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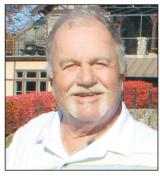
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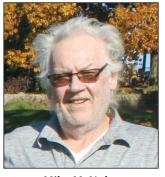
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Bob Demars

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Summertime in November; Gannon golfers take advantage of warm weather

By Cary Shuman

The temperatures have been in the 70s all week and that's been great news for Gannon Head Golf Professional David Sibley and all the golfers who enjoy the game at Lynn's fabulous municipal course.

As staff and players continued to follow COVID-19 social distancing guidelines, it's been a busy week at Gannon.

"We are busy - yes, sir," said Sibley with a smile.

Lynn MBTA Garage col-

leagues Michael Clooney and Matt Murphy enjoyed an 18-hole round of golf at Gannon on Mon-

"It's amazing, just a great feeling to be out here golfing in November," said Clooney, a Lynn resident. "I couldn't have spent my day better. The course was in beautiful shape."

Murphy said following the Oct. 30 snowstorm he wasn't sure there would be additional days of golf this season.

"After getting all that snow and rain, it's very nice to be playing golf," said Murphy. "I had a great day at Gannon today as I his third men's title while Jane always do."

Gannon's opening day this season was delayed for six weeks until May because of the pandemic. Thanks to a warm and sunny summer and infrequent rain, golfers were able to visit the course every day.

Gannon held its annual tournaments, including the prestigious Men's and Women's Club Championships. The winners not only get bragging rights as the No. 1 golfer, but their names are engraved on the championship plaque forever. John Boland won

Fiste won her first women's title to join former champions like the great Tara Johnson on the board inside the Gannon clubhouse.

Sibley said golfing at Gannon will continue through November and perhaps beyond if Mother Nature continues to send more warm days to Boston.

"It's all weather-driven," said Sibley. "We'll do what we can to keep it going but we want to make sure we don't go too far and the golf course gets damaged. Our fairways are lined with oak trees and our maintenance staff is doing a great job to keep up with the leaves, but It's a constant battle."

Sibley, who is winding down his seventh season as Head Professional, had a strong season himself as a player competing in New England PGA Section Professional events, including a couple of top-10 finishes.

As for this weekend's Masters Tournament in Augusta, Georgia, Sibley is predicting a break-through performance from 27-year-old Xander Schauffele to win the first major of his ca-

Lynn YMCA receives \$130,000 in grants to address food insecurity

The funding will enable the

the new \$36 million Food Security Infrastructure Grant Program from Governor Baker, the Lynn YMCA of Metro North has been awarded \$130,000 to ensure that individuals and families have equitable access to healthy, local

As part of the fourth round of food. This round of the grant includes 47 awards totaling nearly \$6 million to fund critical investments in technology, equipment, capacity, and other assistance that will help local food producers, especially with distribution in food insecure communities.

YMCA of Metro North to purchase a refrigerated van to deliv-

er meals, distribute food donations and service supplies, obtain equipment to increase capacity at several Y locations, and create cafeteria space to serve food at the Lynn YMCA. "Food insecurity was on the rise before the pandemic hit. More partnership and funding for nutrition programs are vital as

families continue to struggle in the long road to recovery ahead," says Andrea Baez, Senior Branch Executive of the Lynn YMCA. "The Lynn Delegation has been a crucial ally in helping us expand our food distribution efforts, especially to children who need a safe place to find a meal when

they are not in school."

"These funds will ensure that the Lynn YMCA has the necessary infrastructure to distribute food and help keep the community healthy throughout the pandemic," said Senator Brendan Crighton. "Right now it is more important than ever to work together to ensure that individuals and families across the Commonwealth have equitable access to nutritious meals.'

"I would like to commend the Lynn YMCA and staff for their commitment to the people of the greater Lynn area," said Representative Dan Cahill. "Their efforts of helping those who need it the most in this difficult time will keep children and seniors from going hungry."

"This grant will go a long way in helping address food insecurity among our communities' most vulnerable," said Representative Pete Capano.

"Too many people in Massachusetts are struggling to make ends meet, and the pandemic has made those challenges much worse. I'm grateful to see the Lynn YMCA receive these critical funds to fight hunger locally as we continue to fight the pandemic into the winter. Too many children and families are going hungry, and that is unacceptable in a state like ours. These funds will go a long way to help people in Greater Lynn feed themselves

Please see YMCA Page 3



For the latest news in Lynn that you need to know, check ynnjournal.com

REMEMBERING OUR VETERANS

It was 102 years ago on November 11, 1918, that World War I formally came to a conclusion on the "11th hour, of the 11th day, of the 11th month."

Americans observed the first anniversary of the end of the war the following year when the holiday we now know as Veterans Day originated as Armistice Day in 1919.

The first world war was referred to at the time as "the war to end all wars." It was thought that never again would mankind engage in the sort of madness that resulted in the near-total destruction of Western Civilization and the loss of millions of lives for reasons that never have been entirely clear to anybody either before, during, or since.

Needless to say, history has shown us that such thinking was idealistically foolhardy. Just 21 years later, the world again became enmeshed in a global conflagration that made the first war seem like a mere practice run for the mass annihilation that took place from 1939-45.

Even after that epic second world war, America has been involved in countless bloody conflicts in the 75 years since General Douglas MacArthur accepted the Japanese surrender on the Battleship USS Missouri. Today, we still have troops fighting -- and dying -- at various places around the world.

"Peace is at hand" has been nothing but a meaningless slogan for most of the past 102 years.

Armistice Day officially became known as Veterans Day in 1954 so as to include those who served in WWII and the Korean War. All of our many veterans since then also have become part of the annual observance to express our nation's appreciation to the men and women who bravely have answered the call of duty to ensure that the freedoms we enjoy as Americans have been preserved against the many challenges we have overcome.

Although Veterans Day, as with all of our other national holidays, unfortunately has become commercialized, we urge our readers to take a moment, even if just quietly by ourselves, to contemplate the debt we owe to the veterans of all of our wars and to be grateful to them for allowing us to live freely in the greatest nation on earth.

If nothing else, Veterans Day, that was celebrated this week, should remind us that freedom isn't free and that maintaining our freedom since our nation's founding has required the sacrifice of tens of millions of our fellow Americans who have placed their lives on the line to preserve our ideals and our way of life.

THE LYNN JOURNAL

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Democratic process must be protected by not succumbing to resentments based on differences in political views

By Cardinal Sean O'Malley

Today our country, one of the oldest democracies and most diverse societies in the world, should take pride in the success of the electoral process. We thank all the candidates who have participated in the elections and commend the historic voter turnout, a tribute to the citizens who voted in such striking numbers, in stark contrast to earlier elections. That encouraging sign has opened the way to begin a process of participation among all citizens however they voted. As Catholics we are committed to the common good, social justice and the Gospel of Life. Participation in the political process is a sacred duty. In a country facing the threefold challenge of addressing a global pandemic, repairing a fractured economy and renewing a national commitment to the goals of racial justice and equality, the broad participation of citizens in the election should be a foundation for rebuilding our unity as a people.

