

THE LYNN JOURNAL

Thursday, November 10, 2022



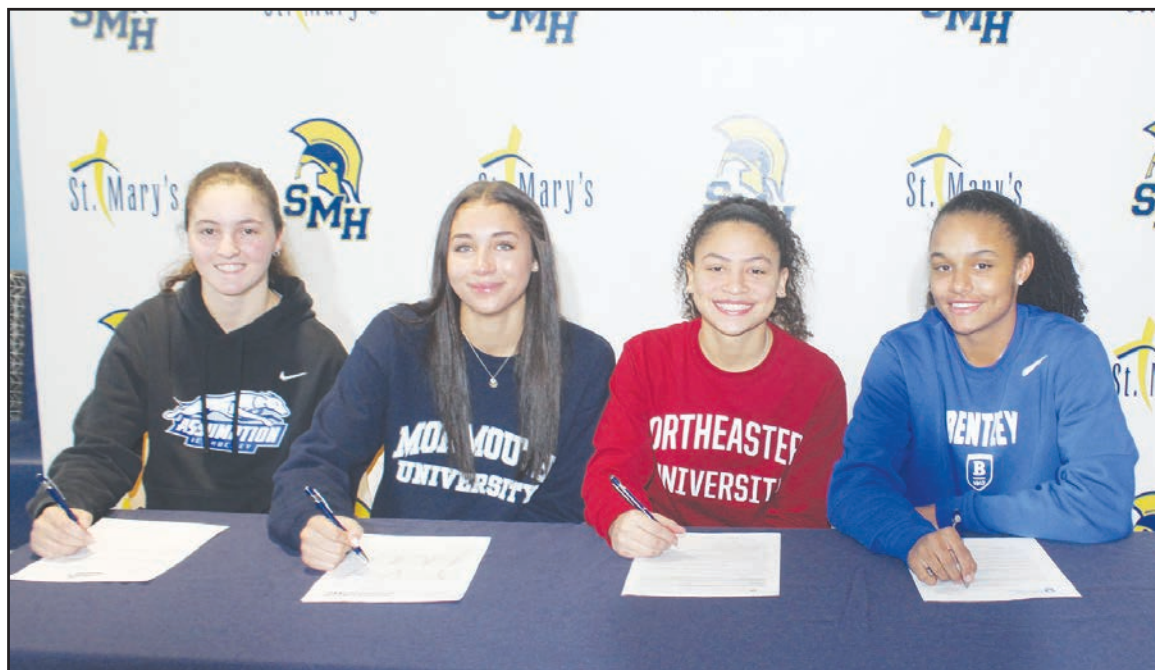
Signs of Strength

St. Mary's sports stars Chaplain, Morgen, Preira, Queliz receive college scholarships

By Cary Shuman

Head of School Dr. John Dolan called it “a generational event” for St. Mary’s High School, and that perfectly captured the accomplishment of four of the school’s most outstanding student-athletes – Jenna Chaplain, Niya Morgen, Kellyn Preira, and Yirsi Queliz.

“To have four signees going off to play at the highest levels possible in and of itself is a remarkable achievement,” said Dolan in an opening statement at the Hollywood-style media event. “The four women you see in front of you today have a cumulative GPA of 3.845. It is truly a remarkable day. These four student-athletes have achieved at the highest level not only athletically but academically. I want you to know how proud we are of the four young ladies being honored today. It is also a credit to their coaches, Jeff Newhall (basketball) and Frank Pagliuca (ice hockey).”



St. Mary's Fab Four, Jenna Chaplain, Kellyn Preira, Yirsi Queliz, and Niya Morgen, pictured at their National Letter of Intent signing ceremony Wednesday at the school.

Dolan’s praise of the four scholar-athletes was well-deserved and well-earned. Hockey star Chaplain (As-

sumption), who has 175 points during her spectacular career to-date, and basketball standouts Morgen (Bentley), Preira

(Monmouth), and Queliz (Northeastern) – who are set to help St. Mary’s defend its Division 3 state title this winter) signed National Letters of Intent during a momentous ceremony that was held with their families present. It is a day that the four students will remember for the rest of their lives. Combined, the four-year scholarships total more than \$1 million.

Newhall, who also serves as the director of athletics, said he was proud of the commitment that each of the four athletes has demonstrated to their academics and athletics.

“I think first and foremost, they’re athletically gifted, but they’ve dedicated themselves to the academics both during the school day and after school,” said Newhall. “To be able to balance what they all do athletically and to come out with the GPAs that they have is as important as getting the scholarships because it shows they’re truly dedicated to their academics as well.”

Pagliuca lauded Chaplain and the other honorees.

“I think it’s a great day for Jenna and the other three student-athletes- it’s a special event at St. Mary’s,” said Pagliuca. “They do great in the classroom, and they’re great in the community, and really represent the school well, so it’s just a great day all-around. Jenna’s a special player. She works really hard, and with her talent and her hard work, it came to this day. I’m so proud of her.”

Following are quotes from the four student-athletes about the significance of the letter-signing ceremony:

Jenna Chaplain

“This day is very special to me, knowing that my family, friends, and coaches are here. It’s just such a special moment, and everything about it is amazing.

“I want to thank Coach Pagliuca for everything that he has done and the hockey he has taught me. Since I was in seventh grade, he has taught me basical-

Please see SCHOLARSHIPS Page 8

Casey Stars in ‘Iphigenia’ play at College of the Holy Cross

Special to the Journal

Lauren Casey of Lynn performs in the play “Iphigenia.” Presented by the College’s Department of Theatre and Dance, “Iphigenia” is the inaugural theatrical production of the newly-completed Prior Performing Arts Center, an 84,000-square-foot, \$110-million facility designed to be an incubator for multidisciplinary learning and creativity at the College.

