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Patrol officer Oren Wright.

Lt. Tim Donovan.

Lynn Police lend a helping hand

On Friday, January 21, three Lynn Police Officers assisted with the monthly Brown Bag food distribution at GLSS. This is a project by GLSS where senior citizens are provided with a large brown bag full of non-perishable food items. The Lynn Rotary Club has been assisting with this distribution for several months. This past Friday Lynn Police Chief and Rotarian Christopher Reddy and Rotarian Steve Upton were assisted in the distribution by two Lynn Police officers: Lt. Tim Donovan and Patrol officer Oren Wright.

Approximately 100 Lynn citizens arrive at GLSS on the third Friday of each month to receive their groceries. This is a project to help Lynn senior citizens with food insecurity issues. The food items are provided by the Boston Food Bank

Lynn Police Chief Christopher Reddy.



For the latest news in Lynn that you need to know, go to lynnjournal.com

Lynn Community Health Center will hold 50th Anniversary Gala April 29

By Cary Shuman

All systems are go for one of the most anticipated events of the year: the 50 Plus 1 Lynn Community Health Center Gala.

Clare Hayes, LCHC director of development, said the gala will be held on Friday, April 29 at the Peabody Essex Museum.

The event holds tremendous significance for Mrs. Hayes, whose husband, the late Dr. Stephen D. Hayes, co-founded the Center with William Mantzoukas in 1971. Dr. Hayes, a clinical psychologist and psychoanalyst, worked at LCHC for 40 years before his passing in 2011.

"My husband did a really good thing here, so I decided I would pitch in," said Clare Hayes, who has been director of development for five years. Hayes said the gala was originally scheduled for 2021, but it was postponed due to COVID-19. "So, we decided we would do a 50 Plus 1," said Hayes. "The event will be live in person, buy we will also livestream it from home."

Hayes said "it's an honor" to be organizing the event. Her husband's name, Dr. Stephen Hayes, is on one of the LCHC buildings on Union Street. The other building is the William Mantzoukas Building.

"Bill Mantzoukas was the Center's first employee as the director and my husband was his first hire to be the director of mental health," said Hayes.

There will be a lot to celebrate at the gala.

Please see GALA Page 3

Burt set for PHF All-Star Game in Buffalo

Lynn's Katie Burt is slated to play in the Premier Hockey Federation All-Star Game this Saturday, Jan. 29 (5:30 p.m.) at the Northtown Centre in Buffalo.

Burt, who plays for the Boston Pride in the six-team women's professional hockey league, is the league's top-ranked goaltender. Burt starred at Boston College before becoming the Pride's No. 1 draft pick overall. Burt, who is an assistant coach at St. Mary's High School, celebrated her 25th birthday Wednesday.

The game was originally scheduled to be played in Toronto but was moved to Buffalo due to COVID-19 capacity restrictions in Ontario.

The game will be broadcast live on ESPN Plus.

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EDITORIAL

SAFE INJECTION SITES **ARE NEEDED NOW**

Among the side-effects of the ongoing COVID-19 pandemic has been the increase in drug-overdose deaths in this country.

The death rate from opioids finally had begun to decline in 2019, but then came COVID-19 and the number of deaths from drug overdoses began to skyrocket once again.

The nation was reporting fewer than 50,000 fatal overdoses as recently as 2014, but in 2020, drug overdose deaths breached the 100,000 mark.

The chief cause of the surge in deaths is the increase in availability of the synthetic opioid fentanyl, which is being laced into all sorts of drugs -- from marijuana to cocaine to heroin -- by the drug cartels. According to some news reports, nearly half of drugs tested by the DEA contain a potentially fatal dose of fentanyl.

Fentanyl is up to 50 times more powerful than heroin, but is far cheaper to manufacture for drug dealers, who use it as a substitute for heroin powder or press it into black-market oxycodone pills. Fentanyl is now also finding its way into cocaine and party drugs like ecstasy and is even sprayed on marijuana.

It has been reported that fentanyl now has killed far more Americans than all U.S. conflicts since World War II combined. In the past decade, it has claimed more than a half million lives, a toll that is growing daily.

In view of the combination of the lethality and availability of fentanyl, now more than ever our nation needs to address the tragedy of drug overdose deaths with a realistic solution.

Those who think that we can stop the supply of fentanyl are living in a fantasy-world of the 1970s-era movie The French Connection. Fentanyl is so powerful that just a few automobile trunk-loads are enough to kill every American citizen.

If old-school heroin were to be compared to conventional weaponry, then fentanyl is a nuclear bomb.

The Massachusetts legislature has before it a number of bills that would allow for clean injection sites, similar to what New York City and the nation of Portugal (where drug overdose rates have been a fraction of the rest of the world for 20 years) are doing.

We urge our state legislators to enact this important legislation forthwith. Every day of delay means more lives lost needlessly to the scourge of drugs.

OMICRON CAN LEAD TO LONG COVID

Public health officials have defined so-called long COVID as the physical, neurological, and cognitive symptoms that can persist indefinitely after infection.

Over the past two years, we've all seen the countless news stories about the devastating effects of long COVID upon those who are unfortunate enough to suffer from it.

Although the Omicron variant is causing less severe disease in those who are fully-vaccinated, the number of those infected who suffer from the loss of taste and smell, physical fatigue, and brain fog still is quite significant.

During this period of a surge in COVID because of Omicron's high transmissibility, it only makes sense for all of us to continue to take the usual precautions -- wearing a protective face mask (such as an N-95), maintaining social distancing, and avoiding large crowds -until the Omicron surge begins to wane.

Sure, we can play Russian roulette with our health.

But with the number of Omicron cases already declining (though still high) in Massachusetts, we figure that if we've made this far through the worst of the pandemic, sticking it out for another two months or so by making careful choices only makes sense.

Guest Op-Ed

The 3Gpocalypse is coming — Is your car ready?

By Kane DiMasso-Scott

Just this week I heard about something that I'm surprised has not received more media coverage on the national level, as it's extremely important to us as consumers. Beginning in February and continuing through the end of the year, 3G networks are being shut down by the major players in the cellular network industry, AT&T, Verizon, and T-Mobile. This poses no problem to our use of cell phones, however, our automobiles are about to get a whole lot "dumber."

Nearly every major brand in the auto industry has, from 2010 to as late as 2021, used these 3G networks in certain models for many of their included and onboard features in their cars. With the shutdown of 3G networks, features like GPS navigation, automatic crash detection, SOS emergency features, remote locking and unlocking, and the ability to connect with your phones (wirelessly), among others, will no longer be functional. Some companies have already announced their plans to address the issue, while others still have not said much.

Certain brands will be offering free over-the-air updates for your vehicle to ensure that the features continue to work such as Subaru. Honda, and GM, while others look to require a hardware upgrade at a dealership to re-enable your features or disable warning messages that may arise from the lack of connectivity.

The shutdown of 3G networks is not something that comes as a surprise, as it was always an inevitability following 4G and now 5G rollouts. However, what's embarrassing and downright frustrating is the fact that some automakers continued to produce vehicles using this same outdated network, fully aware of the ramifications down the line. I commend the aforementioned companies that are pushing out updates for their consumers, but others who have yet to announce what their plans are is maddening.

More often the not we, as the consumer, will spend tens of thousands of dollars on a vehicle, expecting the features included when we purchased the vehicle to always be available. Now, with the shutdown of 3G networks, it seems like a fair number of vehicles will lose those features permanently, or will require additional purchases to re-enable or modernize these vehicles for 4G.

