Two to Tufts

Valedictorian Adnan Jalal

Adnan Jalal says he will be proudly following his siblings on their path to college. His brother, Abrar, is a student at Boston College. His sister, Methum, is a graduate of UMass Amherst and holds a graduate degree from Regis College. She works as physician’s assistant at an area hospital. All are graduates of Lynn English High School.

Adnan, the valedictorian of the Lynn English Class of 2020, will attend Tufts University in Medford.

Lynn is 25 miles from Medford, but this journey of academic accomplishment began 8,000 miles away in Bangladesh, the South Asian nation from where their parents, Mohammed and Syeda, came to the United States in 1998. The family owns CJ’s Variety on Lynnfield Street, Peabody.

“I owe so much to my parents,” said Adnan, who also speaks Bengali, the native language of Bangladesh. “They stressed heavily the importance of education. They came to America so my

Salutatorian Tallia Dudley

Tallia Dudley, salutatorian for the Lynn English Class of 2020, will be attending Tufts University.

By Cary Shuman

Tallia Dudley is one half of Lynn English High School’s dynamic duo.

Dudley, the English Class of 2020 salutatorian, will be joining Adnan Jalal, her classmate and friend in the incoming Tufts University Class of 2024.

Tallia said she and Adnan have been actually been classmates since the sixth grade at Pickering Middle School where they were all-A students. They had several classes together at English during the past four years.

“It’s very exciting and it was a very competitive four years,” said Tallia, noting the closeness of her and Adnan’s spectacular grade point averages and the mutual respect they have for each other. “It’s been a healthy competition but more about teamwork and working together to make it through these four years to the top.”

A Questbridge Scholar

Tallia has known since December that she would

Anna Svetchnikov creates a comic book for children

By Cary Shuman

Anna Svetchnikov, executive director of Longwood Care and a well-known licensed marriage and family therapist in Lynn, has created a comic book for children about the COVID-19 virus.

“During these challenging times with everyone in quarantine and so much unpredictability and worries, we want to promote positivity and creativity,” said Svetchnikov, a former Mrs. Massachusetts pageant winner.

She said she authored the book in response to parents’ concerns about their children during this stressful time of a global pandemic.

“As a therapist, I am continuing to provide support to families,” said Svetchnikov. “Many individuals shared how stressed and worried they are about the virus, about uncertainty, about their future. Children start to pick up on parents’ stress and internalize worries. To support families, I created a story that includes therapeutic activities to overcome stressors.”

Svetchnikov, who also speaks Russian and Ukrainian, said the goal of her book is help families be more playful, creative, and patient with each other. The stories in the book emphasize good hygiene, learning, and working as a team – qualities that help the characters in the book achieve success.

Licensed marriage and family therapist Anna Svetchnikov of Longwood Care displays the cover of the comic book that she has written for children to promote positivity and creativity during the COVID-19 crisis.

Thinking of selling?

Call for a FREE honest value of your home.

781.593.7611 | www.homes@ma.com
85 Exchange Street Suite 302 | Lynn, MA 01901

For the latest news in Lynn that you need to know, check lynnjournal.com
ALLOWING THE STATES TO GO BANKRUPT IS A REALLY BAD IDEA

One of the most glaring shortcomings thus far of the stimulus and disaster packages that have been passed by Congress in response to the COVID-19 pandemic has been the failure to provide assistance to the states.

Every state in the nation is seeing its revenues plummet to never-before-experienced depths. However, of the trillions of dollars thus far appropriated by Congress, there is barely a penny for state government operations — and for municipal governments — which are carrying the battle against the pandemic on the front lines.

The states thus are caught in an ever-tightening vise of plunging tax revenues on the one hand and skyrocketing costs on the other.

Despite the obvious squeeze on state budgets, Senate Majority Leader Mitch McConnell last week commented, in response to a question about whether the Congress soon would be aiding the states, that he believed it would be preferable for states and municipalities to declare bankruptcy than for the federal government to provide needed funding to close their budget gaps.

It is hard to fathom why somebody of McConnell’s stature would make such a statement, other than to give voice to the general Republican creed that disdains government operations at all levels. In particular, the GOP has immense dislike for what it considers to be overly-generous pension plans for state and municipal union employees.

However, the reason why states are in such desperate fiscal trouble these days has nothing to do with their pension or budget policies, but specifically is linked to the coronavirus, which has had a devastating financial impact on every facet of commerce, including state budgets.

Questions regarding the pension plans of the states as a contributor to their overall fiscal soundness certainly can be debated, but this is not the time to do so amidst this unprecedented crisis.

State and municipal governments across the country provide the first line of response for every American in protecting our health and welfare, so it makes no sense to allow states and municipalities to fail in this mission at this critical juncture amidst a pandemic that threatens to extend for many months.

In addition, without funding from the federal government, state and local governments will be forced to make layoffs of police, firefighters, teachers, and others in order to balance their budgets, a situation that will exacerbate even further the national unemployment rate.

Finally, the effect on the bond market from a plethora of state and municipal bankruptcies could have far-reaching and long-lasting negative effects for the country and the economy.

In short, there is nothing good that can come out of state and municipal bankruptcies at this time; but there is a lot that is bad.

Mitch McConnell’s opinions are a grotesque perversion of responsible government. Hopefully, the rest of the Congress will not go along with his extreme and destructive ideas.

GUEST OP-ED

Behavioral health needs of families

By Robert P. Franks

The impact of COVID-19 is being felt by everyone. We have been confronted with a time where our usual structures and supports have been replaced with a new reality. For children and families who have been dealing with mental-health issues, the challenges presented by the crisis have the potential to be even more daunting.

There is an inherent irony resulting from our current stay-at-home situation. Families who typically are caught up in the routine of work, school, sports and other activities have commonly bemoaned the lack of quality family time. There never seemed to be enough hours in the days to keep up with our busy schedules. That dynamic has certainly changed. It is an adjustment most of us welcomed at first, but as the days wear on we are confronted with new, unexpected challenges resulting from being under the same roof 24/7 for an extended period. We now sometimes yearn for the relentless routines that before had seemed so burdensome.

We are learning that home isolation can have a more profound effect on children dealing with behavioral health issues and the families that care for them. The usual experiences that help buffer, protect and support our children are no longer available. We have come to a new appreciation for teachers, healthcare providers, day care providers, therapists and friends who routinely have supported the most vulnerable. This lack of access to their usual support system can exacerbate symptoms of anxiety, depression, traumatic stress, ADHD and behavior problems.

Parents now often serve as the sole source of support for their children, resulting in a recipe for a high-stress family environment. In addition to facing the concerns we all share over employment, housing, isolation, security and at times being able to put food on the table, parents in this situation may also be facing serious concerns about the health and wellbeing of their children and whether they are capable and equipped to meet their needs.

How many times have we recently heard of the new-found respect for teachers developed by parents who have joined the home-school movement by necessity? Now, imagine the additional challenge of trying to educate a child with special education or behavioral health needs. These complex challenges of this pandemic will likely affect vulnerable families for months and years to come and create behavioral health needs for a cohort of children and families we have not seen in decades.

