

TOP BILLING

Your Ad Here

Call 781 485 0588



THE LYNN JOURNAL

Friday, March 7, 2025



COURTESY PHOTO

National Grid Foundation officials present a \$1.3 million donation check to members of the United Way organizations that will share the donation.

National Grid Foundation donates \$1.3M to United Way

Special to the Times-Free Press

With food and fuel costs at an all-time high, community-based organizations have kept families afloat. Through a generous \$1.3 million donation from the National Grid Foundation, thousands of families across the Commonwealth

have found the help they need. The donation, made to United Way of Massachusetts Bay, United Way of Central Massachusetts and Cape and Islands United Way supports local families with emergency heating and financial assistance this winter, emergency food and supplies and other basic needs.

United Way of Massachusetts Bay will distribute the funds to 19 organizations in Lawrence, Lynn, Quincy, East Boston, Boston and Chelsea.

“This gift helps close out the Foundation’s 25th Anniversary

See UNTIED WAY Page 11

Lynn’s Future is Now Shape the City’s Landmark Zoning Overhaul

Special to the Journal

The City of Lynn has released a draft of its first-ever zoning rewrite for public comment, available at lynnincommon.com/zoning. At 99 years old, Lynn’s zoning code is ripe for a fresh start that better reflects the built environment and the City’s comprehensive plan,

Vision Lynn.

Vision Lynn calls for high-quality development that supports our community and public spaces, brings jobs to the city, and utilizes existing infrastructure. An updated zoning code is the most impactful tool Lynn can use to ensure future development meets these goals. As proposed, the code helps

Lynn better adapt to today’s economy by updating definitions and rules to support entrepreneurs and new uses such as research labs, food production, and technology startups. The zoning also strengthens key retail and commercial corridors by ensuring the street level has

See ZONING OVERHAUL Page 3

Rep. Sean Reid will receive NSCC Rising Champion Award

By Cary Shuman

State Rep. Sean Reid will be honored at the North Shore Community College Champions Celebration April 8 at the Danversport Yacht Club

Reid, a NSCC Class of 2018 graduate, will receive the Rising Champion Award, in recog-

nition of being an exceptional leader dedicated to excellence in higher education for residents of the North Shore and beyond and for transformation and empowerment.

Reid was humbled by the

See REID Page 5

Year-round excellence Element Care is meeting the healthcare needs of seniors during the winter season

By Cary Shuman

With an aging senior population growing nationally, there is a demand for specialized healthcare centers and home-based care. The team of professionals at the new El-

ement Care PACE (Program For All-Inclusive Care for the Elderly) center on Woodland Road in Lynn is providing the necessary comprehensive services each day to Lynn and

See CARE Page 6



Director of Rehabilitation and Activities Catherine Nierenberg and Chief Medical Officer Dr. Eric Reines are pictured at the new Element Care PACE center in Lynn named in honor of Magnolia Contreras.

For the latest news in Lynn that you need to know, go to lynnjournal.com

EDITORIAL

MARCH IS THE CRUELEST MONTH

According to meteorologists, “meteorological spring” arrived last week on March 1. For those who prefer to mark the seasons astronomically, spring officially will arrive in two weeks on March 20 (at 5:01 AM), marking the vernal equinox.

But regardless of one’s preference, we always have viewed March as the ultimate tease.

The poet Emily Dickinson extolled the arrival of March (“Dear March—Come in— How glad I am—”). But Emily Dickinson lived in Amherst, far from the coast, where ocean breezes off the still-frigid Atlantic -- water temps are their coldest in March -- can lower the dreaded wind-chill factor by 10 degrees even on sunny days.

For those of us who have been lifelong residents of Eastern Mass., March is the month on the calendar that we long for with great anticipation after the harsh winter season. But it always disappoints, like an object of desire that fails to live up to our expectations.

Although this past winter was chillier than the past few, our recent winters have not been too tough to take, thanks to milder-than-normal temperatures and the lack of snow, which environmental scientists tell us is the beginning of a long-term trend of warmer winters because of climate change. Those milder winters have given us all the more reason to hope that March would be even more temperate compared to the past.

But our hopes regularly have been dashed by Mother Nature.

To be sure, the weather is getting warmer and the sun brighter. The crocuses and snowdrops have been pushing through the ground, especially in the areas of our gardens that are in full sun. But the cold weather and brisk winds that are forecast for the coming week, with below-freezing temperatures every night and in the early-morning, are anything but a harbinger of the coming spring season.

One of the earliest memories of our childhood was learning the aphorism, “March comes in like a lion and goes out like a lamb.” Despite the onset of climate-change, that saying remains as true today as it was then.

THE REAL REASONS OUR NATURAL GAS HEATING BILLS ARE SO HIGH

Everybody is complaining about the high cost of heating our homes with natural gas this winter, but this year’s spike in our bills, which has been exacerbated by the colder-than-usual winter, has been completely predictable.

Massachusetts has had the 5th-highest natural gas prices in the U.S for many years for which there are two main reasons:

The first is that thanks to the Jones Act (which involves maritime shipping and unions and dates back to 1920), we have to import our liquefied natural gas (LNG), at far greater expense from Trinidad and other places outside the U.S., instead of from the LNG terminals along the U.S. Gulf Coast.

Second, and more significantly, we have been unable to take advantage of the abundant supply of natural gas from the nearby Marcellus Field in Pennsylvania because of environmental regulations and lawsuits that have prevented the construction of new pipelines to our area.

We are within just a few hundred miles of the largest natural gas-producing area in the country, but we are unable to access it, which has resulted in our need to import LNG via tankers from foreign sources.

So yes, we are spending more this winter to heat our homes because of the colder-than-normal weather. But our natural gas prices are greater than almost everywhere else in the country -- and will continue to be for the foreseeable future -- thanks to a combination of our nation’s antiquated maritime shipping laws and environmental lawsuits that have prevented new pipelines from coming to our region from the Marcellus field in nearby Pennsylvania.



Healey declares March to be American Red Cross Month

Gov. Maura Healey has issued a proclamation declaring March to be American Red Cross Month in Massachusetts, joining a national celebration of the work of Red Cross volunteers.

This tradition began over 80 years ago when President Franklin Roosevelt issued the first national Red Cross Month proclamation.

“Since Massachusetts’ own Clara Barton founded the American Red Cross over 140 years ago, multiple generations have stepped up to deliver relief and care across our country and around the world, bringing out the best of humanity in times of crisis,” reads the proclamation. “More than 2,400 Red Cross volunteers in Massachusetts remain unwavering in their commitment to prevent and alleviate human suffering in the face of emergency.”

In addition to responding to home fires and other local disasters an average of twice a day around the state, Red Crossers who live in Massachusetts have already deployed more than 300 times since July 2024 to aid large disaster relief operations in other parts of the country, including the California wildfires and Hurricanes Helene and Milton which impacted several Southeastern states. In fact, 2024 recorded the second-highest number of billion-dollar disasters in a single year, due to major events like hurricanes, floods and tornadoes, according to the National Oceanic and Atmospheric Administration.

Governor Healey’s proclamation will be displayed TODAY MARCH 5 at the State House in Nurses Hall, from 10-3, then will be brought to it’s permanent location at a Red Cross office.

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40% of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org/MA or CruzRojaAmericana.org. Follow us on social media: Red Cross of Massachusetts on Facebook and LinkedIn, @RedCrossMA on X (formerly Twitter) @AmericanRedCross on Instagram and TikTok.

THE LYNN JOURNAL

PRESIDENT: Stephen Quigley
EDITOR IN CHIEF: Cary Shuman cary@lynnjournal.com
PHONE 781-485-0588
EMAIL: EDITOR@LYNNJOURNAL.COM
WEB SITE: WWW.LYNNJOURNAL.COM

DIRECTORY

Advertising & Marketing Director of Marketing Debra DiGregorio deb@reverejournal.com	Legal Advertising Ellen Bertino	Reporting Staff Cary Shuman
Asst. Marketing Director Maureen DiBella	Business Accounts Exec. Judy Russi	Printer Concord Monitor
	Page Design, Copy Editing Scott Yates	

NEWS IN BRIEF

LESLEY UNIVERSITY,
BHCC ANNOUNCE
JOINT ADMISSIONS
AGREEMENT

Lesley University and Bunker Hill Community College are excited to announce the renewal of their Joint Admissions Transfer Program, which has helped hundreds of Boston-area students who opt into the program complete their bachelor's degrees and is expected to help hundreds more.

