbor when the Japanese were taking unopposed control of territory throughout the Pacific.

That's the way we've been feeling lately about the matter of our changing climate and the resulting degradation of the environment in every corner of the planet. Week after week, all we hear and see is bad news about the negative effects of climate change.

At the beginning of the year, there were the terrible images of the continent of Australia, literally on fire, with great clouds of smoke suffocating the populace and even affecting the people of New Zealand, which is 1,300 miles across the sea. There also were the estimated hundreds of millions of wildlife creatures who were consumed by flames that became so hot that they formed a phenomena known as a fire tornado.

In the middle of January, we in the Boston area, along with most of the Northeast, experienced record-high temperatures that reached 70 degrees on back-to-back days for the first time ever in the supposedly-coldest month of the year.

Europe also experienced its warmest-ever January.

The warm winter trend has continued into February. Just this past weekend, as we were watching the local news, the weatherman said that the average temperature in Boston thus far in February is a whopping 8.8 degrees above normal.

Last week, it was reported that the highest-ever temperature, 64.9 degrees, was recorded in Antarctica, a reading that was comparable to the high temperatures in the southern half of the U.S. on that day. Similarly, last summer saw record-setting high temperatures in the Arctic Circle at the earth's northern pole.

Bob Dylan wrote, "You don't need a weather man to know which way the wind blows." Similarly, none of us need the experts to tell us that climate change is happening at a far greater rate than even the most dire of forecasts had predicted just a few years ago -- the evidence is all around us. (And at the other end of the political spectrum, we certainly do not need bozo politicians in Washington telling us that climate change is NOT happening).

Those of us who live in the Greater Boston area are among the most at risk for the twin dangers of climate change posed by rising sea levels and massive storms.

The inescapable reality facing us simply seems to be this: Given the inaction of our federal government leaders to reduce carbon emissions, which are at the root of climate change, it would appear that our way of life as we know it is all but doomed, as the impact of climate change grows by degrees, literally and figuratively, day-by-day.



GUEST OP-ED

Valentine Day befuddling

By Dr. Glenn Mollette

Valentine's Day is a befuddling time - bewildering, confusing.

Flowers that you would buy to give to someone are probably already tripled in price. Our local grocery store sometimes sells a dozen roses for under \$30, but they will be over \$70 during Valentine's season. You can't go a week early and save either. They are smart about that and have already priced them higher.

Those Valentine boxes of candy have been out for awhile. If you want to buy a cheap box you had better go now. A retailing friend told me about a man walking in his store late on Valentine's Day one year and the only boxes of candy left were the very expensive ones. He said the man stood and looked befuddled and finally gave in and shelled out the cash but he could tell the man was feeling the pinch in his billfold.

Women like candy, flowers, cards, dinners, jewelry and all kinds of stuff. Men like stuff too

but speaking from a man's point of view it seems like the pressure is on us men to not foul up Valentine's Day.

I always try to come up with the flowers and a card and usually a dinner out. My wife and I agreed a long time ago that we didn't need candy. We figured this out the year my wife bought me a pound of really good chocolate and I ate the entire box in less than 24 hours. You see, sometimes when we are treated too good, we just make ourselves sick.

Valentine's Day is about warm feelings, love and showing kindness to special people. It's certainly about not forgetting the day or the warm feelings will go south. I like how we did it in grade school. We had a Valentine's card box and my mother would buy me a cheap box of Valentine cards and we made sure everybody in the class got a card. Sometimes people would not receive as many as others and some cute girls and guys always got a few more. That may or may not have been so good.

Maybe this Valentine's Day

while you are being romantic toward your spouse of significant other you can pass some kindness and love out to some others. If you can get to the cheap boxes of candy early you can buy several people a box. I've found that my coworkers love getting a small box of candy as do children and friends. It never hurts to pass the love around.

