

THE LYNN JOURNAL

Friday, March 10, 2023



NEW LYNN COALITION HONORS UNSUNG HEROES



"Ungung Heroes" of Lynn and Coalition Co-Founder State Rep. Peter Capano were recognized at New Lynn Coalition annual fundraiser at the Lynn Museum. Pictured, the Lynn Delegation Honoring Peter Capano - Ward 2 Councilor Coco Alinsug, Council President Jay Walsh, State Rep. Jenny Armini, Honoree Peter Capano, Mayor Jared Nicholson, Councilor-at-Large Hong Net, Ward 6 Councilor Fred Hogan, and Michael Satterwhite. See pages 6 and 7 for more photos.

Agganis film hits Hollywood!

Paramount Global Content Distribution has acquired U.S. distribution rights for the film "Agganis the Golden Greek, Excellence to the End"

Special to the Journal

Paramount Global Content Distribution will distribute the documentary, "Agganis the Golden Greek, Excellence to the End," about Harry Agganis' life across the country. Agganis will forever be known as the Golden Greek, a legend on the football and baseball fields where he performed incredible feats. The handsome athlete from Lynn, Massachusetts was only 26 years old and hitting .300 as the first baseman for the Boston Red Sox when he died suddenly from a blood clot in his lung on June 27, 1955.

The two-hour documentary was executive produced by Agganis' grandnephew, Greg Agganis, and his father Michael Agganis. Cramer Productions of Norwood produced the documentary that was narrated by Clark Booth.

The documentary shows black and white films of Agganis as a high school star at Lynn Classical and later as a BU Terrier. He was a first-round draft pick of the Cleveland Browns in the 1952 draft but stunned everybody by signing with the Boston Red Sox instead so he could be close to his widowed mother. Johnny Pesky and Ted Williams both talk

about the gifted athlete in glowing terms.

Portions of the revenue from the film will go directly to Agganis' alma mater at Boston University in the form of scholarships for its student athletes.

"I am very grateful to Paramount Global. Without their passion and efforts this would have never happened," said Greg Agganis. "It's a labor of love and my passion is getting the word out about Harry's life. I want to continue to spread his legacy. The goal is to get national recognition for Harry. It's really a wonderful story, it is just as timely today as it was right after he died."

Sawyer named GBL Coach of the Year

Hennessey, Thurman are League Co-MVPs

By Cary Shuman

Lynn Classical girls basketball head coach Tom Sawyer was selected the Greater Boston League Coach of the Year, while seniors Lauren Hennessey and Ava Thurman, were voted the GBL Co-Most Valuable Players.

Sawyer guided his team to the 2022-23 GBL title with a 14-0 record. The Rams also won six non-league games to finish 20-0 overall. Sawyer notched his 200th career victory in the regular season finale. Classical fell to Algonquin Regional (Northborough), 58-51, in the MIAA State

Tournament.

Hennessey and Thurman, both four-year varsity players, were the catalysts of the Rams' offense. The pair also excelled for the Rams' defense that led the GBL in fewest points allowed. Teammates Akiyah Brown, Lauren Wilson, and Keisha Perez were selected GBL All-Stars.

Sawyer, who completed his 17th season as head coach, spoke proudly about his team's individual awards and humbly of being selected the GBL's top coach.

"I think it is very fitting that

Please see SAWYER Page 3

My Brother's Table turns April showers into prizes

Special to the Journal

My Brother's Table Soup Kitchen (MBT), located in Lynn, will hold a raffle with a winner every day throughout April, plus a special bonus raffle prize on May 1.

Prizes include Red Sox and Bruins tickets, restaurant gift cards, theater tickets, and more! Total prizes valued over \$5,000. Each ticket purchased has 30 chances to win. Every day in April, a name will be drawn, and that lucky person wins that day's

prize. Winning tickets are reentered into the raffle, and are eligible to win again!

Raffle tickets are priced at \$30 for one, \$50 for two, \$100 for five, \$250 for fifteen, and \$500 for thirty-five. Donors who purchase tickets at the \$100 level and above will also be entered into a special bonus raffle to win \$500 in scratch tickets. Winners will be notified via email and announced daily on the My Brother's Table website and social me-

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Our 01902 Senior Page See Page 12

EDITORIAL

SPRING FORWARD THIS SUNDAY

This Sunday, March 12, marks the start of Daylight Savings Time when we set our clocks ahead an hour.

Yes, we lose an hour of sleep, but the time for sunset magically will move from 5:46 PM on Saturday to 6:48 PM on Sunday, giving us an extra hour of daylight in the evening. (Conversely, we lose an hour of daylight in the morning because sunrise also moves up an hour, from 6:01 AM on Saturday to 6:59 AM on Sunday.)

Even though Daylight Savings Time has occurred in March for quite a few years, for those of us who grew up when Daylight Savings Time did not begin until mid-April, the earlier start to the Daylight Savings season is a bit jarring.

When Daylight Savings began in April, it was a sure sign that spring was in the air and that summer was around the corner. It also coincided with the start of the Little League season, another harbinger of summer.

But with Daylight Savings now coming in mid-March, when the weather is still chilly, Daylight Savings occurs when the weather is not even remotely spring-like.

Still, we're happy to have that extra hour of daylight in our evenings. The weather may not be great, but at least it's bright at 7:00 PM -- a signal that although spring may not quite have arrived, winter surely is fading fast.

MARK YOUR CALENDARS -- THE REVERE BEACH SAND SCULPTING FESTIVAL IS JULY 28-30

Speaking of the coming summer season of 2023, the Revere Beach Partnership, in coordination with the City of Revere and the Department of Conservation and Recreation, recently announced that the 19th Annual Revere Beach International Sand Sculpting Festival, one of the premier events of the summer season in Greater Boston, will take place from July 28-30.

The theme for this year's event will be "Celebrating 90 Years of Kong" and will feature a centerpiece sand sculpture highlighting an epic King Kong battle. The event's signature master sand sculpting competition will feature 15 master sand sculptors, three days of live entertainment, gourmet food trucks, specialty food vendors, exhibitors, and amusement rides, as well as some special King Kong-themed surprises that will be announced closer to the event.

As always, the festival promises to be fun for everyone, regardless of age, and will be a family-friendly event.

Revere Beach proudly is America's oldest public beach and has been undergoing a new Renaissance-era in the past decade and the festival will give long-time residents of the Boston area an opportunity to see first-hand the transformation that has occurred in recent years.