The Lesley-Bunker Hill Joint Admissions Program, established in 2015, has provided over 350 students with a pathway to degree completion. Students interested in earning a degree in one of Lesley's four pillars of study—education, mental health and wellbeing, art and design, or liberal arts and business—are admitted to both schools as first-year students and earn credits at Bunker Hill that will transfer to Lesley. Then, these students enter Lesley as juniors, having already established solid relationships with Lesley's faculty and staff, with an understanding of how Lesley works, and knowing what they need to do and how Lesley will help them

complete their degree. Lesley University President Janet L. Steinmayer says, "Lesley University is grateful to be able to continue to strengthen opportunities for students interested in careers in education, mental health and the arts, and to be able to help fill the gap in some of these critically need professions."

Bunker Hill Community College President Pam Y. Edinger says "This joint admissions agreement between Lesley University and Bunker Hill Community College will give students a seamless path from associate to bachelor's degree, with the support they need to be successful every step of the way." She adds, "BHCC and Lesley have a long history of collaboration, and this partnership will pave the way toward professional and economic mobility for our student

Lesley University is proud to be the first private university to partner with Bunker Hill Community College in a Joint Admissions Program, and proud to continue this program for another decade. Learn more about this groundbreaking program here.

Lesley University graduates

more mental health professionals than any other college or university in New England. Located just outside of Boston near Harvard and Porter Squares in the vibrant city of Cambridge, Massachusetts, Lesley is renowned for its unique portfolio of programs focused on Education, Mental Health and Art and Design. The university also offers Liberal Arts and Business Programs that support these key disciplines and a special program, the Threshold Program, for neurodiverse students seeking a college experience to learn independent living and working skills. About two-thirds of Lesley's more than 4,500 students are graduate students; one-third are undergraduate and Threshold students. More at Lesley.edu.

CONSUMERS
REMIND TO BE
ALERT FOR IMPOSTER
SCAMS DURING
NATIONAL CONSUMER
PROTECTION WEEK

The U.S. Postal Inspection Service is kicking off National Consumer Protection Week,

March 2-8, 2025, with a warning about the dangers of imposter scams. Imposters are scammers who work very hard to convince consumers they are a friend or relative, or that they are from a legitimate source, such as a bank or government agency. These fraudsters then take personally identifiable information (PII) and use it to steal victims' money.

"There are many types of imposter scams," Inspector in Charge (INC) Eric Shen of the Criminal Investigations Group says. "But they all start with messages like, 'I'm in trouble...', 'I need...', 'You've won!...', or 'I have a great offer for you!' These scammers lull consumers into a false sense of trust, gain access to privileged information, and then drain financial accounts."

"With a few simple tips, consumers can protect themselves from imposter scams," INC Shen says:

- Take your time to make financial decisions. Whether it's investments or unsolicited offers, like the lottery or sweepstakes, don't rush into sending your money to someone you don't know.
- Is it really a representative from your bank sending that email or text? To be certain, call your bank at the number you were given when you opened your account. Don't call a number that you haven't verified and never click on any links in an email or text.
- Grandparents: Before sending money to help a grandchild who says they're in a desperate situation, make sure it's really them! Call them or their parents at a number you recognize to confirm they sent you a message.
- If you meet someone over the internet who professes their love for you right away, but needs financial assistance to meet you, exit the conversation as quickly as you can.
- The Postal Service will NEVER send you an unsolicited text. Any text or email claiming you have a USPS delivery problem is designed

to steal your PII. Delete these messages, but before you do, send the bogus text or email to spam@uspis.gov.

- Put your phone number on the National Do Not Call Registry at 1-888-382-1222 or at www.donotcall.gov.
- If you are a victim of a scam or suspect fraud, report it: Submit an online report to the Inspection Service or call us at 877-876-2455.

Remembering these simple tips will help keep consumers' personal information and finances safe.

For more information on how to spot an imposter, visit their website at www.uspis.gov/ncpw-2025.

HOW TO HELP
WHEN SOMEONE
WITH ALZHEIMER'S
WANDERS FROM
SAFETY

"Police are asking for the public's help in finding a missing person with Alzheimer's disease." Stories like this occur frequently nationwide, because wandering is a common behavior among individuals living with Alzheimer's and other dementia-related illnesses. When you need to run this type of story in your area, here are tips from the Alzheimer's Foundation of America that individuals who encounter someone who is wandering can use to help them (after contacting first responders):

- Approach the person slowly and calmly from the front with your hands down.
- Introduce yourself in a soft, caring tone and explain you are there to help and listen. Offer your hand, make eye contact, and speak slowly.
- Check whether the person is injured.
- Don't attempt to correct the person if they are unaware of their environment. Listen and be supportive.

Wandering prevention tips for family caregivers are also available through the Alzheimer's Foundation of America.

ZONING OVERHAUL (from pg. 1)

shops and services.

Today, fewer than 4% of lots in residential districts are conforming, meaning that many basic improvements or repairs would require homeowners to request a variance, which adds cost and time to their project. The proposed zoning will reduce that burden, help property owners invest in Lynn, and protect neighborhood character.

Larger projects will also benefit from the proposal. Under this new code, the City can set binding conditions through a more transparent site plan review process to ensure major developments benefit the public and respect local needs. This step provides more certainty for both investors and residents.

"The zoning code is one of the most powerful tools we have to ensure future development supports the community," said Aaron Clausen, Lynn Principal Planner. "The new ordinance will help us improve

access to safe and affordable housing, encourage new commercial and industrial development to create more job opportunities, and ultimately provide more resources for improved City services - all priorities we heard from the community in Vision Lynn."

The proposed zoning code has been put together in collaboration with the Zoning Working Group – which is made up of representatives from the Planning, Law, Inspectional Services Departments, Planning Board, the Zoning Board of Appeals, EDIC/Lynn, the Mayor's Office, and City Council – and a team of expert consultants.

"Updating our zoning ordinance is a critical step in shaping a more vibrant City and facilitating the kind of balanced, positive growth that will help us achieve our goals as the community articulated in Vision Lynn," said Mayor Jared C. Nicholson. "We need

more industrial and commercial growth. Residents deserve more predictability and transparency, traits which are also helpful in attracting investment for the kinds of projects that the community is looking for. This process will strengthen our ability to thrive in varying circumstances, ensuring that Lynn is equipped to meet the needs of current and future generations."

Now, the City is looking for feedback from the community. If you own a home, manage a business, own property, or care about Lynn's future, now is the time to get involved: your feedback will shape the final code and make sure it reflects local values while guiding new investment.

For more information, visit lynnincommon.com/zoning. You can find the latest draft, meeting dates, and ways to comment.

ADVERTISE IN THE TIMES

CALL 781-485-0588

NORTH SHORE LATINO BUSINESS ASSOCIATION HOSTS LUNCHEON NETWORK
IN HONOR OF BLACK HISTORY MONTH

CARY SHUMAN PHOTOS

The North Shore Latino Business Association hosted a Luncheon Network event for local businesses and community leaders.

NSLBA President and CEO Frances Martinez welcomed the guests to the luncheon that was held at the organization’s headquarters on Sutton Street.

“This is an informal luncheon to show an appreciation for the Black community in Lynn and on the North Shore,” said Martinez. “We all make a great community, and this is an opportunity to say, come along, let’s have lunch together, and let’s celebrate what is Black History Month – and that’s why we are all here.”



North Shore Latino Business Association President and CEO Frances Martinez prepares for the arrival of the guests at the luncheon.



Vincent Ferreira of Community Credit Union, Vincent Williams of Jazzy Sportswear, Jobeth Williams of One Vibe Communications, NSLBA President and CEO Frances Martinez, and Jason Solomon of Eastern Bank.



Jose Abreu, Vice President and Relationship Manager at Eastern Bank, Councilor-at-Large Nicole McClain, and Chanel Anderson, Founder and Owner of Soul City Yoga.



Margarita Severino of D’Class Beauty Salon, Ircania Valera of Valera Insurance, and Bryana Garcia of Trios Mexican Grill.



NSLBA President and CEO Frances Martinez and Administrative Office Assistants Laisairis Sarita, Yissel Anueles, Jallha De Sosa.

NORTH SHORE LATINO BUSINESS ASSOCIATION HOSTS LUNCHEON NETWORK
IN HONOR OF BLACK HISTORY MONTH



Tia Cole, Project Manager, Creative Collective Food Policy Council, and Morris Guscott, Lynn Public Health Coordinator.



City Councilor Natasha Megie-Maddrey and Jason Solomon, Eastern Bank Equity Alliance for Business.



Michael Lucerto of Inc.Ubate Co-Working, LaCrecia Thomson, City of Lynn Arts and Culture Planner, NSLBA Board Chair Sergio Espinoza of Manka, and Andrew Duperval of EntreDupe Productions.



Bringing the greetings from the City of Lynn to NSLBA President and CEO Frances Martinez and Board Chair Sergio Espinoza are City Councilor Natasha Megie-Maddrey (left) and Coucilor-at-Large Nicole McLain (right).