The in-person production, directed by Edward Isser, Dis-

tinguished Professor of Ethics and Society, is set for November 3-5 and November 10-12 at 7:30 p.m., as well as November 6 and November 13 at 2 p.m. in the Boroughs Theatre.

“Iphigenia” combines two plays by Athenian playwright Euripides, “Iphigenia at Aulis” and “Iphigenia Among the Taurians,” with material from Homer’s “Iliad” to tell the story of King Agamemnon’s eldest daughter.

Iphigenia is a young girl who sacrifices herself for a hollow

and meaningless endeavor, the Trojan War, and becomes an embittered, murderous avenger who is miraculously redeemed by her love for her brother. Translated by Professor Mary Ebbott of Holy Cross’s Department of Classics, this production transposes the action to the latter half of the twentieth century and explores how the idealism of the young is exploited in pursuit of the cynical ends of their elders.

“By mounting an experimen-

Please see CASEY Page 4



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EDITORIAL

REMEMBER TO THANK OUR VETERANS

This Friday, November 11, marks the national holiday of Veterans Day, a day marked by solemnity and reverence to honor those who have served in our nation's military.

Veteran's Day initially was known as Armistice Day when it was enacted in 1919 in observance of the end of World War I (which at that time was known as The Great War) on the 11th hour of the 11th day of the 11th month in 1918.

A new film on Netflix, *All Quiet on the Western Front*, a remake of the classic 1930s film based on the book of the same name, graphically depicts the futility of that conflict in which the front lines of the opposing sides became entrenched (literally) from the start of the war to the end.

The only thing that changed during the course of the conflict that began in 1914 was the number of deaths that grew with each passing year of the war. Eventually, 10 million soldiers and another 10 million civilians perished in a war that was fought for nothing and achieved nothing.

The most notable aspect of the carnage of the so-called "war to end all wars," from the perspective of history, is that it laid the groundwork for WWII just 20 years later by imposing such onerous terms upon the defeated Germans that it provided fertile ground for the rise of Adolf Hitler.

Hitler invaded Poland on September 1, 1939, and the world again became enmeshed in a global conflagration that made the first world war seem like a mere practice run for the mass annihilation that took place from 1939-45.

Even after that epic second world war, America has been involved in countless bloody conflicts in the 77 years since General Douglas MacArthur accepted the Japanese surrender on the Battleship USS Missouri and millions of our fellow Americans have fought in our nation's numerous wars and military engagements since then.

Unfortunately, "Peace is at hand" has been nothing but a meaningless slogan for most of the past 103 years.

Armistice Day officially became known as Veterans Day in 1954 so as to include those who served in WWII and the Korean War. All of our many veterans since then also have become part of the annual observance to express our nation's appreciation to the men and women who bravely have answered the call of duty to ensure that the freedoms we enjoy as Americans have been preserved against the many challenges we have overcome.

Although Veterans Day, as with all of our other national holidays, unfortunately has become commercialized, we urge our readers to take a moment, even if just quietly by ourselves, to contemplate the debt we owe to the veterans of all of our wars and to be grateful to them for allowing us to live freely in the greatest nation on earth.

If nothing else, Veterans Day should remind us that freedom isn't free and that maintaining our freedom since our nation's founding has required the personal sacrifice of the millions of our fellow Americans who have placed their lives on the line to preserve our ideals and our way of life.



GUEST OP-ED

Thanksgiving is coming and it's never out of season to say thank you

By Dr. Glenn Mollette

Say thank you to your local politicians. The majority of those who pursue an office, lose. Losing is tough and usually expensive. Thank them for their interest in your community or state and for the time they gave making their case and pursuing votes.

Our world would be better if we all said thank you and please as often as possible. Amazingly many people don't know how to say thank you, or please.

If someone does anything for you say thank you. Even if they haven't necessarily done it for you but are helping others then say thank you. Thank your community leaders, teachers, politicians, clergy, this media source, family, friends and anyone who is somehow positively impacting your life.

Teaching our kids to say thank you and to say it often is well worth our time for us and them.

Here are some thank you notes from Reader's Digest, RD.com June 2022

About 15 years ago, we purchased a dining set from an older couple after seeing their ad. When we went to pick it up, it was apparent to me that the lady was having a hard time seeing it go, although it hadn't been used for many years. On Thanksgiving, I set the table, took a picture, and sent it to her, saying we were thankful to be enjoying the beautiful set. She

sent a note back that read, it looks like it was meant to be. It really has helped me, seeing it happy. Thank you from my heart. —Diane Ensich, Mansfield, Texas

As a volunteer, I recorded several audiobooks for the blind. I received a braille card that said thanks for my work. Fortunately, the sender also enclosed a reading chart for the braille words. It took me 90 minutes to figure out what the card said. It reminded me of how blessed I am and how much I can keep giving. —Yen Chou, Taipei, Taiwan

My coworker sent me this heartwarming e-mail after I was laid off: Thank you for giving me a chance way back when. This position got me off state assistance, paid for my car, and has blessed me and my son in so many ways. You have been an amazing mentor and friend, Mike. The best! I've learned so much and not just about pest control. To speak up for myself. To be less emotional when things go wrong. To have patience with myself and others. Thank you for being so incredibly patient with me and my thousands of questions and mistakes! It has helped my confidence in so many ways. Thank you! Thank you! It was humbling for me to know that I had that kind of impact on someone's life by just being myself, doing my job. —Michael Shearing, Port Angeles, Washington.