With good weather, the festival could attract up to a million people. Fortunately, the Blue Line has a stop at Revere Beach (and at Wonderland) and offers the best means of transportation for visitors.

So mark your calendars now to be sure to check out what has become one of the most-anticipated events of the summer season in the Greater Boston (and beyond) area.

GUEST OP-ED

Working together, an essential for every family

Dr. Glenn Mollette

I was not quite five years old when I stood, looking up the steps to our upstairs, yelling "Mommy hurry, Mamaw is dying." My grandmother Ina Hinkle and aunt Maude Hinkle were in the room trying to comfort my Mamaw Mollette. Throughout the morning she had been sick. She had complained about pain and Grandma Hinkle and Aunt Maude were constantly rubbing her arms trying to comfort her.

Life was different back in that day. My dad had driven our only car to West Virginia to work his shift in the coal mine. We didn't have a hospital in our county and Doc Ford was the lone medical doctor. He routinely had 10 to 20 people waiting to see him.

We didn't have a paramedic unit in Martin County. Our local funeral home would take people to the hospital in their hearse but there was no medical care rendered on the way. I got that ride twice. Once, when I split my head open playing with a first cousin. The second time was after a bad car wreck while driving my first old Chevelle to high school.

We didn't have a telephone at that time. We didn't have a telephone until I was nine years old and then it was an eight-family party line. Thus, there was no way my mother could call for help or drive to ask for help for my Mamaw.

Racing down the steps to my plea and the calls of Grandma Hinkle and Aunt Maude, who were now calling in unison with me to my mother Eula, "Come Eula, she is dying!" As we gathered around Mamaw's bed we

stood as she breathed her last few breaths and departed her body to be with Jesus. There wasn't anything else we could do but cry as we held to her lifeless body.

The words of those Saintry women standing in the room that day were "She is now with the Lord."

My sister Wanda recalls she was a junior in high school at that time. There were semester tests that particular day at school. "Mamaw asked me not to go to school that day saying, 'Don't go, I'm going to die today.'" As many of us would probably reply, she said "Mamaw, you aren't going to die. You're going to be fine." As we age, we know our bodies and we know when things have changed. Mamaw knew it was her last day.

When my dad came home from the coal mine, he went into Mamaw's room where her body lay and bent over and hugged her. A little later the funeral home came for her body.

The funeral home brought her body back to our house where her casket and flowers were placed in a bedroom just off from our living room. Many family members and friends visited our house the next couple of days.

Mamaw Mollette's husband, my grandfather Lefe, whom I never met, died about a year or so before my dad and mom married. For the next 19 to 20 years, I don't know the exact number, Mamaw Mollette lived with Mom and Dad and our family. She visited for weeks with her other sons who lived in West Virginia but most of her time was spent with us. I got less than five years with Mamaw but my two

sisters and two brothers spent many years with her.

We grew up in a small house with one bathroom. There were eight of us living in the house. We only had four small bedrooms and a hallway with a twin bed. We had guests all the time. Very often other family members were visiting and my mother worked nonstop to feed and take care of everybody. Looking back, I wonder how Mom and Dad were able to keep it all together. I was on the tail end of the family so being worried about access to the bathroom and space wasn't much of a concern at that stage.

My hat is off to my dad and mom for making a place for Mamaw all those years. They worked together. Life was not always easy but it was all we knew and we did the best we could. Mom and Dad stayed together for over 60 years and both are now buried in the garden where they worked together for most of their lives.

The point of all this is that families can make it if they will work hard, love each other, and be very patient. Every family has ups and downs. No family is perfect. No one lives life without problems and troubles. Treating each other with love and respect, and everyone working together are essentials for every family.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

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REAL's Annual Little Free Library Crawl set for March 19

Families with early readers are invited to embark on an adventure in literacy at The REAL Program's Annual Little Free Library Crawl: A Celebration of Literacy at Lynn Museum, Lynn, MA on Sunday, March 19, from 12:30 to 3 p.m. Registration will be at the Lynn Museum, at 12:30 p.m. The price is \$5 per child, \$20 max per family.

Together, children and adults will enjoy searching for clues on a literacy-based scavenger hunt beginning at Lynn Museum at 12:30 pm. Teams will receive a passport, map, and clues at the Museum before continuing onto the neighboring Neal Rantoul Vault Theatre. Teams will search for clues hidden throughout The Vault's black box studios and art galleries where children will find clues inside REAL's Little Free Libraries and Lynn Arts exhibits and murals. Sponsoring Lynn family organizations will be on-site to offer free crafts and activities for children and share information about their services with parents and caregivers.

Celebrated local author Sheila Duncan will inspire both children and adults to spread kindness with a reading of her latest children's book, *Where There's Trouble, There's Hope* on stage at the Neal Rantoul Vault Theatre at 1:30 pm. Beloved REAL

educator Mrs. Brown will lead children in a group reading of the *Elephant and Piggie Books* aloud at the Lynn Museum at 2:00 p.m.

Free books, scavenger hunt, children's crafts, family service organizations, author visit with sheila duncan, music, and refreshments will be provided.

Following the scavenger hunt, book readings, and activities REAL Travelers will return to Lynn Museum, where community police and Lynn Community TV will award certificates and prizes, and guests will enjoy refreshments and music.

The REAL (Reading and Educational Assistance for Learning) Program in Lynn, MA, provides early readers free one-on-one literacy skills and access to books to help build a foundation for a lifetime of reading and ESL classes for REAL parents and other adults.

The partnership between The REAL Program and the world's largest book-sharing nonprofit Little Free Library® began after REAL's Executive Director Jan Plourde learned

of the closure of all of Lynn's annex libraries and saw a concerning drop in the city's literacy scores. Plourde and the REAL team are determined to write a new narrative for the city, making Lynn a City of Readers. The

REAL team rallied Lynn city leaders to help address this literacy crisis as part of REAL's mission, to improve literacy in Lynn. With the support of the city and sponsors, volunteers were able to create a plan to build, decorate, and install REAL Little Free Libraries throughout Lynn's neighborhoods. Together REAL volunteers, educators, and local artists set a goal of installing 250 REAL Little Free Libraries to act as neighborhood annex libraries throughout the city. To date, REAL volunteers and local sponsoring businesses have built, decorated, and installed over 60 REAL Little Free Libraries in Lynn neighborhoods and public spaces and an additional 121 libraries are ready to be installed this winter and spring.