I was taught to love God and my fellowman but I can't love Hitler, serial killers. ISIS terrorists and a few other evil people. God has a kind of love that I don't always understand or grasp, especially when it comes to me. Why would he ever love me? It befuddles me. This year think about befuddling a few people as Valentine's Day gives you a perfect opportunity.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

THE LYNN JOURNAL

PRESIDENT: Stephen Quigley

EDITOR IN CHIEF: Cary Shuman cary@lynnjournal.com

PHONE 781-485-0588 // **FAX** 781-485-1403

EMAIL: EDITOR@LYNNJOURNAL.COM

WEB SITE: WWW.LYNNJOURNAL.COM

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LETTER to the Editor

HELP YOUR LOVED ONE QUIT VAPING, SMOKING, OR OTHER TOBACCO PRODUCTS

Dear Editor,

February is American Heart Month, so before you think about what kind of flowers or type of candy to buy for Valentine's Day, choose the Valentine that is better than any bouquet of expensive red roses or box of chocolates: show your love by supporting your sweetheart in quitting vaping, smoking or other tobacco products.

According to the Centers for Disease Control and Prevention (CDC), smoking is a leading cause of heart disease; it can lead to the narrowing of blood vessels and high blood pressure. Quitting smoking greatly improves heart health. Vaping is still fairly new and less is known about its effect on the heart. However, the American Heart Association reports that two new studies find that vaping may be just as dangerous by increasing heart disease risk factors.

Give Valentine's Day new meaning by helping your loved one quit vaping, smoking or other tobacco products. If your sweetheart is thinking about quitting, here are some ways your gift of support can encourage them along their journey:

1. Let your sweetie know you'll be their quit partner for as long as it takes – a person usually tries to quit many times before they quit for good.

2. Remind them that going cold turkey is not always the best option. Recommend that they talk to their doctor about medications to help them quit. People who use quit medicine are twice as likely to quit for good!

3. Help them celebrate the small victories – like the first 24 hours of being nicotine-free, the first week, or the first time they make it through a stressful event without using tobacco or nicotine products.

4. Bring them little treats like sugar-free gum, mints, and healthy snacks to help keep their hands and mouth busy.

5. Distract them from cravings and help them relieve stress – take a walk with them, send them a reassuring text, or just run an errand together.

If it seems like your loved one is in a bad mood, try not to take it personally – nicotine is a very addictive drug! Quitting is one of the most difficult things they will ever do.

Lastly, it is common for those attempting to quit to slip up and vape or have a cigarette. If this happens to your loved one, don't be discouraged or critical. Help them think about what they learned from that quit attempt and remind them of all of their good reasons for quitting. Most importantly, let them know you're there for them when they're ready to try again.

To learn more about how you can help your loved one quit vaping, smoking or using other tobacco products, visit KeepTryingMA.org. Vapers, smokers and other tobacco product users can call 1-800-QUIT NOW (1-800-784-8669) for free coaching through phone, e-chat, and text 24 hours each day, seven days a week or they can enroll online through KeepTryingMA.org.

This Valentine's Day and American Heart Month, give the perfect gift; show your beloved just how much you care with the gift of support and, ultimately, heart health.

Edgar Duran Elmudesi

School / CONTINUED FROM PAGE 1

Police, Fire and the Inspectional Services departments up to full employment levels.

Under MSBA rules, communities may be reimbursed up to 80 percent of the cost of a new school. But it could be closer to 65 percent. If the new school costs \$100 million, at 80 percent, that's a \$20 million taxpayer bill. If it's 65 percent, the cost to taxpayers is \$35 million.

But City Council President Darren Cyr said he hopes the explosion of commercial development over the next two years will bring in millions of dollars in taxes to help support city schools and services.

School Committee member John Ford said it's unclear whether the school would just include grades six, seven, and eight.

"We are looking for perhaps a K-8 school that would solve multiple problems," he said. "That could be the wave of the future for Lynn's schools. We have a dozen schools that are more than a 100 years old and three schools in urgent need of repair. To build that many schools would be an awfully big outlay of capital annually."

Cyr agrees. He said the idea is to put as many as four elementary schools and the middle school

in separate wings, and that makes sense to him.

"If we could combine four schools into one building with state-of-the-art services and eliminate three or four other buildings, that would save money," he said.

