

THE LYNN JOURNAL

Thursday, October 13, 2022



LYNN CELEBRATES NATIONAL HISPANIC HERITAGE MONTH



Lynn celebrates Hispanic Heritage Month, which began in Los Angeles on September 15, 1968. An official Presidential Proclamation established this month long celebration recognizing Hispanic Americans for their community contributions. Pictured, Jean Fana distributes Hispanic Flags to Janelle Aceituno, NSLBS Executive Director Frances Martinez, and Casandra Fraguheon. See Pages 6 and 7 for more photos.

BC basketball star Marnelle Garraud transfers to Vanderbilt

By Cary Shuman

Marnelle Garraud, who began her basketball career at St. Mary's High School in Lynn where she was a Catholic Central League MVP in Jeff Newhall's powerful program, will be playing for the Vanderbilt University women's basketball team in the 2022-23 season as a graduate student. A 5-foot-7-inch point guard, Garraud played four seasons at Boston College where she led the Eagles to two 20-win seasons. Garraud will be a tremendous addition to the Vanderbilt program that is led by second-year head coach Shea Ralph, a former UConn basketball star and assistant coach on Geno Auriemma's staff.

During her career at BC, Garraud scored 944 career points and had 373 assists, 343 rebounds, and 202 steals. Garraud was selected to the ACC's All-Defensive Team. An elite academic institution located in Nashville, Tennessee, Vanderbilt plays in the highly competitive Southeastern Conference which boasts South Carolina, last season's Division 1 national champion. In November, Garraud and the Commodores will be playing North Carolina State and Northern Iowa in the Women's Cancun Challenge in Mexico. Garraud scored more than 1,000 points during her high school career at St. Mary's and

Please see GARRAUD Page 4

Lynn Boys and Girls Club will honor Lisa Nerich with its Hall of Fame Award

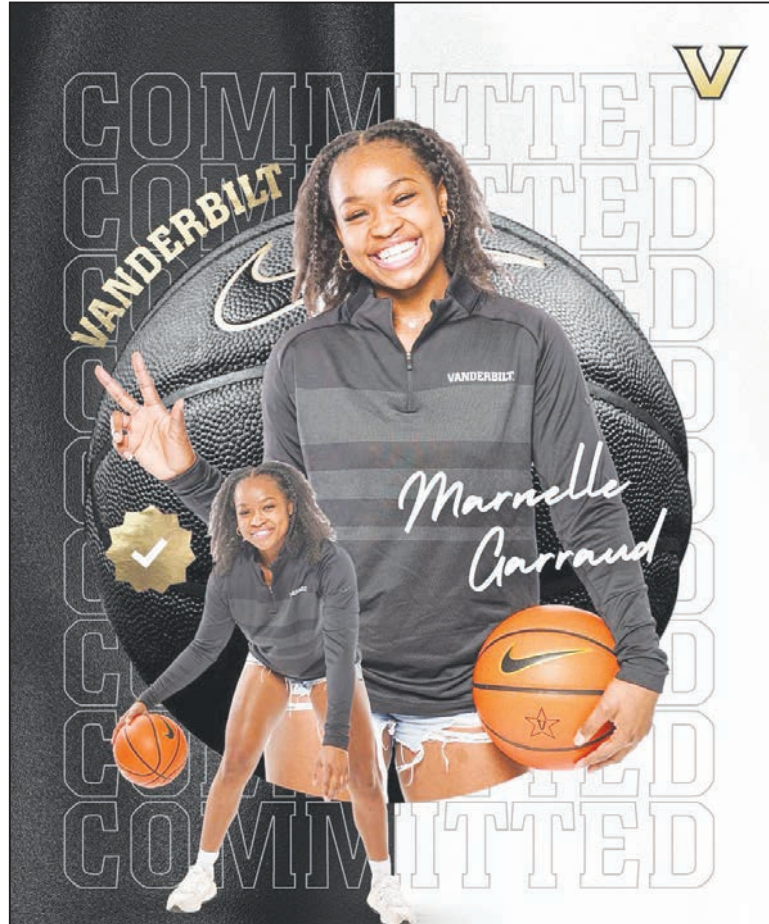
By Cary Shuman

The Lynn Boys and Girls Club will honor Lisa Nerich, Associate Commissioner of the Lynn Department of Public Works, with one of its prestigious Hall of Fame Awards at its Fifth Annual Celebration Oct. 19 at the Danversport Yacht Club. Brian Theirrien, executive director, said that Sarah Bates will

also be inducted into the Hall of Fame while Dr. Christine Colella will receive the Commitment to Youth Award. Cherry Tree Legal, PLLC, of Lynn, will receive the Helping Hands Business of the Year Award. State Rep. Dan Cahill, who has been a big hit as toastmaster at previous events, will return to that role at this year's dinner.

Former New England Patriots star defensive back Ty Law is the guest speaker. Nerich, who is from a well-known Lynn family, has been a popular leader in the community for several years, giving her support and dedicated efforts to many local organizations. "I'm honored to receive this prestigious award from the Boys and Girls Club," said Nerich. Nerich has worked for the City of Lynn for 35 years. She started her career as a summer parks and recreation counselor while she was a student at St. Mary's High School (Class of 1983). She is also the director of the Lynn Special Needs Camp. Lisa is the daughter of Jean Nerich and the late John J. Nerich Jr. She has four brothers,

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Marnelle Garraud of Lynn will be playing for the Vanderbilt University women's basketball team this season.

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EDITORIAL

VOTER REGISTRATION DEADLINE FOR THE STATE ELECTION IS OCTOBER 29

We wish to remind all of our readers that the deadline for registering to vote for the upcoming state election is October 29.

Citizens of Massachusetts have three ways to register to vote: on-line, by mail, or in-person at your local city or town clerk's office.

To register in Massachusetts you must:

- be a citizen of the United States
- be a resident of Massachusetts
- be at least 16 years old (must be 18 years old to vote on Election Day)
- not currently be incarcerated for a felony conviction

The web site for the Secretary of State's office has the necessary forms and instructions for those wishing to register to vote on-line or by mail.

The upcoming election on November 8 has the potential for far-reaching consequences for our state.

Never before in our history have the Democrat and Republican candidates for two major offices, Governor and Secretary of State, presented such divergent choices for voters.

We urge all residents to register to vote for this important election.

THE END OF AN ERA IN MASS. POLITICS IS AT HAND

The decision by Gov. Charlie Baker not to seek re-election effectively has brought to an end an era in Massachusetts politics.

