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THE LYNN JOURNAL

Thursday, September 2, 2021

SWEARING IN ELEVEN LYNN POLICE OFFICERS



On behalf of Mayor Thomas McGee and Police Chief Christopher Reddy, the Lynn Police Department is proud to introduce 11 new Police Officers who recently graduated from the Randolph Police Academy. They will receive additional training at the station before being assigned to street patrol. Congratulations to the new Lynn Police officers. Pictured (Front): Thomas Cash, Daniel Ashwell, John Cammarata, John DiVenuti, Simona Gaudet, and Jonathan Guzman. (Back) Kevin Chasse, Francis Previna, Matthew Lauria, Cody Sutherland, and Cory Burt.

Concerned Citizens of Lynn step to the podium

By Cary Shuman

The mayoral candidates' performances in Sunday's debate at the Lynn Museum were exceptional. City Council President Darren Cyr and School Committee member Michael Satterwhite and Jared Nicholson had the arduous assignment of responding to 22 different questions and 12 yes-no inquiries in a more than 2-hour forum that was being live-streamed on Facebook and broadcast on Lynn TV.

The debate clearly showed that Lynn has three highly capable mayoral contenders who have a tremendous knowledge of city issues.

Lynn will decide in the Sept. 14 preliminary election which two of the three candidates will advance to the Nov. 2 final election.

While impartial observers felt that all three candidates – Cyr, Satterwhite, and Nicholson – could lay claim to a victory in the debate, just everybody declared that one of the biggest winners was the Concerned Cit-

izens of Lynn organization who sponsored the debate.

Concerned Citizens of Lynn founder and president Lisa Pressman and her two-month organization put together the debate over the course of a few weeks.

"It was not easy to organize the debate, but I was so happy with how it worked out," said

Please see DEBATE Page 5

Lynn man pleads guilty to bank fraud conspiracy

Special to the Journal

A Lynn man pleaded guilty in connection with his involvement in a scheme to defraud several financial institutions and obtain money from their customers using fraudulent identification documents.

Emeka Iloba, 27, pleaded guilty to one count of conspiracy to commit bank fraud and one count of aggravated identity theft. U.S. District Court Judge Leo T. Sorokin scheduled sentencing for Dec. 16, 2021. Iloba was charged with an alleged co-conspirator on March 15, 2021.

As stated during the plea hearing, Iloba participated in and at times directed a scheme to defraud financial institutions. To

carry out the scheme, Iloba and others used fraudulent identification documents, among other means, to withdraw money from customers' accounts at various banks in the form of checks, cash and wire transfers. The fraudulently-obtained funds were then deposited in other bank accounts opened in the names of fictitious

business entities before being withdrawn. According to the charging documents, this scheme resulted in over \$1.5 million in losses between April 2017 and March 2018.

The charge of conspiracy to commit bank fraud provides for

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EDITORIAL

ENJOY A SAFE LABOR DAY WEEKEND

There's a temptation for people to splurge at the end of things. We all are familiar with the idea, "If this is the last, let's make it a blast!"

We don't have anything against that sentiment, but all too often that sort of mindset leads to risky behavior and tragic outcomes.

If there is nothing else we have learned after being in the newspaper business for more than 50 years, it is this: A person can do everything right and live by the book for their entire life, but all it takes is one mistake of judgment that can change everything, both for themselves and others.

Persons who otherwise might not have a drinking problem can indulge just a bit too much at an event such as an end-of-summer celebration and -- presto, in the snap of a finger -- they have killed or maimed themselves or others in a driving, boating, or other accident.

And then there are the problem drinkers among us who look for any excuse to "celebrate," which means getting hammered at a Labor Day weekend gathering, instantly making them a threat to the safety of themselves and others.

However, the usual excessive partying is not the only danger we face this Labor Day weekend. The Delta variant of COVID-19 is lurking everywhere and no one -- not even the vaccinated -- are safe from infection.

As we are writing this, the forecast calls for a sunny Labor Day weekend with pleasant temperatures in the 70s (a welcome respite after our washouts of the Memorial Day and July 4 holiday weekends), which means that we will be able to engage in our Labor Day activities outdoors where we can socialize safely -- though from a distance.

But if our festivities are not outside, all of us need to be wary of gathering indoors unless everybody is masked.

We wish all of our readers a happy -- and safe -- Labor Day weekend.

THE 13 SERVICE MEMBERS WERE TRUE HEROES

Every American was saddened last week upon hearing the news of the suicide bombing by a terrorist in Afghanistan that claimed the lives of 13 U.S. service men and women, 11 of whom were Marines and one each from the Army and Navy.

If any of our readers have not had a chance to read the personal stories of these brave and dedicated young men and women, we encourage you to do so. Their life-stories are inspirational and demonstrate the high-quality of the dedicated individuals who serve in our armed forces today. They were amazing young men and women who came from disparate backgrounds and from all across the country, but who stood united in their desire to show the world the best that America can be.

These 13 service members knew of the danger they were facing outside of the Abbey Gate at Kabul's Hamid Karzai Airport, yet they continued to process the hundreds of Afghan nationals who were seeking to come to the United States to flee persecution from the Taliban.

They did their duty in the face of danger for which they made the ultimate sacrifice.

Contrary to what the pundits and usual-suspect politicians are saying, the incredible effort by these 13 soldiers and their comrades that resulted in the airlifting of more than 125,000 of our Afghanistan allies stands as a testament to the ability of our military to complete its mission.

No other nation on earth could have accomplished what we did in Afghanistan over the past two weeks -- and no other nation even remotely will be able to come close in the future.