There is also significant concern for children who are living in an at-risk home environment. While the reports of child maltreatment have actually decreased during this pandemic, it is likely that it is because our children’s safety net no longer is in place. Pediatricians, teachers, behavioral health providers, child welfare workers and day care providers who are usually the first to notice the signs of child abuse and neglect are no longer in direct contact with the families they typically serve. Many of us who have worked in this field for many years expect that rates of maltreatment will increase with our collective response.

There is also an inherent irony resulting from our current stay-at-home situation. Families who typically have school age children. The usual support system can exacerbate symptoms of anxiety, depression, trauma, stress, ADHD and behavior problems.

Parents now often serve as the sole source of support for their children, resulting in a recipe for a high-stress family environment. In addition to facing the concerns we all share over employment, housing, isolation, security and at times being able to put food on the table, parents in this situation may also be facing serious concerns about the health and wellbeing of their children and whether they are capable and equipped to meet their needs.

How many times have we recently heard of the new-found respect for teachers developed by parents who have joined the home-school movement by necessity? Now, imagine the additional challenge of trying to educate a child with special education or behavioral health needs. These complex challenges of this pandemic will likely affect vulnerable families for months and years to come and create behavioral health needs for a cohort of children and families we have not seen in decades.

There is also significant concern for children who are living in an at-risk home environment. While the reports of child maltreatment have actually decreased during this pandemic, it is likely that it is because our children’s safety net no longer is in place. Pediatricians, teachers, behavioral health providers, child welfare workers and day care providers who are usually the first to notice the signs of child abuse and neglect are no longer in direct contact with the families they typically serve. Many of us who have worked in this field for many years expect that rates of maltreatment will increase with our collective response.

The good news is that many of our behavioral health providers are being creative in their approach to serving families and have transitioned their services to telehealth platforms. While not always ideal, centers like ours are providing children and families with virtual access to services in their homes. It is incumbent upon our systems of care to ensure that all families have access to such care during this time and in the future, and that we break down any payment or reimbursement issues that can be barriers to quality care.

We have seen early signs that telehealth services can actually work better for some families who are now able to access the care they need from the safety of their own homes. As behavioral health providers continue to find new ways to support children and families using virtual technologies, on a larger scale, this crisis is providing a whole new paradigm for how we think about providing mental-health services.

As we slowly transition out of the current crisis, we must ensure that addressing the emergent and growing behavioral health needs of families is one of our top priorities. It is also clear that nonprofits, especially those that serve children and families experiencing mental-health challenges, will need the increased support of both the public and private sectors in order to address needs that will almost assuredly be greater in number and scope as a result of this pandemic.

The future of a generation of children and families will be dependent on our collective response.

Robert P. Franks, Ph.D., is president and chief executive officer of Judge Baker Children’s Center, a Boston-based agency providing children and families with mental-health services since 1917.

FEEDING THE CHILDREN

To the Editor,

Often times during a situation like this, that we have never encountered before, the Children are forgotten.

We are Lucky to live in the city of Lynn, Lynn Public Schools, which has addressed the food issue for the children. For the past 6 weeks I have been picking up Grab and Go Lunches and delivering them to 5 families who have school age children. The children are so excited when I drop them off! Special Thank You and Kudos go out to to the 4 LPS Food Service workers who see me coming and cheerfully greet me daily.

Mia, Sue, Christine and Casey you are the BEST!

Sincerely,

Marsha Robinson
COVID-19 has put a spotlight on disadvantages

By Mayowa Sanusi, MPH

In the past few weeks, data from multiple cities, states and counties across the nation have revealed how COVID-19 is disproportionately affecting communities of color. An analysis done by the Washington Post reveals that in places like Louisiana, Michigan, Chicago and Milwaukee county, Black people were over-represented among COVID-19 deaths compared to their population size. In Milwaukee County, Black people comprise about 70 percent of the dead but just 26 percent of the population. A similar trend is seen in Louisiana, where 70 percent of the people who have died were Black, although African Americans make up only 32 percent of the state’s population.

During a press conference last Tuesday, President Trump and Dr. Anthony Fauci acknowledged that COVID-19 is disproportionately affecting communities of color. Dr. Fauci stated that, “We have known literally forever that diseases like diabetes, hypertension, obesity and asthma are disproportionately affecting the minority populations.”

Unfortunately, the effects of systemic racism are far reaching, and no institution is spared even in the most “progressive” of states like Massachusetts. This is evident by the way that the Massachusetts Department of Public Health has handled this pandemic when it comes to data collection.

On April 9th the Massachusetts Department of Public Health released race/ethnicity data for the state and nearly 70% of death and case data is “racist” but some communities of color face in this country, the shortcomings of the systems within the United States when it comes to protecting people of color and other marginalized populations, and the inaction by systems and government during this crisis. In the city of Chelsea, Massachusetts, which is predominantly Latino, essential workers make up approximately 80% of the population and the infection rates occurring in this community are comparable to some places in New York City.

Some would wonder how not collecting this data is “racist” but this failure is but a small part of a larger system that devalues people of color’s needs. The fact that we know that communities of color are often times most impacted by crises, evident by H1N1, the HIV epidemic, and Hurricane Katrina, and still did not collect race/ethnicity data is a clear example that we are all not all in this together and that some lives mean more than others in the eyes of our systems.

Dr. Fauci stated the other week during a White House press conference that, “There is nothing we can do about it right now except to give them the best possible care to avoid complications” when referring to the impact that COVID-19 is having on communities of color, but this is not true.. We need our leaders to do better, we need our systems to do better, and we need our country to do better.

Mayowa Sanusi, MPH is a public health researcher with a passion for social justice and addressing health inequities in communities of color. His expertise includes survey development, focus group facilitation, qualitative and quantitative data analysis, and community organizing. Currently, Mayowa is employed at Health Resources in Action where he supports several public health assessment and evaluation projects. Mayowa earned his master’s degree in public health from the Boston University School of Public Health with a focus in Community Assessment, Program Design, Implementation, and Evaluation.

City of Lynn COVID-19 Update

The Lynn Public Health Department has confirmed that as of today, the number of confirmed positive COVID-19 cases has risen to 1,589. 197 have recovered, and 45 Lynn residents have died.

We will continue to provide regular updates on COVID-19 through the City website (www. lynnma.gov), social media, and the Smart 911 emergency notification system (sign up at www. smart911.com).

East Boston Savings Bank

As a 172-year old Boston Bank, East Boston Savings Bank has a rich history of servicing the City of Boston and its surrounding communities. The foundation that we honor are integrity, strength and hard work for all our customers. It is our tradition to be responsive to the needs of people like you and businesses like yours during good times and challenging times.

We have seen and been through past events that have affected the country and the world. As we navigate through this pandemic together, please know that we are here for you. I assure you that East Boston Savings Bank remains your strong neighborhood bank, supporting you, your family, your business and your community. It’s because of your trust in us - and our faith in you – we will make it through these events together.

Trust that we are in this for the long-haul, right by your side. Our branch office doors will remain open as long as we can assure the safety of you and our employees. Online Banking, Mobile Banking, ATMs and our Automated 24-Hour Telephone Banking System (866-774-7705) are always an alternative banking option for you – visit ebsh.com for more information. As always, your deposits are 100% guaranteed by the Federal Deposit Insurance Corporation and the Depositors Insurance Fund.