Although Massachusetts voters typically have split our legislature and governorship between Democrats and Republicans for much of the past 80 years -- with Democrats controlling the legislature and Republicans the governorship -- the basic differences between the two parties were fairly minimal.

Republican governors typically were seen as fiscally more conservative than their Democratic counterparts, but there was general agreement between them on social and other issues.

Most importantly, Republican governors and Democratic legislators were able to work together to achieve far-reaching goals.

For example, it was Republican Gov. John Volpe who fought for a sales tax in the early 1960s in order to support city and town governments that were unable to meet the huge increases in the costs of local education because of the influx of students during the Baby Boom era.

Gov. Volpe previously had served as the State Commissioner of Public Works and oversaw the expansion of the state highway system during the 1950s that allowed our state to expand beyond Greater Boston, most notably the Route 128 Belt that became known as America's technology highway in that era and that fueled Massachusetts' growth into the last half of the 20th century.

Forty years later, Republican Gov. Mitt Romney joined with the Democratic legislature to craft the Mass. health insurance law that became the model for Obamacare, making health insurance affordable for all residents.

In the 1990s, the weekly breakfast meetings between Republican Governors Bill Weld and Paul Cellucci with the Democratic leaders of the House and Senate were instrumental in creating an atmosphere of collegiality on Beacon Hill.

These Republican governors understood the essential role that government must play in order to move our society forward.

By no means did they agree on everything with their Democratic counterparts, but they were able to disagree without being disagreeable. Moreover, Democratic and Republican leaders shared a common vision for our state. We realize that everyone loves to complain and gripe about everything, but the bottom line is that Massachusetts ranks among the best in the nation in just about every meaningful category, from education to health care.

However, that era is over. Those who lead the Republican party today have views that are far beyond the mainstream of our state's residents, whether on social issues such as a woman's right to choose or political matters -- the GOP's candidates for Governor and Secretary of State openly have voiced their support for the idea that the outcome of the 2020 presidential election was not legitimate and are avid supporters of Donald Trump.

The virus that has infected the politics of the rest of the country has made its way here. It would be nice to think that this change in the political climate in Massachusetts is temporary. But unlike the COVID-19 pandemic, there is no vaccine on the horizon.

GUEST OP-ED

Rising prices – one thing you can do

By Glenn Mollette

Reports are pointing to an 8.9% raise for Social Security recipients. While it won't feel like enough, it may buy you a sack of groceries or a tank of gasoline. This is a big maybe on the gasoline as California reports prices of over \$8 per gallon.

Some of our government leadership is crying because Saudi Arabia is cutting their oil production by 2 million barrels a day. This means less oil for everyone in the grand oil supply pool. I don't understand why anyone in our government would want to do business with the Saudis.

Buying oil from Saudi Arabia, Venezuela or any foreign entity is crazy. Why don't we use our own oil? I'm all for green energy but we aren't quite there yet. Make electric cars and drive them. Utilize solar energy and else anything that we can to help preserve this planet and its resources. Regardless, our country still needs oil. As long as we need oil, it would be wiser and much more cost effective to use our own oil. Put Americans back to work drilling our oil and selling it to foreign countries.

Our government has been draining our own oil reserve to try to keep the price of gasoline down. This doesn't seem to be working very well. Plus, it puts our country at risk. When China and Russia decide to attack us, we need to be able to put fuel in our jets and ships. That would not be a good time to have to go back to Saudi Arabia and beg for oil.

We should utilize a full arsenal of energy from electric cars and a grid to supply the power. Utilize our oil, wind, natural gas and coal. Once our country can do everything without oil or coal, then we can move on from those resources. Being dependent on getting them from foreign nations doesn't make sense, especially when we have the resources.

A loaf of bread will eventually cost Americans their 8.9% Social Security increase. Ukraine has been one of the world's leading providers of wheat. Having Russia in control of Ukraine, a major source of the bread supply, along with their major supply of natural gas is bad news for the world.

The Crimea bridge that was recently bombed between

Russia and Ukraine should have been bombed on day one by Ukrainians. Ukraine must do whatever it takes to thwart Russia's ongoing destruction of their country. The news has been filled with fear that Russia will go nuclear in their efforts. When the nations start hurling nuclear bombs you won't need to worry about gas, groceries and cost of living adjustments because this planet can only take so much.

Keep in mind there is still something you can do to make a difference – vote. Clear your calendar for voting. If you don't vote then don't complain about our government, inflation, rising interest rates, gasoline prices and more. I know it doesn't feel like your one vote matters, but it truly counts. The only way you can bring about change is to clear your schedule, take the time, and vote.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

SEND US YOUR NEWS

The Lynn Journal encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to Cary@lynnjournal.com

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Lynn man pleads guilty to firearm and drug charges

A Lynn man pleaded guilty on Sept. 28 in federal court in Boston to firearm and narcotics charges arising from a traffic stop in Dorchester.

Rahiym Mervin, 29, pleaded guilty to one count of being a felon in possession of a firearm, and one count of possession with intent to distribute fentanyl and cocaine. U.S. District Court Judge Richard G. Stearns scheduled sentencing for Feb. 8, 2023. Mervin was indicted by a federal grand jury on March 30, 2022.

“Despite his multiple past encounters with the criminal legal system and being out on bail for a separate state gun and drug case, Mr. Mervin continued engaging in illegal activity involving narcotics and firearms,” said United States Attorney Rachael S. Rollins. “Now he is in the federal system. We will continue to work with our local law

enforcement partners to assist in removing dangerous, violent individuals from our communities. The hard-working people in these communities deserve to feel safe.”

“Residents in Boston suffering from substance use disorder are often the most vulnerable to violent crime in the neighborhoods of Boston,” said Boston Police Commissioner Michael A. Cox. “The Boston Police Department, with our law enforcement partners, are committed to saving lives by stopping the flow of narcotics and illegal firearms into our neighborhoods, and I commend these efforts to hold offenders accountable for preying on our most vulnerable. I look forward to continued collaboration to target those individuals causing this harm”.

On the evening of Dec. 15, 2021, Mervin was observed

speeding on Blue Hill Avenue in Dorchester and was subsequently pulled over by local police. A search of Mervin’s rented vehicle resulted in the recovery of two high-capacity firearm magazines, 380 grams of cocaine, 135 grams of a mixture of methamphetamine, cocaine and caffeine and 96 grams of a fentanyl analog – an extremely potent opioid, substantially more powerful than heroin. A loaded 9mm handgun and a portion of the narcotics were also discovered inside a “hide” behind the climate control panel in the dashboard. Mervin was arrested on scene and has been in custody since.