The President and those who will serve with him have both the opportunity and the challenge of rebuilding civic trust, of providing a sense of hope in a time of social crisis, and of calling us all to share our best talents and energies in a common task. Our prayers should be with all those called to lead the country.

The task we face is not fully captured in the data; the numbers, charts and graphs, the task is also a spiritual challenge. As Pope Francis shared in the recent Encyclical Letter, Fratelli Tutti, we are called to promote 'friendship and an acknowledgement of the worth of every human person, always and everywhere'. Each citizen, each person, across lines of color, ethnicity, of faith and philosophy, can and should be asked to place solidarity over inequality, compassion over revenge, generosity over self-interest.

An election is never only about who wins and who loses. It is always about a moment in time when a new beginning is possible. Such a beginning relies upon our best traditions and aspirations: belief in our common humanity and the unique dignity of each person in the land; beliefs which can bind us together, rich and poor, black and white, citizens and dreamers, women and men. We are now at a moment when a new beginning is not only possible but urgently necessary. The work at hand calls us to respect the opinions of others,

to dialogue about differing per-

spectives, to seek reconciliation where there has been estrangement, to work for healing among the people of our country. I confidently believe that as a nation we can achieve these goals, to rise above our differences, to embrace our unity as brothers and sisters who lives are a gift from God and who share a mission to build a just society.

We must not succumb to resentments based in divergent political views and divisions that have emerged from the stress of recent months. The challenge is always to transform a crowd into a community, a people who share a commitment to building a civilization of love and a culture that can sustain democracy, freedom and respect for human rights. Let us remember the unity and charity we are called to at the celebration of the Eucharist and in the proclamation of the Scriptures. Let us witness to the ideals of the Gospel, striving to have a positive impact on our families, communities and the nation in these crucial days. Let us follow Jesus' call to love one another as He has loved us.

Sean O'Malley is the American cardinal of the Catholic Church serving as the Archbishop of Boston.

Mayor announces street sweeping schedule

The Lynn Department of Public Works citywide street sweeping program has commenced.

The street-sweeping schedule for November 16, 2020 through November 20, 2020 includes:

Day	Date	Ward	Precinct
Monday	Nov 16 th	6 5	4 1 & 2
Tuesday	Nov 17 th	5	1, 2, & 3
Wednesday	Nov 18th	5	2, 3 & 4
Thursday	Nov 19 th	5 4	3 & 4 1
Friday	Nov 20 th	5 4	3 & 4 1 & 2

This schedule is subject to change due to inclement weather. Should inclement weather prevent sweepers from working in your area as scheduled, they will return seven (7) days from the date originally scheduled.

For public awareness refer to: CityofLynn.net, Lynn Community Television Channel 3/22 and Verizon Channel 37/38 also broadcast this schedule.

Sweeping operations will be conducted from 7:00 a.m. – 3:00 p.m. Please remove all cars from the street and encourage your neighbors to do the same for a cleaner LYNN. Where necessary, vehicles impeding sweeping operations will be ticketed or towed in accordance with City Ordinances. Leaves pushed into the streets from lawns will not be swept up.

New online career training at NSCC

Unemployed? Underemployed? Looking to make a change? A new career is right at your fingertips! North Shore Community College's Corporate and Professional Education division has a digital learning solution just for you. "Live remote" and "online" classes are ready to serve all of our students now and in the future. NSCC provides the largest choice of career training programs and is rated the top MA college for adult learners.

Not sure what career path interests you? Just want to upgrade

your industry credentials? Join us at one of our free virtual career information sessions and get details on our affordable, self-paced courses including employment opportunities and salary ranges.

RSVP for one of our free info sessions on Health Care, Business, Information Technology and Computer Applications, and Design. Go to https://tinyurl. com/y6a5et9f

For more information, call 978-236-1200 or email professional@northshore.edu.

$\operatorname{YMCA}\!$ / continued from page 1

and their families," said Representative Lori Ehrlich.

"This grant of \$130,000 couldn't have gone to a better organized then the Lynn YMCA," said Representative Wong. "The grant will help the Lynn YMCA to distribute more food to more people in our community. With COVID-19 and the winter coming, our community welcomes this grant. This is just one example of the State working hand in hand with local communities."

Applicants were evaluated based on equity, economic impact and need, sustainability and scalability of efforts, and ability to support producer readiness to accept SNAP and HIP benefits. Groups that were eligible included organizations that were part of the Massachusetts local food system, including production, processing and distribution, emergency food distribution networks, Buy Local, community and food organizations, school meal programming, urban farms and community gardens, non-profits, and organizations that provide business planning, technical assistance and information technology services.

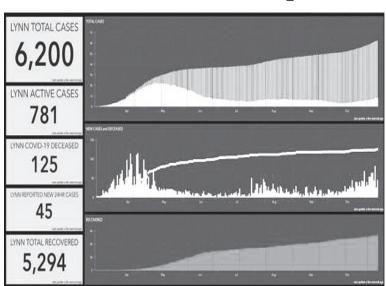
The Request for Responses for applications closed on September 15, 2020 but applications that were submitted before the proposal deadline will be considered for future rounds of funding.

City of Lynn November 10 COVID-19 update

The Lynn Public Health Department has confirmed that as of today, the number of active, confirmed positive COVID-19 cases is 781 with 45 new cases today. 5,294 Lynn residents have recovered and 125 have died. The total number of confirmed positive COVID-19 cases in Lynn since March 21, 2020, including those who have died and recovered, is 6,200. Please visit the City of Lynn COVID-19 Data Dashboard which is updated daily.

Stop the Spread Initiative Testing have been extended until December 31st

Please visit http://www.ci.lynn.ma.us/covid19/resources.shtml#p7GPc1_2 for more information on how you can get a free COVID-19 test in the City of



Lynn until December 31st.

We will continue to provide regular updates on COVID-19 through the City website (www.

lynnma.gov), social media, and the Smart 911 emergency notification system (sign up at www. smart911.com).



Winners do not need to be present. Ask a representative for details.

MBTA face covering enforcement now in effect

MBTA announced face-covering enforcement efforts effective, Nov. 6, pursuant to the revised Executive Order issued on Nov. 2.

The revised Executive Order applies to any person over the age of five who is in a place open to the public, and expressly requires masks or face coverings worn over the nose and mouth when using public transportation. Mask use by children 2 years of age and up to the age of five is encouraged but also at the discretion of the child's parent or guardian.