So not only will some consumers lose access to features they thought they'd have throughout their vehicle's lifetime, but others may also have to pay additional fees to get those features back. This shouldn't be our responsibility. It's on the automakers and dealers to make it right. They continued to produce vehicles on an outdated network knowing it

Ellen Bertino

Business Accounts Executive

Judy Russi

would be obsolete, but now, the piper needs to be paid and some of them believe that responsibility falls on you.

You can visit https://www. cnbc.com/2022/01/16/3g-networks-shutting-down-in-2022could-affect-your-cars-gps.html or scan the QR code below with your smartphone to see the current list of publicly known affected models. AT&T will shut down their 3G network next month, which certain Honda, Nissan and Volvo models rely on for their features. If this is your first-time hearing about it as well, I suggest you call your dealer, figure out what, if anything, could be done if you have an affected model, and hope for the best. Good luck.



Kane DiMasso-Scott is an art for the Independent director Newspaper Group. The views expressed in this Op-Ed do not necessarily represent the views of the Independent Newspaper Group.

SEND US YOUR NEWS

The Lynn Journal encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to Cary@lynnjournal.com

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City of Lynn launches ARPA community outreach and engagement with the LynnARPA.com website

The City of Lynn launched LynnARPA.com, a website providing information about the American Rescue Plan Act (ARPA) funds and the opportunities for the city to aid recovery efforts and rebuild focused through the lens of equity and inclusion.

On March 11, 2021, President Biden signed the American Rescue Plan Act into law. The City will receive over \$75 million in ARPA funds over the next two years. Half of this funding was received on May 20, 2021. The remaining half will be available in May of 2022.

"I am grateful to the Federal Government for making these funds available which will greatly assist our community with mitigating the impacts of the COVID-19 pandemic. Having a website to educate community members, share information receive input and to track the funding is a matter of transparency, maintaining trust with the public, and making decisions inclusively," said Mayor Jared C. Nicholson. "We want community members to be informed about how ARPA funds will benefit the entire community and the opportunities ahead to be a part of the decision-making process of where these funds should be applied."

To date, the city has dedicated \$13.5 million to improving the air quality in our municipal-owned buildings by replacing and upgrading the HVAC throughout public systems buildings in Lynn. \$500,000 is being directed to purchase rapid COVID antigen test kits and \$3 million is being allocated to the Economic Development and Industrial Corporation of Lynn (EDIC) for small business relief grants. The remaining \$58 million will be dedicated toward initiatives and priorities which will be developed by the community following through robust community engagement. In order to receive input from as many of the City's diverse population as possible, \$800,000 is being allocated for citywide translators.

This effort will identify the City's most urgent needs in areas such as:

Public Health

Housing

Food Security

Workforce Development Entrepreneurship and Small

Business Development

Environmental Health & Open Space

Behavioral & Mental Health Council President Jay Walsh has appointed Councilor-at-Large Brian Field as the council liaison to communicate between the Mayor's Office and the City Council in the roll out of ARPA funding.

"Knowing that this is a once in a generation opportunity, I know my colleagues and I feel very strong about how and where the money gets spent. We appreciate the open communication Mayor Nicholson has had with the Council, even before being sworn in, and we look forward to working with him, his staff and the entire community deciding on what areas will have the greatest impact when investing the ARPA funds," said Councilor Field. "Including the public in the decision making is important and we look forward to working with everyone involved." The City will continue to add details on how it spends the funds to benefit all community members.

In February, the City will launch a series of educational community meetings and public input sessions, as well as a series of surveys to gather feedback on proposed uses of ARPA funds; additional details are outlined on the LynnARPA.com website. We encourage community members to visit the site and sign up for email updates.

OBITUARIES All obituaries and death notices will be at a cost of \$150.00 per paper. Includes photo.No word Limit. Please send to obits@reverejournal.com or call 781-485-0588

Councillor Alinsug endorses Driscoll for Lieutenant Governor

Lynn Ward 3 Councillor Coco Alinsug has endorsed Salem Mayor Kim Driscoll's candidacy for lieutenant governor in the 2022 state election.

Alinsug, who has known Driscoll for several years, praised her outstanding leadership as Salem's mayor.

"We've worked together on different community projects," said Alinsug. "I was the executive director of NAGLY (North Shore Alliance of LGBTQ Youth) for 10 years, and that organization is based in Salem. Mayor Driscoll has always been there for me and the organization and every time I call her for her assistance or anything for the community, she's there to offer her support."

Alinsug, who was elected to the Lynn City Council in November, joins a growing list of endorsers already supporting Kim for Lieutenant Governor, including OPEIU Local 453, six mayors, and many local officials eager for new leadership and a partner to amplify the voice of cities and towns across Massachusetts. In total, Driscoll has earned the support of 77 local leaders across the Commonwealth since she announced less than two weeks ago.

Among those officials also

endorsing Driscoll are State Rep. Dan Cahill, Essex County Sheriff Kevin Coppinger, Peabody Mayor Ted Bettencourt, and Revere Mayor Brian Arrigo.

"I'm grateful for the outpouring of support our campaign has received," said Driscoll. "As I continue to campaign and meet with leaders across all corners of the state, I am reminded of how much work there is to be done." Driscoll continued, "As Lieutenant Governor, I will be a champion for cities and towns across Massachusetts and bring our voices and needs to Beacon Hill."

Why have some communities not been a part of medical research?

You can help researchers develop new and better treatments that benefit all of us.

Many groups of people have been left out of research in the past. That means we know less about their health. When you join the *All of Us* Research Program, you'll help researchers learn more about what makes people sick or keeps them healthy.

JoinAllofUs.org/NewEngland (617) 768-8300

*All participants will receive \$25 after completion of their visit. To complete the visit, participants must create an account, give consent, agree to share their electronic health records, answer health surveys, and have their measurements taken (height, weight, blood pressure, etc.), and give blood and urine samples, if asked.

All of Us and the All of Us logo are service marks of the U.S. Department of Health and Human Services.



BRIGHAM AND WOMEN'S HOSPITAL

BOCTON



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Gala CONTINUED FROM PAGE 1

"In the first year of the Center, there were five employees and four desks," said Hayes. "The Center was a storefront on Chestnut Street and there was a bowling alley in the cellar."

Four years later, the Center moved to Goldfish Pond into what was called "The Little Red House."

"And then they brought in primary care services," said Mrs. Hayes. "My husband never believed that the head was separated from the body. You had to take care of the whole person. So, we started with primary care, then pediatrics, OBGYN – and the rest is history." Today, the Lynn Community Health Center is a national model that has grown and developed to meet the needs of the community. There are 600 employees and an \$80 million budget.

"Dr. Kiame Mahaniah is the current LCHC chief executive officer.

"The big thing is we take care of 43,000 patients," said Hayes. "Forty percent of the people who live in Lynn are our patients."

Hayes said former executive directors Lori Abrams Berry and Beth Babcock will be recognized at the gala. Mayor Jared Nicholson heads a slate of dignitaries that are expected to attend the event.

The chair of the 50 Plus 1 Committee is Magnolia Contreras, director of community benefits at the Dana-Farber Cancer Institute who previously worked at LCHC.

"We're excited about the gala," said Hayes. "It's going to be a good evening, a fun evening."