REID (from pg. 1)

prestigious honor being presented to him by his alma mater. “This recognition is such an honor – I wouldn’t be who or where I am without North Shore Community College,” said Reid. “The education, opportunities, and support I received there opened doors for me and set me on the path to public service. I’m grateful to be part of a community that empowers so many to succeed and proud to be represent the impact of a North Shore Community College education.” Reid is a graduate of Lynn Classical High School. After receiving his associate’s degree

in Liberal Arts from NSCC, he matriculated at Amherst College, where he received his bachelor’s degree in Economics. Reid was elected state representative for the 11th Essex District that encompasses West Lynn and the Town of Nahant in November. The other 2025 Champion Award winners are Richard and Margaret Bowen (in recognition of philanthropy and volunteerism), Peabody-based Bertolino Foods (in recognition of community impact), and Senate President Karen Spilka (in recognition of public service and advocacy).



Launch Your Biotech Career in just 11 Weeks—For FREE!

Launch your career in Massachusetts’ booming life sciences industry—fast and for FREE! Quincy College’s 11-week **Biotechnology & Good Manufacturing Practice** program gives you the skills to enter this high-demand field.

Thanks to a Pathmaker **grant from the Mass Life Sciences Center**, qualified students can enroll at **NO COST**.

Next course starts March 17, 2025—seats are limited. Sign up today and **Let’s get to work!**

QUINCY COLLEGE

To register, please contact:
Megan Riley-Foy, Biotechnology and Biomanufacturing WFD
Coordinator and Career Services Specialist
at megan.rileyfoy@quincycollege.edu or by calling 617-984-1753.

When you change your clocks, check your alarms

With daylight saving time beginning on March 9, Massachusetts fire officials are reminding residents to check their smoke and carbon monoxide (CO) alarms when they change their clocks.

Most Fire Deaths Take Place at Home Overnight

Of the 50 fire deaths in Massachusetts last year,[1] 80% took place in dwellings – and more than half of these took place between 8:00 pm and 7:00 am. Overall, DFS code compliance officers could only confirm that smoke alarms were present and operated

at about 35% of the fatal fire scenes they inspected.

“Here in Massachusetts, most fire deaths take place at home and they’re most common during the overnight hours when we’re sleeping,” State Fire Marshal Davine said. “Tragically, we see this fact pattern play out again and again, especially with seniors in homes without working smoke alarms.”

Older Adults at Greatest Risk

More than half of last year’s residential fire deaths involved adults aged 65 and older. State Fire Marshal Davine and Chief

Kelleher asked residents to check in on older relatives, friends, and neighbors who may need help installing, testing, or replacing their alarms. Seniors can also contact their local fire department, council on aging, or senior center for assistance: Department of Fire Services’ Senior SAFE grant program awarded nearly half a million dollars to fire departments across Massachusetts last year to support assistance with alarm installation and testing.

Fire officials recommend that you choose alarms from

a well-known, national brand. Look for the mark of an independent testing laboratory such as UL or Intertek. Many Massachusetts fire departments have found alarms purchased through Amazon and other online retailers that do not meet the Fire Code – and may not perform when they’re needed most.

Carbon Monoxide Hazards

Heating equipment is the leading source of carbon monoxide at home, Chief Kelleher said, and CO remains a hazard even in warmer weather. While many carbon monoxide

incidents involve furnaces and other heating appliances, CO is also produced by stoves, grills, and vehicles, as well as generators put into use during a power outage.

“Massachusetts firefighters report detecting carbon monoxide at about 5,000 calls each year,” said Chief Kelleher. “We can’t see, smell, or taste this silent, invisible killer. Working CO alarms are the only way to detect it. Please be sure you have them in place at home. If you hear them sounding, get out to fresh air right away and call 9-1-1 for help.”

CARE (from pg. 1)

area residents ages 55 and over.

Dr. Eric Reines, Chief Medical Officer at Element Care PACE, has been the leader of the team of clinical and social service providers at PACE, having worked at the center for the past 17 years, previously operating his own medical practice.

Element Care PACE has a wide-ranging team that consists of physicians, nurse practitioners, psychotherapists, social workers, occupational, physical, and speech therapists, and activity specialists.

Navigating the winter season Dr. Reines talked about the importance of seniors having daily behavioral health care services available, especially so during the winter months when there’s less daylight and seniors can feel more alone.

“There can be social isolation in the winter when elders can’t get out and they’re alone,” said Dr. Reines. “Some people have no family and are estranged from family, or their family is far away. It’s so wonderful for them to be able come here for activities, rehabilitation services, and visits with our nurses. We have a behavioral health team and a special memory care unit. Our seniors are supported in many ways.”

“The daycare center (the Magnolia A. Contreras Health Center) is really the heart of our program,” said Catherine Nierenberg, Director of Rehabilitation and Activities and a certified speech language pathologist who holds a master’s degree from Northeastern University. Nierenberg noted that Element Care operates

seven individual PACE centers (two in Lynn, one in Beverly, Gloucester, Brighton, Lowell and Methuen.) We have an enrollment hotline that people can call, and the enrollment team would meet with potential participants to determine if the person has qualified to enroll in the program.”

Home safety evaluations

Reines said the safety of seniors inside their homes is also a key focus of the Element Care staff.

“We’re concerned about safety in general, but using space heaters and the oven to heat the home can be safety hazards,” said Reines. “Our occupational physical therapists will go a senior’s home and conduct a safety evaluation. There can be clutter in the home that people can trip over. There can be a need for [grab] bars in the bathroom, for instance, just providing various ways to make their environment safer at home.”

Reines said certain health factors can present health challenges to seniors and increase the risk of a fall inside the home,

“A person’s vestibular system, vision, position sense do deteriorate as they age,” said Reines. “With memory trouble may come judgement issues. All these factors feed into falls.”

Reines also stressed the importance of a senior staying active every day.

“Inactivity leads to muscle weakness, especially the core muscles, which in turn increases the risk of falls,”

noted Reines. “Sitting on the couch watching TV 24/7 is not healthy and will increase the risk of falls.”

Nierenberg said “a comprehensive evaluation is done in every home discipline.”

“Whatever is needed to keep our participants safe in the home, we would provide,” said Nierenberg. “We go to people’s homes and conduct a home safety evaluation. We might find that they need equipment installed or they might need to put on therapy caseload, or a visiting nurse, or homemaker. We determine any safety hazards and any needs they may have physically or environmentally.”

Plenty of activities at the center

Nierenberg said there is an exercise group for 15 minutes each day before lunch.

“We also have different levels of therapy with our rehab team. We have a wellness program where we have walking groups around the center. We have skill therapy where somebody has goals for improving their strength and mobility. Also available are aerobics and tai chi.”

One of the annual activities is the inter-site Olympics where participants from the centers compete in various athletic events.

Supporting the ‘sandwich generation’

Element Care PACE provides tremendous support to the sandwich generation (adults who care for both their children and their aging parents).

“We keep tabs on our participants,” said Nierenberg.

“We see them. Our doctors and nurse practitioners all treat the participants. We know our participants very well and we notice when they’re declining. We know when they’re failing and we intervene, without their adult children having to watch out for them and schedule appointments. We always have our eyes on our participants. If their adult children are working and our participants need to be taken to a doctor, we can do that, too. We do a lot of the caretaking, and that alleviates the burden on adult children quite a bit.”

Maintaining its focus, reaching its goals

Dr. Reines said the focus of the center’s staff remains “quality care for all of our patients.”

“Medically speaking, I’m concerned about the medications that we prescribe and we’re careful about that,” said the esteemed physician. “On the one hand, our patients have many diseases, so their various specialists recommend many medications, and it can be very hard to keep them all straight. So, we help with making sure they’re taking their medication as it should be taking and deciding if some medicines aren’t appropriate even though the specialist said so. But the specialist doesn’t know the whole person, and we do.”

Reines said for the center’s population, he recommends pneumonia, influenza, Covid, and RSV vaccines.

Much praise from the participants

Nierenberg spoke humbly about the gratitude expressed regularly by the participants in

the Element Care PACE programs at the center.

“We get a lot of compliments, praise, and letter of gratitude for the care that we give and how supported the families feel by us,” said Nierenberg.

The bottom line is that Lynn-area seniors are being well taken care of each day by Dr. Reines and his incredible team of health professionals at Element Care PACE.

Reines takes great pride in the work being done at the center.

“There is such a difference having an interdisciplinary team taking care of people who have so many needs,” said Reines. “It really makes a difference. Our participants stay out of the nursing home much longer. Sometimes, they ultimately do need the nursing home, but it’s years later than otherwise they would have. And their quality of life is so much better. We really hug them with all of our care.”

