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THE LYNN JOURNAL

Friday, August 25, 2023

Back to School Special Section
Pgs. 7-9



Jadiel Ortega shown holding one of the many awards he has received for his excellence in football, is pictured with his family, from left, his parents, Julie Rodriguez and Salvador Ortega, and his sisters, Mariella Ortega and Vanessa Ortega.

STRIKING GOLD ON THE GRIDIRON

Youth football phenom Jadiel Ortega begins his high school career at Lynn Tech

By Cary Shuman

Jadiel Ortega accomplished a lot on the football field this summer. And that's an understatement.

After playing in the New England Flag Football League and excelling at a tournament in New York, Ortega was recommended for a tryout on the USA Junior National 15-under flag football

team.

Ortega impressed the coaches at the tryout and at the age of 13, he became the youngest player

Please see ORTEGA Page 5

Elwell seeks new players as he takes over Classical baseball program

By Cary Shuman

After an incredible run of success as a Greater League Babe Ruth All-Star manager, Leon Elwell is looking to conquer new baseball diamonds.

Elwell has been named the varsity head baseball coach at Lynn Classical High School, succeeding Mike Zukowski who decided to step down after a highly successful tenure.

Elwell is in a class by himself

as a Babe Ruth All-Star manager. He led three separate Lynn teams - two in the 15-year-old division and one in the 16-18-year-old division - to the Babe Ruth World

Please see ELWELL Page 2

Lynn English superstar guard Warren Keel Jr. transfers to Bradford Christian Academy

By Cary Shuman

Warren Keel Jr., one of the premier high school point guards in Massachusetts, has transferred from Lynn English to Bradford Christian Academy, a private school located in Lawrence.

Keel was the most valuable player in the Greater Boston League this past season and earned All-Scholastic honors. He led the state in scoring, averaging 25 points per game.

A dynamic 5-foot-9-inch,

Please see KEEL Page 2



Warren Keel, Jr. shown in action for the Mass. Rivals AAU Team.

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City updates Rental Inspection Program

Special to the Journal

In September 2020, the Lynn City Council passed the Rental Inspection Ordinance. The new ordinance would require a yearly registration of all rental units, including condominiums, as well as an inspection of said unit once every five years. This ordinance replaced the previous Apartment Vacancy Program requiring inspections prior to tenancy.

After the passing of the Ordinance, the City explored different means of enforcing the ordinance and after much deliberation decided to outsource this work. The successful respondent to this request for qualifications was SAFEbuilt LLC who began work on this endeavor in May 2021. After operating the program with SAFEbuilt for two years the City has made the de-

cision to hire its own inspectors and bring this ordinance enforcement program in-house. This decision was not made lightly, but after two years of operations it is believed that providing this service through City Hall will make for a smoother and more efficient experience for all involved.

Accordingly, effective September 1, 2023, all registration and inspection requests for the City of Lynn's Rental Inspection Program will be submitted to the Inspectional Services Department in Room 401 of Lynn City Hall or online at lynnisdportal.com. This online portal will also allow rental unit owners to view their license status, expiration date, and inspection date at their leisure.

If you have questions or seek more information, contact ISD at isdonline@lynnma.gov or call 781-586-6820.

Keel

CONTINUED FROM PAGE 1

Keel, 16, also had a superb AAU campaign this spring for the Mass Rivals, leading that team to the Elite 8 at the 2023 Adidas Basketball Championships in South Carolina. Keel will join his AAU coach, Vin Pastore, at Bradford Christian.

Keel, who will reclassify at BCA as a member of the Class of 2026, has been in correspondence with Division 1 colleges, Rutgers (who has made an offer) Alabama, Colorado, and Texas A&M.

Keel will play alongside Division 1 college basketball commits Kur Teng (Michigan State) and George Turkson (Texas A&M) at Bradford Christian, whose nickname is the Sentinels.

Keel, son of Warren Eugene Keel Sr., said he had "a tremendous experience" in his one year at English under head coach Alvin Abreu. (Keel Jr. played his freshman season of basketball for Lynn's Antonio Anderson at Springfield Commonwealth Academy).

"Coach Abreu is an outstanding person," said Keel. "He was really tough on me in a good way because he knew I had to step up this year. He was a really fun coach to play for. He let us play and show what our team's talent

was. I love that guy."

Abreu praised Keel's contributions to the Bulldogs' program and wished him continued success at his new school.

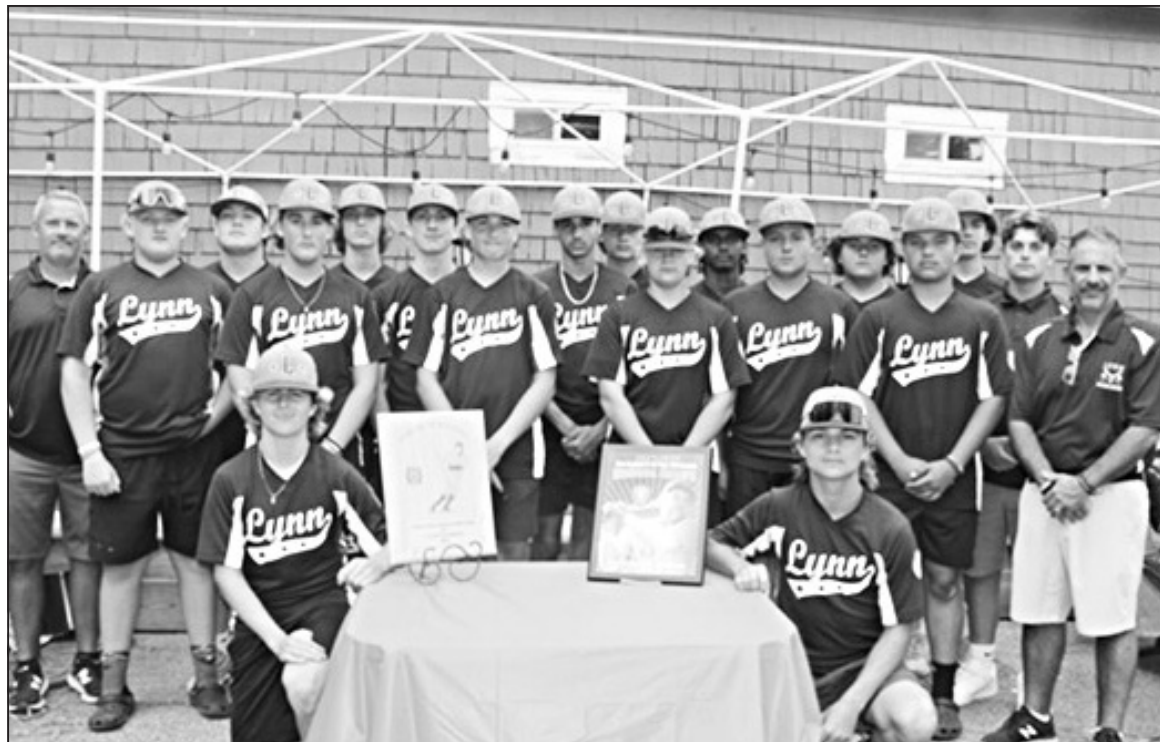
"Warren is a great kid, and we'll miss his presence in our program," said Abreu. "I feel he was the best point guard in the state last season. I always wish the best for my players, and I'll support him in all his future endeavors."