The mission of meeting the health needs of Lynn continues each day at LCHC, according to Hayes. "What the pandemic the last two years showed was what a necessary part of community health care this health center serves," she said.

North Shore Navigators announce 2022 NECBL season schedule

The North Shore Navigators have revealed their schedule for the 2022 New England Collegiate Baseball League (NECBL) season, featuring 22 home games at historic Fraser Field. Friday's announcement was made by NECBL Commissioner Sean McGrath and Navs President Derek January.

North Shore's home opener at Fraser Field is scheduled for Thursday, June 9 against the new Coastal Division rival Newport Gulls. The 44-game summer slate will kick off two nights earlier with a Tuesday, June 7 trip to play the Mystic Schooners at Dodd Stadium in Norwich, Conn.

The 15th summer of Navs baseball will include a total of 22 home dates, including five games on Friday nights, three on Saturdays and three on Sundays.

"We are excited to have our schedule released and are looking forward to putting a great

A SHORT STORY ABOUT A

When she was a young college student,

Elisabeth Marra had a serious motorcycle

accident that ultimately changed her life. Two years after the crash, her painful open

fractures had failed to heal. Then she heard

about a new and complex surgery pioneered by a surgeon who used a patient's own stem

cells to concentrate the healing process. This

time, her surgery and subsequent therapy

Elisabeth's experience caused her to re-

direct her own career aspirations. Inspired by

the medical professionals who helped her

reclaim her active lifestyle, she changed her

profession where her own experience could

help other patients prevail through difficult

We tell Elisabeth Marra's story here to

illustrate two of the most profound messages

we know. Don't give up, and remember to

give back. If reading it inspires just one more

telling here has been well worth while.

erson to achieve something special, then its

American

Academy of Orthopaedic

Surgeons

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AAOS

CELEBRATING

orthoinfo.org

HUMAN HEALING

major to study physical therapy-

were successful.

MOTORCYCLE. AND A SUDDEN TURN. brand of baseball out for Navs Nation in 2022," January said. "Hopefully we can finish the job this summer and bring the NEC-BL title back to Fraser Field this summer!"

Home games in 2022 are scheduled to begin at the same times as last year: 6:35 p.m. on Monday through Saturday nights and 4:05 p.m. on Sundays. The lone exceptions are 12 p.m. starts on Wednesday, June 15, Monday, June 20 and Wednesday, July 13 to accommodate field trip days for local schools and camps.

Season passes, which admit two people to each Navs home game, are now on sale for \$115 and can be purchased by clicking here. Contact Maggie Barden (maggie@nsnavs.com) for more information or questions regarding tickets and booking group outings.

The Navs are excited to feature promotions and theme nights in conjunction with local businesses throughout the 2022 season, with a full schedule to be announced later this spring.

"Our staff is working hard to put on a great show every night," January said. "We'll have some new promotions and all sorts of giveaways throughout the summer. From fireworks to group outings to signature food and beverage tastings, Fraser Field will be the place to be this summer."

On the field, North Shore's summer will include games against all of the NECBL's 13 remaining teams in all six New England states after the 2021 regular season featured exclusively divisional play. The Navs have been placed alongside the Martha's Vineyard Sharks (Oak Bluffs, Mass.), Mystic (Conn.) Schooners, Newport (R.I.) Gulls and Ocean State Waves (South Kingstown, R.I.) in a newly formed Coastal Division.

The North Division will in-

clude five of North Shore's six divisional opponents from last summer in the Keene (N.H.) Swamp Bats, Sanford Mainers, Upper Valley Nighthawks (White River Junction, Vt.), Vermont Mountaineers (Montpelier) and Winnipesaukee Muskrats (Laconia, N.H.). The West Division features the North Adams (Mass.) SteepleCats, Bristol (Conn.) Blues, Danbury (Conn.) Westerners and Valley Blue Sox (Holyoke, Mass.).

The Navs will face Martha's Vineyard and Newport seven times apiece, Mystic and Ocean State six times, and play a home-and-home series against each team in the North and West Divisions.

The 2022 NECBL All-Star Game will be held on Sunday, July 24 in Oak Bluffs.

In the final week of the regular season, each of the league's 14 teams will play solely against division rivals in hopes of qualifying for the 2022 NECBL Playoffs, which will begin on Monday, August 1 and feature six teams (the three division winners and three wildcards who have the next three highest winning percentages league-wide after the division winners).

A charter member of the New England League's inaugural season dating back to 1994, the Navs rejoined the NECBL last summer after a nine-year hiatus and proceeded to capture the Northern Division regular-season championship. The franchise has qualified for the NECBL playoffs in each of its last five NECBL seasons and won its fourth Fay Vincent Sr. Cup in 2010.

Stay up to date on the latest Navs news by visiting nsnavs. com and following the team on Facebook, Twitter and Instagram.

Man pleads guilty to role in nationwide rideshare

A Brazilian national pleaded guilty in connection with a nationwide conspiracy to open fraudulent driver accounts with rideshare and delivery service companies.

Wemerson Dutra Aguiar, 29, a Brazilian national formerly residing in Lynn and Woburn, Mass., pleaded guilty in federal court in Boston to one count of conspiracy to commit wire fraud and one count of aggravated identity theft. U.S. Senior District Court Judge Mark L. Wolf scheduled sentencing for May 10, 2022.

In May 2021, Aguiar was charged along with 18 co-defendants with conspiracy to commit wire fraud by using stolen identities and falsified documents to create fraudulent driver accounts for rent or sale to individuals who might not otherwise qualify to drive for the rideshare or delivery services.

According to the charging documents, the defendants allegedly used victims' identifying information to apply for driver accounts with the rideshare and delivery companies – enabling the defendants to pass those companies' required background checks and create driver accounts in victims' names. At times, it is alleged that the defendants edited victims' driver's license images to display photos of the drivers renting or buying the fraudulent accounts in order to circumvent facial recognition technology that the rideshare and delivery companies used as a security measure. The defendants allegedly obtained victims' names, dates of birth, driver's license information and or Social Security numbers from co-conspirators and other sources, including sites on the Dark Net. The defendants and co-conspirators also obtained driver's license images directly from victims, by photographing victims' licenses while completing an alcohol delivery through one of the services or while exchanging information with victims following vehicle accidents, some of which defendants or co-conspirators intentionally caused in order to obtain victims' license information. As a result of the scheme, Internal Revenue Service Forms 1099 were generated in victims' names for income that conspirators earned from the rideshare and delivery companies.

It is further alleged that the defendants used fraudulent driver accounts to exploit referral bonus programs offered by the rideshare and delivery companies and used "bots" and GPS "spoofing" technology to increase the income earned from the companies.

In connection with the scheme, Aguiar admitted that he obtained driver's licenses and Social Security numbers that his

co-conspirators procured from the DarkNet and other sources. Aguiar also admitted that he paid co-conspirators to alter driver's license photos to display pictures of other individuals and that he used templates to create image files of fraudulent driver's licenses displaying identity theft victims' information. Aguiar used these stolen identifiers to create hundreds of fraudulent accounts with the rideshare and delivery companies and supplied these identifiers to other co-conspirators who also created fraudulent accounts. Aguiar advertised fraudulent accounts for sale or rent to Brazilian nationals living in the United States via WhatsApp chat groups and by word of mouth. He managed these accounts and attempted to prevent the accounts from being closed by the companies for fraud. Between June 2019 and January 2021, Aguiar received over \$375,000 in rental payments from individuals driving under these accounts and payments from the companies generated with these accounts.