There is no better way to put literacy first than to join The REAL Little Free Library® Crawl as a Traveler, Ambassador, or Sponsor!

To join in this celebration of literacy, visit www.therealprogram.org or contact Jan Plourde,

The REAL Program Executive Director, at 978.993.4425, jan@therealprogram.org.

All Travelers must pre-register at www.therealprogram.org to walk the Crawl (\$5 per child 4-10+ years of age and \$20 per family.)

NEWS BRIEFS

DCR STARTS RAILING REPLACEMENT WORK

Beginning Wednesday, March 8, and continuing through Friday, April 28 (excluding weekends), the Department of Conservation and Recreation (DCR) will conduct railing replacement work atop the sea wall and handrail replacement work on ramps to the beach along Lynn Shore Drive in the City of Lynn from 7:00AM to 5:00PM. The roadway will remain open to vehicular traffic, and there will be minimal effects to pedestrian walkways and sidewalks; ramps to the beach may be closed off at some point during construction.

Detours will be clearly marked, and DCR urges visitors to use caution in construction areas and around equipment.

BEWARE OF SOCIAL SECURITY-RELATED SCAMS

On National Slam the Scam Day and throughout the year, we give you the tools to recognize Social Security-related scams and stop scammers from stealing your money and personal information. Share scam information with your loved ones. Slam the Scam!

Recognize the four basic signs

of a scam:

1. Scammers pretend to be from a familiar organization or agency, like the Social Security Administration. They may email attachments with official-looking logos, seals, signatures, or pictures of employee credentials.

2. Scammers mention a problem or a prize. They may say your Social Security number was involved in a crime or ask for personal information to process a benefit increase.

3. Scammers pressure you to act immediately. They may threaten you with arrest or legal action.

4. Scammers tell you to pay using a gift card, prepaid debit card, cryptocurrency, wire or money transfer, or by mailing cash. They may also tell you to transfer your money to a "safe" account.

Ignore scammers and report criminal behavior. Report Social Security-related scams to the SSA Office of the Inspector General (OIG).

Visit www.ssa.gov/scam for more information and follow SSA OIG on Facebook, Twitter and LinkedIn to stay up to date on the latest scam tactics. Repost #SlamtheScam information on social media to keep your friends and family safe.

Sawyer CONTINUED FROM PAGE 1

Ava and Lauren were voted by the GBL coaches as co-MVPs of the league this year," said Sawyer. "I feel we were a very balanced team which led to our success on the court, and Ava Thurman and Lauren Hennessey were the two that led us. Their stats were very similar, and their individual basketball game was very complementary to each other. They both made a commitment to be the best players they could be, they put in the work, so I'm proud and pleased they were selected.

"I'm also very pleased that Akiyah Brown, Lauren Wilson and Keisha Perez were selected as GBL All Stars," continued Sawyer. "I believe their selections are a testament to the balanced team that we were and recognition of their contributions to our GBL championship season. Each one of them had more than one game where they were the key figure in ensuring the team's victory. I also want to thank their teammates who

helped those five achieve these selections. It takes an entire team, day in and day, out over a long season to achieve the results we did.

"I appreciate the other GBL coaches selecting me as GBL Coach of the Year. The league is full of quality coaches and to be selected is an honor. "However, I feel Coach of the Year is not an individual award but a Lynn Classical Girls Basketball program award that was made possible, and therefore I share it with my assistant coaches, Rob Smith, Shardaye Berry and Alina Garrity. I couldn't ask for a better, more caring staff that I am very lucky to have. Also I have to thank my players as it takes dedicated and committed players to bring success to any program and that is what I had with the 2022-23 Lady Rams."

Lynn English girls basketball players Matty Laurino, Amara Flores, and Jaeleigh Perry were selected GBL All-Stars.

Keel named GBL Boys Bas-

ketball MVP

Abreu named GBL Coach of the Year

Warren Keel was selected as the Greater Boston League Boys Basketball MVP by a vote of the league's coaches. Lynn English head coach Alvin Abreu was voted the GBL Coach of the Year.

Also earning GBL All-Star awards were Lynn English players Tyrese Melo Garcia, Joshua St. Jean, and Nelson Obarisiagbon.

English won the GBL title with a 14-0 record, finishing 19-1 overall. The Bulldogs defeated Cambridge, 79-60, in their Division 1 State Tournament opener before falling to Newton North, 52-38, in the Round of 16.

Lynn Classical placed two of its players on the GBL All-Star team. Freshman guard Marvin Avery Jr., son of Classical head coach Marvin Avery Sr., and junior guard Almina Gerado, were selected to the team.

The Classical team received the GBL's Sportsmanship Award.

Prizes CONTINUED FROM PAGE 1

dia platforms.

Tickets are on sale now! Get yours before the first drawing on April 1. To purchase tickets online, please visit www.mybrotherstable.org/raffle. To purchase tickets by cash or check, please mail to 98 Willow Street, Lynn MA 01901 and include your contact information in the memo line.

The raffle is sponsored by Mass General Brigham, Eastern Bank, Institution for Savings Bank, Lynn Community Health Center, MG+M The Law Firm, Salem Five Bank, and Techno-Tax. Please join them in sup-

porting the Table while the need is so great.

Founded in 1982, My Brother's Table is the largest soup kitchen on the North Shore. Open 13,000+ consecutive days, it has provided 6.6+ million hot, free meals and outreach to men, women, and children in need. In 2022, the Table served 989, 392 meals. Because of the intense demand, the Table continues to stay open all day, serving meals to-go. The rising costs of food and supplies, in addition to the volume of meals served, has led to a strain on the Table's finances. This fundraiser will help.

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The Sponsors of Mass Save announce nine new Community First Partnership awardees

The Sponsors of Mass Save® are pleased to announce nine new Community First Partners, consisting of 23 municipalities and four community-based organizations (CBOs), that have been selected to participate in the 2023-2024 Mass Save Community First Partnership. Further expanding the Sponsors' efforts to deliver equitable access to a clean energy future for all customers, these new participants join 28 municipalities and four community-based organizations already participating in the Partnership.

The Partnership provides recipients with funding up to \$60,000 to expand outreach and increase energy efficiency participation in Environmental Justice Communities where historically,

energy burdens are disproportionately high.