Our military could have packed its bags and said, "Good luck," when the Afghan government fled, but instead we made a herculean effort to get our people and allies out of the country.

The Supreme Sacrifice made by those 13 servicemen and women forever will stand as a reminder to the world of America's resolve and strength, which once again has proven that we are the greatest and strongest nation on earth by any measure.

GUEST OP-ED

Afghanistan will never go away

Dr. Glenn Mollette

Afghanistan is an unending nightmare that will never go away.

We got Osama Bin Laden. We wanted to avenge the heinous deaths of September 11, 2001. We were all mad and we are still angry about what evil people did on that day. We will never forget. We could have covertly taken out Bin Laden and many more terrorists without all that our political leaders have done over the last 20 years.

Thousands of parents lost their children in Afghanistan. Thousands of spouses lost husbands and wives. Children lost their parents. These precious Americans will suffer the rest of their lives over the loss of their loved ones.

The long Afghanistan war broke the hearts of Americans as 6,294 Military and American contractors have been killed. Sixty-six thousand Afghan national military and police have been killed. Over 47,000 Afghan civilians killed. Aid workers killed. Journalists killed. The Afghani-

stan and Iraq war has cost Americans \$2 trillion. Financially it will never be over for most living Americans.

There are reports that the United States has committed to pay \$2 trillion more in health care, disability, burial and other costs for roughly 4 million Afghanistan and Iraq Veterans. America has a tough job caring for our own Veterans. For years we did a very poor job of providing good care for Veterans with physical and mental needs.

The estimated interest costs of these wars by 2050 is \$6.5 trillion.

There will never be an end to our 20-year nightmare war in Afghanistan. Families will suffer every day from the grief of the loss of loved ones who sacrificed their lives. Every year we all will pay on the trillions of dollars in debt created by the war. For the rest of most American's lives, we will pay on the trillions of dollars of money that we have committed to care for Afghanistan and Iraq Veterans. As we pay these huge obligations, Americans will struggle to pay for health care. Senior adults will be given

minimal cost of living increases. American young people will be buried by college debt.

Further, reports indicate that we have handed over to the Taliban approximately 22,000 Humvees, 8000 large trucks, 42,000 pick-up trucks, 358,000 assault rifles, 64,000 machine guns and 126,000 pistols, plus 155 mine-proof vehicles. We have equipped them with billions of dollars of high-priced items that we will pay on forever. They will use American equipment to dominate a defenseless nation of people that will now be left behind to try to survive a revitalized Taliban.

We may be finally leaving Afghanistan, but Afghanistan, for our generation, will never go away.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

Guilty/ CONTINUED FROM PAGE 1

a sentence of up to 30 years in prison, up to five years of supervised release and a fine of \$1 million. The charge of aggravated identity theft provides for a mandatory sentence of two years in prison to be served consecutively to any other sentenced imposed, one year of supervised release and a fine of \$250,000. Sentences are imposed by a federal district court judge based upon the U.S. Sentencing Guidelines and other statutory factors.

Acting United States Attorney Nathaniel R. Mendell and Joseph R. Bonavolanta, Special Agent in Charge of the Federal Bureau of Investigation, Boston Division, made the announce-

ment. Assistant U.S. Attorneys Leslie A. Wright and Christopher J. Markham of Mendell's

Securities, Financial & Cyber Fraud Unit are prosecuting the case.

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PLEASE RECYCLE

MassDOT releases Labor Day travel advisory

The Massachusetts Department of Transportation (MassDOT) is advising the public to plan ahead for Labor Day Weekend travel, drive in off peak hours if possible, utilize available technology tools for trips including www.mass511.com, consider public transportation if possible to reach destinations and bring a face-covering as some municipalities have a mask mandate for indoor venues.

“We expect traffic levels to be high this Labor Day Weekend especially during the afternoon hours on Thursday and Friday,” said Highway Administrator Jonathan Gulliver. “Anyone driving should plan ahead, anticipate that trips will take longer than expected, and if possible use public transportation to reach destinations.”

Due to the anticipated higher than normal daily traffic volumes for several days leading up to and including Monday, Labor Day, MassDOT is taking several steps to ease congestion:

- Shutting down scheduled non-emergency construction effective at 5 a.m., Friday, September 3. Scheduled road work will then resume at the start of normal business hours on Tuesday, September 7.

- Deploying the High Occupancy Vehicle (HOV) lane on I-93 between Boston and Quincy earlier than usual in the afternoon by opening at 2:00 p.m., on Thursday, September 2 and at 1:00 p.m., on Friday, September 3. The HOV lane will be closed on Monday, September 6. The HOV will have normal hours

Thursday and Friday mornings, from 5 a.m. through 10 a.m. Normal deployment resumes on Tuesday, September 7.

- The additional “swing lane” on Route 1A southbound at the Sumner Tunnel will be closed on Monday, September 6. Normal deployment resumes on Tuesday, September 7, from 5:00 a.m. to 10:00 a.m.

At Boston Logan International Airport, Worcester Regional Airport, Hanscom Field and Flynn Cruiseport Boston, passenger and employee safety is Massport’s top priority. A federal mask mandate remains in place at all transportation facilities, which requires all passengers and staff to wear face covering while at the airport and cruise terminals, as well as while riding public and private transportation systems.

Due to ongoing construction at Logan Airport, passengers are urged to plan their trip to and from the airport ahead of time. Construction updates are available at FlyLogan.com.