Sixteen of the defendants have been arrested in connection with the conspiracy and three remain at large. Aguiar is the second defendant to plead guilty in the case. If you believe that you may be a victim of the allegations in this case, please visit: https://www.justice.gov/ usao-ma/victim-and-witness-assistance-program/us-v-wemerson-dutra-aguiar-and-us-v-priscila-barbosa-et-al.

The charge of conspiracy to commit wire fraud provides for a sentence of up to 20 years in prison, three years of supervised release and a fine of \$250,000 or twice the gross gain or loss from the offense, whichever is greater. The charge of aggravated identity theft provides for a sentence of at least two years in prison to be served consecutive to any other sentence imposed. Sentences are imposed by a federal district court judge based upon the U.S. Sentencing Guidelines and other statutory factors.

United States Attorney Rachael S. Rollins and Joseph R. Bonavolonta, Special Agent in Charge of the Federal Bureau of Investigation, Boston Division made the announcement. Valuable assistance was provided by the Massachusetts State Police; the Concord, Lexington, Plymouth, Wilmington, Marlborough and Village of Rye Brook (N.Y.) Police Departments; U.S. Customs and Border Protection; U.S. Postal Inspection Service and the National Crime Insurance Bureau. Assistant U.S. Attorneys Kristen A. Kearney and David M. Holcomb of Rollins' Securities, Financial & Cyber Fraud Unit are prosecuting the case.

Page 5

Lynn man indicted for drug and firearms conspiracy involving trafficking

A Lynn man was indicted by a federal grand jury in connection with operating a drug trafficking organization in which he allegedly used pill presses to produce thousands of counterfeit pills per hour and distributed the counterfeit prescription pills containing fentanyl to suppliers on the North Shore.

Vincent Caruso, 26, a/k/a 'Fatz," was indicted on one count of conspiracy to manufacture, distribute and possess with intent to distribute 400 grams or more of fentanyl, cocaine, marijuana and other controlled substances; one count of conspiracy to possess firearms in furtherance of a drug trafficking crime; one count of possession of a machine gun in furtherance of a drug trafficking crime; conspiracy to interfere with commerce by robbery (Hobbs Act robbery); and one count of conspiracy to commit money laundering. Caruso was arrested and charged by Complaint on June 30, 2021 along with co-conspirators Ernest Johnson, Laurie Caruso and Nicole Benton. On Oct. 1, 2021, Benton pleaded guilty to her role in the conspiracy and is awaiting sentencing which is set for April 12, 2022.

According to the charging documents, Caruso, an alleged Crip gang member, operated a large drug trafficking organization with multiple subordinates, to sell counterfeit prescription pills containing fentanyl to street gangs for further distribution on the North Shore. It is alleged that Caruso possessed and used firearms in furtherance of drug trafficking activities. Caruso allegedly posted and messaged photos and videos using social media that depicted firearms and machine guns in his possession, large quantities of fentanyl that would be distributed by his organization, large amounts of cash and high-end jewelry. It is further alleged that Caruso conspired with others to conduct transactions in order to launder portions of the illegal proceeds of the drug trafficking operation.

The charge of conspiracy to manufacture, distribute and pos-

sess with intent to distribute 400 grams or more of fentanyl provides for a sentence of up to life in prison, at least 10 years and up to a lifetime of supervised release and a fine of up to \$10 million. The charge of conspiring to possess firearms in furtherance of a drug trafficking conspiracy involving a machine gun provides for a sentence of up to life in prison, up to five years of supervised release and a fine of up to \$250,000. The charge of possession of machine gun in furtherance of a drug trafficking crime provides for a sentence of at least 30 years, to be served consecutive to the sentence associated with the underlying drug trafficking crime, and up to life in prison, five years of supervised release and a fine of up to \$250,000. The charge of conspiracy to interfere with commerce by robbery provides for a sentence of up to 20 years in prison, up to three years of supervised release and a fine of up to \$250,000. The charge of conspiracy to commit money laundering provides for a sentence of up to 20 years in prison, three years of supervised release and a fine of up to \$500,000. Sentences are imposed by a federal district judge based on the U.S. Sentencing Guidelines and other statutory factors.

First Assistant United States Attorney Joshua S. Levy: Joseph R. Bonavolonta, Special Agent in Charge of the Federal Bureau of Investigation, Boston Division; James Ferguson, Special Agent in Charge of the Bureau of Alcohol, Tobacco, Firearms and Explosives, Boston Division; and Colonel Christopher Mason, Superintendent of the Massachusetts States Police made the announcement today. Assistance was provided by the Essex, Middlesex and Suffolk County District Attorneys' Offices; Essex, Middlesex, Suffolk and Hancock (Maine) County Sheriffs' Departments; U.S. Attorney's Office for the District of Maine; Maine Drug Enforcement Agency; and the Boston, Cambridge, Chelsea, Danvers, Everett, Lynn, Malden, Salem, Saugus, Somerville,

Revere, Bolton (Maine), Bangor (Maine), Portland (Maine) and Westbrook (Maine) Police Departments. Assistant U.S. Attorney Philip A. Mallard of the Organized Crime & Gang Unit is prosecuting the case.

The operation was conducted by a multi-agency task force through the Organized Crime Drug Enforcement Task Force (OCDETF), a partnership between federal, state and local law enforcement agencies. The principal mission of the OCDETF program is to identify, disrupt and dismantle the most serious drug trafficking, weapons trafficking and money laundering organizations, and those primarily responsible for the nation's illegal drug supply. More information on the OCDETF program is available here: https://www.justice.gov/ocdetf/about-ocdetf.

The details contained in the charging documents are allegations. The defendants are presumed innocent unless and until proven guilty beyond a reasonable doubt in a court of law.

LOCAL STUDENTS IN THE NEWS

UNIVERSITY OF NEW ENGLAND DEAN'S LIST

Cormac Collins of Lynn has been named to the Dean's List for the 2021 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, with two beautiful coastal campuses in Maine, a one-of-a-kind study-abroad campus in Tangier, Morocco, and an array of flexible online offerings. In an uncommonly welcoming and supportive community, we offer hands-on learning, empowering students to make a positive impact in a world full of challenges. We are the state's top provider of health professionals and home to Maine's only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts. Visit une.edu

DEAN'S LIST AT CURRY

Curry College congratulates roughly 1,000 students who were named to the Fall 2021 Dean's List.

Noelle Cote of Lynn was named to the Fall 2021 Dean's List at Curry College.

Fidelia Eleazu of Lynn was named to the Fall 2021 Dean's List at Curry College.

Carlos Hernandez of Lynn was named to the Fall 2021 Dean's List at Curry College.

Jaceli Lara Baez of Lynn was named to the Fall 2021 Dean's List at Curry College.