At the time of his arrest, Mervin was on bail on similar gun and narcotics charges pending in Norfolk County arising from an incident in Quincy in May 2019. In addition, Mervin was previously convicted in

June 2016 in Plymouth County of possessing a firearm without a license, for which he was sentenced to three years in prison.

The charge of being a felon in possession of a firearm provides for a sentence of up to 10 years in prison, three years of supervised release and a fine of \$250,000. The charge of possession with intent to distribute fentanyl and cocaine provides for a sentence of up to 20 years in prison, six years of supervised release and a fine of \$1 million. Sentences are imposed by a federal district court judge based upon the U.S. Sentencing Guidelines and statutes which govern the determination of a sentence in a criminal case.

U.S. Attorney Rollins, Commissioner Cox and James M. Ferguson, Special Agent in Charge of the Bureau of Alcohol, Tobacco, Firearms & Explosives,

Boston Field Division made the announcement. Assistant U.S. Attorney John T. McNeil of Rollins’ Criminal Division is prosecuting the case.

This case is part of Project Safe Neighborhoods (PSN), a program bringing together all levels of law enforcement and the communities they serve to reduce violent crime and gun violence, and to make our neighborhoods safer for everyone. On May 26, 2021, the Department launched a violent crime reduction strategy strengthening PSN based on these core principles: fostering trust and legitimacy in our communities, supporting community-based organizations that help prevent violence from occurring in the first place, setting focused and strategic enforcement priorities, and measuring the results.

EEA announces drought conditions have improved around the state

With several recent precipitation events in September that directly benefited Massachusetts’ hydrological systems, Energy and Environmental Affairs (EEA) Secretary Beth Card announced that drought conditions have improved in all regions of the state, and made the following drought declarations: the Western Region has been upgraded to Level 0-Normal Conditions; the Connecticut River Valley, Central Region, and Southeast Regions have been upgraded to Level 1-Mild Drought; and, the Northeast and Cape Cod Regions have been upgraded and will join the Islands Region as a Level 2-Significant Drought. As outlined in the Massachusetts Drought Management Plan, a Level 1-Mild Drought warrants detailed monitoring of drought conditions, close coordination among state and federal agencies, and technical outreach and assistance to the affected municipalities. Additionally, a Level 2-Significant Drought calls for the convening of an interagency mission group, which is already coordinating on drought assessments, impacts, and responses within state government.

“Even though recent rainfall over the past month has been extremely beneficial to the Commonwealth’s water systems, it is important to remember that the majority of the state has had an insufficient amount of precipitation this year,” said Energy and Environmental Affairs Beth Card. “State agencies will contin-

ue to closely monitor conditions, especially in locations that didn’t receive as much rain, such as the coastal part of the Northeast, the elbow area on Cape Cod, and Islands Regions, and we ask that everyone continues practicing water conservation in an effort to further assist the rebounding of local water systems.”

Today’s declarations are the result of recommendations made by the state’s Drought Management Task Force, which is composed of state and federal officials, and other entities. The taskforce will continue to meet until water levels return to normal in the affected regions. The task force noted that September rains have resulted in some recovery for both streamflow and groundwater; however, drought impacts continue to be seen, including some remaining dry streams and numerous slow-recharging or deeper wells across the state. Due to remaining low groundwater and less rain since the end of September and start of October, streamflow in some areas are beginning to decline again. Therefore, additional precipitation is needed to continue recovering from the drought and fully recharge the ecosystem. Additionally, coastal regions northeast of Boston, as well as the elbow of Cape Cod from Hyannis to Wellfleet are still exceptionally dry.

Below are recommendations for communities and individuals living and working within a Level 2 – Significant Drought region and a Level 1 – Mild Drought region,

including those utilizing a private well. Residents and businesses are also asked to check with their local water system in case more stringent watering restrictions are in place.

For Regions in Level 2 – Significant Drought

Residents and Businesses:

- 1 Minimize overall water use.
- 2 Limit outdoor watering to hand-held hoses or watering cans, to be used only after 5 p.m. or before 9 a.m.
- 3 Follow local water use restrictions, if more stringent.

Immediate Steps for Communities:

- 1 Adopt and implement the state’s nonessential outdoor water use restrictions for drought; Level 2 restriction calls for limiting outdoor watering to hand-held hoses or watering cans, to be used only after 5 p.m. or before 9 a.m. If local restrictions are more stringent, continue to keep them in place during the course of the drought.
- 2 Limit or prohibit installation of new sod, seeding, and/or landscaping; watering during or within 48 hours after measurable rainfall; washing of hard surfaces (sidewalks, patios, driveways, siding); personal vehicle or boat washing; filling of swimming pools.
- 3 Establish water-use reduction targets for all water users and identify top water users and conduct targeted outreach to help curb their use.

Short- and Medium-Term Steps for Communities:

- 1 Establish a year-round

water conservation program that includes public education and communication.

2 Provide timely information to local residents and businesses.

3 Implement or establish drought surcharge or seasonal water rates.

4 Check emergency inter-connections for water supply.

5 Develop or refine your local drought management plan using guidance outlined in the state Drought Management Plan.

For Region in Level 1 – Mild Drought

Residents and Businesses:

- 1 Toilets, faucets and showers are more than 60% of indoor use. Make sure yours are WaterSense efficient;
- 2 Limit outdoor watering to 1 day a week (only from 5:00PM – 9:00AM), or less frequently if required by your water supplier;
- 3 Switch to more drought-tolerant plants.

Short- and Medium-Term Steps for Communities:

1 Establish a year-round water conservation program that includes public education and communication;

2 Provide timely information to local residents and businesses;

3 Check emergency inter-connections for water supply;

4 Develop a local drought management plan.

Additionally, the Massachusetts Department of Environmental Protection (MassDEP) will continue to provide technical assistance to communities on managing sys-

tems, including assistance on use of emergency connections and water supplies.

“Drought conditions are improving in many areas of the Commonwealth, but the effort to conserve water remains as important today as it did earlier in the summer,” said MassDEP Commissioner Martin Suuberg. “Please continue to follow the instructions of your local water supplier to help conserve this precious resource.”

It is important to note that the Massachusetts Water Resources Authority (MWRA) water supply system is not experiencing drought conditions, as defined within its individual plan. Private wells, local streams, wetlands, vernal pools, and other water-dependent habitats located within MWRA-served areas are being impacted by drought conditions while water quality in ponds can deteriorate due to lowering of levels and stagnation.