After I had worked as a mail carrier for 30 years, it was time to

retire. I put a note in each of my 436 customers' mailboxes, thanking them for allowing me to serve them over the years. I never expected that on my last day so many would hang balloons on the boxes and put out so many beautiful thank-yous. I hope I delivered all the mail properly that day, as there were tears of gratitude filling my eyes. —Kay Scott, Bucyrus, Ohio

I was gram's favorite, and she was mine. She passed away in September 2016, at 100½—she always said you earned the "half" when you got to be her age. To my surprise, I received a card in the mail that my sweet grandma had tucked away for my aunt to send after she passed. It read, Melis, thank you for all the nice things you did for me. Remember, this is the year you'll meet your man. Be cool and play it safe. Don't screw it up. Be careful. I'll be watching you. All my love, Gram. —Melissa Wegman, Cincinnati, Ohio

You can find these and other thank you notes on RD.com Reader's Digest, June 3, 2022

Thanksgiving season is here. Let's all aim for a lifestyle of saying thank you.

Glenn Mollette is the publisher of *Newburgh Press*, *Liberty Torch* and various other publishing imprints; a national columnist — *American Issues* and *Common Sense* opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

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Baker-Polito administration celebrates Urban Agenda Grant Program in Lynn

Housing and Economic Development Secretary Mike Kennealy, Undersecretary of Community Development Ashley Stolba, and Assistant Secretary for Communities and Programs Juan Vega were joined by state and local officials in Lynn to celebrate the Urban Agenda Grant Program awards, which total more than \$2.6 million to support 31 projects in 20 communities. Among the awards, the City of Lynn received a \$100,000 grant to provide free, sustained, critical assistance to small business owners and aspiring entrepreneurs, mainly Latinx and minority-based, to strengthen the micro- and small-business sector of Lynn and surrounding areas, increase its resilience and diversity, and provide much-needed tools to build and grow successful businesses in the aftermath of COVID-19. Additionally, the Lynn-based Latino Support Network Inc. received a \$50,000 grant to expand community hub spaces for local nonprofits, entre-

preneurs, and micro-enterprises. “Since taking office, we have been proud to award over \$13 million in Urban Agenda grant awards to 148 projects to help empower residents, grow businesses, and advance communities across Massachusetts,” said Governor Charlie Baker. “Local municipal and nonprofit leaders know their communities best, and this year’s grants will continue to provide additional ways for the Commonwealth to support locally identified projects aimed at achieving economic progress.” “Our administration is pleased to deliver more than \$2.6 million for 31 projects creating economic opportunities in our urban centers,” said Lt. Governor Karyn Polito. “These Urban Agenda awards represent one of 12 grant programs included in the Community One Stop for Growth portfolio to advance local economic development projects at every stage, from concept to completion.” “Congratulations to the cities,

towns, and nonprofits that have been awarded Urban Agenda grant funding to advance local community and economic development priorities,” said Housing and Economic Development Secretary Mike Kennealy. “We’re grateful for all of the local leaders driving positive change in their communities, and it was a pleasure to celebrate with them today in Lynn.” The Urban Agenda Grant Program is designed to support community development that is grounded in collaboration and focused on economic opportunities with local significance. Since taking office, the Baker-Polito Administration has awarded \$13.6 million from the Urban Agenda Grant Program to support 148 projects throughout the Commonwealth. The program is part of Community One Stop for Growth, a single application portal that provides a streamlined, collaborative review process of 12 state grant programs that fund economic

development projects related to community capacity building, planning and zoning, site preparation, building construction, and infrastructure. Altogether, this round of the One Stop is awarding more than \$143 million in grant awards to support 337 local economic development projects in 169 communities. The full list of grants can be found here. Through this round of the One Stop, the Executive Office of Housing and Economic Development received 523 applications from 207 communities representing every region of the Commonwealth. Of the 337 applications awarded, 31% are located in a rural or small town; 32% are located in a Gateway City; and 43% are located in a Housing Choice Community. This investment is expected to directly support the creation of 6,950 new housing units across the Commonwealth, including 5,068 new market-rate units and 1,882 new affordable units. “This funding will help spur

regional economic growth in a manner that is collaborative, innovative, and community-based,” said Senator Brendan Crighton. “Thank you to Secretary Kennealy and the Baker Administration for supporting our hardworking entrepreneurs and local nonprofit leaders.” “I want to thank the State Office of Housing and Economic Development for these two grant awards,” said Representative Peter Capano. “These grants will provide assistance and a much needed boost to small businesses and will help rejuvenate Lynn’s creative collaborative community in the wake of the Covid-19 pandemic.” “We are grateful to Sec. Kennealy for funding the Urban Agenda Grant program,” said Mayor Jared C. Nicholson. “This program represents an amazing collaboration between the state, the City, and local organizations that will drive economic development forward in our community in a truly inclusive manner.”