About Curry College

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton, Massachusetts. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers 19 undergraduate majors in specialized and liberal arts programs, as well as graduate degrees in accounting, business, education, criminal justice, and nursing to a combined enrollment of nearly 2,500 students. The student body consists of 1,700 traditional students and nearly 800 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and fine arts program. Visit us on the web at www.curry.edu

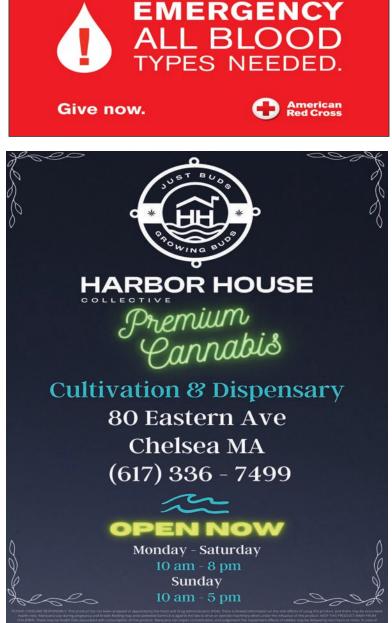
DEAN COLLEGE ANNOUNCES DEAN'S LIST

Dean College is pleased to announce the students that have earned a place on the Dean's List for the Fall 2021 semester. These students have demonstrated a serious commitment to their studies while at Dean College.

Daniel Lilja of Lynn

Ava Perry of Lynn

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.



LYNN CLASSICAL IN BASKETBALL ACTION AGAINST CHELSEA

Exactly five weeks after their first encounter ended with Chelsea clinging to a one point victory over Lynn Classical—(52-51 on December 16)—the Red Devils did it again, this time by a 53-52 score Thursday night at Lynn Classical. Chelsea almost squandered a 14-point third-quarter lead but held on for the win.



JOINT EFFORT: Marquese L'Italien Avery (3) and Derek Omoregie (0) make certain only the Rams end up with this rebound.



STEAL ATTEMPT: Lynn Classical's Jadden Gonzalez (11) tries to steal the ball from Chelsea's Kamaury Appleberry as Ram teammate Marquese L'Italien Avery backs up the play.



ROUGH GOING: Lynn Classical's Marquese L'Italien Avery survives some rough play under the boards and pulls a rebound away from Chelsea's Abdullahi Mohammed (10).



GREAT ESCAPE: Jadden Gonzalez (11) dribbles away from Chelsea's Kamaury Appleberry (1) during first half action of Lynn Classical's Thursday night GBL encounter with Chelsea. The Red Devils escaped with a 53-52 victory.



KEEP AWAY: Marquese L'Italien Avery keeps the ball at a safe distance from Chelsea's Jayden Baptista (2).

Attorney General Maura Healey announces bid for Governor

By John Lynds

Standing in Maverick Square in East Boston last Thursday Attorney General Maura Healey officially announced her candidacy for Governor of Massachusetts.

Healey has long been touted as the successor to Gov. Charlie Baker's governorship and emerged as a frontrunner for the corner office well before Baker announced he would not seek a third term. Healey's political rise began during her upset victory for Attorney General over Warren Tollman who had former Gov. Deval Patrick and former Boston Mayor Martin Walsh in his corner.

With over \$3.5 million in her campaign war chest, Healey is poised to become the first Massachusetts Attorney General to be elected governor since James Sullivan pulled off the feat in 1807 --although many have tried with the last being Martha Coakley's bid against Baker.

"I think about where we are right now as a state," said Healey during her press conference in East Boston. "We have been through a lot or people have been through a lot. Our businesses have been through a lot. Our children have been through a lot, a lot of anxiety, a lot of despair, some incredible hardship. But I have seen over the last two years such incredible acts of resilience, of caring, of compassion. I have long believed, because I've had the privilege of serving as your attorney general for the last seven years, that the state and its people have endless capacity to do great things. We're at a hard time now. But we're going to get through it and we're going to go on and we're going to build forward in ways that we can't even imagine right now. That's what excites me. I want to bring to this as your next governor a lot of things to focus on, a lot of things that need attention, especially getting the economy back on track and making sure that it works for everyone across the state. But I'm just really excited to be here and to be out in a community like East Boston. It's about meeting the people where they are. I've always been driven by the people and engagement with people.'

Healey said job one for her administration would be a focus on economic growth and job creation.

"So many people are experiencing high cost of living,

whether it's in health care, housing, even transit, gasoline, you name it right now, and that's something that we've got to deal with as a state," she said. "I recognize there's monetary policy that the federal government is going to control but there are actually levers and things that we can do as a state to better address that situation. But job one will be making sure this economy is back on track that gets to issues of workforce development and job training. It gets to issues of child care, which is fundamental, especially to getting women back to the workforce. So there's a lot of opportunity and a lot of work ahead to continue what's working and address what's not working. The general governing philosophy is if something's working, then let's keep with it and if it's not working let's figure out what we need to do.'

Healey continued, "That's certainly what I've tried to do in my time holding this office as Attorney General. I think fundamentally the best thing that Massachusetts has going for it are its people and I see so much possibility and capacity there. I think that we've got great people. I think we've got great institutions. We've got some really terrific "know how" across the state. If you look at some of what's happened just in the last few years in nearby Kendall Square or over



Attorney General Maura Healey announced her candidacy for Governor of Massachusetts last week.

in the Seaport, the amount of money that's come into the state in terms of investment. I understand that people wonder if we're ever going to get through this and out of this and I'm just here to say we are and we will and we will move forward in ways that are bigger and better than ever imagined."

In the end Healey said she believes her record will speak for itself when it comes time for voters to pick a new governor.

"I think if you look at my record it speaks for itself in terms of where I am on fighting systemic racism and inequality, fighting for access to affordable health care, recognizing that across every sector, whether it's climate, transportation, the environment, criminal justice," she said. "We can and should apply an equity lens to everything that we do and bring an intentionality and an energy so that we are in fact improving the lives and well being and stakes of everybody here in the state, regardless of zip code, race, ethnicity, and the like. There are so many things happening right now and I appreciate people's voices. I appreciate their advocacy. I love people, and I love people's enthusiasm and right now we're in a time where people are demanding that what hasn't worked in our systems be addressed. I think with COVID there was so much being disrupted and now we got an opportunity to move forward in new and different ways that are going to be better for every single person in this state."







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Celebrate Catholic Schools Week 2022 January 30 - February 5 #CSW22

What is Catholic Schools Week?

Special to the Journal

Catholic Schools Week is a national celebration of Catholic education and an opportunity to recognize the importance, the value, and the contributions of Catholic education to the Church and the world. Catholic Schools Week is sponsored by the National Catholic Educational Association (NCEA).

An annual tradition that began in 1974, Catholic schools across the nation commemorate Catholic Schools Week with celebrations, Masses, open houses, and activities for students, families, parishioners, and community members. Catholic Schools Week events showcase and celebrate the rich traditions and the incredible value of Catholic education on both a local and national level.

Each year, Catholic Schools Week is celebrated during the last week of January. This year, Catholic Schools Week will be celebrated from January 30th through February 5th.

Catholic Schools and the Students They Serve

According to NCEA, there are more than 6,000 Catholic schools

nationwide. These schools serving elementary, middle, and secondary school students—are located across all regions, giving many families the opportunity for accessible Catholic education.