Abreu, who was a Division 1 college basketball star at UNH and played professionally overseas, was asked to compare Keel's basketball game to his own.

"He'll go further, he'll go higher," said Abreu humbly. "He's a very strong and gifted player. He's way ahead of where I was at his age."

Lynn English High School Athletic Director Dick Newton, a former college baseball pitcher at St. Leo University who was invited to several Major League tryouts, also extended his good wishes to Keel in the future.

"Warren is a great kid and I wish him the best in his career," said Newton. "He was very easy work to work with in our program because he has a terrific attitude and doesn't let his success affect the all-around quality person he is."



Lynn Babe Ruth All-Star manager Leon Elwell (far right) is pictured with the players and coaches on the 15-year-old All-Star team that advanced to the Babe Ruth World Series in Virginia. The photo was taken during a pre-trip gathering at Old Tyme Italian Cuisine.

Elwell / CONTINUED FROM PAGE 1

Series over the past decade, most recently in the summer of 2022. His teams played in World Series in North Dakota, New York, and Virginia.

Elwell was instrumental in providing the players in Jim Bellevue and Jeff Earp's outstanding organization with a competitive and enjoyable post-season environment that produced district, state, and New England regional championships.

Anthony Nikolakakis, who is now an officer in the Lynn Police Department, will always be remembered for his towering grand slam at the 2016 Babe Ruth World Series in faraway North Dakota. Nikolakakis was selected to the All-World Series team, a colossal, once-in-a-lifetime honor.

But Elwell is putting aside the wonderful World Series memories that players like Nikolakakis hold as he focuses on sustaining the high caliber of baseball that existed during Zukowski's reign.

Elwell has a difficult assignment as the 2023 GBL champion Lynn Classical team had several players graduate in June.

Only one member of Elwell's Babe Ruth All-Star team, junior

shortstop and pitcher Christian Figueroa, is currently on the Classical roster. Figueroa is a team captain and one of three returning varsity players.

"I'll be meeting with the players when the new school year starts and we'll talk about fall baseball," said Elwell. "Mike Zukowski obviously did a really good job with the program over the past 15 years. But we'll be looking to bring some new players into our program who have a chance to be starters right away."

Athletic Director Bill Devin has seen his springtime programs in baseball and softball excel, and he's confident that Elwell can bring his winning formula in Babe Ruth to the Green and Gold. Elwell feels he can rise to the occasion quickly while putting his own imprint on the program.

"We hope to be successful right from the start," said Elwell. "Obviously we're going to have some growing pains because we're going to be young. But I hope the seventh and eighth graders see what we're trying to do and know that if they decide to come to Classical, they'll have a chance to be a starter and

help us take it to a different level, which is the goal."

Elwell began coaching in the East Lynn Little League at the age of 16. Following six years of military service, Elwell returned to coaching in Lynn Babe Ruth. He also coached the junior varsity team at Marblehead High and was the Lynn American Legion coach from 2002 to 2008. He later volunteered in the Wyoma Little League organization where he had the opportunity to coach his son Zach Elwell.

Elwell, who graduated from Lynn Tech in 1986, has worked in the Lynn Fire Department for 30 years. He will retire in January.

"I kind of fell in love in baseball when I got out of the military and started in the Lynn Fire Department," recalled Elwell. "One of my friends asked me to coach in the Lynn Senior League and I've stayed with it and enjoyed every moment of it. I'm very grateful to Classical Athletic Director Bill Devin, Principal Amy Dunn, and Assistant Principal Chris Warren for giving me this new opportunity to coach in the program and be a part of the next chapter."*



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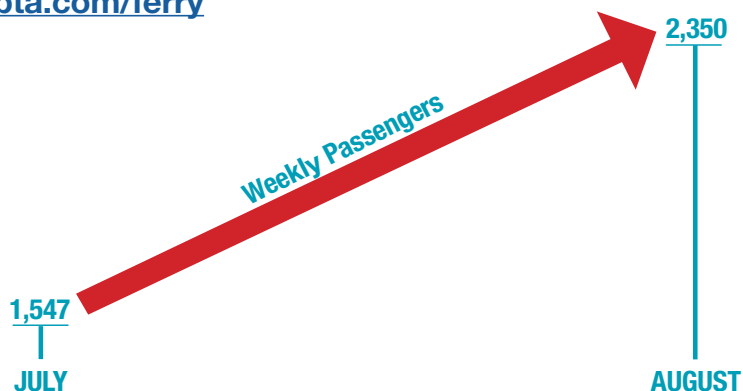
Lt. Governor Kim Driscoll joins MassDOT Secretary Gina Fiandaca, MBTA General Manager Phil Eng, Senator Brendan P. Crighton, Representative Peter Capano, Lynn Mayor Jared C. Nicholson, former Lynn Mayor and MBTA Board Member Thomas M. McGee, MBTA Board Member Chanda Smart and other local officials celebrate the launch of the Lynn Ferry.

There's a fast, new way to get to Boston this summer. It's the Lynn Ferry and more than 2,300 weekly passengers (and counting) agree – taking the Ferry couldn't be easier.

The 30-minute ride from Blossom Street Pier in Lynn to Boston's Long Wharf will operate through Columbus Day weekend. It's an easy way to commute.

Thank you to Governor Maura Healey, Lt. Governor Kim Driscoll, Congressman Seth Moulton, Senator Brendan P. Crighton, Representatives Dan Cahill, Peter Capano, Jenny Armini, and Donald H. Wong, Mayor of Lynn Jared C. Nicholson, former Mayor of Lynn and MBTA Board Member Thomas M. McGee, MBTA Board Member Chanda Smart, and EDIC Executive Director James Cowdell for your commitment to making the Lynn Ferry a reality.

For more information visit mbta.com/ferry



Phil Eng
Phil Eng
General Manager & CEO

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EDITORIAL

TRUMP AND BIDEN: WORST CANDIDATES EVER?

As it becomes increasingly apparent that the candidates for President in 2024 will be Joe Biden and Donald Trump in a rematch of their 2020 campaign, it is understandable why Americans are so pessimistic about the future direction of the country.

Both men by far will be the oldest presidential candidates ever in our history, with Biden clocking in at 82 and Trump at 78. (Ronald Reagan was 69 when he first ran for President). And please, don't tell us that we're being ageist. The job of President of the United States is 24/7/365 and requires stamina and energy, traits that both men are sorely lacking.

Both are barely able to put together a complete sentence, let alone two (just read the transcripts of any of their interviews or speeches without a teleprompter) and Biden's mental faculties are diminishing almost on a daily basis. Biden has barely held any press conferences and when he does, he only responds to questions that mostly have been submitted in advance, a sign that his handlers know fully well that his mental acuity is severely diminished.

However, even more troubling than their advanced age are the scandals and legal troubles that will become the focus of their upcoming campaigns. We do not need to go into Trump's well-known myriad of legal problems, but Biden's issues with his son Hunter have become front-and-center in recent weeks.

What is most troubling about the Hunter Biden matter is Joe Biden's insistence, "My son has done nothing wrong," the President said on MSNBC in May. "I trust him. I have faith in him, and it impacts my Presidency by making me feel proud of him." (Whatever that's supposed to mean.)