General electric workers diagnosed with cancer secure cash benefits from multiple private trusts

Plant workers employed before 1981 diagnosed with various cancers are entitled to special benefits. Lung cancer, esophageal cancer, laryngeal cancer, pharyngeal cancer, stomach cancer, colon cancer, rectal cancer, and mesothelioma are frequently caused by asbestos exposure. Asbestos-laced products were used for decades at General Electric. Neither employees nor management were aware of the asbestos risk. Asbestos is a mineral that in its natural state is harmless. It becomes harmful when it is pulled apart or ground up into flexible fibers. Then, when inhaled or swallowed, microscopic asbestos fibers may be permanently affixed to body tissue. Over many years, these fibers may cause genetic changes that can lead to cancer. According to the National Cancer Institute, “It

can take from 10 to 40 years or more for asbestos-related cancers to appear.” To compensate cancer victims and the families of deceased cancer victims, Federal Bankruptcy Courts have required asbestos manufacturers to set aside hundreds of millions of dollars in private trusts. Through these trusts, cancer victims can receive money damages by the filing of timely, detailed, and accurate claims. Norris Injury Lawyers has announced a specific initiative to assist General Electric employees in recovering money set aside for them in these asbestos trusts. Cancer victims or the families of deceased victims who worked at the plant before 1981 may call 800-478-9578 for a free evaluation of their claim. Additional information is available at getnorris.com/asb.

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Casey/ CONTINUED FROM PAGE 1

tal adaptation of a Greek tragedy, we hope to model the possibilities and potential of the new performing arts enter to become the physical and spiritual crossroads on campus where the aesthetic and the corporeal interact; praxis engages theory; the profane and the transcendent collide; and the ethical is illuminated in enactment," said Isser. "In 'Iphigenia,' we have created a new version of an old story that seeks to honor the cultural and historical foundation of the art form while exploring the technical and theatrical potential of this new, world-class facility."

For more information, or to

purchase tickets, visit: hctheatre-anddance.eventbrite.com.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

YOUR LOCAL POST OFFICE WILL BE CLOSED IN RECOGNITION OF VETERANS DAY

Post offices across the commonwealth will be closed on Friday, November 11, in honor of Veterans Day. There will be no street delivery, except for guaranteed overnight parcels, and all retail operations will be closed for the day. Full retail and delivery operations will resume on Saturday, November 12.

As one of the largest employers of US veterans, nearly 10% of our workforce nationally, the Postal Service is proud to honor the men and women who have selflessly served our country in war and in peacetime and those who continue that tradition today. As the saying goes, "America is the land of the free because of the brave."

NEWS IN BRIEF

The Postal Service generally receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

OCTOBER REVENUE COLLECTIONS TOTAL \$2.359 BILLION

Massachusetts Department of Revenue (DOR) Commissioner Geoffrey Snyder announced that preliminary revenue collections for October totaled \$2.359 billion, \$85 million or 3.5% less than actual collections in October 2021, but \$293 million or 14.2% more than benchmark.[1]

FY2023 year-to-date collections totaled approximately \$11.565 billion, which is \$369 million or 3.3% more than collections in the same period of FY2022 and \$529 million or 4.8% more than the year-to-date benchmark.

"October collections decreased in non-withholding income tax, corporate and business tax, and 'all other tax' in comparison to October 2021" said Commissioner Snyder. "These decreases were partially offset by increases in withholding and sales and use tax. The decrease in non-withholding is primarily driven by two offsetting factors: an increase in income tax refunds (outflows) related to passthrough entity ("PTE") member credits and a partially offsetting increase in income tax return payments. The decrease in 'all other tax' is primarily attributable to estate tax, a category that tends to fluctuate. The increase in withholding is mostly due to the timing of the receipt of withholding payments: certain payments received in October 2022 were captured in November in 2021. The increase in sales and use tax reflects, in part, continued strength in retail sales."

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Lynn Veterans Day

APPRECIATION BREAKFAST
LYNN CITY HALL FOYER
9:00AM

Veterans, Military and Veteran supporters are all invited to join for a complimentary hot breakfast served by our City and State elected officials.

CEREMONY
LYNN AUDITORIUM
10:00AM

Join us as we honor those from Lynn who have served our Nation. The ceremony will feature Lynn English JROTC, Lynn All City Band and more!

Swampscott Veterans Day

VETERANS BREAKFAST
SWAMPSCOTT SENIOR CENTER
9:00AM

The breakfast is hosted by the Senior Center. Please RSVP at (781) 596-8866.

CEREMONY
MONUMENT AVE
11:00AM

All are welcome as we salute our Swampscott Veterans. The keynote speaker is Director of the Boston Vet Center, Dr. Marika Solhan.



Honoring Our Veterans

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Board of Commissioners Susan McGinnis-Lang,
Steve Martin, Robert Muise, & Justin Anshewitz

HALLOWEEN TRICK OR TREAT IN LYNN

Halloween is a fun spooky time. Dressing into a costume to portray a TV character or creating an unusual style of dress is what October 31st is really about.

Adults and children enjoy this annual fall tradition. The spirit of Halloween brings families and friends together - one may be ghoulish, or one may show a Cinderella kindness.

Many Halloween activities oc-

curred in the City of Lynn. Both Gallagher and Gowdy Park had family activities. Lynn City Hall Fourth Floor was transferred into a Trick or Treat area of entertainment for children.

Pine Hill Gallagher Park Civic Association, Gowdy Park Fun Committee, and Lynn City Municipal workers all brought the spirit of Halloween to the children.



Personnel All Out – Analia Acosta with Alyson and Lacey Hart.



Finding some Treasure – Dottie, Francisco, Cindy, Angel, and Ward 3 Councilor Coco Alinsug.



Lynn Municipal Workers' Children Halloween Trick or Treat Fun Night.