Massport encourages passengers to take the Logan Express bus service from Braintree, Framingham, or Woburn. Logan Express e-ticket information can be found at: LoganExpress.com. For other transportation options to and from Logan Airport, visit FlyLogan.com.

The public is reminded that Monday, September 6, is a state holiday and among offices closed are those of the Registry of Motor Vehicles. Customer service centers which have been open during the pandemic will reopen

by appointment only on Tuesday, September 7. Meanwhile, AAA members may visit any AAA Northeast location by appointment for some Registry transactions and more than 40 Registry transactions can be done online: www.mass.gov/RMV.

MassDOT’s Highway Assistance Program, sponsored by MAPFRE, will be increasing patrols on all major roadways to support roadside assistance needs. Requests for assistance can be initiated by calling 911.

Due to the holiday weekend, the MBTA has released the following information regarding travel on Monday, September 6:

- All subway and commuter rail lines, buses, trackless trolleys, and commuter rails will operate on a Sunday schedule.
- There will be no ferry service on the F1 (Hingham - Boston).
- All other ferry lines will operate on a weekend schedule.
- The RIDE will operate on a Sunday schedule.
- Please note that there is no Sunday service for the Stoughton and Needham lines.

• For more information, visit: www.mbta.com/holidays

• MBTA customers are reminded that, due to COVID-19, masks are mandatory on MBTA vehicles, at MBTA stations and at bus stops.

For traffic and road conditions, drivers may use the following

options to make decisions:

- Download MassDOT’s Go-Time mobile app and view real-time traffic conditions before setting out on the road.

- Visit www.mass511.com to view travel times, road construction, traffic alerts or crashes along a route. Incidents, road closures, lane closures, real-time live traffic cameras, and weather alerts/forecasts, can all be viewed on the interactive live Traffic Map.

- Dial 511 from a landline or cell phone to hear information on current conditions on major roadways.

- Register for a Mass511 account to create and personalize routes and alerts to be notified of events on those routes ahead of time.

- Follow MassDOT on Twitter @MassDOT to find out about impacts on traffic flow on major state highways.

Drivers are reminded to avoid littering on roadways. Violators are subject to a fine of up to \$5,500 for the first offense.

The Massachusetts Department of Transportation wishes all members of the public a safe and enjoyable holiday.

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FRESH AND LOCAL

DIPS FOR DINNER

By Penny & Ed Cherubino

In a recent New York Times Food video, host Vaughn Vreeland cooked a week of meals for himself as a solo diner. He made dips for dinner for one of the meals and inspired us to explore this menu option.

You can collect a few dips with a visit to a grocery store or as takeout from restaurants with dippable or spreadable items on the menu. (Most dips can be used as spreads, so we are including both ways of enjoying them.) The healthiest and perhaps tastiest options can come from your kitchen with an assist from a food processor, blender, or mortar and pestle.

Healthy Dip Options

Penny went straight to her favorite bean cookbooks as a starting place for planning this menu. Many cultures rely on beans or legumes as a base for a dip or spread. Our favorite source for dried beans is Rancho Gordo. Their cookbook, "Heirloom Beans: Great Recipes for Dips and Spreads, Soups and Stews, Salads and Salsas, and Much More from Rancho Gordo" is a great place to start.

One of this book's recipes combines black beans with cauliflower. That can be spread on toast or scooped up with a tortilla or flatbread. By combining the beans with a grain you create a

complete protein. If you add a chopped vegetable like the cauliflower, you have added both flavor and nutrition.

Dips for dinner could also be a mezza (also called meze or mezza) spread. Penny enjoyed a MasterClass on this topic hosted by Yotam Ottolenghi. In his class notes he wrote, "If you're going to serve a mezza spread, there are a few things to keep in mind. First, there's the matter of making things in advance—cooking and serving so many different dishes in one meal is a lot of work. Fortunately, many components can be made well ahead of time, and plenty of dishes taste better the next day." His choice of mezza included Muhammara (a roasted pepper dip), a pea spread, and a garlic hummus recipe.

You can also mix up dips from different cultures to make an international selection. Two Italian favorites are Tuscan bean dip and Sicilian caponata. You could even top the bean spread with the caponata the way you might top a red lentil dal dip from India with chutney.

Leftovers Can Be Dippable Flavor

As you read through dip and spread recipes you'll see that there is a lot of freedom for the cook to exchange one ingredient for another. This means that these dishes are the perfect place to use up bits of flavor sitting in your refrigerator as a leftover. If



Here's a pantry-ready spread. Mash a can of smoked trout, add a bit of plain yogurt, season with pepper, and serve with multigrain crackers and celery sticks.

you have an extra ear of corn, cut it off the cob and add it to salsa or bean-based dip. Leftover greens sautéed with garlic and olive oil just need a can of cannellini beans and a minute in a blender or food processor to be ready to dip or spread.

And, if you prefer to let the

pros do the preparation, you'll find shelves of hummus, dips, and spreads in supermarkets. When we visit the Middle Eastern markets in Watertown, we always bring home a few containers of the various mezza they offer. Baba ganoush is a favorite because it takes a bit more work than many of the recipes men-

tioned here.

You could also sample a dinner or brunch of dips and spreads at a local restaurant. Try anoush'ella in the South End or Krazi Meze & Wine in the Back Bay.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

CITY PAWS

Healthy teamwork

By Penny & Ed Cherubino

Last year the American Heart Association (AHA) published "16 Science-Backed Reasons Adopting a Dog Could Be Good for Your Heart." One of the findings was that those with dogs "... are more likely to reach their fitness goals than those without canine companions."