I understand there are a bunch of unknowns with this pandemic but know this, East Boston Savings Bank has endured many devastating events in the past and has come through each of these stronger and more committed to our customers than ever.

Thank you for trusting in East Boston Savings Bank. Stay safe and we look forward to continuing working hard for you.

Sincerely,

Richard J. Gavegnano
President, CEO and Chairman
East Boston Savings Bank

East Boston Savings Bank
Home of Respectful Banking™

Guest Op-Ed
Jalal/ CONTINUED FROM PAGE 1

be attending Tufts, an internationally acclaimed university located in nearby Medford. Having been selected as a Questbridge Scholar – out of a candidate pool of 15,000 students across the country - Tallia received a full scholarship to Tufts. She was recently named a recipient of the Gates Scholarship.

“I felt beyond blessed to earn a Gates Scholarship as well,” she said humbly.

Participated in many activities at English

As one might expect, Tallia was a four-year captain of the English Quiz Bowl Team. She was a member of the Math Team (with Adnan) and secretary of the Environmental Club. Tallia is the president of the Lynn English chapter of the National Honor Society “I was really looking forward to handing out the pins to the newest inductees and congratulating them in my speech,” said Tallia.

The four-year varsity tennis player was set to complete her senior season this spring. The sports season was canceled due to COVID-19.

“Sadly we didn’t get to play our senior season,” said Tallia. “It’s been a letdown. I don’t think any of us ever expected to not have a Senior Day ceremony. For the past three years, we got to see the seniors get their flowers and their posters.”

Outside of school, Tallia participated in La Vida Scholars, a Lynn community program that helps high-achieving students with resources to enter elite colleges. She also had an internship at Yes For Cure (Young Empowered Scientists for Continued Research Engagement).

A proud product of Lynn schools

Adnan Jalal was a high achiever during his years in the Lynn school system. He began at Hood Elementary School, continued at Picking Middle School and then enrolled at English, where he spent the past four years.

At English, he was a three-sport athlete, competing in cross country, indoor track, and baseball, having participated in East Lynn Little League and Lynn Babe Ruth.

A scholar-athlete himself with plenty of pride in his school, Adnan said he closely followed the state championship season of the English boys basketball team.

“I went to the games, it was really exciting,” related Adnan. “I was at the Garden when they won the title.”

In addition to his participation in athletics, Adnan was a member of the Math team and the Environmental Club. He was selected to the National Honor Society that recognizes students for their outstanding academics, leadership, service and character. He will study Computer Science at Tufts.

Adnan praised the faculty at English and his classmates for bringing out the best in his abilities as a student.

“The environment is challenging and really prepares you for college and your future,” he said.

He singled out for special gratitude, his pre-calculus teacher, Mr. [Paul] Mailoux, his cross country coach Mr. Walsh, and his guidance counselor, Mr. [Robert] Zollo, “who was very helpful throughout the college admission process.”

A different ending

When asked BOUT having his senior year cut short by the COVID-19 pandemic, Adnan said, “It’s been pretty hard not being at the school and not seeing my classmates and teachers every day. I really miss it a lot. I was really looking forward to the end of-the-year activities.”

Adnan said he has not yet begun writing his valedictory address that he would have delivered in front of a large audience at the Lynn English graduation ceremony.

Unquestionably Adnan’s parents – who came to America two decades ago to give their children the opportunity to pursue their dream of a world-class education – would have been at graduation beaming with pride as he took the podium to make his speech.

“I’ll talk about the global pandemic and its impact, which will be a big part of the speech,” said Adnan. “But I want to talk about how great the past four years were at English and that this is just the beginning of the journey for all of us.”

Dudley/ CONTINUED FROM PAGE 1

She worked at the Foot Locker store at the North Shore Mall.

Appreciation for her teacher Lauren Mezzetti

“Ms. Mezzetti definitely had the biggest impact in my whole high school career,” said Tallia. “She wrote my recommendation letter for QuestBridge. I nominated her for a Gates Presidential Scholarship.”

Lauren Mezzetti passed away in March after a 25-year career in the Lynn public school system, the last 15 years at Lynn English. She was a dedicated teacher and a great friend to her students.

“Ms. Mezzetti was my freshman biology teacher,” said Tallia. “She’s definitely the reason I’m pursuing the biomedical engineering as my major at Tufts.”

She took the class on a field trip to Biogen and from that day on, I wanted to work in lab. She introduced me to a summer program and to Pre-Prep, a medical professions exposure program at Harvard.

Tallia also credited guidance counselor Matthew Wilkins for his helpfulness throughout the college application process.

“All I can say is, ‘big thanks to Mr. Wilkins,’” said Tallia. “He worked really hard to help me get here, too. Applications, recommendations, everything – he was always there to help me with anything I needed.”

A big thank you to her mother Lisa

Tallia is the daughter of Lisa Dudley. She has a brother, Noah Lima, who graduated from English in 2016, attended WPI, and is currently a student at Salem State University.

“Since a young age, my mother has been telling me that you need to do well in school,” said Tallia. “My mother is a paraprofessional at Sisson Elementary School in Lynn. She’s a single mother and I’d like to be able to give back to her in the future after seeing all that she’s done for me. She’s my best friend.”

Heading to Tufts

Tallia is happy that she will be a resident student at Tufts, but also that she won’t be far from home.

“Tufts is a perfect location so I’ll be able to come back and visit my mom often,” said Tallia, who turns 18 on May 22.

As for her current and future classmate Adnan Jalal, Tallia said, “We’re still be very good friends at Tufts.”

Comic/ CONTINUED FROM PAGE 1

“I had an idea two weeks ago, worked on it during the weekends and wrote a script,” said Svetchnikov. “I told my kids and they said, ‘go for it – it’s a cool idea.’”

The three children of Michael and Anna Svetchnikov – Anthony, 7, Adrian, 4, and Apollo, 1 – all appear as characters in the book.

“The villain in the book is Corona Vera – it’s my mom, whose name is Vera,” said Anna. “I’ve also written a little song for the book.”

The book will be available free of charge on the Longwood Care website beginning this Sunday.

Svetchnikov, a supporter of the Greater Lynn Chamber of Commerce at its events, has clients of all ages at Longwood Care, which has offices in Lynnfield and Danvers. She is conducting visits by teleconference at this time.

(Background information and photos for the story were provided by Anna Svetchnikov. The Lynn Journal interviewed Ms. Svetchnikov for the story.)
MBTA’s RIDE now offering transit services to personal care attendants

The MBTA announced that the RIDE paratransit service will temporarily allow customers to book trips for their personal care attendants (PCAs) in an effort to best support their ADA-eligible customers during the COVID-19 situation. “This change will allow the MBTA to maintain a vital link between RIDER customers and their PCAs,” said MBTA General Manager Steve Poftak. “As we actively monitor the COVID-19 situation, we will continue to make necessary service changes that meet the travel needs of both those who are essential to combating this virus, and, where we can, the needs of those who are the most vulnerable among us.”

A PCA is defined as an individual that provides assistance in performing Activities of Daily Living (ADLs). ADLs include, but are not limited to, mobility, bathing/grooming, dressing/undressing, passive range-of-motion exercises, taking medications, eating, and toileting. Allowing these bookings ensures that RIDE customers continue to receive the same level of daily support they need to live independent and safe lives.