The Drought Management Task Force will meet again on Wednesday, November 9, 2022, at 10:00AM. For further information on water conservation and what residents can do, please visit EEA’s drought page and water conservation page. To get the most up-to-date information on the drought indices, go to the state’s drought dashboard page. Additionally, the Commonwealth is surveying the public for any drought impacts that are currently being experienced. To participate, please visit the Massachusetts Water Impact Reporter webpage.

State health officials announce sixth human case of West Nile Virus in Massachusetts

The Massachusetts Department of Public Health (DPH) last week announced the sixth human case of West Nile virus (WNV) in the state this year. The individual is a male in his 60s who was likely exposed to the virus in Middlesex County in an area already known to be at increased risk. The risk of human infection with WNV is moderate to high in the Greater Boston area. Risk from mosquito-borne disease will continue until the first hard frost.

In 2021, there were 11 human cases of WNV infection identified in Massachusetts. WNV is usually transmitted to humans through the bite of an infected mosquito. While WNV can infect people of all ages, people over the age of 50 are at higher

risk for severe disease. Most people infected with WNV will have no symptoms. When present, WNV symptoms tend to include fever and flu-like illness. In rare cases, more severe illness can occur. No human or animal cases of Eastern equine encephalitis (EEE) have been detected so far this year in Massachusetts.

People have an important role to play in protecting themselves and their loved ones from illnesses caused by mosquitoes.

Avoid Mosquito Bites

Apply Insect Repellent when Outdoors. Use a repellent with DEET (N, N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), oil of lemon eucalyptus [p-menthane 3, 8-diol (PMD)], or IR3535 according to the instructions on the prod-

uct label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under 3 years of age.

Be Aware of Peak Mosquito Hours. The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning.

Clothing Can Help Reduce Mosquito Bites. Wear long sleeves, long pants, and socks when outdoors to help keep mosquitoes away from your skin.

Mosquito-Proof Your Home

Drain Standing Water. Mosquitoes lay their eggs in standing water. Limit the number of plac-

es around your home for mosquitoes to breed by either draining or discarding items that hold water. Check rain gutters and drains. Empty unused flowerpots and wading pools and change the water in birdbaths frequently.

Install or Repair Screens. Keep mosquitoes outside by having tightly fitting screens on all your windows and doors.

Protect Your Animals

Animal owners should reduce potential mosquito breeding sites on their property by eliminating standing water from containers such as buckets, tires, and wading pools – especially after heavy rains. Horse owners should keep horses in indoor stalls at night to reduce their risk of exposure to mosquitoes. Owners should also speak with their

veterinarian about mosquito repellents approved for use in animals and vaccinations to prevent WNV and EEE. If an animal is diagnosed with WNV or EEE, owners are required to report to the Massachusetts Department of Agricultural Resources (MDAR), Division of Animal Health by calling 617-626-1795 and to DPH by calling 617-983-6800.

More information, including all WNV and EEE positive results, can be found on the Arbovirus Surveillance Information web page at www.mass.gov/mosquito-borne-diseases or by calling the DPH Epidemiology Program at 617-983-6800.

Nerich CONTINUED FROM PAGE 1

John, James, Tim, and Mark, and one sister, Christine. Tim is a sergeant in the Lynn Police Department. Mark is a Lynn patrol officer. The Nerich family and its close friends, the Solimine family, will be attendance as Lisa accepts her much-deserved award.

Theirrien praised Nerich for her outstanding contributions to the city and her support of the Lynn Boys and Girls Club.

“Lisa has been working with mayors and other city officials to help our youth for many years, getting playgrounds completed and excelling in her role as a camp director,” said Theirrien. “She has been instrumental in the progress of Lynn, and we want to honor her for that, and all the support she has given to the Boys and Girls Club.”

Theirrien has presided over the continuing success of the Lynn Boys and Girls Club. Following



Lisa Nerich .

some challenging times caused by the pandemic, the Club has returned to full-scale operations at its new facilities, providing outstanding after-school programs for hundreds of members.

October 9-15 is Fire Prevention Week

Fire Prevention Week will mark its 100th anniversary that will run through October 15 with a theme that reflects a major challenge in modern fire safety: “Fire won’t wait. Plan your escape.”

“Modern residential fires burn much faster than they did in past decades,” said State Fire Marshal Peter J. Ostroskey. “Changes in building construction, manufacturing, and furnishing mean you could have less than three minutes to escape a fire at home today, compared to 15 minutes or more in the 1970s. That’s why it’s so important to have working smoke alarms and a practiced escape plan that includes two ways out.”

Smoke Alarms

“Over 60% of Massachusetts fire deaths last year took place in the overnight hours,” said State Fire Marshal Ostroskey. “Smoke alarms are your first line of defense, so be sure they’re on every level of your home and working properly. When you hear that alarm, everyone at home should

know it’s time to get out, stay out, and call 9-1-1.”

Smoke alarms should have a manufacturing date printed on the back. Alarms older than 10 years old should be replaced with new alarms that have a sealed, long-life battery. When choosing an alarm, select one from a well-known national brand that’s listed by an independent lab such as UL or Intertek/ETL. Test alarms monthly to be sure they’re working properly.

Home Escape Planning

“No matter how big or small your household is, every home needs an escape plan,” State Fire Marshal Ostroskey said. “Consider any special needs you or your loved ones might have, including young children, older adults, and people with disabilities.”

When creating your escape plan, look for two ways out of every room – and remember that one of them may be a window. Keep those escape routes clear of furniture, clutter, and other obstructions. If you have securi-

ty fittings on doors or windows, be sure they can be removed or disengaged quickly from inside.

Pick a family meeting place out front a safe distance away from the house. The meeting place should be permanent, like a tree, mailbox, or light pole, and located where firefighters can easily find you.

Once you’ve planned your escape route, practice it at least twice a year. Try it during the day and at night so everyone is familiar with it – even if they’re tired or groggy. Remember that you may have to “get low and go” in the event of smoke.

100 Years of Fire Prevention Week

Fire Prevention Week is observed annually in the week that contains Oct. 9 – the date on which Great Chicago Fire of 1871 caused most devastation. The National Fire Protection Association has sponsored and promoted Fire Prevention Week annually since 1922, making it the longest-running public health observance on record.

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Garraud/ CONTINUED FROM PAGE 1

Noble Greenough. Jeff Newhall, whose St. Mary's team is the defending Division 3 state champion and a favorite to repeat, former standout player, congratulated Garraud and wished her well in the next chapter of her

career.