The Benefits of Catholic Schools

• The integration of faith with academic subjects, culture, and everyday life

• The emphasis of living out the faith as missionary disciples

• Catholic virtues and values and Catholic Social Teaching, which contribute to productive citizenship and responsible leadership

• An environment that encourages and nurtures prayer and is safe, welcoming, and supportive for children

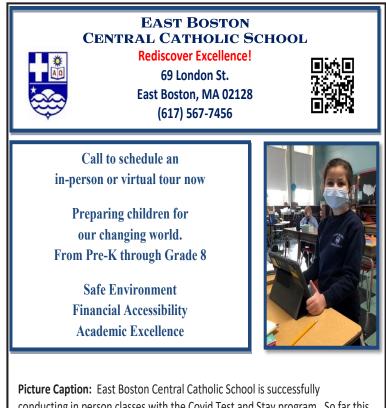
• A favorable student to teacher ratio

• High graduation and college attendance rates

Teacher commitment

For further reading and in addition to these benefits, explore NCEA's A Dozen Reasons to Choose Catholic Schools Info Graphic.

See CSW Page 9



Picture Caption: East Boston Central Catholic School is successfully conducting in person classes with the Covid Test and Stay program. So far this year, 1500 tests have been administered with only a 2.47% positivity rate. Well under the state and city averages. Student success is of the utmost importance. At EBCCS, every student matters.

Celebrate Catholic Schools Week 2022

St. Mary's golf star Aidan Emmerich will attend Michigan State University

By Cary Shuman

Aidan Emmerich started playing golf at St. Mary's High School as a sixth grader. In the eighth grade, Aidan said he decided to "get serious" about golf. Four seasons later, Aidan Emmerich has established himcalf as and of the heat golfors in

self as one of the best golfers in Massachusetts, having followed the path of his older brothers, Max (Salem State) and Christian (Holy Cross) into Coach Jay Fiste's powerful golf program.

He will now be continuing the family's collegiate golf tradition. An All-Scholastic and Catholic Central League MVP, Aidan signed his National Letter of Intent to attend Michigan State University, a Division 1 school in the famous Big-10 Conference. He also considered Penn State and Illinois.

"I picked Michigan State because my father [David Emmerich] is from East Lansing and my uncle is ten minutes from the campus – it's been like my second home," said Emmerich. "And they have a good program. They have a new practice facility, and the team travels in the winter to Georgia, Hawaii, and the Dominican Republic."

David Emmerich, who is a member of the Kernwood Country Club and has a 19 handicap, said St. Mary's has provided an excellent environment for his



St. Mary's High School senior and golf star Aidan Emmerich signed his National Letter of Intent to attend Michigan State University during a ceremony at the school. Front row, Aidan Emmerich is pictured with his parents, David Emmerich and Kim Emmerich. Back row, from left, brother, Christian Emmerich, sister, Gretchen Emmerich, and brother, Max Emmerich.

sons. "It's a very family-oriented environment," said Emmerich. "The last couple of years have been challenging (due to COVID-19), but the school has done really, really well. We're thrilled. We couldn't be any happier. The St. Mary's culture and everything they've done for Aidan and all the kids (Gretchen Emmerich is a freshman at St. Mary's) is just overwhelmingly

positive."

Born in East Lansing, Michigan, Emmerich has been in the Spartans' corner for a long time, all the way back to the days of Earvin "Magic" Johnson and before.

"Our blood runs green in the Emmerich family in Michigan," said Emmerich. "My brother, Tom, is very active in the whole Michigan State community." Aidan's mother, Kim (Pennybaker) Emmerich grew up in Winthrop and was a cheerleader at Winthrop High School. The Pennybakers are a well-known and highly respected family in the town. Her parents, David and Joyce Pennybaker, still live in Winthrop. She has a sister, Lisa, and a brother, David Pennybaker Jr.

Kim said she's proud of her son Aidan's accomplishments. "We're very excited and very proud," said Kim. "He's worked really hard for this, so he deserved this. It's going to be great."

Inspired by his brothers

Individually, Aidan Emmerich, 17, earned his place among the school's all-time great athletes. Teamwise, Emmerich helped the Spartans win three state titles in 2017, 2018, and 2019.

He credited his older brothers for inspiring him to improve his golf game. "They've pushed me and motivated me," said Emmerich. "I hate losing to them, but it kind of fires me up. They've helped me a lot."

Emmerich, who is 5-feet, 8

inches tall, drives the ball 280 yards on average. "My chipping is probably the best part of the game," said Emmerich, who is a fan of PGA star Richie Fowler. **Coach Fiste**

guides the way

Jay Fiste has been Emmerich's coach for the past seven seasons.

"Back then in the sixth grade, Aidan hit the golf ball dead straight down the middle and he had a phenomenal short game," said Fiste.

The coach said he recognized Emmerich's long-range potential during that initial season.

"I knew he had talent. His brothers used to rave about his short game back when he was in the sixth-seventh grade. Now he has driving length and he's seasoned and has experience," said Fiste. "He's been around big-time golf. He's played in the state tournaments and the AJGA (American Junior Golf Association). He's just so talented."

Fiste said he enjoyed coaching the three Emmerich brothers. "I was just lucky to have the whole Emmerich family going through the program," said Fiste. "It was really good having those guys."

CSW / CONTINUED FROM PAGE 8

Celebrating Catholic Schools Week

Throughout Catholic Schools Week, schools, parishes, and dioceses schedule activities and events to provide opportunities for celebration and engagement with students and families related to the annual theme. Parishioners and community members are also often invited to participate in some events. Events invite participants to reflect on the value and importance that Catholic education to the school and community, the Church, and the world.

Many Catholic schools also host an open house to start or during Catholic Schools Week. An open house is an opportunity to celebrate the mission of the Catholic school, welcome visitors and newcomers, and perhaps showcase original student artwork inspired by the 2022 theme. Families, visitors, and special guests can see firsthand the benefits of students learning, playing, praying and living out their faith and school.

Each year, Catholic Schools Week has a theme. The theme for this year's Catholic Schools Week is Catholic Schools: Faith. Excellence. Service.

Each day of Catholic Schools Week focuses on a particular celebration. Within the overarching theme for the week are the following daily themes:

Sunday: Celebrating your parish

Monday: Celebrating your community

Tuesday: Celebrating your students

Wednesday: Celebrating the nation Thursday: Celebrating voca-

tions Friday: Celebrating faculty, staff, and volunteers Saturday: Celebrating families

Celebrating Your Parish on Sunday

On the opening day of Catholic Schools Week, many parishes devote a Mass to Catholic education. These celebrations show the connection between Catholic schools and parishes, on both a local and national level, and reflect the support and guidance parishes provide.

Families and catechists can prepare children and students for this Mass by reflecting with them on the support they witness through the assembly of school, Church and community. Students can be reminded that Catholic school students, families, and supporters are gatherings all over the country as they beginning Catholic Schools Week at Mass in their own parishes.



<u>LEGAL NOTICE</u>

NOTICE OF PROPOSAL APPLICATIONS PURSUANT TO THE HOUSING AND COMMUNITY DEVELOPMENT ACT OF 1992

and the NATIONAL AFFORDABLE HOUSING ACT OF 1990 The City of Lynn will hold a Public Hearing as part of the citizen's participation process under the above Acts and regulations hereunder; and the purpose of this Hearing is twofold: a) to provide an overview of entitlement grants activities undertaken during the past vear:

b) to allow public input with regard to the City's proposed Action Plan including the presentation of proposal applications and the solicitation of citizen comments on the development of community needs and funding activities. The Department of Housing and Urban Development's (HUD) Fiscal Year 2022 estimated entitlement grants appropriations are Community Development Block Grant (\$2,876,735) and Emergency Solutions Grant (\$211,174). These appropriations will be used to fund local housing and community development activities in the City's Fiscal Year 2023 and may include economic development activities, homeownership assistance, housing rehabilitation, public services, public facilities and improvements, acquisition, disposition, clearance and demolition, relocation, housing services, construction of housing, microenterprise assistance, technical assistance, rehabilitation and preservation, planning and management, design, etc. Proposal applications are now available to be completed online and emailed to our office. Applications can be found on our website www.cityoflynnoecd.net or can be emailed when a request is sent to aperry@lynnma.aoy.