This update is in addition to other temporary RIDE measures already in effect meant to protect the health and safety of T workers and customers, and preserve services for those who must travel for essential purposes. Other temporary RIDE updates include the elimination of shared RIDE trips, temporarily extending RIDE eligibility and postponing eligibility appointments, adjustments to booking windows, updates to stop requests, and a reduction in transfer trips. More information on these temporary updates can be found at mbta.com/theride.

In order to book travel for their PCA, RIDE customers should call the RIDE Access Center (TRAC) at 844-427-7433 and inform the agent that the trip is for their PCA. RIDE customers will need to provide the PCA’s name, address, and service needs. PCA trips may only be to or from the RIDER customer’s home address. RIDE customers can pay for the PCA trip out of the RIDER customer’s account by calling 888-844-0355. The cost of the PCA trip is equal to traditional RIDE fares. RIDER customers will be able to deposit funds into a RIDE customer’s account by calling 888-844-0355. The cost of the PCA trip is traditional RIDE fares.

Customers will receive their night-prior call back from the RIDER and customers should let their PCAs know of their pick-up time. Arrival notifications will also go to the customer’s phone number. RIDE service for customer trips will remain the priority. As such, trips for PCAs will be fulfilled only as capacity allows.

2020 Agganis All-Star Games cancelled; scholarships will be awarded

Due to the ongoing global health crisis surrounding the COVID-19 virus, the 2020 Agganis All-Star Games have been canceled.

While the games will not be played this year, the Agganis Foundation will award scholarships as scheduled.

“This is a very difficult announcement to make,” said Paul Halloran, long-time executive director of the Agganis All-Star Games. “Even though it has been somewhat inevitable for the last several weeks, making it official is still extremely disappointing.”

This year’s Agganis All-Star Games were scheduled to be played June 21-25.

“We waited as long as we reasonably could before cancelling,” Halloran said. “The shutdown came just after we would have been starting the selection process for players. It seems highly unlikely that there will be gatherings of any appreciable number of people two months from now.”

Halloran said the foundation was waiting to see what would happen with spring sports, which were officially canceled last week when Gov. Charlie Baker announced that school buildings would not reopen before the fall.

“For a time, we were holding onto the hope that if there were an abbreviated spring season, maybe our games could in some way fill a gap, at least for the seniors who would have participated,” Halloran said. “Sadly, that will not be the case.”

There have been 58 Agganis All-Star Football Games (1956-58 and 1965-2019), the Polio Bowl, another All-Star football game, was played from 1959-64. A baseball game was added in 1995, followed by boys and girls soccer (1996), softball (1998), boys and girls basketball (2005) and boys and girls lacrosse (2012).

“We have had more than 10,000 student-athletes participate over the last 64 years,” Halloran said. “We are proud of what Agganis Week has become, and we certainly look forward to bringing it back in 2021.”

The primary mission of the Agganis Foundation is to award college scholarships to deserving high school seniors. Since 1958, when the first class of Agganis Scholars were named, the foundation has awarded $2,095,000 in scholarships to 984 student-athletes. This year’s class will bring the number of recipients to more than 1,000.

“That is what we are most proud of,” said Agganis Foundation President Andrew Demakes. “The legacy of Harry Agganis lives on in those who have been honored with a scholarship in his name. While we are truly disappointed to have to cancel this year’s All-Star Games, we are pleased that another class of Agganis Scholars will be named.”

The application process for Agganis scholarships has been ongoing since early March and the deadline for students to apply has been extended from April 30 to May 15, according to Scholarship Committee Chairman Tom Iarrobino.

“We thought with all the uncertainty these kids are going through this semester, we would give some extra time to submit their applications,” Iarrobino said.

For the first time ever, the process for applying for an Agganis Scholarship is completely electronic, with access to the application available at agganisfoundation.com. Converting from a paper process could not have come at a better time.

“It would have been extremely challenging for students to track down paper copies of transcripts and letters of recommendation,” Iarrobino said. “We have been thinking about moving to an electronic application for several years and, fortunately, picked this year to do it.”

Scholarship winners will be notified by June 15 and will receive a $1,000 grant all four years they are in college. Demakes said the foundation is able to continue presenting scholarships thanks in part to the generosity of benefactors such as the Yawkey Foundation, which has donated more than $500,000 over the last 20 years.

“We are most grateful to the Yawkey Foundation and all those businesses and individuals that have supported our foundation over the years,” Demakes said. “Thanks to them, we are able to invest in our future by helping out a group of very deserving students each year.”
Baker extends stay at home advisory, closure of non-essential businesses until May 18

By Lauren Bennett

Governor Charlie Baker on Tuesday afternoon extended the stay at home advisory and closure of non-essential businesses until May 18. The original order was set to expire on May 4.

Additionally, Baker extended the ban on gatherings of 10 or more people until May 18.

“I know pushing these dates back a couple of weeks is probably not what many people want to hear,” Baker said at Tuesday’s press conference, but he said that there are “risks associated with going back too soon.”

He said that the measures the state has taken so far with the stay at home advisory and increased testing, among other things, have helped to flatten the curve in the Commonwealth. He added that while hospitalization rates have begun to plateau, they have not yet started to fall with the intensity that would suggest a serious decrease in cases.

“We’re moving in the right direction with respect to the virus, but we are not where we need to be,” Baker said. “These mechanisms all need to remain in place.”

He thanked the people of Massachusetts for “playing their part” in limiting the spread of the virus. He said he recognizes how difficult the state’s decisions have been on people and families. “People have lost jobs, their careers, and in some cases businesses they have worked on for years,” he said.

But “since we’ve acted, we’ve avoided the humanitarian crisis we’ve seen...elsewhere around the world,” he said.

The Baker-Polito administration also announced the creation a 17-member reopening advisory board that will work together on a plan to reopen the state.

Lt. Governor Karyn Polito said that government officials, industry employees, and customers “will need to work together for this to be successful.” She said that Massachusetts is “recognized as a leader in people taking personal responsibility” for social distancing.

“The board will bring a range of perspectives, including an understanding of workplaces and workforces, including insights into things like education, local governance, manufacturing, and transportation.”

She said it will be “a lot of listening” to main streets businesses and other small businesses, as well as metro mayors and local government officials statewide, and the 17 member board will be comprised of three public health officials, 11 leaders from businesses, including transportation secretary Stephanie Pollock.

“They are key,” Polito said. “A lot of the decisions we will make need to be enforced and implemented at the local level.”

She said the first meeting of the advisory board took place on April 28.

Testing Increases And Regular Hospital Capacity

As of April 27, Massachusetts had 56,462 confirmed cases of COVID-19, and 3,003 people had died.

Governor Baker also made several announcements last late week and early this week regarding increases in testing across the state. He said he was “ramping up” a program for testing with Quest Diagnostics in a number of community health centers across the state.

He also said that important factors when analyzing test results are how many people are tested, how many come up positive, and what the ratio between those two numbers looks like.