“I congratulate Marnelle for her achievements at BC and wish her the very best at Vanderbilt,” said Newhall. “Marnelle will be a major contributor to their team this season.”

VISIT US AT WWW.LYNNJOURNAL.COM

ITALIAN FLAG RAISED AT LYNN CITY HALL

The traditional Columbus Day flag raising ceremony is a commitment from the Lynn Italian community. Italian Heritage Month recognizes the contributions made to society, such as education, religion, science along with its arts and cultural developments.

Committee Chairman Richard Vitale expressed a deep gratitude to Mayor Nicholson for continuing this tradition. He continued to say, "This year our mayor worked with the Lodge of the Sons of Italy and the Italian American Citizens Club to recognize outstanding Italian lead-

ers in the Lynn community. I want to recognize Jim Lamanna for his efforts helping to organize this flag raising ceremony, to everyone showing up for this event, and for the continuous support for Italian Heritage."

Mayor Jared Nicholson stated, "The world recognizes the tremendous Italian contributions, and today in Lynn, we recognize contributions from our Italian community to our wonderful city. It is a particular honor to recognize some of the Italian people from this community for their dedicated commitments. In the beauty of this event, we

can all celebrate Italian Heritage and Culture during this month. Thank you to all the Italians who gathered here to have this great moment and to share your heritage with us."

Seven Italian community members were recognized for "outstanding and far-reaching dedication, commitment, service, and positive impact in the Italian community". They are – Anthony Centola, David Solimine Sr, Salvy Tavernese, Sostene Procopio, Patti Capano, Donna Coppola, and Rocco Capano.



Italian Heritage Month & Columbus Day Flag Raising Committee – Piero Procopio, Antonella Raffaele, Atty. Richard Vitale, State Rep. Peter Capano, and Gerry Raffaele.



Supporters of the Italian community proudly display the Italian Flag.



Ceremonial Flag Raising from Sostene Procopio, Rocco Capano, and David Solimine Sr.



North End Romo Band of Boston founded in 1919 played traditional Italian songs at the Italian Flag Raising Ceremony.



Receiving City and State Citations for dedicated service to the Italian community – Congratulations from Mayor Jared Nicholson and Atty. Richard Vitale to Anthony Centola, David Solimine Sr, Salvy Tavernese, Sostene Procopio, Donna Coppola, Mario Capano accepting for Patti Capano, and Rocco Capano.

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LYNN CELEBRATES NATIONAL HISPANIC HERITAGE MONTH

Hispanic Heritage Month began in Los Angeles on September 15, 1968. An official Presidential Proclamation established this month long celebration recognizing Hispanic Americans for their community contributions.

The Lynn Hispanic community recognized five influential leaders at City Hall with City and State Citations. Organizing this festivity was Faustina Cuevas of the Mayor's Office as she said, "I welcome everyone to enjoy and to celebrate our Hispanic Heritage Month and to honor five leaders for their community contributions helping Hispanics. They are: Quendia Martinez, Pasto Eduardo Caceres, Jason Cruz, Rosario Fresco, and Gary Torres."

Please see HISPANIC Page 7



Executive Director Charles Gaeta and the Lynn Housing Authority staff congratulate Rosario Fresco for Community Latino Leadership Award.



City of Lynn salutes National Hispanic Heritage Month.

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Hispanic/

CONTINUED FROM PAGE 6

Mayor Jared Nicholson expressed the significance of celebrating Hispanic Heritage Months as he said, "These five nominees played important roles and made contributions in the city. They are our unsung heroes working all year around." The mayor continued to say, "Over 30 nominations were received from the community; this showed how the Latino population has done amazing work in the country and particularly in Lynn. This is a great opportunity to recognize the outstanding contributions by the Latino community."



Proudly holding Happy National Hispanic Heritage Month Flag – School Committee Lenny Pena, Mayor’s Office Faustina Cuevas, NSLBA Director Frances Martinez, Pastor Eduardo Caceres, and Heidi Ramirez.

October is Long-Term Planning Month

October is Long-Term Care Planning Month. Questions around how to afford the rising cost of assisted living and other levels of senior living come into special focus. As Americans grapple with inflation and increased costs, Assisted Living Locators Boston, a local senior placement and referral service, is giving tips on how to pay less for assisted living.

Assisted Living Locators offers these tips to choose the right community and stretch your dollar.

1 Get The Right Amount Of Space. Assisted living communities offer residents a choice of room size. Remember your senior will be socializing in common areas and eating in large dining rooms. Reduce costs by opting for the smallest, most livable space for their personal room.

2 Consider A Roommate. In many senior living communities, a shared space is more cost-effective than a single room or apartment. Sharing a room can be safer and prevent loneliness, a common problem among the elderly.

3 Go Small On Community Size. Smaller assisted living residences tend to be less expensive than the larger communities and offer the same quality of care.

4 Look Nearby. Sometimes the cost of assisted living communities is driven by the cost of real estate. Look in neighborhoods where the cost of living is less expensive. Traveling an extra 30 minutes to a rural or suburban area can result in a meaningful reduction in rent and care costs.

5 Time Your Move-In. Assisted living communities, especially larger ones, have financial pressures the same as other businesses. They are often willing to give price breaks at the end of month or their financial quarter.

6 Get Only What You Need. Many assisted living communities will offer an all-inclusive services package. Instead, review the a la cart offerings and only select those services your senior really needs.

7 Have More Than One Option. Potential residents should always have more than one option for assisted living to increase bargaining power and likelihood of getting incentives, as well as minimizing items such as community fee. It also provides a client with a Plan B should the assessment of the senior not go well.



Lynn and State officials support Hispanic Heritage Month – Donna Coppola, Lenny Pena, Coco Alinsug, State Rep. Jenny Armini, Mayor Jared Nicholson, Brian Field, State Rep. Daniel Cahill, Fred Hogan, and Brian Castellanos.



Congratulations to 2022 National Hispanic Heritage Month Community Leaders – Garry Torres, Quendia Martinez, Pastor Eduardo Caceres, Rosario Fresco, and Jason Cruz.

Women construction workers make 'herstory' at first-ever Women Build Boston conference

Special to the Times-Free Press

Women in the building trades came together for the first-ever Women Build Boston conference on Saturday, October 8, highlighting Boston's leadership in making the construction industry more inclusive and diverse. The conference, dedicated to celebrating and uplifting women's role in building trades unions, convened over 700 women across the trades. The event was attended by women of all skill levels who work in the building trades across New England, as well as allies.