However, Hunter Biden was willing to plead guilty to income tax charges, acknowledge his guilt in obtaining a handgun in violation of the law, AND wanted to be cleared of other possible crimes in a plea bargain deal that ultimately fell apart -- yet Joe Biden insists his "son has done nothing wrong?"

Even more significant and troubling are the many shady business deals by which Hunter Biden enriched himself based solely on his father's position. For example, when Hunter Biden flew with his father, who was then the vice-president, to China, he met with his "business associates" and 10 days later made a deal that netted him millions of dollars.

Although the majority of Americans would like to move on from both Biden and Trump, it would appear that we're stuck with them -- creating a campaign that will feature the most unpopular, and arguably the worst, candidates in American history -- one of whom is running to keep himself out of jail and the other to keep his son out of jail.

OUR AGE OF ANXIETY

The Wall St. Journal this past week featured a front page story entitled, "The Booming Business of American Anxiety." The issue of New York Magazine two weeks ago touched on the same subject with the cover story, "Trauma: America's Favorite Diagnosis."

Just this week, CNBC released a survey that reveals that confidence in the future of business conditions by small business owners is at an all-time low.

Statistics suggest that American society is coming apart, both mentally and physically. Our life expectancy has been declining for the past few years -- the pandemic had a lot to do with that -- but the opioid crisis, and gun violence also are factors playing a huge role in our collective demise.

In addition, 40 percent of Americans are considered obese and another 32 percent are overweight -- which means that almost 3/4 of Americans have lifestyles that will lead to a future of diseases (diabetes, cancer, etc.) and physical limitations that will create a lifetime of anxiety and depression.

Our unhealthy food -- i.e., high in saturated fat, salt, and sugar -- is addictive, no less so than opioids. Just as the Sacklers gave us Oxycontin, the fast-food industry has given us triple-bacon-cheeseburgers with fries and super-size soft drinks -- the more we eat, the more we crave them.

It is not a coincidence that the average American male today weighs 30 pounds more than the average male in 1960 and the average female today weighs the same as that man in 1960 -- and in those same 60 years, the number of fast food franchises has grown exponentially. (In 1960, there were about 400 McDonald's and Burger King franchises in the U.S. and today there are about 20,000).

When you add in all of the "big picture" challenges presented by climate change, economic inequality, the conflicts with Russia and China, and the elimination of individual rights by a reactionary Supreme Court, it is not surprising that Americans are feeling more anxious than ever before.

It is not an exaggeration to say that anxiety is our new national disease -- and there is no cure in sight.

GUEST OP-ED

Maui, Devastation can happen anywhere

By Dr. Glenn Mollette

Maui has long been the go-to destination for millions to experience paradise. Life has changed.

Maui is now the site of the deadliest fire in modern U.S. history. At this writing, over 90 persons are been reported dead. The lovely town of Lahaina is nothing but charred remains and embers.

The news reports of people fleeing for their lives via any means of escape possible is horrific. People who were trying to escape in automobiles have been found unrecognizable except through eventual DNA testing. The entire island is now a humanitarian crisis. Medical supplies, food, and shelter are at crisis levels.

Like you, I've watched it from my television. Maui is a tragic global news story that no one wants to hear. Maui's story reminds us that devastation can happen anywhere. It was a hurricane that swept away Ft. Myers Beach last year. A Tornado and flood destroyed parts of Kentucky. Or, it may be the fires that have destroyed so much in California. Maui reminds

us that no paradise is untouchable.

You might feel safe and isolated in Appalachia. You may feel very comfortable in some remote Western terrain. You may live in a comfortable suburb or city surrounded by all types of Emergency Responders; you may be living in a tropical paradise. There are no guarantees that your community is insulated from disaster.

When a tornado, hurricane or flood cripples a community there is nothing to do except pick up the pieces and try to start over. Likewise, Maui has no other choice but it will take years. There is no overnight recuperation for disaster.

There will be ongoing questions about Maui's emergency response abilities. What kind of fire department did Lahaina have? How often had they drilled and prepared for the possibility of a widespread fire? Was it even something that the island thought possible? As the smoke settles, these questions and more will be asked.

If you are reading this in the comfort and safety of your home or apartment

then consider this; value what you have when you have it. We all take the present for granted. We take our towns, schools, stores, jobs, incomes, residences, food, health, and each other for granted. We look back to the past and cherish a town that used to be. We cherish a parent or friend who used to be with us. We value and cherish old jobs and past experiences. It's good to cherish the past. However, why not look around you today and value what and who you have -- today.

In the meantime, we certainly pray for the hurting people of Maui. Most Americans will do what they can to be helpful and supportive. We always do. That's one of many reasons our country is so great and blessed.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch, and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories, and features appear each week in over 500 newspapers, websites and blogs across the United States.

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Flag Football All-American player Jadiel Ortega, pictured with his mother, Julie Rodriguez, at the family's home in Lynn.

Ortega

CONTINUED FROM PAGE 1

on the team.

But the story gets better. As a rusher and a receiver, Ortega helped lead Team USA to victories over Canada, Japan, and Mexico, bringing the world championship trophy in the international tournament back to Massachusetts. Ortega earned individual honors and received a gold medal, fittingly on the weekend before the Fourth of July.

An incoming eighth grader at Lynn Tech, Ortega has begun preseason practices for the Tigers and has emerged as a candidate for the varsity quarterback position in Coach James Runner's program.

"I'm excited about beginning high school football," said Ortega, who is 5-feet-7 and weighs 176 pounds. "I know I'll be playing against older kids, but I feel that I'm ready."

Ortega is a product of the West Lynn Rams Pop Warner organization. As a seventh grader, Ortega scored 32 touchdowns as the Rams won the state title before falling in the New England Regional.

Ortega said he wouldn't have been able to experience so many opportunities without the support of his parents.

"I love my parents. My mom

and my dad have made so many sacrifices so I could play football and travel to tournaments," said Jadiel.

Jadiel's mother, Julie Rodriguez, is still trying to grasp the fact that her son is one of the best flag football players in the country.

"I'm very proud of my son," said Rodriguez. "I remember signing him up for West Lynn Pop Warner when he was five. He's worked hard and had a lot of training. I'm looking forward to watching him play at Tech. I know Coach [James] Runner is a great coach and I entrust him with my son's development."

Julie Rodriguez will also be able to watch her daughter, Mariella Ortega, compete for the Lynn Tech cheerleading team. Mariella, who is an excellent athlete, will be one of the Tigers' head cheerleaders. As a Pop Warner cheerleader, Mariella and her teammates qualified for Nationals three years in a row. Her younger sister, Vanessa Ortega, 7, is a flyer on the Lynn Rams 10-under cheer team.

And on Sept. 9 at Manning Field, Jadiel Ortega will carry the family banner forward after a record-setting youth career in flag football and tackle football.

Overnight lane closures on General Edwards Drawbridge over the Saugus River

Special to the Journal

The Massachusetts Department of Transportation (MassDOT) announced deck repairs are underway on Route 1A northbound on the General Edwards Drawbridge in Lynn and Revere. The repairs are expected to continue nights from 8:00 p.m. each night to 4:00 a.m. the following day and finishing on Friday morning, August 25. During this operation, the northbound right lane will be closed, and the left lane will remain open. The right travel lane will reopen at

the end of each shift.

The drawbridge will remain closed for marine traffic during this time.