Dr. Reines grew up in Marblehead and graduated from Marblehead High School. He attended George Washington University, majoring in Chemistry, and is a proud graduate of the College of Medicine at the University of Vermont. where, he said, first-year students worked directly with patients as opposed to other schools who waited for the third year before medical school students saw patients. “I thought that was a great experience,” said Reines.

Accessory Dwelling Units officially allowed statewide under Affordable Homes Act

Special to the Journal

Accessory Dwelling Units (ADUs) are now permitted by-right statewide in Massachusetts thanks to the Healey-Driscoll Administration's Affordable Homes Act, signed into law by Governor Maura Healey in August 2024. Sometimes called tiny homes or in-law suites, ADUs are small, independent living spaces located on the same lot as a principal dwelling in a residential zoning district. Garages, attics, and basements can be converted into ADUs. Or an ADU can be a newly constructed detached cottage or addition onto the primary home with a separate entrance.

"We said from the beginning that we were going to make housing more affordable by creating homes for every kind of household and at every stage of life," said Governor Maura Healey. "By allowing homeowners the freedom to create an Accessory Dwelling Unit, we can provide more housing options for seniors, creating opportunities for young adults with special needs looking for more independence and developing smaller, more affordable, housing options for our state."

"This is a real solution that creates additional housing throughout our communities in small ways that can have a big impact for an individual or a family," said Lieutenant Governor Kim Driscoll. "The Affordable Homes Act is continuing to open up new housing at every level across the state and allowing Accessory Dwelling Units is an example of the problem-solving focus of our administration."

The undersupply of housing in Massachusetts has dramatically increased housing costs in recent years. ADUs are part of the solution to build more homes and drive down costs for tenants and homebuyers.

As of Sunday, February 2nd, ADUs less than 900 square feet can be built by-right in single-family zoning districts statewide, and the Executive Office of Housing and Livable Communities estimates that 8,000 to 10,000 ADUs can be constructed over the next five years thanks to this simplification of the ADU permitting process.

"ADUs can provide sup-

plemental rental income to homeowners, add value to single-family homes, and deliver new options for renters in a tight market," said Ed Augustus, Secretary of Housing and Livable Communities. "Previously, if a homeowner wanted to build an ADU for an aging parent, they would have had to apply for special permits and variances, which in many cases can be outright denied due to restrictive zoning bylaws. Now, ADUs are allowed by-right statewide, making it easier for residents to build in their own backyards, or onto their existing homes."

ADUs can have a profound effect for homeowners and their families. They can allow older adults to age in place and remain close to their grandkids and children. ADUs can also offer independent living for young adults with special needs.

Following a public comment period, EOHLHC has now issued final regulations intended to help cities and towns adjust their local ordinances and allow for ADUs by-right. You can visit [Mass.gov/ADU](https://mass.gov/ADU) to learn more specific details about the ADUs by-right policy.

Municipalities who need assistance drafting, conducting community planning, and enacting local ADU rules may apply for funding through the Community One Stop for Growth.

Residents interested in developing an ADU should contact their city or town services who will be able to give them an understanding of the local rules and how they can apply for a permit. Additionally, residents seeking to build an ADU for people with disabilities or people over 60 may be eligible for no-interest financing

through the state's Home Modification Loan Program.

Statements of Support

Jen Benson, Massachusetts State Director, AARP:

"Accessory Dwelling Units (ADUs) are not only a vital tool in creating additional affordable housing, but they are also one of the best ways for older family members to age in place. ADUs can help create multi-generational housing opportunities while giving those generations the comfort of their own living spaces."

Maura Sullivan, CEO, The Arc of Massachusetts:

"The Arc of Massachusetts is grateful to the Executive Office of Housing and Livable Communities for releasing regulations that provide additional details on the Accessory Dwelling Unit provision of the Affordable Homes Act. ADU's have been a longtime policy priority of The Arc because we recognize the critical need to create more housing for people with autism and intellectual and developmental disabilities. These individuals and their families face many challenges related to housing, including safety, gaining independence, and maintaining tenancy. ADU's provide an option for some people with disabilities to live and thrive in their community, where they often have family and natural supports. We look forward to working with individuals and families to interpret and understand these regulations."

Rachel Heller, CEO, Citizens' Housing and Planning Association:

"Today, Massachusetts takes another significant step forward on the path to a vibrant future. When we allow for a range of housing types in our neighbor-

hoods, people have opportunities to live in homes they can afford in the communities they choose. Accessory Dwelling Units can make housing more affordable for homeowners that build them and for renters looking for housing at different price points. As communities allow for Accessory Dwelling Units, multifamily housing, and smaller homes on smaller lots, we are fostering an environment where people, our neighborhoods, and our economy can thrive."

Jesse Kanson-Benanav, Executive Director, Abundant Housing Massachusetts:

"We were proud to partner with the Healey-Driscoll administration, Secretary Augustus and EOHLHC, and advocates in ensuring the Affordable Homes Act included a strong ADU provision that will unlock more housing production across the commonwealth. Advocates have spoken of the need for standardization and fewer barriers to building ADUs and we have finally answered the call. ADUs are a gentle tool in the Massachusetts toolbox to address our se-

vere housing storage. This provision allows homeowners to generate additional income or house loved ones with disabilities, aging family members, or young adults who might not otherwise be able to afford to live in the community where they were raised. Legalizing Accessory Dwelling Units by-right in every city and town is an investment in the future of the commonwealth and its residents."

Marc Draisen, Executive Director, Metropolitan Area Planning Council (MAPC):

"As new zoning allowing Accessory Dwelling Units goes into effect this week, cities and towns across Massachusetts now have a new tool for adding infill, small-scale homes to meet a variety of multi-generational needs in this tight housing market. MAPC stands ready to assist communities in implementing thoughtful local regulations. We are eager to share our model zoning resource, created in partnership with EOHLHC, that will streamline adoption in neighborhoods across our region."

Extend your Business's reach
with Online Advertising!

Clients and Customers
are just a click away!

\$300⁰⁰ per month
per site



THE
INDEPENDENT
NEWSPAPERS

REVEREJOURNAL.COM • WINTHROPTRANSCRIPT.COM
LYNNJOURNAL.COM • EVERETTINDEPENDENT.COM
EASTIETIMES.COM • CHELSEA RECORD.COM
CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM
NORTHENDREGIONALREVIEW.COM • THEBOSTONSUN.COM
JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM

Combo Rates available!
Buy any 3 sites, get 4th FREE

Call 781-485-0588 to get started!

AD SIZE

in pixels
W: 160px
H: 600px

please send
in "png"
format

OBITUARIES

All obituaries and death
notices will be at a cost of
\$195.00 per paper.
Includes photo.No word Limit.
Please send to
obits@reverejournal.com
or call 781-485-0588

HONOREES FOR BLACK EXCELLENCE ON THE HILL AWARDS

Special to the Journal

Senator Brendan Crighton, Representative Dan Cahill, and Representative Sean Reid were proud to nominate individuals from their district to be recognized at the Massachusetts Black and Latino Legislative Caucus Annual Black Excellence on the Hill event. The Caucus works to define, highlight, and celebrate the work of people of color in the Commonwealth. The individuals honored at Black Excellence on the Hill are trailblazers, change-makers, and leaders who exemplify what it means to serve their communities.

"I'm incredibly proud to recognize the dedicated work of these community members, who are tireless advocates for change," said Senator Brendan Crighton. "Every day their mentorship, leadership, and advocacy work to make our community a better place."

"James, Tim, Brenda, and David have consistently shown selfless commitment to making our community stronger every day," said Representative Dan Cahill. "It is an honor to celebrate their achievements and to see them receive the recognition they rightfully deserve."

"We are fortunate to have so many inspiring leaders in our community, like the ones we honored here today," said Representative Reid. "It was my honor to nominate Minister Womack, who is an exceptional human being. We are all better for knowing her and witnessing the positive change she brings to the city."

Tim Potter has worked in many roles throughout the Lynn community, including Program Director of the Bridge House Family Shelter, Resident Services Coordinator at

Eliot Tri-City Community Behavioral Health Center, and volunteering with his wife Deborah at St. Stephen's Memorial Episcopal Church. He also worked in radio and television for 20 years throughout the country. He is equally well-known for his passion for music, having been the DJ of 3 ZUMIX shows: Ocean of Voices, The New Ocean of Voices, and Flight Deck.

Minister Brenda J. Reed Womack serves as the Minister of New Leadership and Hospitality at Zion Baptist Church. She worked for many years at the Lynn Housing Authority and has held leadership roles on various boards including the Essex County Community Organization, the Lynn Racial Justice Coalition, the Lynn Community Connections Coalition, and the Gregg House.