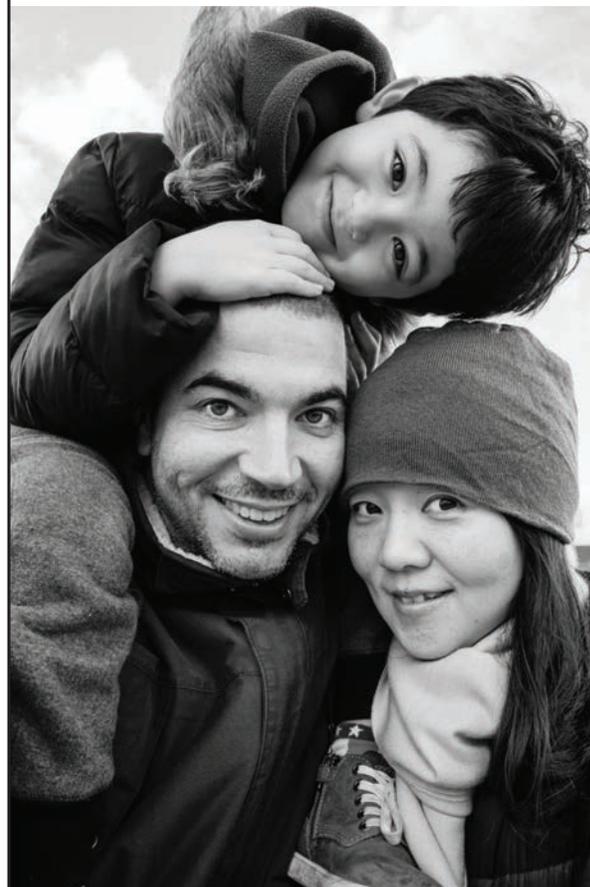
It's unclear how many students it would hold. But Cyr said it could serve as many as 2,000 children.

Unlike the previous plan to build the two schools, which Ford said lacked transparency, this time it will be different.

"There will be lots of public hearings, people will be well informed," he added.

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LYNN ENGLISH FOOTBALL AWARDS BANQUET

The Lynn English High School football team celebrated its 2019 season at its Awards Banquet Feb. 5 at Spinelli's, Lynnfield.

Head Coach Chris Carroll, a former standout at English and Bentley University, and his coaching staff presented individual awards to the players who excelled during the season.

English qualified for the MIAA Playoffs and completed the season with a 6-5 record.

Carroll thanked the Boosters, with Assistant Coach Sam Hill presenting the Steve Hill Boosters Awards to Brandy Rodriguez and Amanda Palmer during the awards ceremony.

Principal Thomas Strangie and Director of Athletics Dick

Newton represented the school administration at the event. School Committee member Brian Castellanos was the guest speaker.

Coach Carroll chose not to announce the captains-elect at the banquet, breaking from previous tradition.



Mrs. Pat Dutch presents the Bill Dutch Award, named in memory of her husband, a beloved English sports booster, to Thomas Gaylord, in recognition of his outstanding leadership, dedication, and athletic performance.

LIST OF AWARDS

Sub-Varsity

Offensive Player of the Year: Shea Palmer
Defensive Player of the Year: Angel Buret
Defensive Player of the Year: Miguel Buret
Lineman of the Year: Turner White
Coach's Award: Brendan Falasca

Varsity

Steve Hill-Boosters Award: Amanda Palmer
Steve Hill-Boosters Award: Brandy Rodriguez
Bill Hill-Coach's Award: Yamil Cepeda
Andy Fila-Dedication Award: Gregory Gomez
Tom Strangie-Dedication Award: Sean Calnan
Most Improved Offensive Player: Jesse Maggs
Gary Molea Most Improved Defensive Player: Jeffrey Gordils
Special Teams Player of the Year: Tyler Drinan
Lineman of the Year: Ryan Dewan
Defensive Player of the Year: Anthony Timmons
Offensive Player of the Year: Tahj Purter
Offensive Player of the Year: Mathias Fowler
Paul Cavanagh Scholar Athlete: Thomas Gaylord
Jay Olsen Memorial Scholarship: Thomas Gaylord
Bill Dutch Memorial Award: Thomas Gaylord

CARY SHUMAN PHOTOS



Assistant Coach Sam Hill presents the Defensive Player of the Year Award to Anthony Timmons.



Principal Thomas Strangie presents the Thomas Strangie Dedication Award to Sean Calnan.