Those traveling through the area should expect delays, reduce speed, and use caution.

Police details will be on site to guide traffic through the area.

All work is weather dependent and subject to cancellation or modification.

This work is part of an ongoing \$2.6 million district-wide drawbridge operations and repair contract.

For more information on traf-

fic conditions, travelers are encouraged to:

- Download the Mass511 mobile app or visit www.mass511.com to view live cameras, travel times, real-time traffic conditions, and project information before setting out on the road. Users can subscribe to receive text and email alerts for traffic conditions.

- Dial 511 and select a route to hear real-time conditions.

- Follow @MassDOT on X, (formerly known as Twitter), to receive regular updates on road and traffic conditions.

Fire officials emphasize safety for incoming college students

Special to the Journal

As thousands of young adults make their way to Massachusetts colleges and universities, fire service leaders are reminding students and parents to be sure their living spaces have working smoke alarms and carbon monoxide (CO) alarms, and that they know two ways out in an emergency.

In the weeks and months ahead, many young people will be living away from home here for the first time," said State Fire Marshal Jon M. Davine. "We're particularly concerned about off-campus housing because that's where the data shows the greatest loss of life, but fire safety is vitally important whether you live in a dorm, apartment, single-family home, multifamily dwelling, sorority, or fraternity. Everyone should have working smoke and CO alarms on every level of their residence and know two ways out in an emergency."

Hyannis Fire Chief Peter J. Burke, Jr, who serves as president of the Fire Chiefs Association of Massachusetts, echoed that message.

"If your rental doesn't have smoke and carbon monoxide alarms, insist on them," said Chief Burke. "Landlords are required to provide them, but don't spend a single night unprotected in the meantime. For the price of a pizza, you can go to a hardware store and pick up smoke and CO alarms that could save your life. Choose photoelectric smoke alarms with sealed, long-life batteries, and test them once a month to be sure you're protect-

ed. And if you hear that alarm, leave everything and get out right away. Waiting to evacuate or stopping to retrieve personal items increases your chances of being trapped."

State Fire Marshal Davine said 2,608 fires occurred in student dormitories, fraternities, and sororities in Massachusetts between 2018 and 2022, causing six civilian injuries, 11 fire service injuries, and more than \$3 million in damages. He also noted that fire safety precautions should remain in place all through the year. Windows, doors, and stairways should always be clear of boxes, furniture, bicycles, and anything else that might hinder an escape. Fire doors should never be blocked or chocked open. And smoke and carbon monoxide alarms must remain operational all year long, as required by law.

"Never, ever disable a smoke alarm," said Chief Burke. "Modern fires burn and spread faster than they did in past decades, and we have less time than ever before to escape a fire at home. Smoke alarms give you the warning you need to get out, stay out, and call 9-1-1."

Working alarms, clear exit routes, and practicing a plan for using them are crucial for when a fire breaks out, but students can also take steps to prevent them from starting in the first place:

Smoking: There is no safe way to smoke, but if you must smoke then do it responsibly. Don't flick them on the ground, where they can smolder and ignite debris, or grind them out on porches or steps. Use a heavy ashtray on a

sturdy surface and put it out, all the way, every time.

Electrical: Always plug appliances such as air conditioners and space heaters into wall sockets that can handle the current, not power strips or extension cords. Don't overload outlets with multiple devices.

Heating: Turn space heaters off when leaving the room or going to sleep. Never leave a space heater unattended.

Cooking: Stand by your pan! Don't leave pots and pans unattended on a lit stovetop, and keep flammable items away from burners. In the event of a grease fire, smother the flames with a lid and then turn off the heat. Cook only when you're alert, not when you're drowsy or impaired.

Candles: Never leave candles burning unattended. Extinguish them before leaving the room. Even better, switch to battery-powered candles.

Lithium-Ion Batteries: Use the charging equipment provided by the manufacturer and disconnect it when the device is charged. Charge phones, laptops, e-cigarettes, e-bike batteries, and other devices on a hard and stable surface – never a bed, couch, or pillow. If you notice an unusual odor, change in color, change in shape, leaking, or odd noises, stop using the device right away. If you can do so safely, move it away from anything that can burn and call your local fire department.

For more fire safety tips for both on and off campus, visit www.mass.gov/dfs.

WAYNE ALARM SYSTEMS CONDUCTS BLOOD DRIVE

PAT GECOYA PHOTOS

Giving blood is vitally important to maintain blood supply. Every few seconds in the United States blood is needed. Blood is lifesaving since there is no substitute for it.

Wayne Alarm Systems is an incredible corporation according to Tony Borrelli of the Red Cross. He continued to say, "Ralph Wayne Sevinor and his staff supported this blood drive to benefit the community. During the summer the blood supply lev-

els are at critical stages. Wayne Alarm Systems is a terrific sponsor, and we are very thankful for their outreach to us."

Brian D'Amico, of Wayne Alarm Systems, said, "This is all about giving back to the community, about the people, and doing what is right - saving lives. This is a community service program to help the Red Cross and people."



Wayne Alarm Systems staff - Brian D'Amico, Gabriella Gill, Linda Hicks, President Ralph Wayne Sevinor, and Brandon Freedman - with Al-Large Candidate Don Castle ready to donate blood and Red Cross Blood Drive coordinator Tony Borrelli.



Shannon Moholland of Wayne Alarm Systems finishes her blood donation with Nurse Juana Arias.



Nurse Lisa Clancy and Mike Smith prepare Wayne Alarm System's Peter Georgiou who gives a thumbs' up to give blood.

Thank You All of our Donors and to the Red Cross

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BACK TO SCHOOL

Are you ready?



Must-have items for your high schooler's back-to-school shopping list

(StatePoint) Setting your high schooler up for a successful school year all starts with having the right educational tools and personal supplies. Here are the must-have items to add to your cart this back-to-school shopping season:

A Tablet or eReader

If you remember your own high school years as being defined by lugging heavy textbooks around campus all day and then home with you each night, consider sending your teen back to school with an e-reader or tablet. This slim, back-saving technology makes it possible for students to access the educational content of all their many courses in one place. What's more, some studies suggest electronic devices facilitate learning better than physical textbooks. Look for options that offer annotation and note-taking capabilities, as well as a full-color display, so that textbook diagrams and images can be fully understood.

A Graphing Calculator

In high school STEM classes such as trigonometry, calculus and physics, students need to go beyond simply arriving at the correct answer. They must also understand the theory and foundation behind the mathematical principles they are studying. That's where a highly-functional graphing calculator can come into play. Designed for high school students and beyond, Casio's affordable fx-9750GIII graphing calculator builds on the cutting-edge capabilities of its predecessors, offering a more seamless learning experience, an enhanced natural display and an improved keypad for fractions, standard-to-decimal conversion and scientific notation. Expanded menu options include Exam Mode, to comply with major standardized test-taking rules, as well as a Python Add-In, giving students the ability to create, save, edit and run Python files, as well as import and export these files with streamlined computer connectivity.

Personal Items

Send your teenager to school with some basic personal supplies that they can leave in their locker. Having access to these items between classes will help them feel their best throughout the day and eliminate distractions, so they can better concentrate on learning. A stick of deodorant is especially useful for students enrolled in physical education or who are involved in sports. Also include a bottle of hand sanitizer to help fight infections, particularly as cold and flu season draws near, feminine hygiene products, dental floss and tissues. An extra layer is also always helpful in both cooler weather and during the warmer months when the air conditioning may be running at full force.