We know that we found it was far too easy to put off or eliminate daily exercise in the time between dogs. Our dogs have helped keep us fit and they have improved our social connection to our community which is great for our well-being.

Make Health a Team Effort

Your dog depends on you to craft a healthy life for them. The

editors of The Bark Magazine recently suggested that dog guardians create a plan for keeping those at both ends of the leash as healthy as possible. If you need the motivation to get more exercise, eat a more nutritious diet, deal better with stress, schedule routine medical checkups, and all the other self-care you need, you should do it for and with your dog.

If an increase in exercise and a diet change are part of your goals, start with checkups for both you and your canine teammate. Not only will this give you guidance on how to proceed in light of any issues either of you may have, but it will also share your intentions with both medical teams, who can then help you monitor progress.

As with any change, take it

slowly. Start with a few extra blocks before you decide to run a 5K as a team. You know when your muscles ache, and your feet are sore. As the human in the pair, you should evaluate your dog's condition.

You also have to make decisions about protecting your dog when you are exercising in various weather conditions. This time of year, you have to test the heat of the pavement and perhaps decide to walk on a dirt or grass path to prevent paw burns. You need to bring plenty of water for both of you. In rain and cold, you may want to protect dogs with thinner coats by using a jacket or boots to protect paws from salt in a New



When you have a dog, you exercise in all kinds of weather. Just be sure you are both "dressed" for the conditions. (Photo by Sergio Rodriguez)

Debate / CONTINUED FROM PAGE 1

Pressman. “One of our big helpers was Joanne Linder, who was able to secure the Lynn Museum for the site for the debate,” said Pressman. “Joanne Linder, Pam Edwards, and I had to sort through the 100 questions that were submitted. We had some great volunteers like [debate moderators] Gina O’Toole and Adriana Paz. We had a really, nice crew that worked together well. And the questions from residents were fantastic.”

Pressman’s fledgling organization is made up of 100 members who live in neighborhoods across the city. “We have the opinions on issues from people from all wards, not just the Diamond District where I live, and that’s what fantastic about it, because each issue is so different when it comes to the different wards,” said Pressman.

Pressman, 58, is a 1981 graduate of Lynn English High School and still lives in the family home. Politics has always been a positive presence in her life.

“I was holding signs at the polling places before I was old enough to vote,” said Pressman, who once owned a pet grooming business for 16 years and a video store, TLC Videos, in Wyoma Square “and then Blockbuster came into the picture.”

Pressman said Concerned Citizens of Lynn hopes to hold another mayoral debate before the final election.

“And we even had councilors-at-large asking – where they were so impressed on how well this debate was done and organized – if we would hold a debate for them,” related Pressman proudly.



Pictured at the Concerned Citizens of Lynn mayoral debate at the Lynn Museum are, from left, Gina O’Toole, mayoral candidate Darren Cyr, Wendy Pena, Lisa Pressman, mayoral candidate Jared Nicholson, mayoral candidate Michael Satterwhite, Valerie Vong, Marissa Lucinda Pike, Kathleen McCarthy, Adrianna Paz, and James Claffey.



Lisa Pressman, founder and president of Concerned Citizens of Lynn, joins mayoral candidates, Darren Cyr, Jared Nicholson, and Michael Satterwhite, for a photo following the new organization’s mayoral debate Sunday at the Lynn Museum.

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ST. MARY'S BASEBALL TEAM CELEBRATES STATE CHAMPIONSHIP SEASON AT AWARDS BANQUET

The St. Mary's High School baseball team, led by head coach Derek Dana, celebrated its Division 2 state championship season at an awards banquet Aug. 25 at the Marina at the Wharf Restaurant.

Head of School Dr. John Dolan and Athletic Director Jeffrey Newhall congratulated the team on its amazing campaign in which the Spartans defeated the reigning Super 8 champion North Andover, perennial power Masconomet, and ultimately, South sectional champion Hopkinton in a rematch of the 2019 state final, also won by St. Mary's.

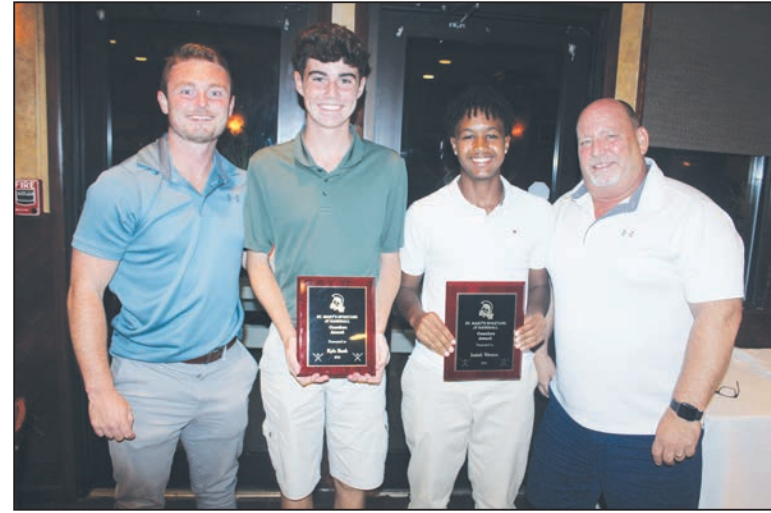
Dana, who won two state titles as a player and future Major League Baseball draft pick at St. Mary's, thanked the players for their commitment and dedication to the program and lauded the parents for their support during challenging times caused by the COVID-19 pandemic that had canceled the entire 2020 season.