The revised Executive Order effective Nov. 6 authorizes Transit Police to enforce the Order onboard MBTA vehicles and within the system by issuing a civil fine up to \$300 per violation.

The MBTA has issued internal guidance to its employees consistent with the revised Executive Order. Customers observed not wearing a face mask or covering will first be reminded of the Executive Order. If the unmasked customer does not immediately put on a mask or face covering following the reminder, the observation will be reported to the Operations Control Center, who will report and coordinate next steps with Transit Police.

The revised Executive Order includes an exemption for individuals with certain medical conditions, but does not require a person who is so exempt to produce documentation of their

For more information, visit mbta.com, or connect with the T on Twitter @MBTA and @ MBTA_CR, on Facebook/ TheMBTA, or on Instagram @ theMBTA.

Pipefitters Union donates \$20,000 to the Greater Boston Food Bank

The Greater Boston Food Bank (GBFB), the largest hunger-relief organization in New England, has received a \$20,000 gift from the Pipefitters Local 537 that is being used to address the increased demand for food aid among families hit hard by the coronavirus pandemic. The donation will help to provide 60,000 meals for residents in over 190 cities and towns across the state.

"We know how important it is to help families in need, especially right now," said Pipefitters Local 537 Business Manager/ Financial Secretary-Treasurer Tom Kerr. "During one of the most difficult times in our nation's history, we're happy to step up and provide for our fellow Bay Staters."

The contribution will provide nutritious, delicious meals to residents at risk of going hungry. Funds were directly collected from proceeds at the Local 537 Charitable Foundation's Annual Golf Tournament last year.

Due to the impact of COVID-19, there's been a sharp increase in incidents of hunger among Bay Staters, a trend that's expected to continue. Since the onset of the pandemic in March. The Greater Boston Food Bank has experienced the sixth-largest distribution months in its 40-year history. That's a total of more than 58 million pounds of food distributed in only six months, or 2.5 million pounds of food per week.

Announcing GLSS TV and other virtual programming

For an agency that has built its reputation over nearly 45 years on developing personal, trusting relationships with consumers and their families, a global pandemic required Greater Lynn Senior Services (GLSS) to pivot quickly to new ways of doing things. Within days, most programming shifted to a telehealth model, while nutrition programs, like Meals on Wheels, increased its distribution to serve a vulnerable population and implemented new measures to ensure the safety of both delivery drivers and consumers.

"The COVID-19 outbreak required that we approach our work with fresh eyes and flexibility," says Kathryn C. Burns,

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measurements taken (height, weight, blood pressure, etc.), and give blood and urine samples, if asked.

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Many groups of people have been left out of

treatments that benefit all of us.

MHA, Chief Executive Officer at GLSS. "Once we had our core programs re-oriented, we-like everyone in the community wondered what more we could do to support our consumers and improve people's lives at a time when being physically together was not possible.

The result is "GLSS TV" airing on local cable stations and a telephone call-in program called "Lunchtime With GLSS," both of which are aimed at communicating information to consumers and reducing isolation. "GLSS TV" is an entertaining, half-hour program featuring nutrition advice through a cooking segment, chair exercise, and information about programs and services, as

well as upcoming events. Lynn residents can watch on Channel 3 or 38, but anyone can watch the show live at lynntv.org. The show airs on Mondays at 10:30 a.m., Wednesdays at 9:00 p.m., and Fridays at 5:30 p.m. It is also available at glss.net.

"Lunchtime With GLSS," the telephone call-in program happens on Tuesdays and Thursdays at 11:30 a.m. "We wanted to invite people to enjoy their home-delivered or home-made lunch and share a 'virtual' meal together, enjoy fellowship, and have fun, much like they did at local senior centers prior to the pandemic," Burns says. To join, call 844-857-5555 and enter passcode 232 2367 #. Both programs are made possible by a generous grant from AARP.

Burns notes that Meals on Wheels are being delivered every week day to an increased population of residents during the pandemic, but people age 60 and older can also come by GLSS (8 Silsbee Street in Lynn) on Tuesdays and Fridays from 11:00 a.m.-12:00 noon to pick up a hot, healthy lunch.

GLSS is the nonprofit Aging Services Access Point and Area Agency on Aging serving people gus, Swampscott, and through some programs, the Greater North Shore and Merrimack Val-

of all ages living with disabilities in Lynn, Lynnfield, Nahant, Sau-



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SEND US YOUR NEWS

The Lynn Journal encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to Cary@ lynnjournal.com

OBITUARIES

All obituaries and death notices will be at a cost of \$100.00 per paper. That includes photo. Please send to obits@reverejournal.com or call 781-485-0588

Thanksgiving Dinners on November 26, 2020

Salem, Peabody, Lynn, and Gloucester (and surrounding towns)

All meals are free of charge & ALL ARE WELCOME!



*** Due to the COVID19 pandemic many of the previous locations serving meals are changing to "take out" meals or will not be serving a Thanksgiving meal this year. ***

- * <u>Haven from Hunger</u> (71 Wallis St, *Peabody* 978-531-1530) will be providing "To-Go" Thanksgiving meals between 11:00 am to 12:30 pm on Thanksgiving Day.
- * <u>Brother's Deli</u> (41 Market St, *Lynn* 781-581-3363) will provide "Take Out" Thanksgiving meals that will be available from 8:00am to 2:00pm on Thanksgiving Day.
- * My Brother's Table (98 Willow St, Lynn 781-595-3224) is providing "To-Go" Thanksgiving meals to individuals and families from 12:00 noon to 6:00pm; Volunteer space is limited, so please call as soon as possible if you are interested or email: volunteer@mybrotherstable.org
- * The Friends of Salem Council on Aging (Salem) are sponsoring home delivered Thanksgiving dinners to Salem seniors this year. To sign up please contact Rosanna Donahue at the Salem Council on Aging (SCOA) at 978-744-0924 to register for a meal by Friday, November 20th. The SCOA is working with Brother's Taverna to provide the dinners.
- * <u>Gloucester American Legion</u> is delivering Thanksgiving meals to homebound Cape Ann residents (Gloucester, Rockport, Manchester, Essex, and Ipswich), who may call the Legion at <u>978-283-7117</u> (anytime and leave a message), or email nestorlaw@aol.com, <u>by Monday, November 23</u> <u>at 6:00 pm</u> to sign up by leaving your name, address, phone number, and number of meals. Volunteer drivers are welcome; as well as monetary donations.
- * <u>Ma Dukes and Friends (Middleton)</u> Unfortunately Ma Dukes and Friends will not be providing their annual Thanksgiving meals this year. They wish there was a safe way to prepare and deliver meals to everyone. They look forward to next year.
- * <u>Lifebridge (Salem)</u> will not be providing Thanksgiving meals for the general public this year but will serve their current residents and day guests who have signed up only.
- * The Derby restaurant (Salem) will not be offering a free Thanksgiving dinner for those in need this year but hopes to resume this tradition next year.
- ** Please **contact your local food pantry** if you need food to prepare your Thanksgiving dinner at home.
- ** <u>"Gina's Thanksgivers"</u> provides Thanksgiving food for people to cook dinner in their own homes. If you live on the North Shore and would like to sign up for food delivery, please email Gina at: ginarn75@icloud, with your name, address, phone number, and number in your household by <u>Friday</u>, <u>November 20</u>. Singles in need of a "heat and eat" Thanksgiving meal may also email Gina.