Snook Kristin holding Audrey the Red Riding Hood, Witch Izabelle, Mater Tyler, Hulk Benjamin, Anthony Lewin, Loreen Rosa.



Gowdy Park Halloween Fun Day.

HALLOWEEN TRICK OR TREAT IN LYNN



Community Development Selfie Station with Shirley and Sarah Kelly.



Checking out the Mayor's Table - Erickson and Chloe.



Gallagher Park Haunted Halloween Parade.

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Enjoying Gallagher Park Haunted Fall Festival - Susan Conti, Ward 5 Councilor Dianna Chakoutis, Ward 6 Councilor Fred Hogan, and Councilor-at-Large Brian Field.



Gallagher Park Haunted Happenings costumes children.

Scholarships / CONTINUED FROM PAGE 1

ly everything I know, and I just want to thank him for that.”

Niya Morgen

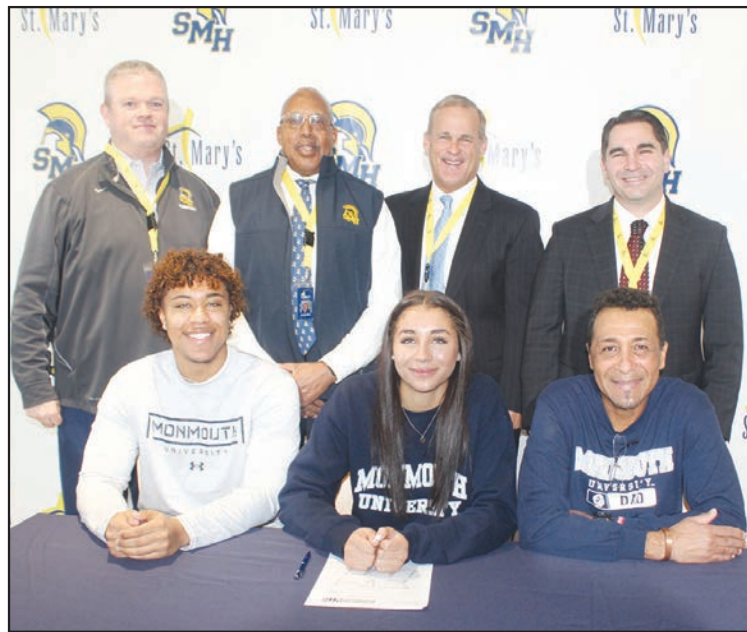
“This day is very important to me because it’s like the start of new beginnings. It’s great to have two of my best friends closest to me, signing on the same day. We’re all chasing our dreams, working hard. I’m just grateful for every opportunity that I’m given.

“I want to thank Mr. Newhall for everything - for helping me to get into St. Mary’s, for pushing me every day academically and athletically, and hopefully this season we can go back-to-back state titles.”

Yirsy Queliz

“This day means a lot because I come in here from the Dominican Republic, not knowing what the process is, and now going on to play at the next level is something huge for me and my family.

“Mr. Newhall is a great guy. I love him dearly. I thank him for everything he’s done for me and for helping me basketball career and school wise.”



Kellyn Preira, with Dylan Preira, Daniel Preira, Director of Athletics Jeff Newhall, Assistant Principal James Ridley, Head of School Dr. John Dolan, and Principal David Angeramo.

Kellyn Preira

“This day is very exciting, just to see my two closest friends on the basketball team and me, along with Jenna, all sign and

have our whole school here.

“Mr. Newhall is a great coach and he taught me a lot about basketball and the importance of academics. I’m very grateful for him.”



Niya Morgen, with Terri Morgen and Johannah Morgen, Assistant Principal James Ridley, Head of School Dr. John Dolan, Director of Athletics and girls basketball coach Jeff Newhall, and Principal David Angeramo.



Jenna Chaplain, with Maria Chaplain and Scott Chaplain, girls hockey coach Frank Pagliuca, Assistant Principal James Ridley, Head of School Dr. John Dolan, and Director of Athletics Jeff Newhall.



Yirsy Queliz with Yelena Lora and Luis Queliz, and St. Mary’s High School administrators, Director of Athletics Jeff Newhall, Assistant Principal James Ridley, Head of School Dr. John Dolan, and Principal David Angeramo.

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Groups sue EPA for failure to fully protect Boston rivers

Conservation Law Foundation (CLF) and Charles River Watershed Association (CRWA) have filed a lawsuit against the Environmental Protection Agency (EPA) for failing to take necessary actions to protect three Boston-area rivers from polluted runoff. Though EPA recently acknowledged the damage caused by stormwater pollution from nearby properties, the agency has not issued the permits needed to protect the Charles, Mystic, and Neponset Rivers.

“These iconic rivers are suf-

fering because of the EPA’s consistent foot-dragging,” said Heather Govern, CLF’s Vice President of Clean Air and Water. “Despite all the evidence linking stormwater pollution to dirty and unsafe water, the agency has failed to take legally required steps to address this growing problem. We have waited over three years for them to regulate the pollution, and these rivers cannot wait any longer.”

Stormwater runoff from private properties with large areas of paved surfaces, like big box

stores, strip malls, private universities, and major apartment complexes, was not previously regulated by EPA. These properties contribute a disproportionate amount of polluted runoff to nearby rivers. CLF and CRWA petitioned the EPA to regulate the aforementioned properties along the Charles, Mystic, and Neponset Rivers in 2019 and 2020.