All proposal applications and written comments must be received by the Office of Community Development on or before Friday, February 18, 2022 at 12:30 P.M. to allow time to organize and copy all such proposal applications and/or letters and make them available to the Citizens Advisory Board (CAB) prior to the Public Hearing. THE SCHEDULE FOR THE PUBLIC HEARING IS AS FOLLOWS: TUESDAY, MARCH 8, 2022 – 6:00 P.M.

LYNN HOUSING AUTHORITY – COM-Munity Room 10 Church Street, Lynn, Massa-

CHUSETTS

The Community Room at the Lynn Housing Authority is handicapped accessible and any individual needing a special accommodation for their handicapped condition must contact the Office of Community Development at (781) 581-6763 at least two weeks prior to the Public Hearing.

All residents of Lynn are invited to attend to provide comments on the needs of the City and offer funding recommendations. Individuals wishing to offer public comment must register with staff prior to the start of public hearing that evening. All speakers will be allowed a maximum of three minutes to make their comments.

Individuals submitting formal proposal applications are asked to address the Citizens Advisory Board (CAB) with a brief overview of their request. In order to allow sufficient time for the CAB to hear from all grant applicants, individual presentations will be limited to one person and may not exceed three minutes, followed by possible questions from the CAB. The hearing will be structured in two Sessions. Session One will consist of the individual grant presentations followed by Session Two allowing for general public comment. Again, all presentations in both sessions will be limited to a maximum of three minutes in order to provide sufficient time to hear all public comments. In the event a resident is unable to attend and comment, he or she is invited to submit written comments (in the form of proposal applications and/or letters) to the abovementioned address. Such written comments will be considered in the planning process and in the preparation of an application for Community Development Block Grant and Emergency Solutions Grant funds for Fiscal Year 2023. James M. Marsh

Community Development Charles J. Gaeta Executive Director Lynn Housing Authority & Neighborhood Development 1/27/22

Director

LEGAL NOTICE

AVISO DE SOLICITUDES DE PROPUESTAS DE CONFORMIDAD CON LA LEY DE VIVIENDA Y DESARROLLO COMUNITARIO DE 1992 Y LA ACTA

NACIONAL DE VIVIENDAS Competente del 1990

LEGAL NOTICE

La Ciudad de Lynn tendrá una Audiencia Pública como parte del proceso de participacion de los ciudadanos haio los Actas mencionadas y regulaciones a continuación; y el propósito de esta Audiencia es doble: a) proveer un resumen de las actividades de las becas que fueron aceptada durante el año pasado; b) permitir ideas del público con respecto al Plan de Acción propuesto por la Ciudad, incluyendo el propuesto de presentar las aplicaciones y la solicitación de los comentararios del ciudadano en respecto a las necesidades del desarollo de la comunidad y actividades financieras. Las asignaciones de subvenciones de derecho estimadas del Departamento de Vivienda y Desarrollo Urbano (HUD) para el año fiscal 2022 son la Subvención en Bloque

para el Desarrollo Comunitario (\$2,876,735) y la Subvención para Soluciones de Emergencia (\$211,174). Estas asignaciones se utilizarán para financiar actividades de desarrollo comunitario y de vivienda local en el año fiscal 2023 de la ciudad y pueden incluir actividades de desarrollo económico, asistencia para la propiedad de vivienda, rehabilitación de viviendas, servicios públicos, instalaciones públicas y mejoras, adquisición, disposición, limpieza y demolición, reubicación, servicios de vivienda, construcción de vivienda, asistencia a microempresas, asistencia técnica, rehabilitación y preservación, planificación y gestión, diseño, etc. Las solicitudes de propuestas ahora están disponibles para completarse en línea y enviarse por correo electrónico a nuestra oficina. Las solicitudes se pueden encontrar en nuestro sitio web www.cityoflynnoecd.net o se pueden enviar por correo electrónico cuando se envía una solicitud a aperry@lynnma.gov. La Oficina de Desarrollo Comunitario debe recibir todas las solicitudes de propuestas y comentarios por escrito antes del viernes 18 de febrero de 2022 a las 12:30 p. m. dar tiempo para organizar y copiar todas las solicitudes y/o cartas de propuestas y ponerlas a disposición de la Junta Asesora de Ciudadanos (CAB) antes de la Audiencia Pública. EL HORARIO PARA LA AUDIENCIA PÚBLICA ES EL SIGUIENTE: MARTES 8 DE MARZO DEL 2022 – 6:00P.M.

LYNN HOUSING AUTHORITY-COM-MUNITY ROOM

10 CHURCH STREET, LYNN, MASSA-Chusetts

El salón de la Comunidad en el Lynn Housing Authority tiene acceso para personas invalidas, si hay alguien necesita servicios especiales debe ponerse en contacto la Oficina del Desarrollo de la Comunidad (781-581-6763) por lo menos dos semanas antes de la Audiencia pública. Todos los residentes de la ciudad de Lynn son invitados a asistir y proveer comentarios acerca de las necesidades de la Ciudad y ofrecer recomendaciones sobre los fondos. Individuales que desean ofrecer comentario público tienen que registrarse con el encargado antes de empesar la audiencia esa noche. Aquellos residentes que desean hablar tendran un maximo de tres minutos para hacer sus comentarios.

Individuales que sometan apli caciones de propuesta formal tienen que dirigirse al (Comite de Acesoria de Ciudadanos) Citizens Advisory Board con un resumen de su peticion. Para poder permitir suficiente tiempo para que el Comite de Acesoria de Ciudadanos pueda oir a todos los aplicantes aceptados, presentaciones individuales seran limitada a una persona y no puede exceder tres minutos, seguida por preguntas posible del Comite de Acesoria de Ciudadanos. La audiencia será estructurada en dos secciones. Primera Seccion consiste de las presentaciones de becas individuales seguida por Sección Dos aceptando comentarios del público general. Otra vez, todas presentaciones en ambas secciones seran limitada a un maximo de tres minutos para poder proporcionar suficiente tiempo para oir a todos los comentarios del público. En caso que un residente no pueda asistir y comentar, el o ella es invitado a someter comentarios por escrito (en forma de aplicacion de propuesta y/o cartas) a la direccion mencionada arriba. Esos comentarios por escrito seran considerado en el proceso de planificación y en la presentacion de una aplicacion para Community Development Block Grant y becas de Solucion de Emergencia para el Año Fiscal 2023. James M. Marsh Director **Community Development**

Charles J Gaeta Executive Director Lynn Housing Authority & Neighborhood Development 1/27/22 Spanish-speaking students. Developed under Perkins grant-funding, the three inaugural courses (PSY102: Introduction to Psychology, SOC106: gual pro-Introduction to Sociology, and al for S

NSCC offering dual

North Shore Community Col-

lege (NSCC) is excited to launch

its first set of dual language-sup-

ported courses for the Spring

2022 semester. These courses

are designed specifically to en-

sure greater access and equity to

higher education for bilingual,

language-supported courses

tion to Psychology, SOC106: Introduction to Sociology, and ALH186: Medical Terminology) are designed specifically for students entering health career pathways but are open to all NSCC students.