In high school, the coursework becomes much more challenging and the social terrain much more complex. However, with the latest tech tools and a stash of personal supplies, your teenager can navigate both arenas with less stress.



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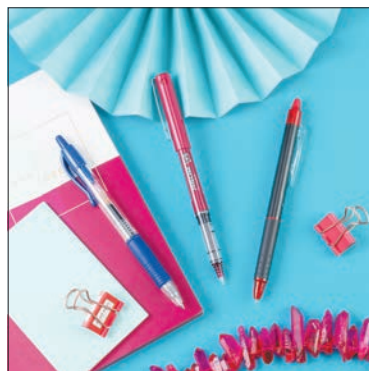
Are you ready?

BACK TO SCHOOL

Tips for parents and kids to stay organized this back-to-school season

(StatePoint) The start of a new school year carries with it so much potential, particularly when students -- and their parents -- stay organized. Amid the back-to-school chaos, use these tips and gear recommendations to help keep everyone on track, whether they are at school, at home or on-the-go:

coursework straight and your note-taking organized. Take your color-coding a step further by extending the concept to the tools you write with. Pilot Pen's G2 gel pen is a go-to for busy students and parents with its smooth, long-lasting gel ink that's able to keep up with busy schedules. Science has shown that writing a to-do list with an appealing color can lead to greater productivity. Inspired by color trends and color psychology, the G2 Harmony Collection



COURTESY STATEPOINT

colors were developed to promote balance, relaxation and hope, helping students get more done, stay positive and achieve their highest potential this school year. G2 is available in four point sizes and over 35 colors, so it's ideal for note-taking, writing down big ideas, goal-setting and more.

of erasable pens and markers write smooth and erase clean, so you can edit plans as often as they change. It's much easier to remember tasks and events when you've recorded the details in a central location, so start a habit of entering all activities into your calendar as soon as they're planned. The smooth gel ink and precise point of the FriXion Synergy Clicker is great for detailed planning, while FriXion Fineliner brings colorful, mistake-free writing to notes and calendars.

you find at the bottom. Use the opportunity to re-order items as-needed and to wipe down the bag's interior. Parents and kids should keep clutter to a minimum in home workspaces with filing systems and supply trays. This will help prevent important papers and other items from going missing and improve productivity.

Notes and Big Ideas

Color-coded notebooks and binders, along with labeled dividers, can help you keep your

Down to the Details

If you're smudge-prone, use quick-dry ink for effortlessly clean lines. When it's time to study, this will make reading your notes a lot easier. Pilot's Precise Rolling Ball, available in capped and retractable styles, features a precision tip -- great for organized notes and homework.

For more back-to-school inspiration and tips, visit powertotheopen.com.

Staying organized is easier said than done for families and students. However, relying on tools meant for the task at hand, whether that's note-taking or event scheduling, can make it much simpler.

Lockers, Backpacks, and Desks

Use organizational tools anywhere school supplies are stored, such as lockers, backpacks, and home study areas. Simple shelving and magnetic door organizers can maximize storage potential in any locker, whereas a backpack with multiple pockets allows you to arrange items by subject. Periodically empty your backpack completely; you may be surprised by the loose papers

Planning and Scheduling

With the back-to-school season comes a flurry of planning and scheduling -- from after-school activities to field trips. Parents and kids alike can stay on top of all the last-minute changes with a desk calendar and an erasable pen. Pilot's FriXion line

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BACK TO SCHOOL

LPS 2023-2024 CALENDAR



September (18)

Su	M	Tu	W	Th	F	S
			30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October (21)

Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
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29	30	31				

November (18)

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December (16)

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31						

January (20)

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February (16)

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March (20)

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31						

April (17)

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May (22)

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June (12)

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30		HS Graduations 6/6, 6/7				

CALENDAR KEY

- School Closed
- Half Day
- Early Release 12:30
Classical, English, Frederick Douglass
- Teacher In-Service Days
No School for students
- First & Last Day of School
Grades 1-12
- First & Last Day of School
PreK & Kindergarten
- Open House
PreK & Kindergarten

Elementary Schools – Trimester Dates SY 2023-2024

	T1	T2	T3
Trimester Interim Progress Reports	October 20, 2023	January 26, 2024	May 03, 2024
Trimester Closing Dates	December 08, 2023	March 15, 2024	June 18, 2024
Trimester Report Card Distribution Dates	December 22, 2023	March 29, 2024	June 18, 2024

Secondary Schools – Quarter Dates SY 2023-2024

	Q1	Q2	Q3	Q4
Quarter Interim Progress Reports	October 06, 2023	December 15, 2023	March 01, 2024	May 17, 2024
Quarter Closing Dates	November 09, 2023	January 26, 2024	April 05, 2024	June 18, 2024
Quarter Report Card Distribution Dates	November 20, 2023	February 05, 2024	April 22, 2024	June 18, 2024

Welcome Back!

Have a wonderful school year!

Coco Alinsug
City Councilor Ward 3

JEFF NEWHALL CAMPAIGNS FOR WARD 1 CITY COUNCILOR

PAT GECOYA PHOTOS

Ward 1 Candidate Jeff Newhall is ready on day one when elected. He will bring a positive leadership role to Ward 1. Jeff is campaigning with a visionary outlook for a better future for Ward 1 and the City of Lynn.

A life-time resident of Ward 1, Jeff has seen many changes in the community. As a former School Committee member and St. Mary's Athletic Director, Jeff

has the experience to make effective decisions. He has the ability to communicate well with others and he is immediately prepared to serve Ward 1. As Ward 1 Councilor Jeff Newhall said, "I will meet with each Ward 1 neighborhood to learn what issues are in that area. This is important; I will work with individuals who contact me as to what they will offer, or something needs to be

addressed."

Lynnfield Street is the gateway to Lynn. Jeff realizes how congested area streets have become with daily construction affecting Ward 1. This will be one of his main priorities; he understands how Ward 1 is dealing with this issue as he stated, "When everything is completed traffic will be much smoother and I will constantly monitor it." He will also

focus on public safety, park improvements, and having urgent medical services for Ward 1.

Jeff Newhall will be there for the residents with only a phone call away. He will be accessible, available, and diligent to his constituent's concerns. Jeff is ready to begin working for a better ward; Jeff Newhall will be there for you as your Ward 1 Councilor.



Bob and Margie Hackett with Jeff Newhall for Ward 1.



School Committee Candidates - Lenny Pena, Sean Reid, and Dan Richard meet with Jeff Newhall.



Maddie Durgin, Christine and Jeff Newhall, and Rachel Dindinger.



Ward 1 Residents support Jeff Newhall for Councilor. Shown are Mike and Sue Reddy with Dan and Teri Thompson.



Lynn Candidates with Jeff Newhall for Councilor of Ward 1.



Jeff Newhall's family, Nick Kostan with Eva, Christine Newhall, Andrew, Jeff Newhall, Alex, Lily, Jon, Lysa, Tom, Adyson, and Jason Newhall.