Dana also praised assistant coach and former St. Mary's teammate, Tim Fila, and assistant coaches Brian Mulvey, Dylan Driscoll, and Ryan Beliveau for their outstanding contributions to the program.

This was truly a season to remember forever.



CCL All-Star player Lucas Fritz, with his parents, Lynn Woods School Principal Ellen Fritz, and Bill Fritz.



Assistant coaches Dylan Driscoll and Brian Mulvey, with JV Coaches Award recipients Kyle Rush and Isaiah Weston.



Andrew Luciano, recipient of the Jim Tgettis Coach's Award.



Terence Moynihan, who had a huge two-run triple to break up a scoreless tie versus Masconomet in the North final, was the recipient of the Top Offensive Player Award.



Dante D'Ambrosio, recipient of the John Nerich Most Improved Player Award.



Aiven Cabral, who had a phenomenal junior season and is now 14-0 in his pitching career at St. Mary's, was the recipient of the Pitcher of the Year and Blue and Gold MVP Awards.



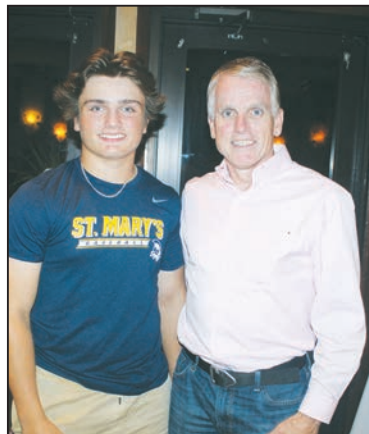
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ST. MARY'S BASEBALL TEAM CELEBRATES STATE CHAMPIONSHIP SEASON AT AWARDS BANQUET



Ryan Fraher, who started a key first base to shortstop, 3-6 double play in the state championship game, was the recipient of the Unsung Player Award.



CCL All-Star player Terence Moynihan and his father, Tim Moynihan, a former standout for the Merrimack College ice hockey team.



Lucas Rincon, recipient of the Ray "Buck" Buckland Sportsmanship Award.



Lucas Fritz, recipient of the St. Mary's Spartan Award.



Starting catcher Colby Magliozzi, recipient of the Top Defensive Player Award.



St. Mary's assistant coach Tim Fila and head coach Derek Dana present the team's Rookie of the Year Award to freshman Eric Bridges, who was clutch during the run to the Division 2 state title, highlighted by a 2-0 complete-game win over Masconomet in the North final.



Catholic Central League Baseball All-Stars Colby Magliozzi, Terence Moynihan, Lucas Fritz, and Aiven Cabral (CCL Pitcher of the Year), with St. Mary's head coach Derek Dana.



St. Mary's seniors Lucas Fritz, Andrew Luciano, Dante D'Ambrosio, Colby Magliozzi, Terence Moynihan, and Lucas Rincon, capped off their high school baseball careers with a Division 2 state championship season that ended with a memorable 5-2 victory over Hopkinton High School on the Hillers' home field.

Transfer student disparities grow across racial and ethnic lines

In the 2020-21 academic year, higher education lost about 191,500 transfer students, or 8.4% compared to the previous year, according to research released today by the National Student Clearinghouse Research Center. The COVID-19: Transfer, Mobility, and Progress Academic Year 2020-21 Report, the fifth in the series, reflects the pandemic's full-blown impact on postsecondary students.

This is the first comprehensive report to assess effects of the pandemic on student transfer during the entire academic year, in which 2.1 million undergraduate students transferred to a college other than their last enrolled institution between July 2020 and June 2021.

"The bright spot for students is the increase in upward transfer into highly selective four-year colleges and universities," said Doug Shapiro, Executive Director, National Student Clearinghouse Research Center. "As transfers overall decline and equity gaps grow, however, this small segment alone cannot erase the larger concerns of diminished opportunity for students."

How enrollment and transfer patterns continue to persist or diverge going into the upcoming academic year remains to be seen, but the Research Center expects as the pandemic continues, there will likely be further divergences among students and institutions, deepening the longstanding concerns over disparities in student mobility and progress.

2020-2021 Year in Review Highlights include:

- While every pathway of

transfer suffered declines, the rate of decline was not the same. Upward transfers, moving from two-year to four-year colleges, held up relatively well, with only a 1.3% decline or about 11,900 student losses. Pandemic-driven losses were more notable in the fall. In fact, upward transfers increased in spring.

- Disparities in upward transfer mobility increased during the pandemic year. Asian and Latinx upward transfers grew (+5.9% and +1.4%, respectively), but Black and Native American upward transfers fell further than pre-pandemic decline (-6.1% and -4.1%, respectively) while White students saw a drop consistent with the pre-pandemic rate of decline (-4.4%).

- Only highly selective institutions expanded their total transfer enrollment for the year, thanks to an unusually large one-year growth in upward transfer (10.3%). This growth included all student groups, irrespective of gender, race, and ethnicity, or transferring within states or into different states (see the figure on the following page).

- Patterns of upward transfer mobility along institutional selectivity, gender, and race and ethnicity shifted over the course of the academic year, most notably changing from highly selective colleges leading the growth of upward transfers in fall 2020, to marked increases in Latinx upward transfers in spring 2021 that were more concentrated at less competitive institutions.

- As upward transfer inflows grow at highly selective colleges and a few leading primarily on-

line institutions, their persistence post-transfer appears to be suffering. In contrast, no significant persistence rate drops attributable to the pandemic are found nationally (all transfer pathways combined).