Baker also talked about the importance of seeking medical care if people are experiencing serious symptoms like chest pain or difficulty breathing. He said that hospitals across the state are equipped to deal with illness and conditions not related to COVID-19, such as stroke, cancer, and injuries, and people should not be afraid to go to the hospital if it is necessary to do so.

“If you’re not feeling well, if you have an ongoing medical condition, stay in touch with your clinicians,” Baker said on April 24. “If you need to go to the hospital, go.”

On April 24, Department of Public Health Commissioner Monica Bharel returned to Baker’s daily press conference to speak about her personal experience with COVID-19. Now recovered, she described her battle with the virus as including fever and muscle aches, but she still worked from home when she felt up to it.

Unemployment Assistance Update

He said that the Pandemic Unemployment Assistance Program, which can help people who are self-employed, “gig workers,” contractors, or consultants, is up and running.

He said that this system has processed “well over 100,000 claims” as of April 24.

“The platform for traditional unemployment continues to process claims,” he added, and checks include the extra $600 a week from the federal CARES Act.

Baker said there were over 650,000 new claims filed since March 15, and the state is paying around 400,000 people so far and is “working through the rest of the claims.”

$130 Million For Nursing Homes

On April 27, Baker announced a second round of funding of $130 million for the state’s nursing homes, as they continue to face challenges when it comes to battling COVID-19.

Baker said that as of April 27, 10,031 residents and staff at the state’s nursing homes, rest homes, and assisted living facilities had tested positive for the virus and people in these facilities represent 56 percent of the state’s total deaths.

“To date, the mobile testing unit has conducted testing at over 400 facilities,” he said. He said the National Guard “has done a tremendous job so far.”

He also said there are new requirements for nursing homes, including testing of all staff and residents and meeting PPE requirements, among other things. He said that facilities will be audited to make sure they are complying with the requirements.
Mike Sainristil watched the NFL Draft as 10 Michigan teammates were selected

By Cary Shuman

When Everett football star Mike Sainristil chose Michigan, he knew that he was entering a preeminent college program that annually attracts the best players in the nation to Ann Arbor.

That fact was borne out in this year’s NFL Draft as no less than 10 Michigan players were selected, second only to national champion LSU who had 14 players selected. A few other Michigan players were signed by teams as undrafted free agents.

Sainristil’s, a freshman receiver, talked about his two U-M teammates who will be joining the Patriots. “The Patriots got great, hard-working guys,” said Sainristil. “They’ll give it their all for the team, real selfless guys. They’re great team players and team leaders as well.”

Sainristil crossed path routes with Uche during some Michigan practices. “I went up against Uche a few times, not often because they didn’t have him covering the slot [receiver] too many times in practice.”

Sainristil described the 6-foot-3-inch, 350-pound Onwenu as “a big, strong guy who will lead his running backs through the hole for sure.”

As for the entire offensive line being drafted, Sainristil said it was not a surprise. “Most definitely I expected them to be drafted. Everybody – Cesar [Ruiz], Jon [Runyan], Big Ben [Bredeson], Michael [Onwenu] – was a senior and they’re experienced guys who know the game of football very well, know their playbook and get their assignments done. We have one starting lineman, Jaylen Mayfield, who’s back for his junior year.”

Sainristil, the Massachusetts Gatorade Player of the Year in his senior year at Everett, said Michigan has long been known as a consistent producer of NFL draft picks and future stars. One prominent name that immediately comes to mind is former Michigan QB Tom Brady, who was a sixth-round pick in the 2000 NFL Draft and led the Patriots to six Super Bowl victories.

Interestingly, the quarterback throwing the football to Sainristil this past season, senior Shea Patterson, an All-Big 10 third-team selection, went undrafted. Michigan wide receiver Donovan Peoples-Jones was selected in the sixth round by the Cleveland Browns.

Sainristil completed a successful season at Michigan with an appearance in the Vrbo Citrus Bowl in Orlando. Talk about a display of talent: There were 25 players on the two rosters who were either drafted by the NFL or signed as undrafted free agents.

Sainristil is back home with his parents, Carlot and Raymonde, and his family following the cancellation of classes at Michigan due to the coronavirus.

“There’s no football right now but you just have to cope with it and take it day by day and hope the good news is sooner rather than later,” he said.

Sainristil said candidly that he has thought about the prospect of playing in the NFL following his career at Michigan.

“You have to,” he said. “I can’t wait to see what the future holds.”

MassDOT schedules tunnel lighting maintenance in Ted Williams Tunnel

The Massachusetts Department of Transportation (MassDOT) is announcing that there will be reduced lighting in the Ted Williams Tunnel (TWT) eastbound and westbound in Boston. This essential work began Sunday, April 26, at 11 p.m., and will continue through to Saturday, May 2, at 11 p.m. This critical lighting maintenance in preparation of an extensive lighting replacement to begin later this month.

Lights in the left lane, eastbound and westbound, will be turned off during this time frame. Lighting in the right lanes will function as usual. Drivers are advised to keep lights on for safety.

Appropriate signage, law enforcement details, and advanced message boards will be in place to guide drivers through the work area.

Drivers who are traveling through the area should use caution.

All scheduled work may be impacted due to an emergency or other unplanned situations.

Moulton, Healey team up to help constituents spot online coronavirus scams and cybercrimes

Congressman Seth Moulton (D-MA) and Massachusetts Attorney General Maura Healey will host a Facebook Live forum on cybersecurity in the age of coronavirus this Wednesday, April 29, at 4 p.m. ET.

In an era where Americans have shifted their work and meeting with friends online because of the pandemic, Attorney General Healey and Congressman Moulton will discuss examples of common scams and share best practices for staying safe online.

For more details and to RSVP for the event visit https://www.facebook.com/events/544763906436054/.

You can submit questions at https://act.myngp.com/Forms/-7545637780059060480.

Tune into https://www.facebook.com/SethMoulton/live.

Come to the Lynn, MA Household Hazardous Waste Collection Day

Forms/-7545637780059060480.

You can submit questions at https://act.myngp.com/Forms/-7545637780059060480.

Tune into https://www.facebook.com/SethMoulton/live.

This Collection is Operated By: Clean Harbors Environmental Services

COVANTA DAYS

Formerly ‘Dumster Days’

Saturday 2020 Dates:

May 9 & May 16

CITY OF LYNN

Mayor Thomas M. McGee announces......

Clean out your attics, cellars and Garages!!

COVANTA

POWERING TODAY, PROTECTING TOMORROW

Lynn residents only for all Drop-Offs. Driver’s license required. Identification vehicles must enter through Central Ave, behind the Car Wash and Genieck Farms. No U-Haul Trucks.

COVANTA

POWERING TODAY, PROTECTING TOMORROW

May 9 & May 16

CITY OF LYNN

Mayor Thomas M. McGee announces......

Clean out your attics, cellars and Garages!!

COVANTA

POWERING TODAY, PROTECTING TOMORROW

Lynn residents only for all Drop-Offs. Driver’s license required. Identification vehicles must enter through Central Ave, behind the Car Wash and Genieck Farms. No U-Haul Trucks.

For more information or questions: 781-477-7099 or 781-269-8000.