Elect **JEFF**
NEWHALL
WARD 1 CITY COUNCILOR

GOWDY PARK CHILDREN CELEBRATION DAY

PAT GECOYA PHOTOS



Gowdy Park Family-Children Day Committee: Diane Hogan, Kim Zollo, Declan Feeny, Trever Sheehan, Brian and Corinn Lambers, Colleen and Todd Bacon, Travis Bacon, Connie Benedetto, and Mark McKenna.

A fun morning of activities for children was organized at Gowdy Park. This annual Independence Day celebration originally scheduled for July 4th was postponed due to inclement weather until August.

On a perfect Saturday warm summer morning for everyone to enjoy, many events were available for children's participation.

Activities included decorated bicycles and wagon parade escorted by Lynn Fire, competitive races, pony rides, face painting, and meeting curious creatures.

Gowdy Park Celebration Day has been a July Fourth tradition with friends and families for many years. Todd Bacon, who took over this program two years ago, said, "This is a great time

for the residents to get together. It is nice seeing the children having a wonderful time, especially to see parents taking photos and capturing many memories."

Next Gowdy Park event will be the Second Annual Halloween Walk in October for children to wear their personally designed costumes.



Donna Masterson keeps children smiling with face painting designs.



Kim Feeny Zollo and Declan Feeny promoted the Raffle and Gift Table.



Hunter Haven Farm Pony Ride – Kyrie rides Calvin and Charlize rides Banner as Mom, Violetta Perez and daughter watch trainers Ellie and Chloe walk the ponies.



Teacher/Trainer Chelsea introduced baby Alligator, "Pip Squeak" to the children along with other curious creatures.

Healey-Driscoll administration announces equitable expansion of electric-vehicle rebate program

Special to the Journal

The Healey-Driscoll Administration has announced substantial changes to the Massachusetts Offers Rebates for Electric Vehicles Program (MOR-EV Program), which provides rebates for the purchase or lease of light-, medium-, and heavy-duty battery electric and fuel cell electric vehicles (EVs). These changes aim to support greater adoption of EVs in Massachusetts, including new rebate programs for income-qualifying Massachusetts residents.

“This significant expansion of the MOR-EV Program will make electric vehicles more affordable and accessible for residents of all income levels,” said Governor Maura Healey. “Residents will now be able to get their rebates the day they buy their car, instead

of waiting for the funds to come in. And income-eligible folks will now be able to get additional rebates, including for used vehicles. This is a great development in our efforts toward an equitable clean energy transition.”

“Our administration is committed to reducing transportation emissions, and these important changes to MOR-EV will help provide cleaner air in our communities,” said Lieutenant Governor Kim Driscoll. “Far more residents will now be eligible for rebates, and we look forward to seeing the number of electric vehicles on the road across Massachusetts grow exponentially in the coming years.”

In addition to the existing \$3,500 rebates for EVs, the new MOR-EV program elements include:

- The launch of rebates at the



MOR-EV

Massachusetts Offers Rebates for Electric Vehicles

point-of-sale with participating dealers;

- \$3500 rebate for used EVs for income-qualifying residents;
- \$1,500 rebate adder for income-qualifying residents called MOR-EV+ that is in addition to the standard rebate for new or used electric vehicles; and
- Increased rebates for certain light-duty pickup trucks.

The MOR-EV+ and MOR-EV Used rebates are retroactive to November 10, 2022 for any income-qualifying residents who purchased new or used EVs on or after that date.

“Reducing harmful greenhouse gas emissions in the transportation sector is critical to meeting our climate goals, and we are excited that our expanded MOR-EV program will provide greater access to electric vehicles for more Massachusetts drivers,” said Energy and Environmental Affairs Secretary Rebecca Tepper. “MOR-EV is forward-looking and brings Massachusetts one step closer to phasing out expensive, volatile fossil fuels and transportation pollution that disproportionately impacts environmental justice communities.”

“In Massachusetts, transportation accounts for 42% of our emissions, and we know that environmental justice communities

often bear the brunt of pollution while challenged to participate in clean energy and transportation programs,” said Department of Energy Resources Commissioner Elizabeth Mahony. “The updated MOR-EV more equitably serves a greater number of residents to offset the cost of buying an electric vehicle.”

Additional details about the rebates are available at <https://mor-ev.org>.

Culturally Competent Outreach

Through the MOR-EV program administrator, the Center for Sustainable Energy, the Commonwealth has initiated a culturally competent outreach program to more effectively reach Environmental Justice communities, income-qualifying residents, and limited English proficiency residents with targeted information about available electric vehicle rebates. The MOR-EV website includes translation capabilities, with the option to translate into Spanish, Portuguese, Haitian Creole, Vietnamese and Chinese.

Background on MOR-EV

Launched in 2014, the Massachusetts Offers Rebates for Electric Vehicles (MOR-EV)

program is an education and rebate program funded by the Massachusetts Department of Energy Resources (DOER) and administered by the Center for Sustainable Energy. The program aims to increase the number of zero emissions vehicles on roadways and reduce Massachusetts transportation sector greenhouse gas emissions. As of July 1, 2023, MOR-EV rebates are for battery electric and fuel cell electric vehicles only.

Since June 2014, the MOR-EV Program has issued nearly \$72 million in rebates for passenger vehicles, incentivizing the purchase of more than 32,000 electric vehicles as of the end of June 2023.

For additional information regarding MOR-EV, including current program eligibility details, please visit the program’s website. Additional details regarding rebates for electric vehicles greater than 10,000 pounds gross vehicle weight rating (GVWR) can be found by visiting the MOR-EV Medium- and Heavy-Duty Program website.

Funding for the MOR-EV Program is available from the Electric Vehicle Adoption Incentive Trust Fund and through proceeds from the Regional Greenhouse Gas Initiative.



2023 RED ROCK PARK SUMMER ENTERTAINMENT SCHEDULE

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Aug 25: **Movie Night: Puss In Boots: The Last Wish**

All concerts are from 6:00 pm to 8:00pm

* July 3rd concert is 7:00pm to 9:00pm *

** Aug 25th movie starts at 8:00pm **

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MCB Commissioner John Oliveira speaks on budget at Low Vision Group Meeting

Story & Photos by Marianne Salza

John Oliveira, Acting Commissioner for the Massachusetts Commission for the Blind (MCB), Brookline, attended the August 16 Winthrop Low Vision Group meeting at the Robert DeLeo Senior Center to discuss the proposed \$27.1 million FY2024 state budget as well as agency resources, such as occupational therapy and home care assistance.

“The funding is helping people stay in the community, be more confident, and help people manage a situation that they’re not used to,” Oliveira said.



John Oliveira, Acting Commissioner, Massachusetts Commission for the Blind.

The meeting was attended by members of the Winthrop community and neighboring cities who suffer from vision loss caused by optic nerve damage and eye conditions like macular degeneration, glaucoma, and retinitis pigmentosa.

Massachusetts Commission for the Blind serves approximately 30,000 visually impaired individuals. Through MCB, those with low vision can join adult support groups, enroll in educational opportunities, gain access to case managers, and partake in social rehabilitation services. Volunteers can assist in reading mail and grocery shopping, as well.

“We’re a social model and don’t charge for the services that we offer. Some tax dollars pay for the agency,” explained Oliveira. “We have additional money to buy technology; and with that equipment comes the

commitment to do the training to learn how to use it.”

Oliveira explained that organizations, such as The Carroll Center for the Blind and the Massachusetts Association for the Blind and Visually Impaired, advocated for earmarks to Governor Maura Healey’s proposed budget to provide additional services to social rehabilitation consumers.