James Runner III dedicates himself to service, mentorship, and cultural enrichment in the City of Lynn. For the past 14 years, he has served as the Head Football Coach at Lynn Vocational Technical Institute, shaping the lives of student-athletes. He is also the founder of In The Mak'n, a nonprofit dance troupe that he has led for over 26 years and works at the District Attorney's office in a role where he can further his commitment to justice and community advocacy.

Officer David Woumn has had an exceptional 39-year career with the Lynn Police Department, exemplifying the best in law enforcement, leadership, and community dedication. He has also worked with organizations such as the Lynn Youth Teen Center, the Massachusetts Thundercats AAU Basketball, East Lynn Pop Warner, and Lynn English Basketball.



Pictured at the awards ceremony inside the Great Hall at the State House are Rep. Sean Reid, Black Excellence on the Hill award recipients Minister Brenda Reed-Womack, Lynn Police Officer David Woumn, radio and TV personality and community leader Tim Potter, Councilor-at-Large Nicole McLain, Sen. Brendan Crighton, and Rep. Dan Cahill.



Lynn Police Officer David Woumn, recipient of the Black Excellence on The Hill Award in recognition of his outstanding career in law enforcement, is pictured at the awards ceremony in Boston, with members of his proud family, Diondra Woumn, Darius Woumn, Lynn Police Officer Ryan Woumn, Vanessa Steed-Woumn, and Lillie Woumn.

Do You Want To Sell Your Home?



**Our Advertisers
have clients
waiting to buy!**

List your property with one of the fine
realtors who advertise regularly in the...



Massachusetts Port Authority Community Advisory Committee announces the launch of newly designed website (www.massportcac.org)

The Massachusetts Port Authority Community Advisory Committee (MCAC), a legislatively created oversight committee which serves as the voice of the thirty-five communities impacted by Massachusetts Port Authority operations, is pleased to announce that our new web-

site is live. The site can be found at www.massportcac.org.

The website contains all the minutes from our committee and sub-committee (Aviation Operations, Environment & Health, Finance) meetings as well as resources for community members to

learn about aviation and maritime impacts. Links can also be found to report noise complaints and understand runway usage at Logan Airport.

For more information on MCAC projects, please contact Executive Director Aaron Toffler at atoffler@massportcac.org.

HONOREES FOR BLACK EXCELLENCE ON THE HILL AWARDS

Special to the Journal

Over the weekend, the Lynn Housing Authority and Neighborhood Development (LHAND) hosted its first First-Time Homebuyer Class of the year, in partnership with Mayor Jared C. Nicholson and The North Shore Latino Business Association, equipping participants with essential knowledge to navigate the homebuying process.

Attendees gained valuable insights into key topics, including budgeting and credit, the mortgage application process, appraisals, home inspections, property insurance, down payment assistance, and de-leading, among others.

Day One featured expert presentations from Ivanna Smalls of American Consumer Credit, Brenda Ortiz Peral of Salem Five, John Ladd of LHAND, and Lisa McGloin of Capano & McGloin, LLP. On Day Two, participants heard from Jeff Wright of MassHousing, John Carroll of ABC Home Inspector, and several LHAND professionals. With guidance from these industry experts, attendees took a significant step forward on their journey to homeownership.

“These FTHB Classes are the first exciting step to home ownership for our participants. Realizing the dream of homeownership is something that most of us strive for and these classes offer the tools and preparation needed for these buyers to navigate the home buying process and the ever-changing real estate market. It’s an exciting time for them!” said Charles Gaeta, Executive Director of LHAND.

The LHAND’s next First-Time Homebuyer Class, by John Ladd, will take place on Saturday, April 26, and Sunday, April 27. The course will be conducted in English and is certified by the Massachusetts

Homeownership Collaborative. To receive a certificate, participants must attend both sessions.


As these classes continue to grow, it is highly recommended that participants register early to secure their spots. The class costs \$50 per individual or \$75 dollars per couple (must be purchasing a home together). For more information or to register, call 781-581-8621 or email homebuyerclass@lhand.org.



LHAND hosted a February First Time Homebuyer Class on February 22 and 23. Shown is Ivanna Smalls of American Consumer Credit during the day one session.



John Ladd of LHAND was one of the experts for the day two session.



LYNN HOUSING AUTHORITY
& NEIGHBORHOOD DEVELOPMENT

Happy St. Patrick's Day!

Charles Gaeta, Executive Director
Board of Commissioners Susan McGinnis-Lang,
Steve Martin, Robert Muise, & Justin Anshewitz, Kiara Palomares

LOCAL STUDENTS EARN ACADEMIC HONORS

EASTERN STUDENT OF LYNN INDUCTED INTO NATIONAL HONOR SOCIETY

More than 100 first-generation students from Eastern Connecticut State University were inducted into the Tri Alpha National Honor Society on Nov. 8, recognizing their academic achievements despite the challenges of being the first in their families to attend college.

Among those inducted was Yeinmy Pinales, a junior from Lynn studying Criminology.

Tri Alpha offers lifetime membership and recognizes first-generation students who display significant academic achievement. Christina Irizarry, director of opportunity programs, described the inductees as "trailblazers in their families and agents of change."

Students with a GPA of 3.2 or higher and whose biological parents have not earned a four-year college degree in the U.S. or Canada were eligible for induction into Tri Alpha, a national honor society for first-generation college students.

This new honor society at Eastern recognizes the drive and resilience of first-generation students and aims to foster a supportive environment. At Eastern, first-generation students make up about 30% of the student population. Inductees received a certificate and a pin featuring the honor society's logo.

Kolin Ebron, assistant director of the Office of Opportunity Programs and a proud first-generation college graduate, said: "It's an incredible opportunity for our students to be celebrated and build a sense of community."

LASELL UNIVERSITY STUDENTS NAMED TO FALL 2024 DEAN'S LIST

The following local students were named to Lasell University's Fall 2024 Dean's List:

- Leslie Guerrero of Lynn
- Sydney Pastorello of Lynn
- Kylie Waltman of Lynn

To be named to the Dean's List, Lasell students must complete at least 12 credits as a full-time student and achieve a semester GPA of 3.5 or higher.

HINES OF LYNN CONCLUDES FIRST SEMESTER

More than 1,000 students are concluding their first semester at Eastern Connecticut State University this fall 2024. The new students include 808 first-time and 275 transfer students who are enrolled in undergraduate and graduate-level programs.

Among them is Audrey Hines of Lynn, a first-year student who is majoring in Communication.

The most popular majors for the new students include business administration, health sciences, psychology, nursing, criminology and computer science. The students come from nearly all of Connecticut's 169 towns and 20 other states. Outside of Connecticut, the biggest feeder states for the new students include Massachusetts, New York and Rhode Island.

LYNN RESIDENT EARNS PRESIDENT'S LIST HONORS FROM MASSBAY COMMUNITY COLLEGE

Tiffany Gerald of Lynn has been named to the MassBay Community College President's List. Tiffany, who studies Interior Design, achieved this outstanding academic honor for the fall 2024 semester.

To be eligible for the MassBay President's List, students must be enrolled in 12 or more college-level credits, achieve a 3.7 grade point average or higher, and be in good standing with the College.

CURRY COLLEGE FALL 2024 DEAN'S LIST

Curry College congratulates over 800 students who were named to the Fall 2024 Dean's List.

- Noelle Cote of Lynn
- Tyler David of Lynn
- Annie Joseph of Lynn
- Kaylah Leandre of Lynn
- Jalaya Marshall of Lynn
- Taliah Scott of Lynn

SNHU ANNOUNCES FALL 2024 DEAN'S LIST

It is with great pleasure that Southern New Hampshire University (SNHU) congratulates

the following students on being named to the Fall 2024 Dean's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

- Stephanie Martinez of Lynn
- Elizabeth Soc of Lynn
- Sarah Rodriguez of Lynn

EASTERN STUDENT YEINMY PINALES MAKES DEAN'S LIST

Eastern Connecticut State University recently released its Dean's List for the fall 2024 semester, in which more than 1,300 students were recognized for maintaining high GPAs.

Among them is Yeinmy Pinales of Lynn, a junior who majors in Criminology.

To qualify for Dean's List, full-time students must complete a minimum of 12 credits in letter-graded courses with an average GPA of 3.5 or higher in the semester. Part-time students are eligible if they've accumulated 15 or more credits of letter-graded coursework with an average GPA of 3.5 or higher.

Eastern Connecticut State University is the state of Connecticut's public liberal arts university, serving upwards of 4,000 students annually on its Willimantic campus. A residential campus offering 41 majors and 68 minors, Eastern offers students a strong liberal arts foundation grounded in a variety of applied learning opportunities. Ranked among the top 25 public institutions in the North by U.S. News & World Report in its 2024-25 Best Colleges ratings, Eastern has also been awarded 'Green Campus' status by the Princeton Review 15 years in a row.