Assistant Coach Sam Hill presents the Boosters Awards, named in memory of his father, Steve Hill, to Brandy Rodriguez, left, and Amanda Palmer, right, who did a phenomenal job leading the organization and coordinating the awards banquet.



Assistant Coach Steve Haberek presents the Lineman of the Year Award to Ryan Dewan.

Assistant Coach Steve Carroll, brother of Head Coach Chris Carroll, presents the Special Teams Player of the Year Award to outstanding placekicker Tyler Drinan, who will be continuing his football career at Franklin Pierce University.



SUB-VARSITY AWARD RECIPIENTS: From left, Angel Buret, Miguel Buret, Brendan Falasca, Turner White, and Shea Palmer, with Head Coach Chris Carroll.



VARSITY AWARD RECIPIENTS: Front row, from left, Jeffrey Gordils, Tahj Purter, Mathias Fowler, Jesse Maggs, Anthony Timmons, and Yamil Cepeda. Back row, from left, are Ryan Dewan, Sean Calnan, Head Coach Chris Warren, Thomas Gaylord, Tyler Drinan, and Gregory Gomez.

Lucille/ CONTINUED FROM PAGE 1

Maryland, Sarah moved to Lynn in 2016. She previously worked at the legendary Boston eatery, L'Espalier.

"It's been a dream of mine to own my own business and I've been in the restaurant business for 15 years, specifically about five of those have been as an event planner and the last 10 years have been on the wine side of things," said Sarah.

Inside the spacious, beautifully decorated store, customers can choose from 200 varieties of international wines and 100 craft beers from the United States, Belgium, and Germany.

Greater Lynn Chamber of Commerce Executive Director Colin Codner said at the ceremony, "From an event standpoint, I've actually hosted an event here and it's just absolutely amazing what can be done with the flexibility of the space. I just want to thank you on behalf of the Chamber."

Lucille Wine Shop and Eatery is open Tuesday to Saturday, 11 a.m. to 8 p.m., and Sunday, noon to 6 p.m.



Above, Sarah Marshall and her mother, Brenda, receive a Citation from State Rep. Peter Capano at the grand opening of the new store. Also pictured, from left, are Sandy Glovinsky, Paige Glovinsky, and Store Manager Sue Meigs.

Left, Mayor Thomas McGee presents a Citation to Sarah Marshall congratulating her on the grand opening of Lucille Wine Shop and Tasting Room in Lynn.

Mayor McGee announces

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GREATER LYNN CHAMBER OF COMMERCE EXCELLENCE AWARDS

A terrific evening for the Greater Lynn Chamber of Commerce was the inauguration of new Officers and a new slate of Board of Directors. Outgoing Board Members were recognized for their contributions. Awards were presented to individuals, businesses, and organizations. Receiving the Business Man of the Year was Thomas McGovern of Century 21 Tradition and Woman of the Year was Anna Svetchnikov of Longwood Care.

Outgoing Chairman and MC Rick Wood said, "This is an exciting time in Lynn. Development is happening in multiple locations throughout the city. The GLCC is poised to continue its role advocating for educating on important issues and providing a communication network for the business community. It is a vital role that the Chamber has been doing for over 100 years."

The GLCC offers many programs for businesses. As business professionals work together new heights can be achieved.

Congratulations to Joe Scianatico of Salem Five who became the 2020 GLCC Chairman.



McGrath Realty - (Seated): Tu Tu Dao, Kelly McGrath, and Krystal McGrath; (Back): Richard Aswad, Patrick McGrath, Paul Keating, John Scanlon, and Andrew Rossman.



Century 21 Tradition of Lynn - (Seated): Ann Marie Jonah, Joan Regan, and Eileen Spencer' (Back): Eileen Jonah, Thomas McGovern, and Caitlin Regan.



Columbia Insurance Agency of Lynn and Busy Bee Nursery - (Seated): Jeff Olson, Christine Pierce, and Judy Olson; (Back) Kathy Olson, Bret Bennett, Dave Pierce, Ashley Bennett, and John Olson.



Al and Katie DiVirgilio of RE/MAX 360 of Lynn with Eric McGrath of McGrath Construction.