Keep our City Streets Clean

COVANTA

POWERING TODAY, PROTECTING TOMORROW

Lynn residents only for all Drop-Offs. Driver’s license required. Identification vehicles must enter through Central Ave, behind the Car Wash and Genieck Farms. No U-Haul Trucks.

For more information or questions: 781-477-7099 or 781-269-8000.

Keep our City Streets Clean
Weekly initial unemployment claims down for the second week

<table>
<thead>
<tr>
<th>Industry</th>
<th>Week Ending 4/11</th>
<th>Week Ending 4/18</th>
<th>Change</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agriculture, Forestry, Fishing and Hunting</td>
<td>393</td>
<td>281</td>
<td>-112</td>
<td>-28.5%</td>
</tr>
<tr>
<td>Mining</td>
<td>25</td>
<td>13</td>
<td>-12</td>
<td>-48.0%</td>
</tr>
<tr>
<td>Utilities</td>
<td>85</td>
<td>82</td>
<td>-3</td>
<td>-3.5%</td>
</tr>
<tr>
<td>Construction</td>
<td>7,881</td>
<td>4,754</td>
<td>-3,127</td>
<td>-39.7%</td>
</tr>
<tr>
<td>Manufacturing</td>
<td>5,896</td>
<td>5,065</td>
<td>-831</td>
<td>-14.1%</td>
</tr>
<tr>
<td>Wholesale Trade</td>
<td>4,618</td>
<td>3,709</td>
<td>-909</td>
<td>-19.7%</td>
</tr>
<tr>
<td>Retail Trade</td>
<td>15,534</td>
<td>12,669</td>
<td>-2,865</td>
<td>-18.4%</td>
</tr>
<tr>
<td>Transportation &amp; Warehouse</td>
<td>3,362</td>
<td>3,292</td>
<td>-70</td>
<td>-2.1%</td>
</tr>
<tr>
<td>Information</td>
<td>1,480</td>
<td>1,336</td>
<td>-144</td>
<td>-9.7%</td>
</tr>
<tr>
<td>Finance &amp; Insurance</td>
<td>735</td>
<td>536</td>
<td>-199</td>
<td>-27.1%</td>
</tr>
<tr>
<td>Real Estate</td>
<td>1,370</td>
<td>1,040</td>
<td>-330</td>
<td>-24.1%</td>
</tr>
<tr>
<td>Professional and Technical Services</td>
<td>5,567</td>
<td>4,359</td>
<td>-1,208</td>
<td>-21.7%</td>
</tr>
<tr>
<td>Management of Companies</td>
<td>715</td>
<td>486</td>
<td>-229</td>
<td>-32.0%</td>
</tr>
<tr>
<td>Administrative &amp; Waste Services</td>
<td>5,863</td>
<td>4,956</td>
<td>-907</td>
<td>-15.5%</td>
</tr>
<tr>
<td>Education</td>
<td>2,283</td>
<td>1,653</td>
<td>-630</td>
<td>-27.6%</td>
</tr>
<tr>
<td>Health &amp; Social Assistance</td>
<td>12,597</td>
<td>9,249</td>
<td>-3,348</td>
<td>-26.6%</td>
</tr>
<tr>
<td>Arts, Entertainment &amp; Recreation</td>
<td>2,206</td>
<td>1,777</td>
<td>-429</td>
<td>-19.4%</td>
</tr>
<tr>
<td>Food &amp; Accommodation</td>
<td>12,634</td>
<td>9,564</td>
<td>-3,070</td>
<td>-24.3%</td>
</tr>
<tr>
<td>Other Services</td>
<td>6,971</td>
<td>5,383</td>
<td>-1,588</td>
<td>-22.8%</td>
</tr>
<tr>
<td>Public Administration</td>
<td>1,425</td>
<td>1,244</td>
<td>-181</td>
<td>-12.7%</td>
</tr>
<tr>
<td>Information Not Available</td>
<td>11,188</td>
<td>8,705</td>
<td>-2,483</td>
<td>-22.2%</td>
</tr>
</tbody>
</table>

Week 1 Ending 4/11: 9,564
Week 2 Ending 4/18: 6,084
Change: -3,480
% Change: -36.3%

SJC issues updated order regarding state court operations during the pandemic

The Supreme Judicial Court (SJC) on Monday issued an updated order, which will be effective May 4, 2020, regarding the operation of Massachusetts state courts and courthouses during the ongoing COVID-19 pandemic.

Under the new order, until at least June 1, 2020, all courts of the Commonwealth will continue to be open to conduct court business, but courthouses will continue to be closed to the general public, except where entry is required to address emergency matters that cannot be addressed virtually (by telephone, videoconference, email, or comparable means, or through the electronic filing system).

Jury trials in both criminal and civil cases in state courts are postponed to a date no earlier than July 1, 2020. All bench trials, in both criminal and civil cases are postponed to a date no earlier than June 1, unless they may be conducted virtually by agreement of the parties and of the court. The new order also extends various deadlines.

Monday’s SJC order also directs Trial Court departments to identify categories of non-emergency matters that they will attempt to address virtually, where it is practicable to do so, and to provide clear guidance to the public and members of the bar regarding what those categories will be by posting periodic notices to the judiciary’s COVID-19 webpage. The SJC and Appeals Court will continue to conduct oral arguments virtually in non-emergency matters. All court clerks’, registers’, and recorder’s offices shall continue to conduct court business – to accept the filing of pleadings and other documents in emergency matters cannot be accomplished virtually.

All orders, standing orders, guidelines, and notices issued by any court department or appellate court in response to the pandemic, as well as all amendments, modifications, and supplements are posted upon issuance on the judiciary’s COVID-19 webpage.
The National Consumers League (NCL), the nation’s oldest consumer and worker advocacy organization, is demanding that the federal government put its support behind massive COVID-19 test production and, as quickly as is feasible, put in place a testing protocol for every citizen so that America can get back to work.

“There are calls across the country to reopen businesses; we understand and share that frustration,” said NCL Executive Director Sally Greenberg. “However, as we are currently not allowing tests for people who are asymptomatic—and because 25 percent of people who carry the virus don’t show symptoms—doing so would be reckless. It’s a Catch-22. Until everyone is tested, we can’t send symptom-free people back into the world. So the government’s first order of business must include giving America’s labs and drug companies the goal and the means to produce rapid-response testing for every American within the next month.”

NCL has laid out the following recommendations:

• Meet the need for testing in clinics and doctors’ offices.

The Food and Drug Administration (FDA) must oversee the process of improving techniques and reliable, accurate test production. Many labs are working on this, addressing the immediate need for care providers to have enough, high-quality tests.

“The Senate has voted to include $25 billion for the clinical labs that make the tests into the next COVID legislative package” said Greenberg. “That is welcome news because states cannot do this alone; they end up competing against each other for tests and other supplies.”

As Maryland Governor Larry Hogan (R-MD) said this week, “Every governor in America has been pushing and fighting and clawing to get more tests, not only from the federal government, but from every private lab in America and from across the world. It’s nowhere where it needs to be.” Virginia Governor Ralph Northam (D-VA) noted that the President’s claim that the country has enough tests for the virus are “delusional.”

Clearly, quality is paramount. The serious stumbles at such premier institutions as the Centers for Disease Control and Prevention (CDC) cannot continue.