In response to our petitions, EPA announced on September 14, 2022, that certain polluters in the three watersheds will be

required to comply with a Clean Water Act permit to reduce stormwater runoff. But EPA has not yet issued the permits that will actually reduce stormwater pollution, which is why CLF and CRWA are taking EPA to court.

“The EPA must move quickly. Stormwater runoff is increasing as rainfall gets heavier with climate change, adding more pollution to our rivers,” said Emily Norton, CRWA’s Executive Director. “The Charles River is clearly suffering, as CRWAs monitoring of toxic algal blooms

and water quality shows.”

Over several years, EPA’s failure to regulate these polluters has resulted in ever-increasing toxic algae blooms on all three rivers in the warmer months, which make people and pets sick, and put activities like boating and kayaking at risk - limiting public use of the river and harming the outdoor recreation economy. The blooms also degrade water quality and harm the wildlife that calls the rivers home.

CITY PAWS

Salads for holiday menus

By Penny & Ed Cherubino

Have you considered adding salads to your holiday meals? Traditional side dishes on a Thanksgiving table might be more inviting to some of your diners if they were in salad form. What’s more, salads can be made ahead, demand less attention from the cook, and don’t need space on a crowded stove.

Food Preferences Have Changed

Many of our holiday food traditions come from a time when hearty food was needed for people who performed manual labor. Today, many of us are careful about what we eat because our work is less physical. Some guests may decline meat, avoid gluten, or have food allergies. More of your guests will have their needs and preferences met if you opt for vegan salads (perhaps with an assortment of add-ins like bacon or nuts on the side).

Thanksgiving Options

You can begin with a classic Thanksgiving turkey with gravy, stuffing, and mashed potatoes. It’s the side dishes that can be transformed. You might replace a green bean casserole with a protein-packed salad of cannellini, kidney, and garbanzo beans in a vinaigrette dressing. We discovered sweet potato salads this year and would happily include this option in place of candied yams.

Tang is one flavor profile that is missing from most Turkey-Day meals. If the cranberry sauce is homemade and not too

sweet, it can offer a brighter flavor to cut through the heavier food. You might consider a dish of pickled beets as an uplifting side. Asian-style coleslaw is another salad that can be sweet and sour or even hot and sweet. This touch of spice would give the chiliheads in the group reason to cheer.

Great artisan pickles are becoming more common. You might search out your Great Aunt Tilly’s condiment server and provide an assortment of pickles, chutneys, and mustards for guests to add to their plates.

What Can I Bring?

Salads are the perfect answer when you are hosting, and your guests are bringing part of the meal. These dishes are easy to transport and can go right on the table or buffet when they arrive without a trip through the kitchen. Many of the suggestions we’ve made here are best when prepared ahead and allowed to marinate.

We suggest you ask the salad maker to keep the dressing on the side for salads that are best when tossed at the last moment and make dressing their contribution their responsibility. Another option is to put the dressing in a separate bowl and let the guests add their own. That can help make a big bowl of leafy greens better as a leftover.

Leftover Salads

Around our house, we have two opinions on leftover salads. Ed loves them all, even those with wilted greens. Penny only

enjoys marinated salads like slaw or carrot salad as leftovers. If you choose your salad sides carefully, they can become part of the weekend smorgasbord. While traditional mayo coleslaw is typical on sandwiches like pulled pork, we love Asian slaw on turkey sandwiches. The pickle tray can come out and brighten the sandwich plates.

Yes, you will have someone who profoundly regrets your decision to replace their favorite holiday menu item with a salad version. However, you may also receive praise from other guests who were happy to bring something easy to make or who may even ask if they can take a little of a delicious salad home in their



Sweet potato salad can make a light and easy-to-prepare ahead, side dish for your holiday table.

doggie bag.

Do you have a question or topic for Fresh & Local? Send

an email to Penny@BostonZest.com with your suggestion.

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NEWS FROM AROUND THE REGION

CHELSEA RECEIVES GRANT

CHELSEA - The city received some good news in its efforts to revitalize Broadway and the downtown.

Chelsea was recently notified that it is receiving a \$4 million grant from the state's MassWorks Infrastructure Program to help finance a major infrastructure program on Broadway from City Hall to Williams Street, according to Alexander Train, the city's housing and community development director.

The money will help upgrade water, sewer, drainage, and fiber optics infrastructure along the important stretch of Broadway, and will dovetail with the \$5 million the City Council has previously appropriated for the reconstruction of the street.

"It will improve water and sewer services for the business owners and residents on Broadway," said Train. "Up to this point, due to inflation and rising costs, it has been a challenge to find funding for the project."

Train thanked Governor Charlie Baker and his administration for working with the city to help secure the funding through the grant and taking the project one step closer to being a reality.

"Chelsea City Council appropriated \$5 million in construction funding for this project, demonstrating the City's commitment to infrastructure modernization in the downtown," said Train. "This funding, combined with MassWorks and other sources, will allow the City to realize this project."

Currently, Train said the plan is to finish the design of the project and put it out to bid in the winter of 2023 with a construction start date in early 2024.

The city was also recently awarded a \$100,000 grant from the MassDevelopment Underutilized Properties Program to help advance design and architectural plans for the conversion of the former Salvation Army building at 440 Broadway into a mixed-use development with 28 affordable housing units and retail space on the first floor.

The project is being developed by the Tragorth Company and will feature retail space on the first floor. That space will be used by the non-profit Hispanic American Institute to develop small retail food areas where local businesses can sell their projects.

Train said the project serves a number of needs, including the

city's commitment to providing more affordable housing, and creating a space for small, local businesses.