Solimine Funeral Home and Salem State University - Councilor-at-Large Brian Field, Cheryl Crouse, David Solimine Jr., Maria Manzueta, Magnolia Contreras, Salem State University President John Keenan, Adria Duijvesteijn, and David Solimine Sr.

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GREATER LYNN CHAMBER OF COMMERCE EXCELLENCE AWARDS



GLCC 2020 Officers and Board of Directors - (Row 1): Rich Gorham, Helene VanDernoot, Treasurer Patrick Delulis, Vice Chair Atty. Eddy Staco, Chairman Joe Scianatico, SCORE Peter Colarusso, Christine Pierce, Ashley Bennett, Ariel Noesi, and Julio Henrique; **(Row 2):** Jose Gonzalez, John Ladd, Scott Brogan, Bob Wong, Glenn Morris, Ryan Nestor, GLCC Executive Dir. Colin Codner, Cindy Steger-Wilson, Mike Dwyer, Andrea Baez, and Ryan Newhall.



St. Jean's Credit Union of Lynn - (Seated): Debbie Surface, Executive VP Kathy Donahue, Kathy MacDonald, and Deb Gallo; **(Back):** President and CEO David Surface, Bill Donahue, Jim Metcalf, CFO Steve Pedro, and Daniel Lemenager.



Salem Five of Lynn - (Seated): Candace Doucette, VP Marketing Manager Joe Scianatico, and Jude Sidmore; **(Back):** Christina Andrei, Toyawa Newton, Felix Figueroa, and Atty. Eddy Staco.



Outgoing GLCC Board Members - Anthony Migliaccio of Salvy the Florist, Realtor Chris Bidy, Atty. Susie Moniz, Thomas Dill owner of Lazy Dog Sports Bar, and Chairman Richard Wood of Wood Insurance in Lynn.



GLCC 2020 Business Excellence Award Recipients - (Row 1): Minerva Rosario, Richard and Fran Wood, Brigitta Damon, & Adriana Moschella; **(Row 2):** Bobby Wong, State Rep. Donald Wong, Thomas McGovern, Vanessa Bettencourt, Kyra James, Daniel Zimman, Obed Matul, and Juan Gonzalez; **(Row 3):** Cuffe McGinn, Peter Cipriano, Michael Gallant, Naomi Dreeben, Anna Svetchnikov, and Peter Rogers.

STUDENTS AND COLLEAGUES HONOR FRANCIS PAGNOTTA THE FINE ART OF INSPIRATION



Lynn Public School Band paid tribute to former Fine Arts and Music Supervisor Francis A. Pagnotta.

A wonderful tribute was conducted by the Lynn Public School Band and the Lynn English Chorus honoring former Lynn Fine Arts Supervisor Francis A. Pagnotta. His legacy will live on as former band members, Lynn school personnel, and friends paid their final respects to him.

Lynn Band Director William Sokolow was hired by Mr. Pagnotta in 1987 as a piano teacher. As Bill continued, "I was the last of his teachers still working that he hired. I thank Mr. Pagnotta who gave me the opportunity which set my career path in the Lynn Public Schools. He was a wonderful person to work with and he made a major impact on the music program."

Students from the Lynn Public School Band came to remember Mr. Pagnotta; they played three songs – "A Round of Peace", "Three Corals for Bands", and "America the Beautiful". Trumpet player Cole DeStefano from Pickering Middle School played Taps. The Lynn English Chorus sang – "We Will Live in Peace" and solo signer Angel Batista sang, "What a Wonderful World."

Upon Mr. Pagnotta's wishes, the American Flag was presented to the Lynn Public Schools by David Solimine as he stated, "On behalf of the President of the United States, on behalf of a grateful nation, and on behalf of all the relatives and friends that are here, I present this flag in honor of Frank's service to his country, to the students that he cared so much for, and to the Lynn Music Program."

Frank Pagnotta influenced many students throughout his career to enjoy music. Jeremy Witherell and Patricia Langenberg of the Music Department were very thankful that the Lynn School Band and Chorus were asked to participate in this tribute to Mr. Pagnotta and they will continue his legacy in the Lynn Public Schools Fine Arts Department.



Eighth-grader Cole DeStefano of Pickering Middle School plays Taps honoring Korean War Veteran Mr. Pagnotta.