EPA awards approximately \$90 million to address water infrastructure in Massachusetts

The U.S. Environmental Protection Agency (EPA) has announced funding to the Commonwealth of Massachusetts totaling more than \$90 million for major water infrastructure projects in communities across the state. As part of the overall funding, EPA is announcing significant amounts to address lead in drinking water in schools in Boston, and schools and child-care facilities in communities across Massachusetts.

In two annual amounts, EPA is awarding the Commonwealth of Massachusetts nearly \$54 million for the Clean Water State Revolving Fund (CWSRF), and more than \$25 million for the Drinking Water State Revolving Fund (DWSRF). This funding is available for a wide range of water infrastructure projects, including modernizing aging wastewater infrastructure, addressing stormwater, and to improve drinking water infrastructure. EPA is also helping Massachusetts prioritize projects that remove sources of lead in drinking water by facilitating a one-time transfer of \$30 million from the state's CWSRF to its DWSRF for lead-related, DWSRF-eligible projects.

In addition to these sums, EPA is announcing significant grant

funding to address lead in drinking water in schools in Boston, and schools and childcare facilities in communities across Massachusetts. The Commonwealth of Massachusetts Clean Water Trust will receive \$3 million, and Boston Public Schools will receive \$6.2 million. These were among the first-ever selections under the Water Infrastructure Improvements for the Nation Act's (WIIN) Reduction in Lead Exposure via Drinking Water grants, which will be used to assist schools and childcare facilities in disadvantaged communities by installing thousands of water fountains and bottle filling stations in hundreds of schools and childcare facilities throughout Massachusetts.

"Especially during Children's Health Month, EPA is proud to further support our state and local partners' critical work to reduce childrens' exposure to lead levels in drinking water by replacing water fountains and installing filtered bottle filling stations which work to Get the Lead Out," said EPA New England Regional Administrator Dennis Deziel. "These projects will result in tangible and lasting benefits by significantly advancing health protections for children,

our most vulnerable population, with a focus on Boston and disadvantaged communities across Massachusetts."

"As Chair of the Clean Water Trust, I am very happy with the successful results of our partnership with the EPA and MassDEP. Our continuing collaboration ensures the opportunity for clean drinking water throughout our entire state," said Massachusetts State Treasurer Deborah Goldberg. "Children's Health Month is a wonderful opportunity to educate everyone on the expanded resources available to protect the health and safety of our kids."

"Reducing lead in drinking water is a priority for the Commonwealth and the funding announced today by the EPA will be a tremendous resource as we work to protect public health all across the state," said Massachusetts Department of Environmental Protection (MassDEP) Commissioner Martin Suuberg. "With these funds, we can expand our testing program and sample over 600 more schools and childcare facilities, partner with the Clean Water Trust to install more than 1.200 filtered water-bottle filling stations at schools and childcare centers, modernize our aging wastewater infrastructure and improve drinking water systems across Massachusetts."

"We are so appreciative of this incredible grant, which will build on prior investments to provide cleaner, healthier school environments and improve equitable drinking water access for Boston Public Schools students, families, and staff," said Boston Public Schools (BPS) Superintendent Brenda Cassellius. "This funding will help BPS continue to meet state and federal guidelines, reduce environmental impacts, accommodate school preference for filtered bottle refill stations, and promote the overall health and well-being of our community."

WIIN Funding to Address Lead in Drinking Water in Schools

The Massachusetts projects announced under the WIIN program are among only 10 projects selected nationwide to share in nearly \$40 million in grant funding. The funds will be used to conduct projects that will reduce lead exposure in drinking water by replacing thousands of lead service lines and removing potential sources of lead in hundreds of schools and childcare facilities across the United States. EPA anticipates that it will award the WIIN Act grants once all legal and administrative requirements are satisfied. These grants will augment \$1.28

million previously awarded by EPA to assist with lead testing in drinking water in Massachusetts schools.

EPA has also awarded the Massachusetts Department of Environmental Protection \$1.28 million over three fiscal years-2018 through 2020-to improve lead in drinking water testing in schools and childcare facilities under the Water Infrastructure Improvements for the Nation Act (WIIN). This funding will support a state lead in water testing management strategy that will prioritize sampling activities in schools and childcare facilities in underserved communities. Based on more robust lead in drinking water testing, childhood exposure to lead will be reduced by routine water testing, notification, and practices to get lead out of drinking water.

The 2016 WIIN Act addresses, supports, and improves America's drinking water infrastructure. Included in the WIIN Act are three drinking water grants that promote public health and the protection of the environment. For more information on the WIIN grant program, see: https://www.epa.gov/dwca-pacity/water-infrastructure-improvements-nation-act-wi-in-act-grant-programs.

Gannon Golf Club Est. 1931

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Gannon's Diamonds in the Rough

Check out our newly renovated dining room, New TV's for the big game Spacious and Covid-19 friendly • Masks required

Chef Riv presents Fall/Winter specials:

Wednesday's Lunch Special- Buy any sandwich get 2nd one 1/2 off. Homemade Beef stew/Chili in bread bowl served w/ fresh chips Friday's Lunch/Dinner- Diamond's famous prime rib, pick 2 sides. Fresh off the boat, Fried Seafood platter (baked if you like). Haddock/ Scallops/Shrimp/full belly Essex clams/rings, fries and slaw

Thursday's Lunch/Dinner- Buy any Entrée, get second one 1/2 off.
Black and Blue burger with ground pepper, ditch the bun add the egg.

Saturday's Lunch/Dinner- Diamond's famous prime rib, pick 2 sides.
Lighter side but same great taste,
Prime rib French dip sandwich

Sunday's Lunch/Dinner- Nachos/Wings/Pizza specials all day

GAME DAY 2 pizzas 10 wings/fries...\$24.99 SPECIAL Add a Pizza ½ OFF, more wings 75¢

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Environmental Leadership Scholarships available for local high school seniors

The Henry David Thoreau Foundation awards collegiate scholarships of up to \$20,000 to eight to 10 students graduating from public or private high schools in Massachusetts. As Henry David Thoreau Scholars, these select high school seniors may enroll in any college and university in the world while they major or minor in an environmentally related field.