Working with their local Mass Save Sponsor(s), this second cohort of participating municipalities and CBOs will receive comprehensive training in energy efficiency offerings, including residential and small business weatherization, heating and cooling upgrades, and multilingual marketing materials. This ongoing support enables more robust outreach to renters and landlords, non-English speaking/limited English proficiency residents, low-to-moderate income households, and small businesses.

"Ensuring all residents have equitable access to our nation-leading energy efficiency solutions is a top priority for the Mass Save Sponsors," said Ever-

Selected Municipalities:

Adams	Chilmark	Lanesborough	Oak Bluffs	Westport
Aquinnah	Edgartown	Lee	Swampscott	West Tisbury
Arlington	Everett	Lynn	Taunton	Worcester
Attleboro	Fall River	New Bedford	Tisbury	
Brockton	Great Barrington	North Adams	Watertown	

source Director of Residential Energy Efficiency, Kate Peters. "We are thrilled to have more than two dozen new municipalities and community-based organizations this year to build on the efforts already taking place in 28 communities across the state. Working with these communities and organizations is an important step in ensuring that together we're building a clean energy future inclusive of all residents in

Massachusetts."

Selected Community Based Organizations:

- Berkshire Regional Planning Commission
- Cape Verdean Association
- Clean Water Action
- Vineyard Power

The Community First Partnership, now in its second year, delivered more than \$500,000 to support communities in 2022 and 2023.

Mass Save is a collaborative of Massachusetts' electric and natural gas utilities and energy efficiency service providers including Berkshire Gas, Cape Light Compact, Eversource, Liberty, National Grid, and Unitil. We empower residents, businesses, and communities to make energy efficient upgrades by offering a wide range of services, rebates, incentives, trainings, and information.

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St. Mary's High School sports teams advance in MIAA State Tournament

Three of St. Mary's winter sports teams, girls basketball, girls hockey, and girls hockey, are still very much in the hunt for Massachusetts state championships.

The girls basketball team, led by head coach Jeff Newhall, has been a force with victories over Ipswich (81-38) and Sandwich (75-22). The Spartans are set to host an Elite 8 game versus Medway Friday, March 10 at 6 p.m. at the Tony Conigliaro Gymnasium.

Kellyn Preira scored the 1,000th point of her career in the victory over Sandwich. Preira has committed to attend Division 1 Monmouth College.

Coach Frank Pagliuca's No. 1-ranked girls hockey team has

advanced to the Final Four following wins over Medford (6-1), Bishop Fenwick (3-1), and Peabody (2-0).

The Spartans will play Billerica/Chelmsford in the state semifinals. Billerica/Chelmsford upset previously undefeated Winthrop, 3-2, Wednesday night at the Cronin Rink in Revere. MIAA officials moved that game from Winthrop's hometown rink (Larsen Rink at the Mike Eruzione Center), a decision did not sit well with Winthrop officials, reasoning that Winthrop had earned the right to host the game in its own rink.

The upset of the Vikings denied high school hockey fans the opportunity to see a matchup of two of the state's premier play-

ers, Jenna Chaplain of St. Mary's and Emma Holmes of Winthrop.

Meanwhile, head coach David Brown's boys basketball team is continuing its quest for a back-to-back state title following wins over East Boston (81-52) and Dedham (73-33). The Spartans will play Tech Boston Saturday, March 11 at 1 p.m. at Salem State University.

Coach Brown, his wife, Helen Brown, and their son, David Brown Jr., will attend the Massachusetts Football Coaches Association Awards Banquet where David Jr. will receive his All-State Football Team Award. St. Mary's head football coach Sean Driscoll will also attend the banquet.

Retired Boston sports legends have unclaimed property

Massachusetts State Treasurer Deborah B. Goldberg has announced the latest grouping of names added to the state's list of unclaimed property owners, and fortunately for you this is one shot that Tuukka Rask can't stop.

Over 50,000 new properties worth millions of dollars belong to individuals and businesses throughout the Commonwealth including Tom Brady, David Ortiz, Kevin Garnett, and Tuuuuuuukka Rask.

This is no Hail Mary pass; it is more of a slam dunk when you visit findmassmoney.com. One in ten Massachusetts residents are owed money. And unlike athletes that retire, your unclaimed proper-

ty is always on the roster.

"As Tom Brady likes to say, let's go!" said State Treasurer Deborah B. Goldberg. "And to quote Kevin Garnett after winning the 2008 NBA Championship, anything is possible..... especially when you visit findmassmoney.com."

Unclaimed property includes forgotten savings and checking accounts, un-cashed checks, insurance policy proceeds, stocks, dividends, and the contents of unattended safe deposit boxes. These accounts have had too much hang time and are turned over to the state after three years of inactivity. This newly released list includes only individuals and businesses with unclaimed property over

\$100.

So, if you are looking to hit "one out of the pahkk", remember that Treasury releases an updated list of unclaimed property assets every six months as the new accounts are turned over to the Commonwealth. Last year, Treasury processed over 151,000 claims of over \$176 million in property to its rightful owners.

This newly released list includes only individuals and businesses with unclaimed property over \$100. Treasurer Goldberg urges all citizens to check the comprehensive list for all amounts at www.findmassmoney.com or call our live call center at 888-344-MASS (6277).

MI PAIS OFFICIAL GRAND OPENING AND RIBBON CUTTING CEREMONY

A very pleasing and comfortable Latin-American Food restaurant located in Market Square at 730 Western Avenue officially opened after a formal ribbon cutting ceremony. The food is a diverse selection of Lat-

in dishes. Owner Carlos Mata is very excited to continue in the food business with his family as he said, "I want to make something different in the city by having a family style appeal. We offer a

variety of Latino foods choices. MI PAIS is the place to dine and enjoy a particular dish from one's home country. We welcome everyone."

City and State Citations were presented to MI PAIS. Having a new business opening up in Lynn is a positive move as Mayor

Nicholson stated, "This is a great day to have this new restaurant located in the Market Square district. I wish MI PAIS success and congratulations to Carlos and his entire family."

Participating in this Ribbon Cutting Ceremony were Ward 6 Councilor Fred Hogan, State

Representative Peter Capano, Sean Reid from State Senator Brendan Crighton's office, North Shore Latino Business Association (NSLBA) Director Frances Martinez and David Zeller, Obed Matul, and Natasha Megie-Madrey.



Greetings from MI PAIS staff - Esmeralda, Raquel, Sara, Roxy, and Martha with owner Carlos Mata



Ribbon Cutting Ceremony inaugurates official opening of a new Lynn family restaurant.