Funeral Director David Solimine presents the American flag to band member Emeline LeJeune, as requested by Mr. Pagnotta.



Lynn English Chorus Director Jorge Ibanez with his singers who sang "We Will Live in Peace" and "What a Wonderful World."

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LOCAL STUDENTS EARN ACADEMIC HONORS

LOCAL UNIVERSITY OF RHODE ISLAND STUDENTS NAMED TO THE DEAN'S LIST

KINGSTON, RI (02/03/2020)- The University of Rhode Island is pleased to announce that more than 6,000 undergraduates have qualified for the fall 2019 Dean's List. The students represent nearly all of Rhode Island's cities and towns, all six New England states, New York and New Jersey, and many other states and nations.

To be included on the Dean's List, students must have completed 12 or more credits during a semester for letter grades with at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 credits with a 3.30 quality point average. The list includes students who have not yet declared their majors as well as those from

all of the University's undergraduate academic colleges.

The following students from your area have been named to URI's fall 2019 Dean's List:

- Hieu Bui of Lynn
- Olivia Langlois of Lynn
- Sara Nunez of Lynn
- Gabrielle Soares of Lynn

Note: Students who qualified for the Dean's List, but have restricted access to their information under the Family Education Rights and Privacy Act (FERPA) guidelines, are not included on this public listing. Students may adjust these restrictions on eCampus.

The University of Rhode Island's pioneering research extends the University's influence well beyond its coastal borders, while its unique interdisciplinary courses provide its 16,800 undergraduate and graduate students with global opportunities in an intimate environment. In

May 2019, more than 3,400 undergraduate and about 700 graduate degrees were awarded. The University now has more than 120,000 alumni worldwide.

VAUGHAN NAMED TO UA DEANS LIST

Jada Yavette Vaughan, of Lynn was named to The University of Alabama Deans List for fall 2019.

A total of 12,050 students enrolled during the 2019 fall term at UA were named to the Dean's List with an academic record of 3.5 or above or the President's List with an academic record of 4.0 (all A's).

The UA Dean's and President's lists recognize full-time undergraduate students. The lists do not apply to graduate students or to undergraduate students who take less than a full course load.

The University of Alabama, the state's oldest and largest public institution of higher education, is a student-centered research university that draws the best and brightest to an academic community committed to providing a premier undergraduate and graduate education. UA is dedicated to achieving excellence in scholarship, collaboration and intellectual engagement; providing public outreach and service to the state of Alabama and the nation; and nurturing a campus environment that fosters collegiality, respect and inclusivity.

TUFTS UNIVERSITY ANNOUNCES DEAN'S LIST HONORS

Tufts University recently announced the dean's list for the Fall 2019 semester.

Among students earning

dean's list honors are:

- David Barrios of Lynn
- Stephen Ong of Lynn

Dean's list honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, is recognized among the premier research universities in the United States. Tufts enjoys a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate and professional programs across the university's schools is widely encouraged.

A SHORT STORY ABOUT A MOTORCYCLE AND A SUDDEN TURN.

When she was a young college student, Elisabeth Marra had a serious motorcycle accident that ultimately changed her life. Two years after the crash, her painful open fractures had failed to heal. Then she heard about a new and complex surgery pioneered by a surgeon who used a patient's own stem cells to concentrate the healing process. This time, her surgery and subsequent therapy were successful.

Elisabeth's experience caused her to redirect her own career aspirations. Inspired by the medical professionals who helped her reclaim her active lifestyle, she changed her major to study physical therapy—a profession where her own experience could help other patients prevail through difficult recoveries.

We tell Elisabeth Marra's story here to illustrate two of the most profound messages we know. Don't give up, and remember to give back. If reading it inspires just one more person to achieve something special, then its telling here has been well worth while.