“On the vocational side, we get our money from the federal government, and match it with state funds. On the social rehab side, we look for state dollars for services that we provide for the social rehab consumers,” said Oliveira. “The advocates did not think there was enough for the rehab consumers, so over the past few years, they have proposed additions. Those earmarks were passed: one for The Carroll Center, and one for the Massachusetts Association for the Blind and Visually Impaired.”

Oliveira encouraged attendees to contact The Carroll Center for technology lessons, and independent living skills training, and the Massachusetts Association for the Blind and Visually Impaired for counseling, and day programs.

“Even if you get services from the earmark funding, we have rehabilitation teachers who can come to your home, work with you in your kitchen, or in any skill set you’re looking for,” described Oliveira. “We have orientation and mobility instructors who work with you in your neighborhood to get you acclimated to using a cane.”

Oliveira recommended that those with low vision use white canes to navigate sidewalks, and locate where dips, curbs, and unexpected objects are to avoid injuries. Bicycle lanes have presented a new challenge for those using canes because they are an additional obstacle to cross while having to avoid bicycle and scooter traffic.

Massachusetts Commission for the Blind has received many complaints concerning bicycle lanes; especially in Boston; but Oliveira assured attendees that instructors can guide them in using canes effectively to ensure their safety while approaching



Winthrop Low Vision Group gathering for a meeting with the Massachusetts Commission for the Blind on August 16 at the Robert DeLeo Senior Center.

bicycle lanes.

“Aging-related disorders are the leading factor in losing vision for most in the U.S.,” re-

vealed Oliveira. “Use groups like this for early intervention, and learn how to rely not so much on your vision, so when your vi-

sion changes, you can use more non-visual techniques.”

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LOCAL STUDENTS EARN ACADEMIC HONORS

HOLY CROSS ANNOUNCES SPRING 2023 DEAN'S LIST

Local students were named to the College of the Holy Cross' Dean's List for outstanding academic achievement during the spring semester of the 2022-23 academic year. The following local students made the list:

Matthew Bushway of Lynn, Class of 2026

Ackiara Chhim of Lynn, Class of 2024

Meghan Hazard of Lynn, Class of 2023

Jackson Wang of Lynn, Class of 2026

To qualify for the Dean's List, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students

who distinguish themselves as thoughtful leaders in business, professional and civic life.

WORCESTER POLYTECHNIC INSTITUTE STUDENTS COMPLETE INTENSIVE RESEARCH PROJECTS

All students at Worcester Polytechnic Institute are required to complete a senior thesis as part of the university's distinctive project-based educational experience called the Major Qualifying Project (MQP), one that is usually team-based and often focuses on very specific issues or

needs of an organization that has partnered with the university to sponsor the student's work.

"It's inspiring to see the creativity and skills that our students bring to these projects, as well as the professionalism with which they present their research," says Arne Gericke, interim dean of undergraduate studies and director of the Office of Undergraduate Research. "Their experience managing a major project like this—including identifying a problem and researching all of the implications and possible solutions while also managing team dynamics over an extended period of several months—sets them up

well for success not only in their first jobs after graduation but throughout their careers."

A signature element of the innovative undergraduate experience at WPI, project-based learning offers students the opportunity to apply their scientific and technical knowledge to real problems that affect the quality of people's lives—an experience that changes the student and their world.

In addition to providing tangible work experience that proves valuable to employers, MQPs often lead to publications in

Please see HONORS Page 11

Healey-Driscoll Administration announces updates to MBTA communities guidelines

Special to the Journal

The Executive Office of Housing and Livable Communities (EOHLC) has announced updated Guidelines relative to the MBTA Communities law. In response to feedback from municipal leaders in several MBTA Communities, EOHLC is revising the Guidelines to offer cities and towns either directly served by or adjacent to MBTA services a path to receive some credit for residential unit capacity in mixed-use zoning districts. The guideline revisions also specify 13 additional discretionary grants that will take noncompliance of the law into consideration when awarding funds.

The MBTA Communities law (Section 3A of the state's Zoning Act) defines 177 cities and towns as MBTA Communities. These are municipalities that either host MBTA services or abut a city or town that hosts MBTA services. The law requires that an MBTA

community shall have at least one zoning district of reasonable size in which multifamily housing is permitted as of right and meets other criteria set forth in the statute. The lack of zoning for multi-family housing is a barrier for new housing development in Massachusetts. By allowing multifamily housing near transit, we can create new housing options for families in walkable neighborhoods closer to transit options.

"The MBTA Communities law is a vital tool to incentivize and expedite much-needed housing development across the state," said Ed Augustus, Secretary of Housing and Livable Communities. "These updated guidelines demonstrate a collaborative effort with MBTA Communities to implement the law, ensure compliance, and provide reasonable adjustments to zoning requirements without reducing the total number of required housing units. Nevertheless, compliance with the law is mandatory and

today's updates specify thirteen additional discretionary grant programs that will now take 3A non-compliance into consideration when awarding funds."

To date, EOHLC and the Massachusetts Housing Partnership have provided more than \$2 million in technical assistance to over 50 cities and towns. A total of 176 MBTA Communities are currently compliant.

New Consideration for Mixed-Use Development

Under the updated Guidelines, EOHLC will take into account the existence and impact of "mixed-use" zoning that requires ground floor commercial uses in buildings that also allow residential use as-of-right on other floors. MBTA Communities always could allow ground floor commercial in their proposed multi-family zoning districts. However, before the changes, residential unit capacity in a property that required ground floor commercial could not "count" in any way towards its compliance with the law.

The updated Guidelines specifically:

- Allow an MBTA community to "offset" the minimum multi-family unit capacity requirement in certain multi-family zoning district(s) by up to 25-percent, based on the unit capacity of a mixed-use zoning district that meets key requirements of Section 3A and the Guidelines, but for requiring a ground floor non-residential component. Such "offset" – only available where existing village-style or downtown development is essential to preserve pedestrian access to amenities – still requires

a municipality to demonstrate the same total amount of unit capacity.

- Protect the financial feasibility of achieving housing goals where mixed-use zoning requires ground-floor non-residential uses by (i) setting forth location criteria for mixed-use development districts and requiring that EOHLC has pre-approved the location before the MBTA community's vote on its zoning changes; (ii) capping the percentage floor area of each development that may be required to be non-residential (ground floor only); (iii) requiring a broad mix of non-residential uses allowed as of right; and (iv) prohibiting minimum parking requirements for non-residential uses.

These revisions to the Guidelines are intended to provide greater flexibility to MBTA communities to adopt new zoning districts in mixed-use neighborhoods, and to promote housing opportunities for residents in such neighborhoods. The revisions do not reduce the total unit capacity required by the Guidelines.

"We urgently need to clear the way to build more housing in our suburban communities, but we don't want to squeeze out our restaurants, retailers, and other merchants in the process. These guideline adjustments will go a long way towards protecting our mom-and-pop merchants and small downtowns while – thanks to additional housing – will also create the vibrancy and foot traffic our small businesses need to thrive. We appreciate that the Healey-Driscoll administration listened to the concerns many of us shared and put forth this thoughtful solution." Greg Reibman, president, Charles River Regional Chamber (Serving Newton, Needham, Wa-

tertown, and Wellesley).