State Rep. Peter Capano and Ward 6 Councilor Fred Hogan congratulated Carlos Mata on the official restaurant opening.



Official City and State House Citations and NSLBA Congratulatory Support: Mayor Nicholson, State Rep. Peter Capano, Ward 6 Councilor Fred Hogan, and Sean Reid from State Sen. Brendan Crighton's Office along with NSLBA Director Frances Martinez, Obed Matul, and David Zeller.



Pastor Felix Monegro, Mayor Jared Nicholson, Carlos Mata, Paster Jose L. Hidalgo, and NSLBA Director Frances Martinez.



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NEW LYNN COALITION HONORS UNSUNG HEROES

“Unsung Heroes” of Lynn and Coalition Co-Founder State Rep. Peter Capano were recognized by New Lynn Coalition annual fundraiser at the Lynn Museum. Opening comments by President Tish Mukala asked everyone if we have one Lynn or two Lynns. An overwhelmingly enthusiastic response was one Lynn.

“We are here together to honor and pay tribute to one of the co-founders of New Lynn Coalition and others who contribute to the community,” said Tish Mukala. She continued to say, “The co-founders had an idea to form an organization in 2010 to represent the majority of the struggling working class. We support all of our coalition partnerships. It did not matter where you came from; it did not matter the color of your skin; it did not matter of one’s ethnic background; and everyone was welcome.”

Presenter Quendia Martinez for Peter Capano addressed everyone as she said, “The New Lynn Coalition has been the open door for many people. Tonight, we recognize the hard work of a co-founder. He has been an advocate for those who cannot speak for themselves. He has been defending the rights of working people. This moment is an honor for me to introduce my best friend as we pay tribute to State Rep. Peter Capano.”

“Hearing everyone speak feels like a little part of me”, said Peter Capano. He continued to say, “If you give people hope, people will turn into leaders. If you are a leader, you must expect you will lose more than you will win. That really is not a loss. We are trying to change people to a way of thinking which is a whole new way of looking at things.”

“All the people recognized this evening are now leaders.



Honoring MA Senior Action Council member Joan Noble with her granddaughter, Olivia Minchello, accompanying her.

You win with people working with you,” said Capano. “Even if you lose the final outcome that is not what matters, it is all the conversations you had with each other. This is about helping working people. This is what we are doing with the New Lynn Coalition,” stated Honoree Peter Capano.

Congratulations to Unsung Heroes of the New Lynn Coalition: Barbara Okeny, Leiny Liriano, David Gass, Norka Dongo Becerra, Rosario del Rosario, Derek White, Rob Peterson, Mike Kwiatek, Marvin Lark, Eduardo Perez, Alfredo Colon, Rosimara Sneed, Joan Noble, Ana Perdomo, and Janine LaFond.



Attending the program – David Solimine Jr. and David Solimine Sr. who supports Veterans, Honoree Peter Capano, Atty. James Carrigan who wrote the NLC by-laws, Tribute Presenter Quendia Martinez, and NLC President Tish Mukala.



New Lynn Coalition Board of Directors - (Front): President Tish Mukala, Neil Whittredge, and Quendia Martinez; (Back): Exec. Director and Co-Founder Jeff Crosby, Paul Coombs, VP Jacqueline Fitzhugh, Robert Reynolds, Rosimara Sneed, and Jonathan Feinberg.



Best wishes to Honoree Peter Capano from Presenter Quendia Martinez, Ward 2 Candidate Obed Matul, and Pastor Eduardo Caceres.

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NEW LYNN COALITION HONORS UNSUNG HEROES



Founders of the New Lynn Coalition in 2010 – State Rep. Peter Capano, Former Lynn School Committee Maria Carrasco, and Former President of the North Shore Labor Council Jeff Crosby.



Local 201 IUE-CWA members – President Adam Kaszynski, Nefty Alvarez, Tony Dunn, Honoree/EAP Derek White, Honoree/E-Team Rob Peterson, Tom O’Shea, and Bob Reynolds.



Food Delivery Program Unsung Heroes – Michael Kwiatek and Melvin Lark with Food Coordinator Neil Whittredge and Executive Director Jeff Crosby.



Lynn Worker Center Unsung Heroes President Eduardo Perez and VP Alfredo Colon with State Rep. Peter Capano, Mayor Jared Nicholson, NLC Co-Founder Maria Carrasco, and Julio Ruiz.



Congratulations to Peter Capano from Ward 4 Candidate Atty. Natasha Megie-Maddrey and Ward 2 Candidate Elizabeth Figueroa.

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BREAKFAST CLUB AT LYNN READING COOP BANK

A little snow failed to deter the Greater Lynn Chamber of Commerce (GLCC) Morning Breakfast Club meeting with the Reading Coop Bank (RCB) staff. GLCC Director Colin Codner was very upbeat seeing members attend under difficult weather conditions as snow fell throughout the night and into the morning. He explained, "This Breakfast Club event was designed for local business leaders to connect

and increase a larger network of referrals before heading for work." Reading Cooperative Bank CEO, Julie Thurlow, was excited for the bank to host this Breakfast Club. She said, "We are a bank for all because your family, your business, and your community matter most to us. I want to thank everyone for attending and learning more about how we do business."



RCB Staff: Dan DiGiacomo, Hong Xie, Kerry Ranieri, CEO Julie Thurlow, Olga Vasquez-Garcia with GLCC Director Colin Codner, Christine Pierce of Columbia Insurance, and Lynn Realtor Chris Bibby.



GLCC Membership Coordinator Corie Currier with Birgitta Damon, Lisa McFadden, and Karen Pilecki.



Kayleigh Valente joins Dan DiGiacomo of Reading Cooperative Bank.



Attending the Breakfast Club – Sammy Kheal and Nicole Johnson.



Reading Cooperative Staff – VP Commercial Loan Hong Xie, VP Community Banking & Development Kerry Ranieri, President & CEO Julie Thurlow, and AVP Branch Service Olga Vasquez-Garci.