American Academy of Orthopaedic Surgeons
 75 Years
 aaos.org/75years
 AAOS
 CELEBRATING HUMAN HEALING
 orthoinfo.org

THE LYNN JOURNAL CAN BE PICKED UP AT THESE LOCATIONS EVERY THURSDAY

Community Credit Union.....	1 Andrew Square	PF O'Sullivan.....	151 Central St
Kwick Stop.....	532 Lynnfield Street	Cal News.....	53 Central Ave.
Dunkin Donuts.....	42 Market St	Police Station.....	300 Washington St.
St. Mary's.....	35 Tremont St	Richdale.....	585 Essex St
Union Hospital.....	500 Lynnfield Street	Lynn Apt. Bldg.....	295 Lynn Shore
Walnut St Café.....	157 Walnut St	Lynn Court House.....	580 Essex Street
Boys and Girls Club.....	25 N Common St	Lynn Housing Authority.....	10 Church Street
7 Eleven.....	3 Lynnfield Street	Lynn YMCA.....	20 Neptune Blvd.
Lynn Library.....	5 N. Common Street	Shaws.....	Lynn Marketplace, 43 State Street
Mobil Mart.....	512 Chestnut St	Tedeschi's.....	540 Summer Street
Walgreens.....	290 Broadway	Richdale's.....	841 Western Ave.
Richdale's.....	229 Broadway	Corner Shop.....	70 Market Sq
Equitable Bank.....	400 Broadway	Richdale's.....	149 Walnut Street
Riverworks Credit.....	947 Western Ave	Tony Lena's.....	617 Boston Street
All Day Convenience.....	548 Summer St	Little River.....	618 Boston Street
CVS.....	200 S. Common St	Lynn Liquor Mart.....	825 Boston Street
Lynn Sewer/Water.....	400 Parkland Ave.	City Hall.....	3 City Hall Square
CVS.....	65 Boston Street	Stop & Shop.....	35 Washington Street
Rite Aid.....	52 Boston St	GLSS.....	8 Silsbee St
Richdale's.....	573 Chestnut Street	Walgreens.....	290 Broadway
Western Ave Mky.....	108 Western Ave	Silsbee Towers.....	67 Silsbee St
John's Roast Beef.....	111 Western Ave.	Edison Bldg.....	85 Exchange St
Convenience Plus.....	225 Western Ave	D&M.....	13 Broad St
Lynn Convenience.....	109 Western Ave	Pick Up Modern.....	68 Exchange St
7 Eleven.....	50 Western Ave.	Charlies.....	65 Exchange St
Metro Credit Union.....	475 Western Ave	Mobile.....	512 Chestnut Street
CVS.....	509 Eastern Ave.	Lynn Art.....	25 Exchange St
Sunshine Convenience.....	6 Washington Ave	Eastern Bank.....	195 Market St
Osborne Pharmacy + Medical Supplies.....	252 Eastern Ave.	Lynn Museum.....	590 Washington St
Christopher's Cafe.....	2 Lewis Street	The Lazy Dog.....	Wyoma Square
Tedeschi's.....	210 Lewis Street	Rollys.....	Wyoma Square
Johnny's Market.....	Lynn Shore Drive		
Port Hole Pub.....	98 Lynnway		
Ocean Shore Apt. Bldg.....	50 Lynnway		
Eastern Bank.....	195 Market Street		
Brothers Deli.....	41 Market Street		
Capitol Diner.....	431 Union Street		
Three Yolks.....	1103 Lynn Marsh Road		

FOCUSED ON SENIOR CARE DENTISTRY

My commitment to senior care began when I was 4 years old. My elderly grandmother moved to the US to live with our family and we became very close. As she got older I would eagerly listen to her telling stories of her younger days as I helped with her daily routine and preparing meals. Towards the end of her life my responsibilities grew, as she was unable to feed and clothe herself. Although my grandmother passed away 3 years ago my concern and compassion for older patients remains strong. I view every senior patient as though they are my grandmother and I strive to provide quality treatment which would make her proud.

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10 Kirtland St. - Lynn

DR. JEYASRI GUNARAJASINGAM

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Enjoy \$399.00 off each implant when you use the code INDEPENDENT2020

We accept all major senior care options including Senior Whole Health, UnitedHealthcare, Commonwealth Care Alliance, and Tufts Health Plan. We also speak French, Creole, and Spanish. We hope to see you soon.

WE HOPE TO HAVE THE PLEASURE OF TREATING YOU AND LOOK FORWARD TO BECOMING YOUR DENTAL HOME.