The Henry David Thoreau Scholarships are up to \$20,000 four-year scholarships awarded to eight students graduating from public or private high schools in

Massachusetts. High school seniors awarded the Henry David Thoreau Scholarships can enroll in any college and university in the world while they major or minor in an environmentally related field. Henry David Thoreau Scholars are encouraged to enroll in internships or study abroad to broaden their awareness and understanding of environmental issues

Henry David Thoreau Scholars have studied a wide variety of environmentally related areas, including biology, epidemiology, oceanography, international

affairs and environmental law, and upon completing their undergraduate degrees, they became members of the Henry David Thoreau Society.

The Henry David Thoreau Foundation further assists its scholarship winners by identifying environmentally related internships, offering internship stipends, and providing networking opportunities. Upon graduation from college, Henry David Thoreau Scholars are inducted into the Henry David Thoreau Society. A sign of success of the Henry David Thoreau Foundation's mission to foster environmental leadership is the support past scholarship winners provide to present scholarship winners.

To learn more about the Henry David Thoreau Foundation and the Henry David Thoreau Scholarships, visit thoreauscholar.org. An online application will be available on Oct. 15. Students have until Feb. 1, 2021, to apply.



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Baker nominates Justice Dalila Argaez Wendlandt to SJC

Governor Charlie Baker last week nominated Associate Justice of the Appeals Court, Dalila Argaez Wendlandt, to serve as an Associate Justice on the Supreme Judicial Court. The nominee and her family joined Governor Baker and Lt. Governor Karyn Polito for a formal announcement today at the State House. If confirmed, Justice Wendlandt will be the first Hispanic person to join the Massachusetts Supreme Judicial

"Justice Dalila Argaez Wendlandt is an intelligent and hard-working jurist whose attitude and determination will serve her and all those that come before her on the Court well," said Governor Baker. "Her knowledge of the law and unique professional background will be a much needed asset to the Supreme Judicial Court and I look forward to her confirmation."

The Supreme Judicial Court is the Commonwealth's highest appellate court, consisting of the Chief Justice and six Associate Justices. The seven Justices hear appeals on a broad range of criminal and civil cases from September through May and issue written opinions that are posted online.

Dalila Wendlandt, Associate Justice, was appointed to the Appeals Court by Governor Charlie Baker in July of 2017. Since her appointment, she has authored over 30 decisions. She served on the SJC Advisory Committee on the Rules of Evidence and is the Appeals Court liaison to the Probate and Family Court. Justice Wendlandt has also sat on several internal committees geared towards supporting the infrastructure of the Court - the Case

Management Committee, the IT Steering Committee and the Policies and Procedures Committees.

Born in New Orleans, Louisiana, to parents who had immigrated from Colombia, Justice Wendlandt graduated from the University of Illinois Urbana-Champaign in 1991 with a Bachelor of Science in Mechanical Engineering and from the Massachusetts Institute of Technology with a Master of Science in Mechanical Engineering in 1993. While at MIT, she designed, manufactured and developed the non-collocated control of a climbing robot. She then earned her Juris Doctor degree, with highest honors, from Stanford University Law School in 1996, where she was an article editor of the Stanford Law Review.

Upon graduation, Justice

Wendlandt clerked for the Honorable John M. Walker, Jr., of the United States Court of Appeals for the Second Circuit. She joined the firm of Ropes & Gray LLP in 1997, eventually becoming a partner in the Intellectual Property Litigation Group of that firm. Her practice focused on counselling clients in such diverse industries as semiconductor manufacturing, medical devices and pharmaceuticals, with particular emphasis on electro-mechanical devices and controls algorithms, regarding patent and trade secret misappropriation litigation. Her active trial and litigation practice included a successful appeal to the U.S. Supreme Court challenging a federal statute on constitutional grounds. She was also active in the firm's administration, particularly with regard to hiring and coordinating the firm's summer associate program. She also served on the firm's flextime committee, assisting lawyers who desired flexible work arrangements.

Justice Wendlandt has published widely on the subject of patent law, writing in technical journals like Biotechnology Law Report to more popular publications such as Forbes. She has also lectured extensively at specialized seminars, bar associations and a law school. Justice Wendlandt assisted clients in pro bono activities such as requests for political asylum and a death row inmate's post-trial petitions. She also served as a Middlesex County Special Assistant District Attorney in two appellate mat-

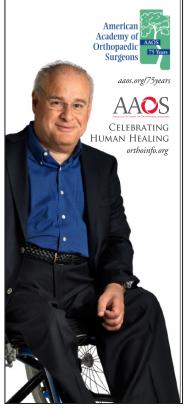
A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.

Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.



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NEWS FROM AROUND THE REGION

BUS AND BIKE LANE INSTALLED

CHELSEA - The new dedicated bus and bike lane is now fully installed on Broadway, and planners said the initial feedback has been good, while Chelsea Police continue to patrol the district and push the learning curve for driv-

The new traffic pattern has squeezed down the driving lanes, ended persistent double parking, and brought an entirely new look to the downtown business dis-

"We have started operations on the bus and bike lane two weeks ago now," said City Planner Alex Train. "We have most everything done on the project except for some typeface in the lane that needs to be finished in the next few days. We've put in new curbing, the red/white pavement markings, sign installations, and other improvements. There's definitely going to be a period of learning for folks, or they will seek alternate routes to avoid Broadway. When we look at when Everett put in their lane and other cities too, there was a period of two to four weeks that driver behavior had to change and enforcement had to happen.'

Train said Chief Brian Kyes and the Chelsea Police have been

doing a great job getting the bus/ bike lane off the ground.

Kyes said they have been spending about 12 hours a day, seven days a week, on Broadway over the last two weeks to enforce the rules on the new bus/ bike lane. He said the new lane will only be as good as the enforcement to teach people to use Broadway differently than in the

"The Police Department is trying to change driver behavior in and around the downtown and to help people get used to staying in one land," he said. "Broadway has never really been marked and the one land is very wide. That lent itself to problems. Now there is a much narrower lane and that lends itself to a more expedient flow of traffic."

One key that Kyes said they are looking to really get known is there will be no more double parking on the bus/bike lane. That has been a problem for years, and Kyes said he will be glad to get rid of that habit.

"We have to eliminate the double parking, which to me has been a significant problem for years and years," he said. "Residents and stakeholders have been great. It will take some time to adjust, but we'll bring it out.'

The Chief said he has been a

strong proponent of a different configuration of Broadway for a long time. He supported twoway Broadway a few years ago, and while that didn't survive public discourse, he feels this is another good option to organize Broadway better.