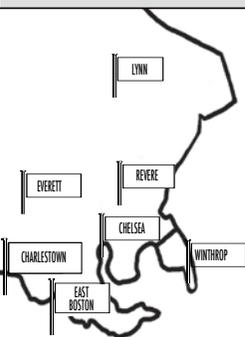
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Where to pick up a copy of the Lynn Journal

Community Credit Union, 1 Andrew Sq.
Eastern Bank, 195 Market St.
St. Mary's, 35 Tremont St.
Dunkin Donut, 42 Market St.
Brothers Deli, 41 Market St.
Lynn YMCA, 20 Neptune Blvd.
Shaws Lynn Market Place, 43 State St.
Edison Bldg., 85 Exchange St.
Charlies, 39 Exchange St.
Gls Senior Center, 8 Silsbee St.
Silsbee Towers, 67 Silsbee St.
D & M, 13 Broad St.
Lynn Art, 25 Exchange St.
Cal News, 53 Central St.
PF O'Sullivan, 151 Central St.
Lynn Museum, 590 Washington St.
Police Station, 300 Washington St.
Stop & Shop, 35 Washington St.
Lynn Court House, 580 Essex St.
Lynn Housing Authority, 10 Church St.
Capital Dinner, 431 Union St.
Lynn Apt., 295 Lynn Shore Dr.
Johnny's Market, Lynn Shore Dr
.Lynn City Hall, 3 City Hall Sq.
Lynn Library, 5 N Common St.
Boys & Girls Club, 25 N Common St.
Corner Shop, 70 Market Sq.
CVS, 200 S Common St.
Tony Leanas, 617 Boston St.
Little River, 618 Boston St.
Lynn Liquor, 825 Boston St.
CVS, 65 Boston St.
Rite Aid, 52 Boston St.
7-Eleven, 3 Lynnfield St.

Lazy Dog, 328 A Broadway
Rolly's, 338 Broadway
Walgreens, 290 Broadway
Richdales, 229 Broadway
Lynn Sewer, 400 Pakland Ave.
Kwik Stop, 534 Lynnfield St.
Western Ave. Store, 108 Western Ave.
Johns Roast Beef, 111 Western Ave.
Convenience Plus, 225 Western Ave.
Lynn Convenience, 109 Western Ave.
7 Eleven, 50 Western Ave.
Metro Credit Union, 475 Western Ave.
CVS, 509 Eastern Ave.
Appt. Building, 130 Western Ave.
Osborne Pharmacy, 252 Western Ave.
Market Basket, 40 Federal St.
Richadale, 585 Essex St.
All Day Convenience, 548 Summer St.
Walgreens, 841 Western Ave.
Corner Shop, 70 Market Place
Mobile, 512 Chestnut St.
Richdales, 573 Chestnut St.
Tedeschis, 210 Lewis St.
Riverworks Credit Bank, 947 Western Ave.
Ocean Shore Apt, 50 Lynnway
Three Yolks, 1103 Lynn Marsh Rd.
Richdales, 149 Walnut St.
Walnut Coffee, 157 Walnut St.
Lynn Classical High School,
O'Callaghan Way
Lynn English High School, 3 City Hall Sq.
Imagination Station Learning Center,
319 Lynnway
North Shore Community College,
300 Broad St

.Totals Full Color, 365 Chatham St.
North Shore Latino, 33 Sutton St.
Stop & Compare, 43 A Lynn Market Piazza
Crunch Fitness, 43 B Lynn Market Piazza
Bank of America, Lynn Market Piazza
African Food Market, 112 Sutton St.
Little Field Building, 604 Essex St.
Laundromat, 167 North Common St.
The May Flower Building,
185 North Common St.
North Shore Health Car,
191 North Common St.
Supreme Food, 201 North Common St.
Discount Liquor, Market Sq.
Laundromat, Market Sq.
Santander Bank, Market Sq.
Dunkin Donut, 819 Western Ave.
Richdale, Franklin St.
Primo Roast Beef, Franklin & Boston St.
Eastern Bank, 156 Boston St.
Saint Jeans Credit Union, Chestnut St.
Richdale, 453 Chatam St.
Ivory Bakery, Eastern Ave.
Ninas Market, Eastern Ave. & Essex St.
Eastern Market, Eastern Ave.
Lilys Convenience, Lewis St.
Giovannis House Of Pizza, Lewis St.
Sofias Market, 74 Lewis St.
Dunkin Donut, 116 Lewis St.
Walgreen, Lewis St.
Laundromat, 190 Lewis St.
Building, 295 Ocean Ave.
Lynnway Liquor, Lynnway
Dunkin Donut, Lynnway
CB Unlimited, 78 Baldwin St.

OBITUARIES

William "Tommy" Thomas

Scott Mishel

May he rest in peace

William "Tommy" Thom-
as Scott Mishel of Lynn passed
away unexpectedly on February
24. The beloved son of Mark
Mishel and Hannah Gilbert, he
was the cherished grandson of
Doug and Cheryl Mishel and
Scott and Lisa Flanagan, dear
brother of Grace Gilbert and
Miles Mishel and is also sur-
vived by his many aunts, uncles
and cousins.

Family and friends honored
William's life by gathering at
the Ruggiero Family Memori-
al Home, North Shore Chapel,
10 Chestnut Street, Peabody,
on Sunday, March 5, from 2 to
6 p.m. Committal services were
private. May he rest in peace. To



leave an online condolence visit
www.ruggieromh.com.

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THE COMMONWEALTH OF
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HIGHWAY DIVISION
NOTICE OF A PUBLIC
INFORMATIONAL MEETING
Project File No. 610919
A Live Virtual Public Informa-
tional Meeting will be hosted
on the MassDOT website below
to present the design for the
proposed Northern Strand
Extension project in Lynn and
Nahant, MA.
WHEN: 6:30 PM Eastern
Time - Thursday, March 16,
2023
PURPOSE: The purpose of
this meeting is to provide the
public with the opportunity to
become fully acquainted with
the proposed Northern Strand
Extension project. All views
and comments submitted in
response to the meeting will

be reviewed and considered to
the maximum extent possible.
PROPOSAL: The proposed
project consists of a construc-
tion of a two-way separated
bike lane and shared-use
trail facility - extending
from the current Northern
Strand terminus at Western
Ave, along Market Square, S
Common Street, Market Street,
the Lynnway (Carroll Park-
way), and Nahant Road for
approximately 1.9 miles. The
project seeks to provide safer
and improved transportation
access for bicycle users and
pedestrians.
This meeting is accessible
to people with disabilities.
MassDOT provides reasonable
accommodations and/or
language assistance free of
charge upon request (e.g
interpreters in American Sign
Language and languages
other than English, live
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be made as soon as possible
and prior to the meeting, and
for more difficult to arrange
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LOCAL STUDENTS EARN ACADEMIC HONORS

SNHU ANNOUNCES FALL 2022 PRESIDENT'S LIST

It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2022 President's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Sulthanamole Thajudeen of Lynn
 Sugei Abreu of Lynn
 Oleiri Santana of Lynn
 Brian Racki of Lynn
 Gavriella Figueroa of Lynn
 Hope Kincaid of Lynn
 Matthew Mehan of Lynn

CLOSE TO 7,000 UNIVERSITY OF RHODE ISLAND STUDENTS NAMED TO DEAN'S LIST

The University of Rhode Island is pleased to announce the Fall 2022 Dean's List. Students named to the Dean's List represent nearly all of Rhode Island's

cities and towns, all six New England states, New York and New Jersey, and many other states and countries.