"This is the labor movement at its best and what happens when a group of determined workers fights for their rights," said U.S. Secretary of Labor Martin J. Walsh. "[The women of Women Build Boston] have grown into a powerful force in this industry. You are united and ready to smash down the doors for the next generation of women. And I'm here to tell you—the Biden-Harris administration has your back because you're leading the way."

The conference, organized by the Greater Boston Building Trades Unions, took place at Encore Boston Harbor — a landmark site for the advancement of women in the building trades. Under a project labor agreement, the greatest tool for promoting equity in the construction industry, nearly 500 tradeswomen were part of Encore's construction crew, the largest number of women workers on any construction project in U.S. history.

"As the proud daughter of a union school nurse — a single mom who raised all five of us on her own — I am forever in awe of the strength and resilience of women in labor," said Maura Healey, Attorney General of Massachusetts and the Democratic nominee for Governor of Massachusetts. "We've worked closely together to diversify the trades and bring more women into these high-paying, rewarding, and in-demand fields. As Governor, I want to build on this



Nancy Luc of Building Pathways and Desalia Gomes from the International Union of Elevator Constructors emcee the Women Build Boston Conference.

work to create and expand career paths for women in the trades and meet the urgent infrastructure needs of our state."

"Today, we came together to build up our labor movement," said Jenaya Nelson, a 25-year member of Laborers Local 223. "What started as a small group of us has grown into a sisterhood of solidarity for thousands of Boston tradeswomen. It's time to double down on our progress and bring thousands more women into our ranks."

"Whenever I look at construction sites, I see women stepping up and paving the way for Boston's future. I'm honored to be part of the surge in women's participation and leadership in building trades unions," said Renee Dozier, Business Agent of IBEW Local 103. "We're creating not just a better Boston, but a better future for women workers."

The day kicked off with a tribute to four Massachusetts women trailblazers in the building trades: Susan Eisenberg of IBEW Local 103, Deb Gilcoine of Painters and Allied Tradesmen District Council 35, Maura Russell of Plumbers and Gasfitters Local 12, and Gayann Wilkinson of Iron Workers Local 7. Attendees also participated in breakout sessions that helped them build financial literacy, develop their leadership skills, know their worker rights, and protect their mental health.



US Secretary of Labor Marty Walsh with the large assemblage at the Women Build Boston Conference at Encore Boston Harbor.



Shamaiah Turner of Sheet Metal Workers Local 17.



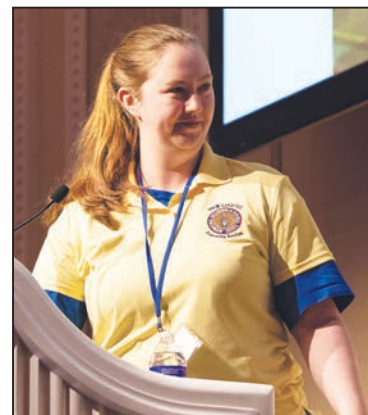
Chanté Carney and Ayesca Machado.



Attorney General Maura Healey.



Darlene Lambos of the Greater Boston Labor Council.



Chrissy Lynch, Massachusetts AFL-CIO.



Susan Moir of the Labor Resource Center at Umass.



Mariama White-Hammond provides the invocation at the Women Build Boston Conference.



US Secretary of Labor Marty Walsh.



Peter Campot and Jacqui Krum speak at the Women Build Boston Conference.

EMERGENCY ALL BLOOD TYPES NEEDED.
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NEWS FROM AROUND THE REGION

AVELLANEDA TO LEAVE CITY COUNCIL

CHELSEA - Nearing the end of last week's City Council president, during the time allotted for announcements, Council President Roy Avellaneda dropped a bombshell.

"This is my last City Council meeting, and I appreciate that my family was here tonight, and that my brother received an award and recognition, but it is something that I knew was coming," said Avellaneda.

Earlier in the evening, firefighters Christian Avellaneda, Stephen Waxman, and fire Captain Michael Gerska were presented department commendations for their roles in helping rescue a resident during a recent fire on Cottage Street.

Avellaneda noted that even some of his family members were likely taken by surprise by his announcement.

"Quite frankly, I have just been overwhelmed with the number of responsibilities that I have been taking on, both as a business owner and taking care of the presidency," said Avellaneda, who was first elected to the council about 25 years ago.

With the responsibilities he faces, Avellaneda said he saw the council position as the only part of his life that he could cut out for now.

"But I am happy with the decision, and I think we did a lot of work," said Avellaneda. "I say we, and I know I proposed a lot of stuff, I am happy with the history here of 25 years: the CPA, increasing the residential tax exemption, plenty of zoning changes, wage theft, the nip ban, keeping the 5th Street on-ramp open, having the senior bus program."

With his resignation, Avellaneda said District 8 Councilor and Vice President Calvin Brown will now assume the council presidency. He said it will also be up to the council to decide if it wants to fill his at-large seat for the remainder of his term, which runs through 2023.

"To the public, I imagine the council would start tak-

ing applications for this position to fill it, because it is a decent amount of time, too long I think, but again, I will leave it up to my colleagues," said Avellaneda. "It is now your court to decide whether or not to fill the position for the unfulfilled year, nearly 14 months."

Avellaneda thanked his family members for their support over the years, and also noted that he recorded a separate video aimed at thanking the residents and his supporters in Chelsea.

He also had some parting words for long-time clerk to the council Paul Casino, who is retiring at the end of the calendar year.

"I want to say I beat you Paul, I got out of here before you did," said Avellaneda. "This man has been incredible, he truly has, just to know your way up here and to get things done. He is a straight shooter with no biases, and that is really hard to do with so many characters and personalities up here."

Several of the councilors praised Avellaneda for his leadership at the helm of the council and expressed surprise that he was stepping down.

"I have served here since I was 23 years old, and you were the only president who gave me an opportunity to lead in some of the most important positions in this body and this government," said District 5 Councilor Judith Garcia.

Garcia said it's important to recognize leaders who paved the way for others.

District 2 Councilor Melinda Vega Maldonado also praised Avellaneda for helping her to establish her place in politics.

"It has been an honor and a pleasure to work side by side with you, and you have been a tremendous mentor and coach," Maldonado said.

Brown remembered when he and Avellaneda ran against each other for the same seat and butted heads in their early days on the council.