“The federal government must continue to support and expand the production of quality tests, and at capacity to meet the current needs of care providers,” said Greenberg.

• Universal testing

As stated above, though, in order to get people back out to restart the economy, we cannot only test those who show serious symptoms and go to care providers to get tested. We must develop tests that can be self-administered, and in adequate numbers so that each person can test for COVID before leaving the home on any given day.

“Millions of workers have to take drug tests every day to keep their jobs; those tests are rapid-response. Consumers can buy rapid response tests for strep throat and pregnancy,” said Greenberg. “Those are approved FDA products that are tested for accuracy and safety. We must get to a rapid response COVID-19 home test as soon as possible.”

In order to determine who has COVID-19 and should be quarantined, every American must be able to test for the virus on a regular basis. Those who test positive, with or without symptoms, go into quarantine for 14 days, as do the people in that individual’s household. Those who test negative are cleared to go out in the world to get the trains running again. This would call for hundreds of millions of tests to enable on-going testing, as it is the only path forward at this time. And the technology is not ‘pie-in-the-sky.’ The FDA has already approved one home-test kit, though it requires lab analysis. And BARDA/HHS has funded another company to develop a rapid antigen and antibody diagnostic to identify current or past SARS-CoV-2 infections in 60 seconds. “We are on the road.”

• Antibody testing

While it’s not clear how long antibodies create immunity, there is a belief that they at least do so for the short-term. So the next step would be to provide serology testing for people who test negative for COVID-19, using only tests approved by the FDA to ensure quality and accuracy. To date, the FDA has approved only four tests of the many available, but this is an important start.

Those who are determined to have a sufficient level of antibodies should be cleared to go back to work, while still wearing masks and gloves until science has confirmed decisively that antibodies create immunity. If the individuals don’t have antibodies, they would be advised to stay home, but could be cleared to go back to work so long as they test every day before heading out.

• Contact tracing

Everyone who tests positive reaches out to everyone they’ve had contact with and those people test for COVID-19. Anyone then testing positive goes into quarantine, and the process repeats.

• Use technology to self-surveillance

Finally, we need a system for uploading test results each day to our phones – like the bar codes we use to board an airplane – or to carry evidence that we have taken the test, have antibodies to COVID-19, and can work or otherwise go out. Enforcement would be a new challenge, given our commitment to civil liberties, but one that we can certainly work out.

• Longer term: Vaccinate

In a year or more, when a vaccine arrives, 95 percent of Americans will need to be vaccinated to achieve herd immunity and widespread protection.

“Our nation has the know-how and manufacturing infrastructure to produce the millions of tests needed to determine whether someone has the virus,” said Greenberg. “But due to lack of leadership at the top, our testing capacity is still, several months after the outbreak, extremely limited. To date only 3.3 million people have been tested, according to the COVID Tracking Project. That’s about 1 percent of the population. That is simply not enough.”

NCL is demanding that the Federal government respond to the current national Coronavirus emergency as President Roosevelt responded to World War II, and challenge Americans to “harness the efficient machinery of America’s manufacturers” to fight the pandemic.

“We need that call to action now, to challenge America’s labs and drug companies with the goal of producing testing for every American within the next month. Federal health care agencies including CDC, National Institutes of Health (NIH), and FDA should be their partners, and this should be a shared cost,” said Greenberg. “In the midst of the worst unemployment numbers ever seen in American history, and with millions of businesses having their existence threatened, we need federal leadership, expertise, and financial support to make this happen, and we need it now.”
Plan for law school graduates announced

The Justices of the Supreme Judicial Court and the Massachusetts Board of Bar Examiners (BBE) last week announced a plan for the Massachusetts Bar Examination to proceed amid the COVID-19 pandemic, and an expanded opportunity for graduates to appear in court under the student practice rule.

For the plan for the bar examination outline three elements:
• The bar exam will be conducted using the Uniform Bar Examination (UBE) on September 30 and October 1, if that exam can be conducted safely, with social distancing in place for all examinees.

• If the UBE cannot be conducted safely in-person, an alternative exam will be administered remotely and will grant admission only to the bar of Massachusetts. In that event, the BBE will work to ensure that the exam will be similar in content to the subjects covered on the UBE, so that students who have been preparing for the UBE will not need to make major adjustments in preparing for the Massachusetts only exam.

• Regardless of whether the September 30 and October 1 bar exam is the UBE or a Massachusetts only exam, the BBE will work to expedite the grading of the exam and its character and fitness investigations so that law school graduates will have results by mid-to-late December. Admission to the bar will be postponed by only eight weeks from the week of November 16-20, 2020, when the bar admission ceremonies were going to be held, to the week of January 11-15, 2021, when they will now be held. If an applicant has a pressing need to be admitted in late December, the applicant can arrange with the Clerk of the Supreme Judicial Court for Suffolk County to be sworn in, reducing the delay to only five or six weeks.

The Justices also issued an order removing a time restriction applying to students appearing in court under Supreme Judicial Court Rule 3:03. For those students who are most likely to need to appear in court before they can be sworn in, who are generally those who have or will obtain employment with a district attorney, CPCS, a state legal office, or a legal services provider, and who have yet to obtain the SJC Rule 3:03 certification necessary to do so, the order will permit them to obtain such certification at any time before graduation.

On April 22, Supreme Judicial Court Chief Justice Ralph D. Gants sent a letter to law school deans outlining the plan. The Supreme Judicial Court also prepared information for law school graduates outlining the plan and the temporary expansion of SJC Rule 3:03.