Train also noted that the retail space will work well in conjunction with teaching kitchens currently being proposed by non-profits such as La Colaborativa and GreenRoots.

The groundbreaking for the 440 Broadway project could take place by the end of 2023, Train said.

McGONAGLE PRTESENTS DONATION TO PTH

EVERETT - State Representative Joe McGonagle, on behalf of the Friendly Sons of Saint Patrick, recently presented a check for \$6,000 to Deb Fallon and Lori Laviolette from Portal To Hope (PTH) at Everett City Hall.

The money was donated to PTH to help continue the organization's work in providing programs and services to help victims of domestic violence, sexual assault and stalking crimes heal and recover.

"I'm happy to see Portal To Hope receive this well-deserved donation as they continue their mission of one day ending domestic violence, sexual assault, stalking crimes and the stigma that often surrounds it," said Mayor Carlo DeMaria. "They do tremendous work, and I hope this helps them keep on serving people who are victims of domestic violence."

Portal To Hope is a community-based non-profit organization that is committed to working with local civic groups, hospitals, law enforcement, religious organizations, and government officials and agencies to ending domestic violence, stalking crimes and sexual assault. It serves Massachusetts communities in Everett, Lynn, Malden, Medford and Winthrop.

ROOFTOP DECK CAUSES ISSUES

EAST BOSTON - During the monthly Gove Street Citizens Association (GSCA) meeting on Monday, Oct. 24, attendees were presented with a proposal to add a roof deck to a recently renovated three-family building at 229 Maverick Street – the catch? The roof deck has already been built.

Attorney Derric Small cited that the roof deck – which was built without the proper permits – was built due to a miscommu-

nication between the developer and contractor.

Small, who represents the developer, explained that during the development at 229 Maverick Street, the developer also had an ongoing project at 92 Bennington Street that involved roof decks.

"When the 92 Bennington Street project was approved with its roof decks, there was communication with the contractor that the roof deck was approved, but it wasn't very clear as to which roof deck the developer was referring to," said Small.

"They ended up building a roof deck here at 229 [Maverick Street] on a conversation that was approved, but it was misunderstood that the developer was referring to the project at 92 Bennington Street."

This project was actually presented to the GSCA in the Spring of 2021 and was struck down by a vote of 7-6 to make matters more interesting. Furthermore, there were no updates to the project's design since it was voted on in the spring of 2021.

"The only difference is the buildings beside were not developed yet," said Small.

When the presentation was opened to questions, some attendees were confused about how something like this could happen, considering the developer's experience.

A member of the development team, Meggan Ayers, was present at the meeting and has been in development for about four years. She also works with her father, who has about 35 years of experience in development. Ayers stated that in the past, the developers had done work at places like 231 Maverick Street and 96 Cottage Street, among others.

The information regarding previous projects prompted GSCA Board Member Chen Cao to ponder, "Maybe it is just my naivety around this – it seems like the developer has lots of experience kind of going through the process of, you know, requesting or developing in the neighborhood, so I was kind of curious how the deck was constructed or was it just purely a miscommunication."

Both Small and Ayers reiterated that it was a simple misunderstanding that caused the erection of the roof deck.

"I was trying to run these projects simultaneously – clearly made a rather large error in doing so, and so this was purely a

WINTHROP'S FIFTH ANNUAL HALLOWEEN BIKE PARADE



Shown to the right, Dominic and Giuliana Pizzicannella-Murphy on their bikes during the annual Halloween Bike Parade and Fun Run on Oct. 29.

miscommunication just saying in excitement, 'yep, we are all set the deck has been approved; go ahead' because in my mind I'm thinking about 92 Bennington not thinking about 229 [Maverick Street], so that was on me," said Ayers.

Although it may seem improbable that an error like this could happen, Ayers did emphasize that the roof deck was involved in the initial planning, and efforts were made to go through the proper process to build it legally before the accident.

As for the future of the roof deck, the proposal will have to go through the Zoning Board of Appeals for approval.

"At the end of the day, if the Zoning Board of Appeals says no, then Derric [Small] knows that the developer will have to bring this down," said East Boston Liaison Nathalia Benitez.

Not only will the proposal have to go through the Zoning Board of Appeals, but it will also be put up for a GSCA vote. However, that vote did not occur at Monday's meeting due to a GSCA guideline that there must

be at least two meetings on a subject before a vote takes place.

The delayed vote caused a civilized discussion to turn confrontational, as Small was confused as to why this meeting does not count as the second, as there was a short presentation about it in July.

"It was not clear to the community that this roof deck was already built. That was something you said kind of absent-minded – it just was not clear, and that's why we have been having these conversations over e-mail for a few months now," said GSCA Board Member Neelesh Batra to Small.

"You know the issues at hand. You already know them, so don't come to me now and ask why this is happening; you know why it is happening," Batra added.

However, Small did mention that the roof deck was already built back in the July meeting – which Batra acknowledged. In July, Small also showed some of the same photographs he did at Monday's meeting.

Overall the situation has been sticky, to say the least, and

Region / CONTINUED FROM PAGE 9

none more sticky than for the unit owner Scott Von Stein who pleaded with attendees to think before they eventually vote.

“I’m a first-time home buyer. When I bought this place, I had no idea this was even an issue. I assumed that everything was right – my lawyer agreed to the sale and never brought this up as an issue,” said Von Stein.

Von Stein indicated that if the roof deck is not approved, he will have to seek litigation to make sure the developer foots the bill if it were to be removed.