"But throughout the years, not only have I grown to

RHS & ICHS CLASS OF 1960 HOLDS 80TH BIRTHDAY BASH



Shown above, the organizers of the Class of 1960 RHS and ICHS reunion, Rich Santeusanio, Charles Zaccaria, Louie Caputo and Jim Pearl holding a class picture. Shown left, Nancy Eydenberg, Sandy DeMattia, and Myrna Spigelman pictured during the reunion at the Marina at the Wharf.

have a great respect for your integrity, your workmanship, your willingness and dedication to serve and give, it's been an honor working with and beside you," said Brown. "Throughout the last few years, we've worked tirelessly together and worked tirelessly in support of bringing this city together."

Councilor-At-Large Leo Robinson, the longest serving member of the council, said he was a little shocked that Avellaneda was stepping down, but understood his priorities.

"You have been a good leader for the city, and you have stepped up and introduced a lot of legislation that has benefitted the city," Robinson said

SIGNIFICANT INTEREST IN REVERE FOR GENERAL ELECTION

REVERE - Revere Election Commissioner Paul Fahey said there has been "an increased level of interest" among Revere voters for the Nov. 8 general election.

"A lot of people signed up for vote-by-mail ballots for both (primary and general) elections, but we've been getting many applications from people who want to vote in the general election."

Attorney General Maura Healey and Salem Mayor Kim Driscoll are competing for the governor and lieutenant governor's positions respectively against Geoff Diehl and Leah Allen, who have both previously served in the Mass. House of Representatives. Elections for the other state constitutional officers are also on the ballot. Congresswoman Katherine Clark, who is the assistant speaker of the U.S. House of Representative, is being challenged by Caroline Colarusso in the Fifth Congressional District that includes Revere and Winthrop.

State Reps. Jessica Giannino and Jeff Turco and State Sen. Lydia Edwards are unopposed in their bids for re-election.

RHS students are signing up to vote

Supt. of Schools Dr. Dianne Kelly can be proud that many civic-minded Revere High School students registered to

vote in the 2022 election.

"We had a voter registration drive at the high school in the spring and we have another one next week (Thursday, Oct. 14)," reported Fahey. "There is a group of students working with one of the [RHS] teachers, and their efforts have increased student registration numbers for the election."

Fahey said that 16-and-17-year-old students can pre-register to vote, "and once they become 18, they automatically go on the registration rolls."

Fahey said the voter registration process only takes a few minutes.

Ballot questions driving up the vote

Commissioner Fahey said that two of the four ballot questions are also bringing out the vote.

"One (Question 1) is the increase in the tax rate for people making over a million dollars," said Fahey. "That seems to be generating some interest. Question 4 is the referendum about driver's licenses for undocumented immigrants."

Jack Satter House residents will vote at Point of Pines Yacht Club

DOR announces September revenue collections total \$4.187 billion

Massachusetts Department of Revenue (DOR) Commissioner Geoffrey Snyder announced that preliminary revenue collections for September totaled \$4.187 billion, \$194 million or 4.9% more than the actual collections in September 2021, and \$224 million or 5.7% more than benchmark. [1] September 2022 revenue collections were impacted by the elective pass-through entity (PTE) excise. After adjusting for PTE excise, September 2022 collections are \$30 million or 0.7% below actual collections in September 2021, but \$165 million or 4.3% more than benchmark.

FY2023 year-to-date collections totaled approximately \$9.194 billion, which is \$443 million or 5.1% more than collections in the same period of FY2022 and \$224 million or

2.5% more than year-to-date benchmark. After adjusting for PTE excise, FY2023 year-to-date collections are \$231 million or 2.6% more than collections in the same period of FY2022 and \$169 million or 1.9% more than benchmark.

“September collections were above monthly benchmarks and above collections from the same period last year,” said Commissioner Snyder. “September revenue included increases in most major tax types relative to September 2021 collections, including increases in withholding, non-withholding income tax, and sales, and partially offset by a decrease in corporate and business tax. The increase in withholding is likely related to strong labor market conditions. The increase in sales tax reflects continued

strength in retail sales”.

In general, September is a significant month for revenues because many individuals and corporations are required to make estimated payments. Historically, roughly 10% of annual revenue, on average, has been received during September.

Given the brief period covered in the report, September results should not be used as a predictor for the rest of the fiscal year.

[1] With the recent enactment of the FY2023 budget, monthly revenue benchmarks were developed for the September 2022 through June 2023 period only.

Details:

- Income tax collections for September totaled \$2.195 billion, \$131 million or 6.4% above benchmark, and \$152 million or 7.4% more than September 2021.

- Withholding tax collections for September totaled \$1.280 billion, \$36 million or 2.9% above benchmark, and \$90 million or 7.6% more than September 2021.

- Income tax estimated payments for September totaled \$871 million, \$107 million or 13.9% more than benchmark, and \$65 million or 8.1% more than September 2021.

- Income tax returns and bills for September totaled \$166 million, \$46 million or 21.8% less than benchmark, but \$78 million or 88.0% more than September 2021.

- Income tax cash refunds for September totaled \$122 million in outflows, \$35 million or 22.3% below benchmark, but \$81 million or 196.4% more than September 2021.

- Sales and use tax collections

for September totaled \$766 million, \$81 million or 11.8% above benchmark, and \$70 million or 10.0% more than September 2021.

- Meals tax collections, a subset of sales and use tax, for September totaled \$131 million, \$11 million or 16.4% above benchmark, and \$11 million or 9.6% more than September 2021.

- Corporate and business tax collections for September totaled \$973 million, \$28 million or 3.0% above benchmark, but \$30 million or 3.0% less than September 2021.

- “All other” tax collections for September totaled \$254 million, \$16 million or 6.1% below benchmark, but \$2 million or 0.9% more than September 2021.

Region / CONTINUED FROM PAGE 9

Fahey affirmed that residents of the Jack Satter House will again cast their ballots at the Point of Pines Yacht Club (POPYC) in the Nov. 8 election. The Satter House had been a poll location in the past, but the site was changed to POPYC for the state primary in September.

“The City Council approved a home-rule petition and Mayor Arrigo signed the petition to create a sub-precinct for Satter House, but that has to be approved by the Legislature and signed by the governor, so that won’t get done in time for this election, but our hope is that will be in place for the 2023 municipal election,” said Fahey.

There will be early-voting sessions at the Jack Satter House.