LYNN RESIDENT EARNS HONORS

Cristopher Correa of Lynn has earned a place on the President's List for the Fall 2024 semester. Students named to the President's List have demonstrated a serious commitment to their studies while at Dean College.

Dean College is a private, residential New England college grounded in a culture and tradition that all students deserve the opportunity for academic and personal success. A uniquely supportive community for more than 150 years, Dean has woven together extensive student support and engagement with exceptional teaching and innovative campus activities. Our graduates are lifetime learners who thrive in their careers, embrace social responsibility and demonstrate leadership. This is The Dean Difference.

UMASS AMHERST ANNOUNCES FALL DEAN'S

The following students were named to the Fall 2024 Dean's List at the University of Massachusetts Amherst.

Students are appointed to the Dean's List at the end of a semester in which they have completed a minimum of 12 graded credits and have earned a grade point average of 3.500 or better.

- Nneoma Anaba
- Caroline Ball
- Katherine Blasius
- Maya Cormier
- Crystal De Leon
- Paola Delmaschio
- Colin Do
- Sarah Elqanoun
- Heonir Feliz
- Ashley Folan
- Ksena Gaskin
- Henri Gjoka
- Andrew Gonzalez
- Kylie Griffin
- Catherine Hines
- Amren Hossain
- Mia Kebreau
- Nantenen Keita
- Samira Krol
- Jamiu Lasisi
- Marina Liberato-Cormier
- Roberto Lopez Pirir
- Andrew Luciano
- Jenny Ly
- Nina Ly
- Kyu Mai
- Jolett Majano Licon
- Molly Mannion
- Sean McDonough
- Eamonn McHale
- Angie Mejia
- Niyokusenga Mwajuma
- Bertine Noel
- Dahicha Olivares
- Valentina Ramirez
- Katheryne Rubio Lazo
- Amina Safir
- Shadab Sakin
- Cole Story

- Jaden Thackston
- Jessica Tran
- Olivia Waterman
- Marcos Weber

MALDEN CATHOLIC ANNOUNCES SECOND QUARTER HONOR ROLL

Malden Catholic students have successfully completed the second marking period of the 2024-2025 school year. A total of 533 students from 40 cities and towns have earned recognition on the honor roll for their outstanding academic achievements.

Malden Catholic honors academic excellence with three distinct categories:

- President's List: Grades of 90 and above in all classes
- First Honors: Grades of 85 and above in all classes
- Second Honors: Grades of 80 and above in all classes

The honor roll is organized by city, honor level, student name and year of graduation.

- President's List
 - Giuliana Kougianos '28
 - Janeale Suello Smith '27
- First Honors
 - Austin Argant '25
 - Ariana Benedith '27
 - Destiny Fotabong '25
 - Kane Hagerty '28
 - Daniella Lopez Abrego '28
 - Helen Nguyen '25
 - Lena Rodriguez Aguila '26
 - Henry Saldivar Salgado '26
- Second Honors
 - Jarrold Comeau '28
 - Devin Fotabong '27
 - Sabrina Saldivar Salgado '27
 - Alicia Yanez Mera '28

AREA RESIDENT NAMED TO DEAN'S LIST FOR FALL 2024 SEMESTER

Saint Anselm College has released the Dean's List of high academic achievers for the first semester of the 2024-2025 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. A total of 622 students representing 23 states and four countries received this honor.

Mark W. Cronin, Dean of the College, announced that the following student has been named to the Dean's List for

UNITED WAY (from Page 1)

and ring in the new year highlighting our core principle: Giving people the tools they need to build hope is an essential ingredient in the development of individuals, families and building stronger communities,” said Eileen Cohen, Board Chair, National Grid Foundation. “We also know that small amounts of emergency assistance in a time of financial crisis can prevent families from losing their homes, going without heat, experiencing food insecurity or going without other essential needs.”

The Foundation, representatives from the three United Ways, Chelsea City Manager Fidel Maltez, and other state and local elected officials gathered to announce the funding at The Neighborhood Developers facility in Chelsea on February 10, at 10 a.m. During the short speaking program, select community members spoke about the personal impact of the grant dollars on their family.

“We are honored to host this event and deeply grateful to the National Grid Foundation for its incredible generosity in awarding \$1.3 million to the United Way Family Fund,” said Rafael Mares, Executive Director of The Neighborhood Developers. “This support has a tremendous impact—helping families across the Commonwealth keep their utilities on, avoid eviction, and put food on their tables.

In 2024 alone, TND assisted nearly 300 families with over \$180,000 in utility assistance, and with this funding, we look forward to helping even more households in need.”

United Way of Massachusetts Bay has administered emergency assistance and flexible funds to households across the region since 1976. The funds are to assist individuals or families with an unanticipated emergency (e.g., job loss, health crisis) or to help individuals enrolled with a partner agency take steps toward financial stability.

“We know that rising housing costs, decreasing housing vacancies, skyrocketing food and consumer prices, inflation, and shifting labor markets can make it more challenging for families to meet their basic needs. This often forces families to fall behind on paying their utility bills,” said Daphne Principe Griffin, Interim CEO of United Way of Massachusetts Bay. “Through the generosity of the National Grid Foundation and the work of our partners we are helping communities not only survive winter, but thrive all year round through these funding programs and supports.”

Here in Massachusetts, 20% of households reported they were unable to pay an energy bill or unable to pay the full bill amount at least once over the past year. That’s according to U.S. Census data. The state’s

annual home heating forecast anticipated a colder winter compared to 2024, with moderately higher energy prices, including electricity, natural gas, and propane.

“Our mission in our office is helping those in need the most and this goes a long way to helping residents that I represent, particularly those who need a lift at this time during the winter months when getting fuel assistance is not an easy endeavor,” said Senator Sal DiDomenico. “We have a lot of folks that talk about helping people in our communities, but they don’t always step up to the plate and do it. And the fact that we have National Grid Foundation helping these families is really a big deal for us.

“This much-needed funding will have a significant impact on the Cape and Islands ensuring our neighbors in need don’t have to choose between heat or food – that’s the reality many living here year-round are facing,” said Mark Skala, president/CEO of the Cape and Islands United Way. “We are so grateful for this investment in the community by National Grid Foundation.”

“We are grateful for our relationship with the National Grid Foundation. Their enormous support will provide substantial and immediate relief to thousands of residents in Central Massachusetts,” said Tim

Garvin, Executive Director of United Way of Central Massachusetts. “We distributed the funds to Catholic Charities, Central Mass Housing Alliance, Elder Services, Project New Hope, Veterans Inc., and Worcester Community Action Council for energy assistance.”

President and CEO, Veteran’s Inc, Vincent J. Perrone continued by expressing his sincerest gratitude to the foundation, “this donation will help to provide over 6,000 of our veterans and their families with safe and stable housing services . . . a complex task, [that] we could not begin to achieve without the support of community partners like United Way of Central MA.”

The National Grid Foundation was created to enhance the quality of life across its grant making territory. The Foundation’s ongoing challenge is to create opportunities for solutions to educational and environmental issues. Its objective is based on the principle that giving people the tools to build hope is an essential ingredient in the development of individuals, families, and communities. Since its inception in December of 1998, has granted more than \$43 million to local community organizations. www.national-gridfoundation.com

United Way of Massachusetts Bay exists to build more equitable communities, togeth-

er. With over 85 years of local impact in eastern Massachusetts, we work with and for our communities to build economic prosperity and enable everyone—across races and ethnicities—to share in the knowledge, wealth and resources available. We believe that the key to unlocking opportunity is uniting people, and we bring together individuals, community leaders, corporate partners, legislators and organizations to build a powerful engine of change. Visit www.unitedwaymassbay.org for more information.

United Way of Central Massachusetts is dedicated to creating a healthier and more resilient community by fostering youth opportunities, enhancing financial security, and connecting people and resources to support those in need. Through the enormous support of our donors and volunteers we work every day to improve the community for everyone.

The Cape and Islands United Way leads social impact in the region. Partnering with donors, volunteers, and nonprofit organizations, our mission is to improve lives by mobilizing the caring power of our communities to advance the common good on Cape Cod, Martha’s Vineyard and Nantucket.

ACADEMIC HONORS (from pg. 10)

the fall 2024 semester at Saint Anselm College, Manchester, New Hampshire:

Rylan Scaglione, Biology (BS) Major

LOCAL RESIDENTS MAKE DEAN’S LIST AT WENTWORTH INSTITUTE OF TECHNOLOGY

The following local students have made the dean’s list at Wentworth Institute of Technology for the Fall 2024 semester.

Bruce Nguyen
Charles Melara-Paz
Ally Do
Daniel Barrios
Emmanuel Rodriguez
Theodore Yun
Michael Pineda Mira
Michele Thach
Daniel Polonsky
Jeffrey Bobbitt

Jaice Lopez Martinez
Brandon Townsend.