“If this isn’t approved, this is really going to financially damage me, so I am just kind of asking from a human perspective to kind of keep that in mind – an actual human being lives here that has no association with the developer whatsoever,” said Von Stein.

“When people vote on this, I am just asking please keep that in mind.”

BOARD OF HEALTH HOLDS MEETING

REVERE - The Revere Board of Health held its regular monthly meeting on October 27, in the

City Council Chambers.

The chairperson, Dr. Drew Bunker, and fellow members Dr. Craig Costanza and Nezhia Louaddi were on hand for the meeting, as well as Lauren Buck, the Director of Public Health; Michael Wells, the Health Agent/Director of Inspectional Services; and Paula Sepulveda, the board’s Administrative Assistant.

The board took the first step toward promulgating updated biosafety regulations, a move necessitated by the anticipated life sciences buildings that will be located in the Suffolk Downs development, with an initial review of draft regulations that had been put together by Buck and Claire Inzerillo, a Policy Writer & Analyst with the City Solicitor’s office.

Ms. Inzerillo, who made an excellent and thorough presentation of the proposed regulations over the course of the next 30 minutes, told the board that the draft regulations were based on similar regulations in Peabody, Beverly, Boston, and Cambridge, which have hosted life sciences industry facilities for a number of years.

Some of the other aspects of the new regulations highlighted by Inzerillo were:

-- Revere will continue to pro-

hibit animal testing and allow only Level 1 and 2 biosafety facilities, which are the least-dangerous (as opposed to Level 3 and 4 facilities);

-- The new regulations specifically will exempt clinical and professional healthcare service facilities, pharmacies, and high school labs;

-- Inzerillo explained that the definition of regulated biological agents is derived from the federal regulations and noted that there is a significant overlap of most local and state regulations with the federal regulations;

-- Regarding the issue of institutional governance, each company will be responsible for establishing a committee that oversees compliance with local, state, and federal regulations, and the committee must include a representative from the local Health Department and a local community resident who is an expert on biosafety. Inzerillo emphasized that the life sciences industry has previous experience with the requirements of regulations such as these because they are federally-mandated; and

-- The Board of Health will have to determine the fees for permit applications and annual

renewals, as well as fines for violations.

Wells added that there should be mandatory inspections by the city twice per year.

Finally, Inzerillo noted that HYM, the developer of Suffolk Downs, has agreed both to the prohibition on animal testing and the restriction on tenants in its life sciences buildings to those who will operate only Level 1 and 2 biosafety laboratories.

The board’s next step in the process will be to hold a public hearing on the proposed regulations at its next meeting

Prior to the discussion on the new biosafety regulations, Buck presented her monthly communicable disease report. She told the board that there were six confirmed cases of influenza in October, with the patients ranging in age from three to 80, which she said is typical.

“However,” said Buck, “we expect these numbers to rise in the coming months. It is important that everyone gets a flu shot.”

She also said there were two confirmed cases of Legionnaires Disease in the city and that Ebola has arisen again in Africa. Though there have been no confirmed Ebola cases in the U.S.,

federal authorities are taking precautions for U.S.-bound travelers from Uganda.

As for COVID, Buck said that both the daily average and the positivity rate have shown slight decreases in October compared to September.

Inspectional Services Dept (ISD) Director Wells presented the ISD’s statistics for the month which included: the issuance of 96 certificates of fitness for occupancy, 19 reinspections for certificates of fitness; 23 interior complaints that were submitted; seven interior complaint reinspections; two pool inspections; two lodging house inspections; 48 food inspections, including the Revere school cafeterias; two food complaint inspections; and five pre-opening inspections for new establishments.

The ISD issued 472 citations for violations of the city’s trash ordinance, three citations for improper signage on public property, 13 citations for improper storage of garbage and trash, 13 citations for junk car keeps/improper storage of automobiles, one for a rodent complaint, and 13 citations for violating the city’s overgrowth regulations.

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STATE REP. DANIEL CAHILL HOLDS FALL RECEPTION

Many supporters came to greet State Representative Daniel Cahill at his fall reception held at Trio's Mexican Grill in Lynn. State Representative Cahill said, "Although the Cahill campaign is unopposed, we do not take it for granted. I wanted to bring people out for a pre-election rally to get folks excited to go and vote. I am thrilled to see my friends, supporters, and my family attending this event for an enjoyable night."



Elected 8th Essex District Jenny Armini meets State Rep. Dan Cahill of the 10th Essex District.



Estelle Revelotis with School Committee member Coppola.



The Cahill family – Angela and Dan with their children, Charlotte and William.

"The next couple of years the state and local government will face a lot of challenges," said State Rep Cahill. He recognizes the economy is changing and he feels Massachusetts is poised to weather any financial difficulties. Cahill continued to say, "We

have a very good state delegation in the State House; we all work together. We are now happy to have elected State Rep Jenny Armini join us."

The Cahill's State House staff continues to work hard each day in and day out for his constituents in the 10th Essex District.



State Rep Cahill Chief of Staff Joe Gill, Supporter Jamie Floyd, and Jill Avery of Lynn C21 Northeast.



Lynn Officials supporting State Rep Cahill – Councilor-at-Large Brian Field and Buzzy Barton, Mayor Jared Nicholson, Ward 5 Dianna Chakoutis, Ward 7 Jay Walsh, State Rep 11th Essex District Peter Capano, Ward 3 Coco Alinsug, and School Committee Brian Castellanos.

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