NOAH HOLDS RESILIENCY SUMMIT

EAST BOSTON - More than 120 community residents and activists gathered at the Resiliency Summit that was organized by The Neighborhood of Affordable Housing (NOAH) at Spinelli’s in

Central Square. The summit touched on 12 topics that dealt with Cybersecurity, Extreme Heat, Tree Canopy, Air Quality and Health, Housing, Pandemic Planning, Food Insecurity, Flood Prevention, Critical Infrastructure, Youth Roles, and Immigration.

Those attending picked a topic that they felt strongly about and then, and with 8-10 other people, convened in breakout groups to discuss what can be done to improve people’s lives and safety in East Boston.

Mayor Michelle Wu was in attendance and gave the keynote address for the event before the discussions started. The mayor said she had made it a point to squeeze this event into her schedule before she headed back to her next meeting in Dorchester. She said her office was working to tie resilience, climate, equity, and other community needs together and that people could see this effort in her new cabinet.

Mayor Wu introduced her Director of the Green New Deal, Oscar Sellers-Garcia, who began work just last August. Neighborhood favorite,

Nathalia Benitez, the Mayor’s Neighborhood Coordinator, was on hand to meet and greet as well. Ward 1 Councilor Gabriela Coletta also stopped in and remained behind to meet with constituents. Coletta said this work to pull the neighborhood together, especially on waterfront and climate issues, was essential.

Gloribel Rivas, State Rep. Adrian Madaro’s Chief of Staff, said the representative was in support, but was in Italy with family on a long-awaited vacation.

Latifa Ziyad, the Resiliency Coordinator at NOAH for the last 18 months, took the lead in the community efforts along the way that resulted in many listening sessions, with the Social Centers, the Health Center, food and social service agencies, and the East Boston Climate group among the most frequent participants.

In their previous summit in 2020, NOAH had undertaken more than 300 surveys throughout East Boston.

“Since East Boston is so vulnerable, we worked across all East Boston neighborhoods to learn if and how people understood climate issues and to

whom they turned for reliable information on climate issues, especially in the event of an emergency,” NOAH Executive Director Philip Giffie said.

“A major outcome was the agreed-upon need for more emergency preparedness planning and building a non-partisan Resiliency Network,” he added.

While the need for Emergency Preparedness is still very much a focus, Ziyad found that in today’s challenging COVID world, other issues topped residents’ list of priorities, including food insecurity and food collaborations, COVID information networking and health and social service collaborations, and air quality.

“We believe that resiliency has to be built first with respectful listening to what people are saying about their needs and priorities,” said Ziyad. “Everyone across the community is interested in preparing for an event, but other issues, such as affordable housing, immigration, youth vulnerabilities, flooding, air pollution, food insecurity, and the like need to be

acknowledged first.”

She said that more than 15 people came up to her afterwards and asked about next steps and how to get involved.

Giffie said some of those next steps include gathering interested people and agencies for a Resiliency Network and diving into some planning for the highly vulnerable Liberty Plaza/Central Sq. environs. He also said the City’s Chief of Emergency Management, Shumeane Benford, agreed to help work on an East Boston Emergency Preparedness Summit in the coming months.

To get involved, reach Latifa Ziyad at 617.418.8241. The next steps include gathering people for a Resiliency Network and preparing in the coming months for an Emergency Preparedness Summit.

NOAH along with East Boston Neighborhood Health Centers and Blue Cross Blue Shield helped to fiscally sponsor the full days event(s). However the event planners consisted of no fewer than 22 organizational and academic leaders, many of whom co-facilitated the issue tables.

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FRESH AND LOCAL

Do you hate anchovies?

By Penny & Ed Cherubino

We use anchovies to add depth of flavor, umami, and salinity to our food. We understand that many people think they don't like anchovies. Read on and consider that you may already be enjoying the benefits of this pantry staple without knowing it.

Anchovies have been prepared and used for thousands of years worldwide. Salting and pickling fish was an early form of food preservation. Today, they are available dry-salted, brined, and as a paste in tubes.

Quality Is Key

Taste tests by the food experts at Serious Eats and America's Test Kitchen made it clear that there is a vast difference between the best and the worst quality anchovies. If your experience with these little fish has been at the bottom of the quality scale, you have a good reason for not liking them. The tasters say those versions are not good examples of their kind, and simply trying

a better quality product might change your mind. The taste testers on Serious Eats concluded, "Straight to the Point. Our favorite anchovies are the jarred Ortiz Anchovies. They're tender and have a mild, clean flavor."

In deciding what form of anchovies to use, we'll follow the guidance offered by Kenji Alt-Lopes who writes "As someone who cooks with anchovies on a very regular basis, to me the answer is pretty clear: I'll stick with the oil-packed filets, but also keep a jar of the salted whole anchovies on-hand for when I really want that anchovy flavor to come forward. The paste can stay on the shelf."

Hidden Anchovies

We bet you've enjoyed anchovies without knowing it. You are already eating anchovies in dishes like puttanesca, caesar salad, caponata, tapenade, and condiments like Worcestershire and fish sauces.

Whole anchovy lovers will find those on the french tart pis-



Experience with anchovies at the bottom of the quality scale is a good reason for not liking them. Trying a better quality product might change your mind. (Photo: iStockphoto.com)

saladiere and salad nicoise. They may also be the reason you love specific restaurant preparations.

In the 2022 taste test on Serious Eats, Niki Achitoff-Gray wrote, "Talk to almost any chef or experienced home cook, and they'll tell you that anchovies are one of the industry's favorite not-so-secret secret weapons. Because they're a concentrated source of glutamic and inosinic acid—two molecules responsible for triggering our sensation of savoriness—they're irreplaceable for adding depth of flavor and a meaty backbone to, well, pretty much anything."

Recipe developers often say that anchovies are optional. But - when you leave out anchovies,

you won't enjoy the same result as the author.

Cooking with Anchovies

A recipe may tell you to rinse dry-salted anchovies for half an hour or give the brined ones a quick rinse. That's a guideline. Your anchovies may need a longer rinse or none at all. We suggest you taste along the way when using this high-sodium ingredient.

Anchovies disappear in a dish like Ed's favorite pasta puttanesca. One of the first steps is to warm olive oil in the pan and add garlic, anchovies and hot pepper flakes, then stir until the anchovies melt into a paste and

become part of the oil.

Allergy Alert!

The possibility of an allergic reaction is our final thought on anchovies. If you have a seafood allergy, discuss that every time you are about to eat food prepared by someone else. Since anchovies are a secret ingredient beloved by so many chefs and great cooks (and are present in many traditional food preparations), you should always assume there might be anchovies in what you are about to eat.

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