They include:
 Jennifer Creamer of Lynn
 Olivia Langlois of Lynn
 Ava Mantenuto of Lynn
 Gabrielle Soares of Lynn

To be included on the Dean's List, full-time students must have completed 12 or more credits for letter grades which are GPA applicable during a semester and achieved at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 or more credits for letter grades which are GPA applicable earning at least a 3.30 quality point average.

Founded in 1892, the University of Rhode Island is the principal public flagship research and graduate institution in Rhode Island. Competitive and highly regarded, its more than 14,500 undergraduate students and 2,200 graduate students represent 48 states and 76 countries across the globe. With 203 academic programs, URI offers its undergraduate, graduate, and professional students distinctive educational opportunities designed to meet the global challenges of today's world and the rapidly evolving needs of tomorrow. At URI, you will find some of today's leading innovators, discoverers, and creative problem solvers.

in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's.

LOCAL RESIDENTS NAMED TO CLARK UNIVERSITY'S FALL 2022 DEAN'S LIST

Following are names of local students whose outstanding academic performance earned them a spot on Clark University's Fall 2022 Dean's List:

James A. Claffey, of Lynn, was named to first honors.

Brooke S. Langis, of Lynn, was named to first honors.

Raisa D. Bonifaz, of Lynn, was named to second honors.

Eve J. Deleon, of Lynn, was named to second honors.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

Stephanie Steriti of Lynn a member of the class of 2024 majoring in Mechanical Engineering, was named to the university's Dean's List for academic excellence for the fall 2022 semester.

A total of 2,069 undergraduate students achieved the criteria required for WPI's fall 2022 Dean's List. The criteria for the WPI Dean's List differs from that of most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students work on open-ended problems for communities around the world. The problems are important and the impact is real" said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

About Worcester Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more.

RUSSELL OF LYNN NAMED TO LASELL UNIVERSITY DEAN'S LIST

Kelly Russell, a Lasell University student from Lynn was named to the Dean's List for their academic performance in the fall 2022 semester.

To be named to the Dean's List, Lasell students must complete at least 12 credits as a full-time student and achieve a semester GPA of 3.5 or higher.

STERITI NAMED TO WORCESTER POLYTECHNIC INSTITUTE'S DEAN'S LIST

Worcester Polytechnic Institute (WPI) has announced that

MATVICHUK ON DEANS' LIST

Bryant University is pleased to recognize Darryl Matvichuk from Lynn for their unwavering commitment to academic excellence and achievement by naming Darryl to the fall 2022 Deans' List. To earn a place on the Deans' List students must have a GPA of 3.4 or better for at least 12 semester hours of work. Congratulations on this outstanding achievement!

About Bryant University
 For nearly 160 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,700 graduate and undergraduate students from 38 states and 49 countries, Bryant is recognized as a leader

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LOCAL STUDENTS EARN ACADEMIC HONORS

LYNN RESIDENT ACCEPTED INTO BEHAVIORAL HEALTH SERVICE CORPS

Alondra Crespo of Lynn has been accepted into the Behavioral Health Service Corps program at William James College, a school of psychology in Newton, MA. Now in its fourth cohort, this service-learning program was created to address a shortage of skilled workers in the behavioral health field by creating a pipeline of competitively paid, supported, and culturally informed professionals.

During the one-year program, these scholars work in a paid service position with one of several partner behavioral health organizations serving underserved communities in Greater Boston. BHSC scholars also enroll in two courses at the College which can be applied toward a master's degree. In addition, BHSC graduates may qualify for an annual \$15,000 scholarship to a William James College master's or doctoral program.

Through their fieldwork, mentorship, and classroom training, these professionals move forward with valuable experience as they enter the workforce while the field of behavioral health receives much-needed qualified applicants.

Founded in 1974, William James College is an independent, not-for-profit institution and a leader in educating the next generation of mental health professionals to support the growing and diverse needs of the mental health workforce.

LEVOSHKO NAMED TO HUSSON UNIVERSITY'S PRESIDENT'S LIST

Lynn resident, Anya Levoshko, has been named to Husson University's President's List for the Fall 2022 semester.

During the fall semester, Levoshko was enrolled in Husson's Bachelor of Science in video/film production program.

Students who make the President's List must be enrolled as an undergraduate student, carry a full-time load of 12 credit hours, complete all attempted courses in the time allotted for the semester, and achieve a 3.80 to 4.0 semester grade-point average. Credits from pass/fail classes do not qualify toward meeting the minimum credit hour requirement.

MORE THAN 2,700 STUDENTS MAKE FALL 2022 DEAN'S LIST

More than 2,700 undergraduate students at Coastal Carolina University were named to the Dean's List for the Fall 2022 semester. Students who make the Dean's List have achieved a grade point average of 3.5 or higher (3.25 for freshmen) for the semester. Dean's List students include:

Samantha Centola of Lynn.

Janessa Lopez of Lynn.

Coastal Carolina University is a dynamic, public comprehensive liberal arts institution located in Conway, located just minutes from the resort area of Myrtle Beach, S.C.

SOUTH DAKOTA STATE ANNOUNCES GRADUATION LIST

South Dakota State announces William C. Diamond of Lynn has graduated following the summer and fall 2022 semesters.

Diamond graduated with a Master of Science in SDSU's Graduate School.

Congratulations, William.

About South Dakota State University

Founded in 1881, South Dakota State University is the state's Morrill Act land-grant institution as well as its largest, most comprehensive school of higher education. SDSU confers degrees from seven different colleges representing more than 200 majors, minors and specializations. The institution also offers 39 master's degree programs, 16 Ph.D. and two professional programs.