Additional Discretionary Grant Programs Where Non-Compliance Will Be Considered

Section 3A states that any MBTA Community not in compliance with the law will not be eligible for three state discretionary grant programs: MassWorks, the Housing Choice Initiative, and the Local Capital Projects Fund.

The updated Guidelines list 13 discretionary grant programs that will take compliance with Section 3A into consideration when making grant award recommendations, emphasizing the seriousness with which the Healey-Driscoll Administration views compliance.

Those 13 additional grant programs are as follows:

1. Community Planning Grants, EOHLC,
2. Massachusetts Downtown Initiative, EOED,
3. Urban Agenda, EOED,
4. Rural and Small-Town Development Fund, EOED,
5. Brownfields Redevelopment Fund, MassDevelopment,
6. Site Readiness Program, MassDevelopment,
7. Underutilized Properties Program, MassDevelopment,
8. Collaborative Workspace Program, MassDevelopment,
9. Real Estate Services Technical Assistance, MassDevelopment,
10. Commonwealth Places Programs, MassDevelopment,
11. Land Use Planning Grants, EOEEA,
12. Local Acquisitions for Natural Diversity (LAND) Grants, EOEEA, and
13. Municipal Vulnerability Preparedness (MVP) Planning and Project Grants, EOEEA.

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Honors

CONTINUED FROM PAGE 10

peer-reviewed journals, presentations at regional and national conferences, patents, and entrepreneurial ventures. Others become useful innovations and products for their corporate sponsors.

Prior to their MQP, students complete an Interactive Qualifying Project (IQP), usually in their junior year, with a team of other students across disciplines; the projects may or may not relate to the students' fields of study and are sponsored by organizations across the globe to give students

real-world experience addressing problems that lie at the intersection of science and society. Approximately 85% of WPI students complete a project at one of the university's 50+ off-campus project centers located in more than 30 countries around the world.

The following students completed their MQP:

Abdoul Barry of Lynn, Massachusetts, majoring in Management Engineering, class of 2023 completed the project titled Analysis of Agricultural Development Opportunities in Guyana

Shawn Finnigan of Lynn, Massachusetts, majoring in Interactive Media and Game Development and Professional Writing, class of 2023 completed the project titled Exploring the Crossroads: AR and Tabletop Roleplaying

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to

the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's,

and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more

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HELP WANTED PCA

HELP WANTED PCA
Personal Care Attendant
EVERETT - HABLA ESPAÑOL Personal Care Attendant needed Fridays 3-7pm, Sat. & Sun. 8am-2pm
Please call Susan 617-389-6190
7/5

APARTMENT FOR RENT


LYNN - Diamond District Beautiful, 3 bdrm apartment. Walk to beach, super clean. Owner occupied-available now. \$2,600.
617-529-0879
8/23

Mammograms Save Lives.

All women over 40 should have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms are available.

For more information and answers to any of your cancer questions, contact us any time, day or night.

www.cancer.org
1.800.ACS.2345



Public Announcement:
Child and Adult Care Food Program (CACFP) Public Announcement of Invitation For Bid
Lynn Adult Day Care Center
Attention: Vended Meals Companies

The above institution is soliciting invitations for bid for vended meals to their Child and Adult Care Food Program (CACFP) program site(s). The Vendor would provide meal services according to United States Department of Agriculture (USDA) regulations and guidelines as well as Massachusetts Department of Elementary and Secondary Education, Office for Food and Nutrition Programs policies and guidelines. Vendors and/or their representatives may submit bids to:

Name of Institution: Lynn Adult Day Care Center
Institution's mailing address: 307 Union St. Lynn, MA 01901

A bid packet will be available by email at r.resnick@lynnadhc.com to all potential bidders by 09/15/2023

Potential bidders should email questions to Reuben Resnick at r.resnick@lynnadhc.com by 09/18/2023. The institution will email its response to these questions by 09/20/2023. All questions will be answered in writing only and sent to everyone by 09/20/2023

All bids must be submitted no later than 5 P.M. on 09/22/2023.

All bids are subject to review by the Massachusetts Department of Elementary and Secondary Education, Office for Food and Nutrition Programs, 75 Pleasant Street, Malden, MA 02148.

The public bid opening will be at 9 AM, on Friday, September 15th, 2023 at 307 Union St. Salem, MA 01970

This institution is an equal opportunity provider.

Lynn's Professional Service Directory

ELECTRICIAN



KEVIN MOONEY
781-799-1862

PAINTING



JOHN J. RECCA PAINTING
Interior/Exterior
Commercial/Residential
Fully Insured
Quality Work
Reasonable Rates
Free Estimates
reccapainting@hotmail.com
781-241-2454

PAINTING



Nick D'Agostino
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Gina S Soldano REALTOR®
ABR®, AHWD, e-PRO®, GREEN, MRP®, PSA®, SFR®, SRES®, SRS®
Broker/Associate
(857) 272-4270
Gina.Soldano@era.com
gsoldanorealtor.com

PLASTERING



AUGUSTA PLASTERING
Interior/Exterior
• Blueboard • Plastering
Jim 978-777-6611
Free Estimates
978-777-6611

ROOFING

**2 col. x 1 inch
\$120.00
For 3 Months
(\$10/wk)**

SNOW REMOVAL

**1 col. x 2 inches
\$120.00
For 3 Months
(\$10 Per Week)**

**TO ADVERTISE IN OUR SERVICE DIRECTORY PLEASE
CALL 781-485-0588 OR EMAIL
DEB@REVEREJOURNAL.COM**

VISIT WWW.LYNNJOURNAL.COM

LYNN COMMUNITY HEALTH PHARMACY GRAND OPENING

PAT GECOYA PHOTOS

The opening of the Lynn Community Health Pharmacy has had a huge and positive impact on patient care. The Pharmacy improves

quality care provided by the Center. Lynn Community Health integrated the Pharmacy into all of its daily operations with health care

teams to make prescriptions easier for patients to obtain.

Kim Eng COO said, "During patient appointments Lynn Com-

munity Health providers are able to submit a prescription and have it ready for pick up before the patient leaves the Center. Thirty-two

percent of patients use the Pharmacy. This on-site Pharmacy has been very successful treating patients."



State and City of Lynn Citations presented to Lynn Community Health Pharmacy Grand Opening – State Senator Brendan Crighton, State Reps. Peter Capano, Dan Cahill, and Jinny Armin with Mayor Nicholson presented Citations to Dr. Geoff Pechinsky Interim CEO, Board Chairman Kirirath Saing, and Kim Eng COO.



Interim CEO Dr. Geoff Pechinsky and Mayor Jared Nicholson looks on as Kim Eng, COO hold ribbon as Board Chairman Kirirath "AJ" Saing cuts the ribbon.

Attention MassHealth Members

If you have MassHealth, you need to take steps now to keep your health coverage this year. MassHealth wants to help you and your family stay covered.

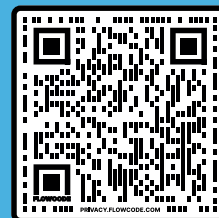


You need to renew your coverage this year.

Take three steps to renew your coverage:

- 1. Update your info
- 2. Check your mail
- 3. Respond to MassHealth

To get help, call 800-841-2900, visit www.masshealthrenew.org or scan the code.



Act now. Stay covered.