Dual language-supported courses will be offered in two modalities:

Fully-bilingual Spanish courses: Instruction will be 50% in English and 50% in Spanish.

Tips to keep your pets safe this winter

With major winter storms hitting the East Coast and other parts of the US, it's important for everyone to take the necessary precautions to stay safe – including your pets.

Trupanion, a leader in medical insurance for cats and dogs, offers the following 5 tips to keep your furry friend warm and protected all winter long. Please let me know if you would like additional information or to speak with one of our staff veterinarians for further tips. Thank you.

1) Frigid Cold Temperatures

Many people may see their pet's fur coat and assume that it's perfect protection from the winter weather. But given the severe drop in temperature and windy conditions, your pet may be in danger of hypothermia if their body temperature falls below normal at this time. This drop in body temperature has the potential to lead to frostbite to your pet's ears, paws and tail. Consider a sweater for your pet, especially if they are small or have short hair.

2) Blizzard Conditions Your pet should not be left will be carried out primarily in Spanish and assessment activities will be available in both languages. Students will be able to select their preferred language to complete the course work. Spanish-supported courses:

Lectures and class discussions

The primary instructional modality for course delivery is English. However, assignments are scaffolded and supported by a bilingual professor. The course is ideal for Spanish-speaking students who do not feel confident taking a course fully in English and for Spanish-speaking students who have completed the ESL program but would like additional language support.

To register or for more information go to Centro Hub, NSCC's virtual campus, at www. northshore.edu/centro-hub.

outside alone if you your area is experiencing blizzard conditions. Blizzards can be scary and dangerous for pets as their senses can be overwhelmed – leading to disorientation. Make sure yourpet has proper ID (tags or microchip) in case they become lost.

3) Shelter

If possible, keep your pets indoors during extreme winter weather. If they are in an outside shelter, make sure that it is free of drafts. Also, keep the shelter well insulated with thick blankets and bedding for the comfort and safety of your pet.

4) Undernourishment/Dehydration

Colder weather means expending more energy to keep warm. Make sure to keep your pet on a balanced and healthy diet. Also provide plenty of water for proper hydration.

5) Antifreeze

A common chemical for our vehicles – antifreeze is toxic to your pet. Make sure to monitor your garage floors for any possible leaks that your pet might find tempting (antifreeze is sweet tasting to pets)

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11

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Catching up with some of LHAND 2021 scholarship recipients

The Lynn Housing Authority and Neighborhood Development (LHAND) Annual Scholarship Fund has given close to \$445,000 to high school seniors since the Scholarship Program first began in 1998. It started out small but now LHAND is able to give out over 30k each year to over 30 Lynn High School Seniors. LHAND has been committed to serving the needs of the community in different ways and this scholarship is just one of the many efforts to support our youth in the City of Lynn.

"We at LHAND are committed to serving the residents of this city", said Charles Gaeta, Executive Director of LHAND. "This year, we decided to follow up with some of our recipients to see how they have fared during their first semester and we are pleased to hear about their accomplishments."

Our scholarship program is our pride and joy. With the help of our generous donors, we are able to award scholarships to graduating high school seniors entering college.

"We are thankful for our generous supporters who continue to participate in our annual outings and assist in the effort to raise funds as well as the LHAND Staff that volunteer to run the tournament year after year," said Charles Gaeta.

Last spring, we awarded a total of \$36,000 to 30 graduating seniors. We were able to get in touch with some of our scholarship recipients and hear all about their exciting college escapades.

Ĝeneliz Herrera

En-New glander, Geneliz Herrera, voyaged down south to attend school at Xavi-

er University located in New Orleans, Louisiana. At Xavier University, Geneliz double majors in Political Science and Spanish. With her degree, her goal is to join the Peace Corps. Her mission is to assist with environmental concerns in South America. Specifically, she would like to help South American land owners better manage their land through the adaptation of sustainable agricultural practices that benefit both the environment and the economy.

This young leader is profoundly immersed in Xavier's campus life. In her first semester of school, Geneliz joined the environmental club and participated in Model Congress where she assumed the role of Speaker of the House.

During her first week of college, Geneliz admits that she was overwhelmed as she worried about making friends and the difficulty of her courses. Now however, she feels "more at peace and better equipped to excel this spring" due to the experience she gained in the fall.

On their first week, most college students are met with dreadful icebreakers and/or yawnful syllabi review. However, Hurricane Ida had other plans for Xavier University students, including Geneliz. In light of Hurricane Ida, Xavier sent her and the remainder of Xavier students to Texas to wait out the storm. It's safe to say, Geneliz will remember her very first week of college indefinitely.

When she's not hitting the books, Geneliz likes to watch old films namely Rom Coms and Classics. She also enjoys practicing her French, more impressively she has also began to practice German.

Zion Taylor



who received LHAND's 2021 Scholarship, goes to New England College in New

Zion Taylor,

Hampshire. This driven student is majoring in Business and is also contemplating minoring in Health Sciences this coming spring semester.

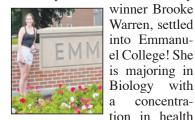
After college, Zion is interested in opening his own business. Zion shares that his first semester of college has shown him the importance of networking in discovering new educational and career opportunities.

Zion noted that at the inception of his semester he was "really nervous" because he "wasn't sure what to expect of college." It was also difficult for him to be away from his family. Now, Zion confirms he has found his way and is enjoying the independence

of being a college student.

Outside of class, Zion likes to shoot hoops and he also likes to dabble in making music. If he's not doing either of those things, he is most likely catching up with his favorite sport teams.

Brooke Warren This past fall, our scholarship



tion in health sciences. Upon completing her bachelor's degree, Brooke hopes to attend a Physical Assistant Program to become a PA. Her love for science, led her to join Emmanuel's College biology club.

concentra-

Brooke explained that attending in person classes her first college semester was an overwhelming transition after being accustomed to online classes for a year. However, Brooke confirms that she now has a solid schedule she follows and has gotten into the groove of being a college student

Brooke's favorite thing about going to Emmanuel College is that it's so close to Fenway. So close that when the Red Sox's have a home game, she can hear the load roars of the crowd from her dorm.

During her free time Brooke enjoys attending a good Red Sox's game at Fenway or strolling Boston with her friends.

Carlos Prudencio



Carlos Prudencio, one of our 2021 LHAND Scholarship Fund recipi ents, is make ing strides at American University in

Washington, D.C. Carlos is majoring in International Relations and hopes to one day work in the Human Rights branch of the United Nations.

Carlos admits that while he was excited to begin his first semester of college ever, he couldn't help but feel a little scared navigating his new environment. However, with a full semester now under his belt, Carlos feels prepared to tackle the next three and a half years at American University.

Our scholarship recipient is loving the city life, describing Washington D.C. as a "great and lively city" with plenty to do. Sometimes after class, Carlos will casually stroll to the library of Congress to study-how awesome is that?

When he's not in class you can catch Carlos hitting the mats practicing taekwondo. As a lover of this martial art, Carlos decided to join American University's taekwondo club.

Carlos is well known in the city of Lynn for his social justice efforts, Carlos affirms that American University is equipping him with the right tools to continue these social justice initiatives in Washington D.C.