As part of the new bus/bike lane downtown, Train said Northeastern University will be studying the air quality on the lane. They have already gathered readings for some time before the lane began operations. Now, they will continue to do so after operations have been in place for a while.

Funding for the bus/bike lane project came from the MBTA and the MassDOT Shared Spaces grant program.

FIRST MARIJUANA STORE TO OPEN

CHELSEA - It seems like an eternity since marijuana was legalized in Massachusetts and people began talking about opening cannabis stores, but now Chelsea – one of the most welcoming communities to the new cannabis industry - saw its first adult-use store open on Nov. 10, yet it's more than the routine story of a "pot shop."

Western Front held a short ribbon cutting ceremony on Webster Avenue in the Parkway Plaza, and then become the first marijuana business to open in Chelsea – a highly-competitive municipality for the new industry due to the City's early willingness to help and create clear ground rules for those seeking licenses. Western Front is an equity licensee, meaning they are minority-owned and focused in an Area of Disproportionate Impact (ADI) - meaning a place where the war on drugs hit harder than in other places. Chelsea is one of 29 ADI communities.

The 3,000 sq. ft. store offers all kinds of cannabis products, including flower/buds, gummies, tinctures, edibles and oils - to name a few - in an extremely highly-regulated and safe environment. A full new buildout of the store was massive, with it being a vacant building for a long time before the partners began work on the venture.

"It was a shell when we first came in," said owner Marvin Gilmore. "There was nothing here...We made it first-class and I think you can see that."

Indeed the store is now a firstclass operation with plenty of natural light, ample space and numerous kiosks for choosing

COLD LUNCH



Recently, an unexpected jolt of snow fell on the region as Chelsea logged about five inches of snow in a surprising storm that brought a rare blast of winter before Halloween. The unexpected snow, however, didn't stop the dedicated School Lunch team from being in their stations on Friday. Here, they are pictured handing out lunches to students in the sudden snow.

and purchasing products. There is also a teaching and learning component of the operation on the other side of the store that will focus on educating people about marijuana and helping aspiring entrepreneurs to learn how to start their own stores.

Yet one of the most interesting things about the store is not the once-illegal, now legal, sale of marijuana to those over 21 years of age. Rather, the real story comes in the ownership – particularly Gilmore.

The owners are all three Cambridge residents, including Gilmore, Dennis Benzan and Attorney Tim Flaherty. The three Cantabrigians have been long-time friends, with Gilmore being a mentor to both for a long time.

Gilmore is a World War II veteran with a rich life story, and a life that hasn't slowed down with folks who might need a leg up.

age – fueled by a desire to always continue helping disadvantaged There are a few reasons for

that, he said, and getting into the

marijuana industry as an equi-

ty applicant followed the same trajectory as when he couldn't get a veterans home loan - and thus founded United Bank, now OneUnited - the largest blackowned bank in the United States.

Gilmore's grandparents were born into slavery in Alabama, and he also served with distinction in World War II. Both are defining moments for him.

"My grandmother was born into slavery and lived to be 107," he said. "My parents had come up from Alabama to Cleveland and then to Boston. They sent me down to Alabama to learn and understand how we had been treated in the past. That inspired me to work for people and to work to make change and I've been doing that all my life. When this opportunity came, I knew Chelsea and where it had been in the old days. We put together a team and it has gone great... This is a very, very underprivileged and poor community. If we can bring this concept to Chelsea

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First Come - First Served

Region / CONTINUED FROM PAGE 8

and get this store to take off and put people to work – it's a great idea"

Gilmore also served in World War II, and because he was black, he was not able to get on the airplane to come home with the white soldiers. He had to find another way home, as the white soldiers wouldn't ride with him.

"My beginning fighting prejudice came in the army because we had two armies in World War II – the white army and the black army," he said. "I wanted to see if I could challenge that. I wanted to change it."

Meanwhile, once home, as a veteran he was entitled to a home loan, but they wouldn't grant it to him – which pushed him to found the OneUnited Bank.

He currently serves on the Board of the Boston Redevelopment Authority's EDIC, he's an accomplished musician that graduated from the New England Conservatory (playing the Vibes), started the successful Cambridge nightclub Western Front, and even traveled to the Deep South with Celtic legend Bill Russell during the Civil Rights Era to "make change."

Gilmore, who said he doesn't smoke cannabis, said all of his life has been an "uphill battle," and helping others get a leg up in any business – including cannabis – meshed with his long business and philanthropic career.

Benzan, the first Latino vice mayor of Cambridge and one of the only Latino liquor license holders there, said they are a team of firsts. He said he was impressed by the legislation that brought cannabis to Massachusetts – as it put a priority on minority communities, people that had been arrested disproportionately in the War on Drugs and sought to use the new industry as a way to create wealth for those that had been affected.

"Western Front and the cannabis industry was another opportunity to be first," he said. "We have investors that reflected the minority community really like no other cannabis company in Massachusetts. We're doing everything possible to provide opportunities for young people of color, whether Latino, African American or others. Truthfully, that's why I'm in this and for no other reasons."

Benzan said that's reflected in the workforce at the store, which features many people of color and those who simply need a leg up.

up.
"When I first came in and saw

the numbers of black and brown faces, I have to say I had a little bit of emotion," he said. "We're going through an incredibly difficult economic pandemic, and that's being felt mainly in the communities of color."

General Manager Cassandra Leetz, who lives on Suffolk Street, said she is one example of a Latina who has found great opportunity in the cannabis industry. Her mother came from Costa Rica and she grew up in New York. She joined the Navy and was deployed worldwide as an intelligence specialist. However, after discharged, she said she struggled to find opportunities. Employers didn't understand her skill set or didn't believe she had such skills, and she often found herself underemployed. That went on for many years, until Western Front took a chance on

"They could have brought in a cannabis industry professional from outside the state to run this, but they picked me," she said. "It's been an honor to do this and I'm very proud to take my experience and be able to work with the people in Chelsea and the people we've hired."

Flaherty said they have truly enjoyed working the past three years with the City of Chelsea, and that everyone from the City Solicitor to the Planning Board to the Police Department has been professional and helpful. He said he felt like their company – which is looking to expand already to Cambridge and a third, undisclosed location – embodied what an economic empowerment applicant should be.

"From our investors to our staff, we have assembled what I think the state envisioned for economic empowerment candidates," he said. "It's exceptional."

COMMISSION TO MEET ON ZOOM

EVERETT - The intent of the new Diversity, Inclusion, Equity & Equal Employment Commission was to get public input and testimony about their true experiences with the Everett Police Department – testimony that was to come from young and old, no holds barred.

It seems, however, such a conversation was a little too much for many residents to have in public, so Chairman Bishop Robert Brown said they have decided to have such meetings with

the Commission in more of a private format on Zoom.