The work of the university is carried out on a residential campus in Brookings, at sites in Sioux Falls, Pierre and Rapid City, and through Extension offices and Agricultural Experiment Station research sites across the state. SDSU's research expenditures for the 2022 fiscal year were more than \$59 million.

AMED TO DEAN'S LIST FOR THE FALL 2022 SEMESTER AT QUINNIPIAC UNIVERSITY

The following area student Richard Lebrun of Lynn was named to the dean's list

To qualify for the dean's list, students must earn a grade point

average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

About Quinnipiac University

Quinnipiac is a private, coeducational, non-sectarian institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 9,500 students in 110 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is recognized by U.S. News & World Report and Princeton Review's "The Best 387 Colleges." For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and follow Quinnipiac on Twitter @QuinnipiacU.

DEAN COLLEGE ANNOUNCES DEAN'S LIST

Dean College is pleased to announce the students that have earned a place on the Dean's List for the Fall 2022 semester. These students have demonstrated a serious commitment to their studies while at Dean College.

The students named are:

Cristopher Correa of Lynn

Abigail Morris of Lynn

Ava Perry of Lynn

Emily Terrien of Lynn

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

ENDICOTT COLLEGE ANNOUNCES LOCAL DEAN'S LIST STUDENTS

Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2022 Dean's List students. In order to quali-

fy for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

The following Lynn students have met these requirements:

Victoria Adebajji, Interior Architecture, daughter of Ruth Omotosho

Christian Encarnacion, Sport Management, son of Solsiris Rivas and Enrique Encarnacion

Erin Foley, Communication, daughter of Jacqueline Foley and James Foley

Madison Hoggard, Nursing, daughter of Robin Hoggard and Steven Hoggard

Giuliana Imbriano, Psychology, daughter of Rita Imbriano and Gerardo Imbriano

Michael Lam, Marketing, son of Ngo Lam and Hai Lam

Emeline LeJeune, Biology/Biotechnology, daughter of Paul LeJeune

Erika Luna, Psychology, daughter of Santa Luna and Humberto Luna

Devora Nolasco, Nursing, daughter of Audilia Lopez Chavez and Ronny Nolasco Lopez

Jessenia Quintana, Libl Studies/Education, daughter of Dawn Laramie

Karlye Slepoy, Interior Architecture, daughter of Valerie Slepoy and Mark Slepoy

Madison Tarasuik, Biology/Biotechnology, daughter of Michelle Tarasuik

Gabrielle Wheeler, Performing Arts, daughter of Katie Donahue Wheeler and Craig Wheeler

Heidi Zacarias Gomez, Biology/Biotechnology, daughter of Francisca Gomez Perez

About Endicott College

Endicott College offers doctorate, master's, bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites online and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines.

ALEXA NOVA VARGAS RECEIVES HONORS

Pingree School is proud to announce that Alexa Nova Vargas of Lynn has been placed on the High Honor Roll for the first trimester of the 2022-2023 academic year.

Honor Roll is calculated at the end of each trimester on the basis of the grades earned during that trimester only. Students in the top 10% of each class earn High Honors; students in the second 10% of each class earn Honors; students in the third 10% of each class are placed on the Head of School's List.

We hope this recognition acknowledges Alexa's commitment to learning and serves as further encouragement to continue this high level of performance.

Pingree School is an independent day school serving students in grades 9-12 on Boston's North Shore. Pingree School empowers every student to pursue knowledge with courage and imagination, thrive in joy and challenge, and create a more just and equitable world. For more information about Pingree School, please visit www.pingree.org.

ROGER WILLIAMS UNIVERSITY ANNOUNCES FALL 2022 DEAN'S LIST

Select students have been named to the Fall 2022 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

Hannah Cormier of Lynn

Shelby Geaney of Lynn

About RWU: At Roger Williams University, students are prepared to be thinkers and doers ready to solve challenging problems with innovative solutions. RWU offers 50 majors and robust offerings of graduate and professional programs across eight schools of study including Rhode Island's only law school, with campuses on the coast of Bristol and in the heart of Providence, R.I. With small classrooms and a focus on undergraduate and graduate research and community engagement, a Roger Williams education blends the strength of liberal arts and professional studies, providing all students with the depth and breadth of interdisciplinary thinking and well-rounded knowledge necessary to succeed in our interconnected, global world. RWU is committed to strengthening society through engaged scholarship so that students graduate with the ability to think critically and apply the practical skills that today's employers demand.



Our Senior Life 2

Starting Your Own Business

More and more Americans aged 55-64 are starting their own businesses, giving meaning and purpose to a period that used to be defined by rocking chairs and sunsets. But as always, smart financial planning and a solid business forecast are a must.

LOOK AT THE BIG PICTURE

The first thing to do, even before deciding whether to bring your new goods or services to market, is putting your future plans in perspective. How active do you intend to be, in particular once you reach retirement age? Do you have any health concerns? Did you have plans to



Our Senior Life

DURING THE MONTHS OF MARCH + APRIL THE LYNN JOURNAL WILL BE RUNNING A SERIES OF INFORMATIVE ARTICLES AND SERVICE SPOTLIGHTS OF IMPORTANCE TO OUR SENIORS, AS WELL MEMORIES OF DAYS GONE BY.

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see the world, or were you planning to stay closer to home? Will you ultimately downsize or move into a shared-living situation? How do you plan to disperse your estate? Are there family members who would ultimately take over? All of these decisions will have a direct impact when embarking on a start-up operation and on how you set up the company itself in terms of management and ownership.

INSIDE THE NUMBERS

Leveraging a lifetime of experience and improved financial means, seniors are actually more likely to start their own business, the U.S. Global Entrepreneurship Monitor confirms. In fact, new business activity has consistently risen on a year-to-year basis among this age group. The same rate has declined among younger Americans, who may be less apt to take financial risks because of budget pressures relating to new families or building their

careers. In some cases, seniors have amassed enough wealth that they can begin these ventures without taking out a significant loan — or any loans at all. Seniors with higher aspirations have also had longer to build up significant reserve funds that can smooth the way during the lean early years of a new business.

WHY NOW?

Seniors have decades of learned skills that can now be put to use to further their own financial goals. They've also made key connections over the years that can ease the start-up process, including long-held banking relationships, previous work with various contractors and familiarity with local government permitting and regulations. If they pair this new business with smart lifestyle changes like downsizing, they may also have significantly lower personal expenses. Finally, they usually have lots of experience with planning and executing a comprehensive business plan.