BRIEFS

FLOOD INSURANCE INFORMATION POSTED

With the past months flooding due to the extremely heavy rainfall, and recent severe storms in the New England area, New Englanders should prepare for the hurricane season (June 1 thru Nov 30). Homeowners, renters, and business owners are urged to purchase a policy through the National Flood Insurance Pro-

gram (NFIP). Flood Insurance Homeowners insurance does not typically cover flooding, so you may need to purchase flood insurance. At Floodsmart.gov you can learn how to buy flood insurance from the National Flood Insurance Program (NFIP). Remember: it takes 30 days from date of purchase for flood insurance to take effect. FEMA assistance is not the

same as insurance. Assistance only provides the basic needs for a home to be habitable. Insurance covers more damages. NFIP payment are not dependent on state or federal disaster declarations. Got to www.floodsmart.gov to learn more about any property's flood risk, estimate and NFIP premium or locate an insurance agent who sells flood insurance. Visit www.ready.gov/floods for flood information and safety tips.

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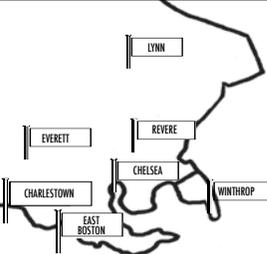
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Please Recycle This Paper

Lynn Youth Hockey Presents NEW GIRLS HOCKEY NEW 10U & 12U NEW FOR THE 2020 - 2021 SEASON Tired of slowing down to wait for the boys? We are looking for girls who are interested in playing on a team in the ALL-GIRLS Middlesex League next season. Girls can be from any town on the North Shore. Practices will be at the Connery Arena in Lynn. This is a GREAT alternative to those expensive club teams that require a ton of travel. Come down and be part of something special! PLAY LIKE A GIRL! Contact: Brian Boisson 781-367-9833 BBOISSON@LYNNYOUTHOCKEY.COM www.LynnYouthHockey.com

LYNN YOUTH HOCKEY TRY HOCKEY FOR FREE DAY WITH LYNN YOUTH HOCKEY!! ALL TOWNS & CITIES ARE WELCOME Saturday February 22, 2020 Lynn Youth Hockey is a proud participant of "Try Hockey for FREE Day" sponsored by USA Hockey. We are inviting all boys and girls ages 3 and up to come have fun on ice!! When: Saturday February 22, 2020 Time: 9:30am-11:30am Where: Connery Arena (Lynn) ** Free skate rentals available -- All skaters need to have a helmet (Bicycle Helmet will do) ** Everyone must register to attend. Please register @ tryhockeyforfree.com/10727 Please contact Brian Boisson with any questions: bboisson@lynnouthockey.com 781-367-9833

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All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

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One City Hall Plaza, Suite 966
Boston, MA 02201-1054
617-635-4408

CAMBRIDGE HUMAN RIGHTS COMMISSION
51 Inman Street
Cambridge, MA 02139-1732
617-349-4396

CONNECTICUT COMMISSION ON HUMAN RIGHTS & OPPORTUNITIES
21 Grand Street, 4th Floor
Hartford, CT 06106-1561
860-541-3400

MAINE HUMAN RIGHTS COMMISSION
51 State House Station
Augusta, ME 04333
207-624-6050

MASSACHUSETTS COMMISSION AGAINST DISCRIMINATION
One Ashburton Place, Room 601
Boston, MA 02108-1599
617-994-6000

RHODE ISLAND COMMISSION ON HUMAN RIGHTS
180 Westminster Street, 3rd floor
Providence, RI 02903-3768
401-222-2661/62

VERMONT HUMAN RIGHTS COMMISSION
135 State Street, Drawer 33
Montpelier, VT 05633-6301
802-828-2480

NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS
2 Chenell Drive
Concord, NH 03301-9053
603-271-2767

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200 Orange Street, Room 402
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Happy Valentine's Day
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*I love you Nana and Papa,
 Hanna, Crowley and Deady
 Love P*



Meme loves you Ishe'lee!



*Nanny I love you just as much as I
 love my food.. Happy Valentine's
 Day! Love Alex*



*We love you Mimi and Grampy!
 Love, Lilah & Tom*



*Happy Valentines Day
 to Ayla and Dante!
 From Bentley*



*Happy Valentine's Day, Mom
 Love Corey, Marco, Joey and
 Roman*