Wentworth Institute of Technology

Founded in 1904, Wentworth Institute of Technology provides a comprehensive, interdisciplinary, project-based education in architecture and design, computing and data science, engineering, management, and sciences and humanities that integrates classroom, laboratory, studio, cooperative and experiential learning to develop career-ready, skilled professionals, and engaged citizens. The University of Opportunity, Wentworth aims to be a student-centered institution that offers high-quality undergraduate, graduate, and lifelong learning programs, and embraces a culture of innovation and creativity. Hands-on. Future-Ready. Education that’s worth it. Wentworth.

LOCAL STUDENTS NAMED TO EMMANUEL COLLEGE'S FALL 2024 DEAN'S LIST

In recognition of their outstanding academic achievement, Emmanuel College has named more than 1,000 students to the Dean's List for the Fall 2024 semester. To earn a spot on the Dean's List, Emmanuel students must achieve a grade point average of 3.5 or higher for a 16-credit semester.

The following local students were named to the Dean's List:

Amy Lopez Esteban of Lynn Lopez Esteban is a Biology major.

Brooke Warren of Lynn. Warren is a Biology - Health Sciences major.

Dennis Nguyen of Lynn). Nguyen is a Chemistry - Foren-

sic Science major.

Daniel Finnigan of Lynn . Finnigan is a Double Major; English; Writing, Editing and Publishing major.

Aria Mantsourani of Lynn . Mantsourani is a Marketing major.

Nour Farhat of Lynn . Farhat is a Biology major.

Emely Rodriguez of Lynn . Rodriguez is a Criminology & Criminal Justice major.

Michaelangelo Antonetti of Lynn. Antonetti is a Graphic Design major.

Yelianis Veloz of Lynn. Veloz is a Accounting major.

Sofia Carballo of Lynn . Carballo is a Criminology & Criminal Justice major.

Willy Soto of Lynn. Soto is a Psychology - Counseling & Health Psychology major.

Danielle Leger of Lynn. Leger is a Studio Art major.

Dakota Curry of Lynn Curry

is a Undeclared major.

Precious Kamara of Lynn . Kamara is a Psychology - Counseling & Health Psychology major.

Julian Perdomo Guerrero of Lynn . Perdomo Guerrero is a Spanish major.

Alyssa Demayo of Lynn . Demayo is a Writing, Editing and Publishing major.

With more than 80 majors and areas of study, Emmanuel College combines outstanding classroom instruction and real-world experience to prepare students for lives of professional achievement, lifelong learning, and purpose. Voted the #1 college location in America by Niche.com in 2023 and 2024, Emmanuel offers access to world class medical, cultural, and business organizations, all with a tight-knit 17-acre campus and 13:1 student-to-faculty ratio.



The team is pictured after its thrilling 63-61 victory over Bishop Feehan. In the front row is Sophia Lafontant. Standing, from left, are Reese Matela, Chaleigh Green, Lina Owumi, Juliana Conte, Lily Norton, Bella Owumi, Lily Norton, Jillian Roberts, Gabby Lorenzini, Janae Holmes, Taby Lopes, Susy Emmanuel, and Jaylin Frye.

ST. MARY’S HIGH SCHOOL GIRLS BASKETBALL TEAM CONTINUES ITS RUN IN MIAA TOURNAMENT

The St. Mary’s High School girls basketball team defeated Belchertown and Newburyport to advance to the Round of 8 in the MIAA Tournament. Coach Jeff Newhall’s Spartans were set to play East Bridgewater March 6 in a quarterfinal round matchup.



St. Mary’s freshman forward Chaleigh Green is pictured with her father, former St. Mary’s basketball great Loren Green, who helped the Spartans win the 2001 state title. Chaleigh’s brother, Brayson Green, is a 6-foot-6-inch junior at Putman Science Academy in Connecticut and one of the top-rated college basketball prospects in the Class of 2026.



Two of the stars in St. Mary’s victory over Bishop Feehan, Lila Norton, whose shot at the buzzer was the game-winning basket, and Bella Owumi, who scored 26 points and had five assists, including the pass to Norton for the game-winner.

4 GENERATIONS OF OWNED AND OPERATED BY THE DIGREGORIO FAMILY SINCE 1947

CAR CARE & REPAIR

BROADWAY



MOTOR SERVICE

TOM DIGREGORIO | JOHN DIGREGORIO



- ✓ Inspection Station
- ✓ Winterize Your Vehicle
- ✓ Auto Repair
- ✓ Tires

FOR YOUR CONVENIENCE REPAIR AND PARK SERVICE CALL JOHN FOR DETAILS

88 BROADWAY, REVERE | (617) 996-8371

SEND US YOUR NEWS

The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com.

CITY PAWS

License Your Dog

By Penny & Ed Cherubino

We have reminders on our calendar to license our dog in March. Typically, we receive email and snail mail reminders from the City of Boston. Massachusetts law requires all dogs to be licensed with their city or town by April 1st of each year.

There are many good reasons to license your dog. In addition to being a legal requirement, licensing dogs is a form of advocacy. Adding your residence to the list of homes with dogs supports organizations fighting for services for those who share their lives with companion animals.

It's easy for politicians to ignore the wishes of dog owners when setting funds for recreational space and services when the official number of dogs is vastly decreased by those who don't get a license. In addition, dog walkers, kennels, dog parks, and some residential buildings require licensing.

Finally, the lack of a license says something about you should you ever face a legal situation regarding your dog. Something that might result in a warning could escalate to a fine when an enforcement official sees you as a scofflaw. In the case of a lawsuit or an insurance issue, your lack of a license could undermine your credibility.

Rabies Vaccination Required

You must have proof of a current rabies vaccination to license your dog. With rabies vaccinations, you don't have a choice since state law requires, "Each owner or keeper of a dog, cat or ferret that is 6 months of age or older shall cause such dog, cat or ferret to be vaccinated against rabies by a licensed veterinarian using a licensed vaccine ..."

However, Massachusetts is one state that allows medical exemptions for rabies vaccinations. There

are precise guidelines that begin with your veterinarian explaining to the licensing agency why your dog should not be vaccinated at this time. Refer to Chapter 93 Section 145B of Massachusetts laws for details.

Below are the Low-cost Rabies Clinics scheduled in Boston. Your municipality may have a similar program. Non-residents can't license their dogs at these clinics. However, they can get a rabies vaccination for \$10.

RABIES VACCINE FEES for Cats and Dogs

- Boston residents: \$5
- Boston residents over the age of 70: \$2
- Non-residents: \$10

2025 Clinic Dates and Locations

- **DORCHESTER | MARCH 1.** BCYF Perkins Community Center | 155 Talbot Ave.
- **WEST ROXBURY | MARCH 15.** BCYF Roche Community Center | 1716 Centre St.
- **SOUTH END | APRIL 5.** Animal Rescue League of Boston | 10 Chandler St.
- **DORCHESTER | MARCH 1.** BCYF Perkins Community Center | 155 Talbot Ave.
- **JAMAICA PLAIN | MAY 3.** BCYF Curtis Hall Community Center | 20 South St.
- **EAST BOSTON | MARCH 29.** BCYF Pino Community Center | 86 Boardman St.
- **CHARLESTOWN | APRIL 12.** BCYF Charlestown Community Center | 255 Medford St.
- **ROXBURY | MAY 31.** BCYF Condon Community Center | 200 D St.
- **SOUTH BOSTON | MAY 17.** BCYF Condon Community Center | 200 D St.

Do you have a question or topic for City Paws? Email Penny@BostonZest.com with your request.



We received our license at the well-organized Animal Rescue League Clinic last year.

Have an Eggstra Special Easter Season

Send us Your Eggstra Special Person or Pet this Easter season

DEADLINE TO SUBMIT IS MARCH 31!

Email your photos to
PROMO@REVEREJOURNAL.COM

Please include first names with your photo.

PHOTOS RECEIVED WITHOUT INFO WILL NOT BE PUBLISHED

Photos on your phone?

Just scan here and attach the photo to the email that is generated!

PHOTOS PUBLISHED
FRIDAY
APR 4th

MBTA shares planned service outage scheduled to June

Special to the Journal

The Massachusetts Bay Transportation Authority (MBTA) announced its planned construction schedule for the first half of 2025. Thanks to the great success of the 2024 Track Improvement Program, the MBTA now has more track meeting the state of good repair standards than in previous years, ensuring compliance with all applicable safety and performance requirements. Building on this progress, the MBTA will continue proactive track maintenance to prevent slow zones recurring. In 2025, the focus will shift to upgrading other critical infrastructure, including signal systems, improving accessibility across the network, and more.