Bishop Brown said last Wednesday's opening forum was moved last minute to a private forum with the Commission and those wishing to give testimony.

"At the last minute, folks started to feel a sense of intimidation talking about the Police Department," he said. "The kids didn't want to tell their truth in front of Chief Steve Mazzie. We talked about it and decided to do it anyway and postpone that format. We met with folks until 9 p.m. on Zoom in a different way. Folks were very, very open. Maybe talking about the City is one thing, but folks talking about the Police Department felt there could be retaliation."

He said it was still very important to find out the first-hand experiences that people had to share about their interactions with the Police Department, which is why they continued on with the Zoom meeting.

"In the end, I'm finding out it wasn't just young people, but the older folks too – especially in the immigrant population that are trying to stay clear of any type of law enforcement, particularly ICE," he said.

Brown said the Commission will continue to hear testimony and will present it in a final report that retains confidentiality so they can hear the real truth, but also protect those giving it.

"This has become a little more involved than we first thought it might be," he said. "So we have to do things a little different to get the information we want. We will have a public forum where we will relate these experiences confidentially to protect people who have concerns."

MCNEIL TO COACH IN SWAMPSCOTT

LYNN - When Kenny Leeder was named the head coach of the Swampscott High School girls soccer team, one of the first phone calls he made was to Ed McNeil, who retired as Lynn English High School girls soccer coach following the 2019 season.

Leeder called to offer McNeil a position as the Swampscott junior varsity coach and assistant varsity coach and the highly regarded 73-year-old coach from Lynn accepted the offer right away. He's glad to be back on the sidelines after 17 seasons at English.

"This position has been a per-

fect fit for me," said McNeil. "I had coached JV hockey at Stoneham for seven years and it was the best job. There's no pressure and you play all the kids a lot."

McNeil's JV team has a 3-2-1 record. The Big Blue varsity is 2-3-1, having defeated Gloucester, 5-0, on Senior Night Tuesday. "The varsity's record is a little deceiving because we've played Danvers, Beverly, Masco, Peabody, and Marblehead who are the best teams."

Swampscott plays at its games at Blocksidge Field. "We play on the artificial turf and it's great," said McNeil, noting that virtually all of the NEC schools now play on artificial turf.

The Big Blue varsity has an upcoming rematch with Danvers. "They're [Danvers] as good a team as I've seen in years," said McNeil. "We were tied 2-2 with 12 minutes to go in our first meeting and they got three goals in the last 12 minutes. They just keep coming at you and they're well coached. Jimmy Hinchion is a great coach."

McNeil said his routine has been to take a separate bus with his JV players to their 4 p.m. away games. He then drives back to the field for the varsity games.

While McNeil was at English, he coached against Leeder's Swampscott teams for four seasons. Leeder moved back to New Jersey before returning to the area and resuming his coaching career at Swampscott High.

"Kenny's the best coach I've worked with," said McNeil. "He's so knowledgeable and the kids really buy into his program. It's a shame it's a shortened season because we would have made the tournament easily this year. It would have been nice for me for the first time ever to participate in the tournament."

McNeil has good memories of his coaching career at Lynn English. "The girls at Lynn English were terrific kids. I can't say enough about them. We had some great players - Megan Forti went on to WPI and she was the New England Division 3 soccer player of the year in her senior year. She was a gem. I went to see Emma Trahant play soccer twice at Simmons last year; she's one of the nicest girls I've ever coached. Grace Gately, who is the niece of School Committeewoman Lorraine Gately, Carissa Burton - I coached so many wonderful girls who went on to good colleges and became successful young women. My 17 years at English were wonderful."

And now the Swampscott High soccer girls are benefiting from Ed McNeil's fountain of knowledge and outstanding coaching abilities.



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October revenue collections total \$2.089 billion, up from 2019 collections

Massachusetts Department of Revenue (DOR) Commissioner Geoffrey Snyder last week announced that October revenue collections totaled \$2.089 billion, \$62 million or 3.1-percent more than the actual collections in October 2019.

FY2021 year-to-date collections total approximately \$9.347 billion, which is \$118 million or 1.3-percent more than collections in the same period of FY2020. Not reflected in the total is approximately \$2.334 billion in deferred personal income tax payments and refunds processed in July and August. Such

payments and refunds have been recorded in FY2020 pursuant to legislation and are not shown in FY2021 year-to-date collections.

"October revenue was driven mostly by increases in withholding, non-withheld income tax, and regular sales tax. These increases were partly offset by decreases in meals tax, and 'All Other' tax," said Commissioner Snyder. "An increase in individual return payments, combined with a decrease in refunds, resulted in growth in non-withheld income tax in October. The moderate withholding increase reflects unemployment insurance

benefits, one-time events, and timing factors. DOR will continue to monitor these revenue categories closely."

October is among the lower months for revenue collection, because neither individual nor business taxpayers make significant estimated payments during the month. Historically, roughly 6.5 percent of annual revenue is received during October, on average.

Collections in this month reflected the impact of the filing and payment due date extensions for regular sales, meals, and room occupancy taxes. The due date for these tax types has been extended several times this year for certain businesses. The most recent extension was announced on Sept. 15, 2020. With this extension, returns and payments of these taxes for certain small businesses originally due during the period beginning March 2020 through April 2021 will instead be due in May 2021. Note that October revenues continued to reflect the impact of COVID-19 on the tax base.

Consequently, the October monthly and year-to-date figures should be used with caution.

Details:

Preliminary October Revenue Collections

•Income tax collections for October were \$1.175 billion, \$66 million or 5.9-percent more than October 2019.

•Withholding tax collections for October totaled \$1.071 billion, \$22 million more than Ocober 2019

- •Income tax estimated payments totaled \$61 million for October, \$1 million less than October 2019.
- •Income tax returns and bills totaled \$144 million for October, \$6 million more than October 2019.
- •Income tax cash refunds in October totaled \$101 million in outflows, \$39 million less outflow than October 2019.
- •Sales and use tax collections for October totaled \$612 million, \$9 million more than October 2019.
- •Corporate and business tax collections, including corporate estimated payments, for October totaled \$77 million, \$1 million more than October 2019.
- •"Other tax" collections for October totaled \$225 million, \$14 million less than October 2019.

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Courts extend start date for jury trial

The Supreme Judicial Court (SJC) and the Trial Court announce that the gradual resumption of jury trials will now commence the week of November 30, 2020. However, Phase 1 of the plan previously approved by the SJC order of September 17, 2020, has been scaled back due to the current situation in the Commonwealth with respect to COVID-19.