The BBE is established by G.L. c. 221 §§35 & 36 to evaluate the qualifications of persons seeking admission to the bar of the Commonwealth of Massachusetts.
<table>
<thead>
<tr>
<th>Business Name</th>
<th>Address:</th>
<th>Take Out/ Delivery</th>
<th>Gift Cards</th>
<th>Contact Information:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Angelina’s Sub Shop</td>
<td>57 Washington Street, Lynn MA 01902</td>
<td>Take Out Available Everyday 10am-11pm</td>
<td></td>
<td>(781) 595-9576</td>
</tr>
<tr>
<td>Bent Water Brewing Co.</td>
<td>180 Commercial St, Unit 18, Lynn 01905</td>
<td>Offering Curbside-to-go Thursdays &amp; Fridays, 4:30-6pm Orders can be placed here: bit.ly/BWcurbside</td>
<td>yes</td>
<td>(781) 780-9948</td>
</tr>
<tr>
<td>Brother’s Deli</td>
<td>41 Market St Lynn MA 01901</td>
<td>Take Out M-Saturday 5:30am - 8:30pm Sunday 5:30am-130pm</td>
<td></td>
<td>(781) 581-3363</td>
</tr>
<tr>
<td>CB Stuffer</td>
<td>17 Columbia St # 4, Swampscott 01907</td>
<td>Delivery Only</td>
<td>yes</td>
<td>(781) 595-1511</td>
</tr>
<tr>
<td>Cafe Avellino</td>
<td>242 Humphrey St., Swampscott 01907</td>
<td>Take out available - FREE local delivery for elderly</td>
<td>yes</td>
<td>(781) 584-4435</td>
</tr>
<tr>
<td>Dunkin’</td>
<td>80 Boston St, lynn 01904</td>
<td>Drive-thru, Carry-out &amp; Delivery (4am-11pm)</td>
<td>yes</td>
<td>(781) 593-7760</td>
</tr>
<tr>
<td>Edible Arrangements</td>
<td>919 Lynnfield St, Lynn 01904</td>
<td>Delivery Available</td>
<td>yes</td>
<td>(781) 593-1888</td>
</tr>
<tr>
<td>Jimmy’s Steer House</td>
<td>114 Broadway, Saugus 01906</td>
<td>Take out only Sun-Thurs 12-8pm &amp; Fri -Sat 12-9pm</td>
<td>yes</td>
<td>(781) 233-8600</td>
</tr>
<tr>
<td>Kelly’s Roast Beef</td>
<td>605 Broadway, Ste 300, Saugus 01906</td>
<td>Drive-thru, Carry-out &amp; Delivery</td>
<td>yes</td>
<td>(781) 233-5000</td>
</tr>
<tr>
<td>Kowloon Restaurant</td>
<td>948 Broadway, Saugus 01905</td>
<td>Take out &amp; Delivery (11:30am-1:30am)</td>
<td>yes</td>
<td>(781) 233-0077</td>
</tr>
<tr>
<td>Lazy Dog Sports Bar</td>
<td>328A Broadway, Lynn 01904</td>
<td>Take out only Mon-Sat (11am-1am) Sun (11am-11:30pm)</td>
<td>yes</td>
<td>(781) 477-1988</td>
</tr>
<tr>
<td>Lincoln’s Landings</td>
<td>156 Humphrey St, Swampscott 01907</td>
<td>Take out &amp; Delivery Mon, Thurs, Fri, Sat: 8am-2pm, Sun: 8am-1pm</td>
<td>yes</td>
<td>(781) 593-5565</td>
</tr>
<tr>
<td>Lucille Wine Shop</td>
<td>776 Washington St, Lynn 01902</td>
<td>Sundays/Mondays - OPEN (12-6pm) Tuesday-Saturday- OPEN (11am-8pm) Free delivery for elderly</td>
<td>yes</td>
<td>(781) 584-4695</td>
</tr>
<tr>
<td>McDonald's on the Lynnway</td>
<td>567 Lynnway, Lynn 01905</td>
<td>Drive-thru, Take out &amp; Delivery</td>
<td>yes</td>
<td>(781) 581-2050</td>
</tr>
<tr>
<td>Monte’s</td>
<td>141 Eastern Ave, Lynn 01902</td>
<td>Sunday - Thursday (12-8pm) and Friday - Saturday (12-9pm)</td>
<td>yes</td>
<td>(781) 599-0476</td>
</tr>
<tr>
<td>Nightshade Noodle Bar</td>
<td>73 Exchange St., Lynn 01901</td>
<td>Take out, local delivery &amp; curbside pickup available E-Giftcards now available, Use code HELPNOWEATLATER for 5% off all online giftcards through 3/29/2020</td>
<td>yes</td>
<td>(781) 780-9470</td>
</tr>
<tr>
<td>Orange Leaf Frozen Yogurt</td>
<td>124 Broadway, Ste B, Saugus 01906</td>
<td>Take out &amp; Delivery (12-9:30pm)</td>
<td>yes</td>
<td>(781) 558-5644</td>
</tr>
<tr>
<td>Patriot Lobster</td>
<td>48 Broadway, Salem 01970</td>
<td>Curbside Pickup Delivery for 10lb min ($10 fee for surrounding towns)</td>
<td>(978) 740-2900</td>
<td></td>
</tr>
<tr>
<td>R.F. O’Sullivan’s</td>
<td>151 Central Ave, Lynn 01901</td>
<td>Take-out, Curbside &amp; Free Delivery thru UberEats (11-7pm)</td>
<td>yes</td>
<td>(617) 997-1184</td>
</tr>
<tr>
<td>Rolly’s Tavern on the Square</td>
<td>338 Broadway, Lynn 01904</td>
<td>Limited Menu Curbside Pickup/Delivery (4-8pm)</td>
<td>yes</td>
<td>(781) 599-2160</td>
</tr>
<tr>
<td>Rossetti’s Restaurant</td>
<td>47 Sutton St., Lynn 01901</td>
<td>Take out &amp; Delivery Tuesday-Sunday (4-8pm)</td>
<td>yes</td>
<td>(781) 599-2051</td>
</tr>
<tr>
<td>Skinny Hanks BBQ</td>
<td>45 Lewis St., Lynn 01902</td>
<td>Thursday -Friday (5-9pm) Saturday (3-9pm) Sunday (2-7pm)</td>
<td>yes</td>
<td>(339) 440-5685 or (978) 239-3680</td>
</tr>
<tr>
<td>Tacos Lupita</td>
<td>129 Munroe St., Lynn</td>
<td>Take Out Monday- Saturday 10:30 am - 9pm</td>
<td>(781) 593-6437</td>
<td></td>
</tr>
<tr>
<td>The Blue Ox</td>
<td>191 Oxford St., Lynn</td>
<td>Preorder Curbside Pickup, Every Thursday-Saturday, 4:30-7pm Order on Toast Takeout App or online: <a href="http://www.theblueoxlynn.com">www.theblueoxlynn.com</a></td>
<td>(781) 780-5722</td>
<td></td>
</tr>
<tr>
<td>Tropical Smoothie Cafe</td>
<td>450 Paradise Rd, Swampscott 01907</td>
<td>Take out Monday-Sunday (11am - 7pm) + Mobile App is available</td>
<td>yes</td>
<td>(781) 842-4697</td>
</tr>
<tr>
<td>Uncommon Feasts Cafe</td>
<td>271 Western Ave, Lynn 01904</td>
<td>Take out, curbside and local delivery 7 days a week (11am - 10pm)</td>
<td>yes</td>
<td>(781) 592-5500</td>
</tr>
<tr>
<td>UNO’s Pizzeria</td>
<td>970 Paradise Rd, Swampscott 01907</td>
<td>Take out &amp; Delivery (11am-11:30pm)</td>
<td>yes</td>
<td>(781) 595-8667</td>
</tr>
<tr>
<td>Walnut Street Coffee Cafe</td>
<td>157 Walnut St, Lynn 01905</td>
<td>Take out Available Mon-Fri (5am-12am) Sat-Sun (6am-12am)</td>
<td>yes</td>
<td>(781) 596-1690</td>
</tr>
<tr>
<td>Yari’s China Bistro</td>
<td>146 Humphrey Street Swampscott MA 01907</td>
<td>Take Out Everyday 1130am- 10pm</td>
<td>yes</td>
<td>(781) 593-3308</td>
</tr>
</tbody>
</table>
Lets face it: Social distancing a measure put in place to stop the spread of the coronavirus has made celebrating major holidays with family and friends hard.

Mothers Day is coming up fast. And Since Moms can’t go out, we thought now’s the time to show them we deliver!

Help your neighbors and customers show their Mothers they care with an ad telling them We will deliver her favorites!

Running the week of 5/7

2 column-by-4-inch ad for $55

Call 781–485–0588 or email deb@thebostonsun.com for more info. Be a part of this Mother’s Day thats sure to be remembered