- Hispanic-Serving Institutions (HSIs) had substantial transfer student losses this year (-70,400 students, -11.8%), while Historically Black Colleges and Universities remained largely unaffected. Both saw post-transfer persistence rates falling due to the pandemic, except that HSIs made a small gain in the latter part of the year. Following national patterns, declines in mobility at these institutions were largely driven by men.

By The Numbers (July 2020 – June 2021):

There were approximately 2.1 million transfer students and 11.8 million non-transfer students. Fall transfer students accounted for 64% of the total transfer enrollment for the academic year.

- Transfer enrollment fell by 191,500 students or -8.4%; non-transfer enrollment fell by 456,100 students or -3.7%. The previous year, transfer enrollment had dropped 69,300 students or -2.9%.

- All transfer pathways were affected but in different ways:

- Lateral transfers fell 114,400 or -11.9% (-38,700 or -3.9% the previous year)

- Between 2-year colleges, -83,600 or -15.2% (-27,600 or -4.8% the previous year)

- Between 4-year colleges, -30,800 or -7.5% (-11,100 or -2.6% the previous year)

- Reverse transfers fell 65,200

or -16.2% (-19,200 or -4.5% the previous year)

- Upward transfers fell 11,900 or -1.3% (-11,400 or -1.2% the previous year)

- Fall – fell by 15,500 or -2.3% (-5,800 or -0.8% the previous year)

- Spring – increased by 2,400 or +0.9% (-8,700 or -3.2% the previous year)

- Lateral transfers account for 60% of the total decline (44% in two-year colleges and 16% in four-year colleges); reverse transfers account for 34%; and upward transfers account for 6%.

- Transfer enrollment fell more for males:

- Males fell by 112,900 or -12.1% (-37,100 or -3.8% the previous year)

- Females fell by 76,200 or -5.8% (-32,200 or -2.4% the previous year)

- Black transfer students fell at the sharpest rate of all groups:

- Whites declined by 86,700 or -9.1% (-59,900 or -5.9% the previous year)

- Blacks declined by 39,500 or -12.9% (-15,400 or -4.8% the previous year)

- Latinx declined by 31,900 or -8.4% (+3,300 or +0.9% the previous year)

- Asians declined by 4,500 or -4.2% (-2,100 or -1.9% the previous year)

- Native Americans declined by 1,900 or -9.9% (-1,000 or -4.9% the previous year)

The COVID-19 Transfer, Mobility, and Progress Report series, with support from Ascendium Education Group and ECMC Foundation, identifies changes in student transfer pathways that

are attributable to the pandemic by using historical data as the pre-pandemic baseline and the Clearinghouse's current enrollment data. By providing the most up-to-date information about student transfer available online for free, the Research Center enables schools, institutions, organizations, and policymakers to better adapt and serve students, particularly those from the most vulnerable populations, during the pandemic and beyond.

About the National Student Clearinghouse® Research Center™

The National Student Clearinghouse Research Center is the research arm of the National Student Clearinghouse. The Research Center collaborates with higher education institutions, states, school districts, high schools, and educational organizations as part of a national effort to better inform education leaders and policymakers. Through accurate longitudinal data outcomes reporting, the Research Center enables better educational policy decisions leading to improved student outcomes.

The Research Center analyzes the data from 3,600 postsecondary institutions, which represent 97% of the nation's postsecondary enrollments in Title IV degree-granting institutions in the U.S., as of 2018. Clearinghouse data track enrollments nationally and are not limited by institutional and state boundaries, while maintaining the confidentiality and privacy of student records. To learn more, visit <https://nscresearchcenter.org>.

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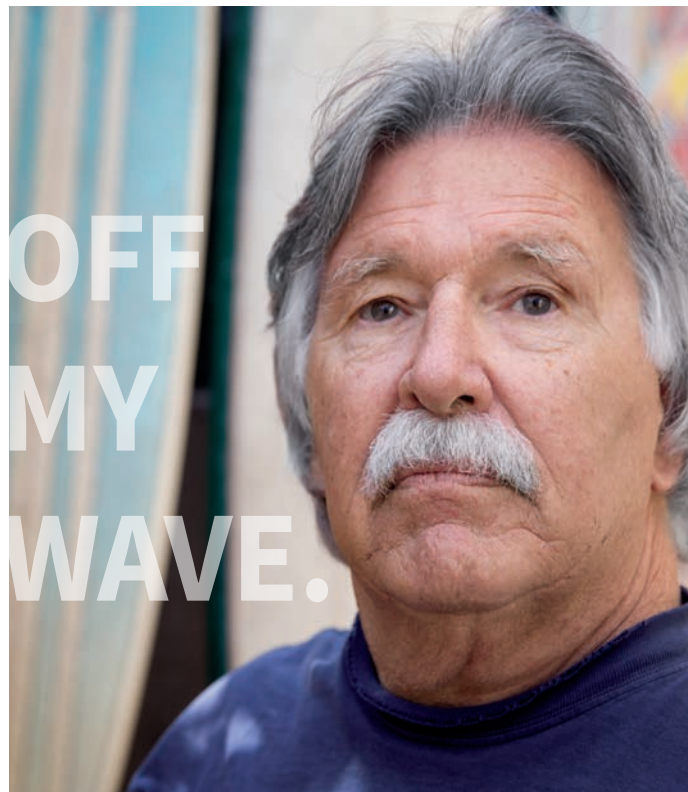
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Ocean Beach native and local surf legend Steve Bettis was diagnosed with MS in 2006. Although surfing is still central to his life, he hasn't been able to get out on the water in 10 years. For a man whose daily routine always included a few waves, more than a decade out of the surf is just too long. This is why the National MS Society teamed up with his buddy Robert "Wingnut" Weaver and used virtual reality to get Steve back on his wave. See their experience and find out how you can share yours at WeAreStrongerThanMS.org.