As recommended by the Jury Management Advisory Committee (JMAC) in its report on the resumption of jury trials, Phase 1 will last for two months. The number of jury trials and locations, however, will be reduced. Beginning the week of November 30, trials to juries of six will commence in 3 to 5 courthouses that have been identified by the Trial Court as meeting the environmental and engineering controls that were recommended by the JMAC. Only one trial each week will be conducted in each courthouse. Comprehensive protocols that address the health and safety of jurors and other trial participants will be in place at all stages of the trials, from receipt of a summons through conclusion of the trial and exit from the courthouse. These trials will help guide court leaders as they consider moving to Phase 2 of the plan for the gradual resumption of jury trials.

The limited resumption of jury trials is intended to balance the safety of everyone who enters a courthouse with the fundamental constitutional right to a trial by jury. Careful compliance with the protective protocols and safety measures put in place by the Trial Court will allow the court to better protect both of those interests.

The Trial Court and the Office of Jury Commissioner have produced an informative video, What to Expect When You Are Summoned to Jury Duty, which details the extensive steps being taken to provide for the safety of jurors, court staff, and the public. Summoned jurors also are reminded to contact the Office of Jury Commissioner in advance of their date of service if they or a household member have an identified vulnerability to COVID-19, or other circumstances related to COVID-19.

As always, all plans and expectations regarding the resumption of jury trials may be adjusted as the court continues to monitor the COVID-19 situation in the Commonwealth.

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FRESH AND LOCAL

New holiday traditions

By Penny & Ed Cherubino

"My Thanksgiving is going to look very different this year,' said the nation's leading infectious disease expert, Dr. Anthony Fauci in an interview last month. His children decided that they would not endanger their parents by coming home for the holiday.

Dr. Fauci said, "I would love to have it with my children, but my children are in three separate states throughout the country, and in order for them to get here, they would all have to go to an airport, get on a plane, travel with public transportation."

Keep What You Love!

Those of us following the guidance Dr. Fauci has provided to avoid catching or spreading the virus, may not be able to keep every aspect of our traditional holiday. However, we can try to modify and enjoy a few things we can do safely.

You may decide to have turkey. It might not be a whole bird but rather one of the smaller cuts that smart retailers will be providing this year. If you shop somewhere

with a butcher on-site, you might buy a small turkey and have the butcher cut it into portions. Cook what you want for the holiday and freeze the other cuts for future meals.

If cooking a Thanksgiving meal isn't something you want to do, consider supporting one of the many local businesses who will be catering holiday meals for pick-up or delivery. Check with your favorite restaurants and food shops to see what their holiday offerings will be.

Short Virtual Visits

Our tradition is to share a holiday table in a favorite restaurant with friends. We are not ready for any indoor dining this year so we'll find a different way to enjoy time with friends during the season.

While some people will opt to share a virtual meal, you might propose a series of shorter visits with friends and family. Perhaps you could schedule 20 minutes for appetizers at 2 pm with your favorite aunt, your main course with your parents and siblings at 4:30 pm, and a one-hour dessert-fest with friends at 7 pm. The beauty of this arrangement is that you can spread your holiday meal into smaller segments throughout the day.

Freshen the Menu

This is also the year when you can replace part of the holiday meal menu with options that fit your taste and lifestyle. For example, that classic green bean casserole with canned cream of mushroom soup and fried onions was created in 1955 to sell those packaged foods.

Since we avoid processed food, we would replace it with a great dish the New York Times featured in September. It's Beth Bugdaycay's Ayse Kadin Fasulye, aka Turkish braised green beans. This is a dish that can be made ahead, is best served at room temperature, and is wonderful as a leftover. That makes this a great year to test drive it for future holidays.

You might decide to totally change the menu to treat your smaller gathering to someone's favorite meal. Around here that might be the meatballs Penny



We suggest replacing that traditional green bean casserole with one of our new favorite dishes, Beth Bugdaycay's Ayse Kadin Fasulye aka Turkish braised green beans.

doesn't make often enough, or her spicy braised lamb shanks with onions and carrots.

Or perhaps you've been stretching your cooking skills over the past few months and are ready to treat your virus safety pod to your version of a perfect holiday menu with all the trim-

Whatever you decide, give yourself permission to enjoy the end-of-the-year holidays in a way that's fun for you and less stressful for everyone involved.

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Frank Pagliuca named softball coach at St. Mary's

In search of a new softball coach, St. Mary's Athletic Director Jeff Newhall only needed to look as far as the hockey rink.

St. Mary's girls hockey coach Frank Pagliuca has been named to replace Paige Licata of Revere, who resigned after four years at the helm of the Spartan softball program.

"We are thrilled to have Frank take over the softball program," Newhall said. "He has had significant success with our girls hockey program, he knows our school and our student-athletes extremely well, and he has a proven record as an outstanding softball coach as well."

Pagliuca coached the Lexington High softball team from 2007-15, compiling a 128-49 record and winning back-to-back MIAA Div. 1 state championships in 2008 and 2009. He led the St. Mary's hockey team to state titles in 2008, 2009 and 2010, giving him state championships as a coach in five consecutive seasons.

"If I were going to come back to softball, it had to be a situation where I felt really comfortable with the school and the community," Pagliuca said. "I have a tremendous relationship with Jeff and the St. Mary's community, so this worked out very well."

A Wakefield native who played hockey at UMass Boston, Pagliuca has coached the girls hockey team at St. Mary's since 2005, after one year at Wakefield High. His career record is 286-62-34, including four state titles and a 100-game unbeaten streak from 2008-11.

"Frank epitomizes what you want in a coach," Newhall said. "He has the technical expertise and relates well to his players."

Pagliuca is inheriting a powerful program that won state championships in 2009 and 2010 under Colleen Newbury and is a perennial contender in Div. 3 North. With last season having been cancelled due to the pandemic, there are eight players returning from the 2019 squad,

including: Lily Newhall, Marina DiBiasio, Samantha Porazinski, Felicia D'Alessandro, Julia Nickolau, Sophia LeBert, Alyssa Grossi and Angelina Catino.

"I'm excited to be part of a great program," said Pagliuca, who has taught for 19 years at Lexington High School, where he also served as girls soccer coach from 2005-11. "I know the value St. Mary's places on the student-athlete, so this is really a perfect opportunity for me."

Pagliuca said former St. Mary's standout athletes Angela Dandreo '11 and Genevieve Benoit '12 will serve as assistant coaches. He is cautiously optimistic that there will be a season this year.

"For some kids, this is the last opportunity to play competitive sports," he said. "I really hope they have the opportunity to get back on the field."

Pagliuca lives in Lynnfield with his wife, Kara, and their daughters, Kiley (8), Mikayla (5) and Emma (2).



St. Mary's girls hockey coach Frank Pagliuca has been named to replace Paige Licata as the new softball coach.

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