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LOCAL STUDENTS EARN ACADEMIC HONORS

LOCAL STUDENT NAMED TO CENTRE COLLEGE DEAN'S LIST

Jorge Trejo Fernandez has been named to the dean's list for the winter/spring term at Centre College, an honor reserved for students who maintain at least a 3.60 grade point average.

Centre College, founded in

1819, has been named a Forbes top-15 college/university in the South seven years in a row, and is included in Colleges That Change Lives.

A graduate of KIPP Academy Lynn Collegiate, Jorge Trejo Fernandez's parents are Alejandro Trejo and Yenersy Fernandez, both of Lynn.



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Celebrate Literacy announces Excellence in Literacy award winners

Metro Credit Union, Massachusetts' largest state-chartered credit union, in partnership with Celebrate Literacy, announced the recipients of the 2021 Excellence in Literacy Leadership Awards (ELLA) recognizing community organizations and individuals who create awareness and stress the importance of literacy and education.

This year's winners are:

- Girls Inc. – Recipient of Celebrate Literacy fundraising proceeds

- Coco Alinsug – Human Rights and Community Activist

- Nicole McClain – Founder, North Shore Juneteenth Association

In addition to the ELLA recipients, Doneeca Thurston, Executive Director, Lynn Museum is being recognized with the Community Impact Untold Story Award.

"These honorees demonstrate excellence in literacy by going above and beyond to elevate, improve, promote and increase access to literacy and higher education opportunities for members of the community," said Saritin Rizzuto, Celebrate Literacy Chairman and VP Emerging Populations and Community for Metro Credit Union.

Awardees are chosen by a select group of community vol-

unteers who come together to identify one local nonprofit organization and two community leaders to honor at Celebrate Literacy Day, an annual celebration founded to create awareness about literacy and education while highlighting the important work of grassroots nonprofit organizations and community leaders in Lynn.

"Partnering with Celebrate Literacy since 2011 has been such a positive experience," said Robert Cashman, President & CEO, Metro Credit Union. "Each year the community learns of new people and resources available to them to aid in their learning and its importance in helping to realize dreams. Working with Celebrate Literacy each year perfectly illustrates Metro's intention of 'people helping people'. We're proud to be a part of their efforts."

The 2021 honorees will be formally recognized at the annual invitation-only event being held Wednesday, September 1, 2021, at the Lynn Museum. The keynote speaker for the event is Sonia Chang-Diaz, Massachusetts senator and gubernatorial candidate, who is a champion in education.

For more information about Metro Credit Union, please visit metrocu.org, or connect with us

on LinkedIn.

About Metro Credit Union Metro Credit Union is the largest state-chartered credit union in Massachusetts, with \$2.4 billion in assets. Metro provides a full range of financial products to close to 200,000 members in Essex, Middlesex, Suffolk, Norfolk, Plymouth, Barnstable, Bristol and Worcester counties in Massachusetts, and Rockingham and Hillsborough counties in New Hampshire, as well as to employees of over 1,200 companies through its Metro@work program.

Founded in 1926, Metro currently operates 14 branch offices in Boston, Burlington, Chelsea, Framingham, Lawrence, Lynn, Melrose, Newton, Peabody, Salem, Tewksbury, and coming soon to West Roxbury and Reading. Metro is also a Juntos Avanzamos ("Together We Advance") designated credit union, an honor given to financial institutions for their commitment to serving and empowering Hispanic and immigrant consumers. Metro was recently named among the most charitable companies in Massachusetts by the Boston Business Journal. Learn more at MetroCU.org and connect with us on LinkedIn.

Sept. is designated Suicide Prevention Awareness Month

September is Suicide Prevention Awareness Month and for many the subject of suicide is off limits. They believe the mere mention of suicide around friends and family can cause suicidal thoughts for them. Nothing could be further from the truth.

Approximately 47,500 Americans died by their own hand in 2019, making suicide the 10th leading cause of death in this nation. Suicide rates in the US have climbed 33% in the last decade. One of the ways to reduce that number is by talking about suicide and suicidal ideation, which can spur meaningful conversations about mental health and potentially save lives.

Even more concerning is that suicide and suicide attempts among our nation's youth (ages 10-24) are on the rise. According to information released last year by the CDC, 19% of youth had seriously considered attempting sui-

cide, 16% had made a suicide plan, 9% had made a suicide attempt, and 2.5% had made a suicide attempt that was significant enough to require medical treatment.

Join the conversation, and reach out to those who have been personally affected by suicide, raise awareness, and connect those struggling with suicidal ideation to professional counselors and treatment services that can help them.

If your child or someone you love is struggling with depression or thinking about suicide, get help now. The National Suicide Prevention Lifeline, 1-800-273-TALK (8255), is a free resource, available 24 hours a day for anyone in suicidal crisis or emotional distress. The Crisis Text Line is a free 24/7 text line where trained crisis counselors support individuals in crisis. Text "Jason" to 741741 to speak with a compassionate, trained Crisis Counselor. Confidential support 24/7, for free.

The Jason Foundation (JFI) is another available resource. Although September is set aside as Suicide Prevention Awareness Month, JFI works toward suicide prevention all year long. JFI is dedicated to the awareness and prevention of youth suicide through educational programs that equip youth, parents, educators, and the community with the tools and resources to identify and assist at-risk youth. Many times, young people exhibit clear warning signs prior to an attempt. By knowing the warning signs and knowing how to help, you could save a life. Visit The Jason Foundation's website to learn more about youth suicide, the warning signs, and how you can help make a difference. JFI has never charged a school, community, or individual for the use of their programs or resources. <http://www.jasonfoundation.com>

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Markey hosts Climate Action Conversation at NE Aquarium

By John Lynds

At a Climate Action Conversation at the New England Aquarium last Thursday U.S. Sen. Ed Markey called the global warming crisis a 'Code Red' and outlined steps needed to be taken now to ensure a sustainable future for the planet.

Markey was at the Aquarium to call for the passing of the \$3.5 trillion budget reconciliation package in congress.

"We join together at the New England Aquarium to talk about the severe reality of climate change and the urgency of this moment," said Markey. "The budget resolution represents our best opportunity to confront the climate crisis with jobs and justice. Let's get it done."

Markey, co-author of the Green New Deal resolution and Chair of the Subcommittee on Clean Air, Climate and Nuclear Safety, said all the signs of a warming planet are evident, the science is pretty conclusive and the need to act is now.

"This is a code red," said Markey last week. "We are also seeing the real impacts of the climate crisis in our country. With the wildfires in the West, where people have lost homes and families have been broken apart, these extreme weather events are causing crises like the Dixie Fire in California. This is real, whether it was in 2020 or today the United States is experiencing extreme weather events regularly."

Most recently Hurricane Henri, said Markey, could have been a catastrophe for Downtown and other Boston coastal neighborhoods.

"If the tide was just five feet



U.S. Sen. Ed Markey hosted a Climate Action Conversation at the New England Aquarium last Thursday

higher the day Henri hit we would have had a storm surge that would have put downtown and other Boston neighborhoods under water," said Markey.

Of the budget resolution Markey said, "This (budget resolution) will be a generational investment in the future of our people and our planet. It confronts our climate crisis and gives working people a fair shake, all while making corporations and the ultra-wealthy finally pay their fair share. For too long, the playing field has been tilted towards the rich and powerful and against working Americans who

bear the brunt of climate change, economic inequality, racial injustice, and the COVID-19 pandemic. This budget resolution puts us on a path to address these interlocking crises, including taking meaningful and powerful action on the climate crisis. We can create millions of good, union jobs and unleash clean energy technologies that are made in America. I look forward to working with my Democratic colleagues to pass this budget for the American people."

Markey said recently the United Nations Intergovernmental Panel on Climate Change (IPCC)

issued its Sixth Assessment Report, which details how human activity is unequivocally driving global temperature rise and changes in weather at unprecedented rates. The IPCC report finds that global temperatures will continue to increase until at least mid-century, exceeding 1.5 and 2 degrees Celsius unless we take the steps to ensure deep reductions in carbon emissions and other greenhouse gases this decade and next.

"This IPCC report reaffirms what we are seeing and suffering right now across our country: cli-

mate change will continue to cost us lives and livelihoods if we don't respond with the scope and scale this moment demands," said Markey. "From increasing intensity and frequency of extreme heat, to catastrophic precipitation and devastating droughts, no person or community will be able to hide from the serious and most dire impacts of our human-driven climate crisis. Previous IPCC reports should have been roadmaps for action -- the scientists have spoken clearly for more than a generation about the damage humans are doing to our planet. This report must be the final warning to the world that time has run out to save the planet from dangerous and irreversible climate change."

Markey said the government and people, "can't agonize' but 'must organize' to save the planet.

"Just like the young people across the country and world who are demanding action from their leaders, an intergenerational movement of climate leaders are calling on Congress to include major climate action in the budget reconciliation package -- which is our best opportunity to respond with solutions to the impacts outlined by the IPCC," he said. "With policies to drive deep cuts in emissions, protect communities from climate impacts, and provide equity and justice to overburdened communities, we can respond to overwhelming evidence and take the necessary action to save our people and our planet. If Senators truly followed the science in this report, we'd have 100 votes for climate action to match the 100 percent certainty that human-caused climate change is destroying our planet."

City Paws / CONTINUED FROM PAGE 4

England winter.

Emotional Well-Being

The AHA also pointed out that scientific studies found, "When we see, touch, hear or talk to our companion animals, we feel goodwill, joy, nurturing and happiness. At the same time, stress hormones are suppressed." This

finding may explain why "Dog owners are 31% less likely to die from a heart attack or stroke than non-dog owners."

At the same time, dogs benefit from companionship and bonding in our quieter moments together. As long as you learn the types of touch your dog enjoys and allow

them to move away when they've had enough, it can improve your bond.

If your dog enjoys a good ear or tail scratch or a cuddle, you can substitute a dose of praise and a bit of touching for a food reward if canine weight loss is part of your team's plan.

Building Community

The final way your dog can be a great teammate is by helping you stay connected to your community. Interacting with more people gives you more emotional support. It allows your dog to have more favorable interactions with people and dogs, which is good

for preventing behavioral issues.

Think about making healthy living a team goal for you and all your family members, especially that ever so helpful dog.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

Dear Resident & Friend,

I would like to take a moment of your time to ask you for your support ahead of election day, Tuesday, Sept. 14. We have accomplished much, although there is more work ahead of us. It has been an honor serving you as your city councilor and I would like to continue doing so. Again, I ask for your vote and if you have any questions or concerns feel free to call me at 781-953-7970. If you need a ride to the voting polls on election day, please call and I will gladly assist.

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