“As Governor Maura Healey put it during the State of the Commonwealth speech, ‘People need transportation and public transit they can rely on,’ and the infrastructure investments by the MBTA in 2024 and planned in 2025 set the foundation for consistently reliable service,” said Transportation Secretary and CEO Monica Tibbits Nutt. “Infrastructure work is being done strategically to minimize the disruption for MBTA customers and to optimize the time work zones are in place. I am proud of the MBTA workforce and leadership team for getting so much done during planned service outages.”

“I’m incredibly proud of and thankful to our entire workforce and our industry partners that delivered unprecedented work in 2024 to improve and deliver more reliable trips across our system, ultimately giving back our riders’ precious time

in their days. We couldn’t have done that without the leadership of the Healey-Driscoll Administration and the Legislature, which has continued to reinvest in public transportation. I also must thank the public for their patience and for continuing to ride the T as we perform vital work that allows us to keep the system running safely and reliably as we build for the future,” said MBTA General Manager and CEO Phillip Eng. “In 2025, the T is committed to proactive maintenance and repairs, including completing critical signal upgrades, which will allow us to deliver the level of service our riders expect and need. With a never-ending focus on the public we serve, we will continue to improve how we efficiently and effectively perform work to minimize disruptions and deliver meaningful results, building out a best-in-class system for the Commonwealth.”

Key initiatives slated for 2025 include:

Signal Modernization

The MBTA will focus on the \$285 million project to modernize its signal system across the Red and Orange lines with the goal of reducing congestion and delays and providing operational flexibilities. The new upgraded signal system will allow for more frequent service, improved scheduling, and enhanced safety. By upgrading its signals, the MBTA expects to significantly increase operational efficiency, reducing wait times and improving scheduling reliability for all riders.

Annual Programmed Maintenance

As part of its long-term sustainability plan, the MBTA will

carry out annual programmed maintenance across its system, addressing routine needs and ensuring that all infrastructure remains in peak operating condition. This maintenance will include inspections, adjustments, and repairs to keep the system safe and running smoothly throughout the year.

Green Line Train Protection System (GLTPS)

The MBTA will begin implementing an added layer of safety to the Green Line. The GLTPS system will use safety monitoring equipment to transmit data to the train as it moves along the tracks. Using onboard alerts and communications, the system will notify the operator when another vehicle is detected, when the vehicle is speeding, and can automatically stop the train at stop signals. This safety system can also improve travel times by reducing unplanned stops.

Bridge Work Along Commuter Rail Lines

In collaboration with MassDOT, the MBTA will focus on completing essential bridge work along various Commuter Rail lines.

The MBTA will also continue regular bridge, tunnel, and station inspections and routine maintenance throughout the year.

Accessibility Enhancements

The MBTA is dedicated to ensuring that its services are accessible to all riders, including those with disabilities. Planned improvements in the second half of 2025 will include upgrades to station entrances, platforms, and elevators, as well as enhancements to communication systems to provide real-time updates to riders with hearing or

visual impairments. There will be a large focus on improving accessibility on the Green Line. This will include the installation of elevators at Symphony Station to ensure that all passengers, including those with mobility challenges, can access the platform and board trains with ease. The MBTA is also looking forward to enhancing Ruggles Station along the Orange Line, which includes making a fully accessible Columbus Avenue entrance.

Anticipated 2025 Service Outage Plans:

Most of this work throughout the year will be targeted to weekends and evenings to minimize disruptions to weekday commuters, though there will be some longer outages planned to accommodate more complex projects. The MBTA is finalizing alternate service options, such as accessible shuttle buses, amplified service on other modes, and Commuter Rail options. Details will be shared as they are confirmed and ahead of the outages. Riders should also note that the tentative construction plan and dates are subject to change pending weather and other factors.

Notable planned service outages between January – June 2025 include:

- On the Red Line:
- Ashmont to JFK/UMass
- April 1 - April 9
- For proactive rail maintenance.
- On the Orange Line:
- North Station to Oak Grove
- May 10 – May 18
- To support MassDOT’s Maffa Way/Mystic Avenue Bridge construction project.
- North Station to Forest Hills

- June 21 – June 29, 2025
- For signal upgrade work.
- On the Blue Line:
- Bowdoin to Airport
- June 7 - June 15
- For infrastructure work.
- On the Commuter Rail:
- On the Haverhill and Newburyport/Rockport Line
- Oak Grove to North Station / Swampscott to North Station
- March 22 – March 23
- April 5 – April 6
- April 24 – April 27
- To support MassDOT’s Maffa Way/Mystic Avenue Bridge construction project and MBTA signal work.

Additional weekend construction work can be anticipated on the Lowell, Franklin, Worcester, Needham, and Fitchburg Line. Please note that these dates are subject to change.

The MBTA will host public open houses online and in-person to provide an overview of major projects. These will also serve as way for the community to ask questions or share comments and feedback. Meeting dates and locations will be posted at mbta.com/events.

The MBTA will provide regular updates on work progress and potential service disruptions through various channels, including in-station signage, social media, T-Alerts, and online at mbta.com. Any changes to project or open house schedules will be communicated.

Riders can find updates on service changes via signage, announcements, and by subscribing to text and email alerts at mbta.com/alerts. Transit Ambassadors, Fare Engagement Representatives, and staff will be on-site for assistance.

Bread of Life to host Just Desserts fundraising event on April 6

On Sunday, April 6, Bread of Life will be hosting a “Just Desserts” fundraiser. The event will be held 3-5 p.m. at Bread of Life, 54 Eastern Ave, Malden.

Just Desserts will be a family-friendly afternoon of desserts, coffee, tea, music, and raffles to raise awareness of Bread of Life’s Programs.

“We are excited to bring back our Just Desserts fundraiser,” stated Gabriella Snyder Stelmack, Bread of Life’s Executive Director. “We hosted a similar event many years ago and for this event, we are look-

ing forward to welcoming our community to our new building to share a fun afternoon of delicious treats.” The event will be held in the Bread of Life Tom Feagley Dining Hall, located at 54 Eastern Ave., Malden.

Dessert tastings confirmed to date include bakery items provided by Encore Boston Harbor, Sweet Spices By Glo, Sweet Spot Bakery, Melrose, and Stop N Shop, Medford, Stop N Shop, Malden, Lyndell’s Bakery, Somerville, Whole Foods, Melrose, Colarusso’s Bakery, Stoneham, Kennedy’s Café,

Stoneham, Cupcake City, Reading, Malden Girl Scout Troop # 71131, Dunkin’, Broadway, Malden, Modern Pastry, Medford, and Tiffany’s Tasty Treats, Peabody. Malden Chamber of Commerce member, New England Security, is also donating baked goods for the event.

Thank you to generous sponsors to date, Mark and Alice Golub and Mystic Valley Elder Services.

Tickets are \$25 per person (children 12 and under \$10) and can be purchased online at www.breadoflifemalden.org or

by mailing payment to Bread of Life, 54 Eastern Avenue, Malden, MA 02148 ATTN: Just Desserts. For more information and to inquire about sponsorship opportunities, contact Patty Kelly 781-820-4749 patty.kelly@breadoflifemalden.org

Founded in 1980, Bread of Life is one of the largest providers and distributors of food to at-risk families in Greater Boston. In 2024, Bread of Life staff and volunteers served over one million meals to hungry, homeless, and isolated families and individuals. Programs pro-

vided by Bread of Life include serving evening meals four nights per week to approx. 100 guests in addition to offering food pantry services from Malden and Everett food pantries. The Bread of Life Backpack Nutrition Program serves nutritious food and snacks to Everett school students. Bread of Life also delivers food to senior citizens in public housing and to at-risk teens and homeless families sheltered in local motels.

WHERE TO FIND THE JOURNAL?

Community Credit Union.....	1 Andrew Square	7 Eleven.....	50 Western Ave.	Tedeschi's.....	540 Summer Street
Kwik Stop.....	532 Lynnfield Street	Metro Credit Union.....	475 Western Ave	Walgreens.....	841 Western Ave.
Dunkin Donuts.....	42 Market St	CVS.....	509 Eastern Ave.	Corner Shop.....	70 Market Sq
St. Mary's.....	35 Tremont St	Sunshine Convenience.....	6 Washington Ave	Richdale's.....	149 Walnut Street
Union Hospital.....	500 Lynnfield Street	Osborne Pharmacy.....	252 Eastern Ave.	Tony Lena's.....	617 Boston Street
Walnut St Café.....	157 Walnut St	+ Medical Supplies.....		Little River.....	618 Boston Street
Boys and Girls Club.....	25 N Common St	Christopher's Cafe.....	2 Lewis Street	Lynn Liquor Mart.....	825 Boston Street
7 Eleven.....	3 Lynnfield Street	Tedeschi's.....	210 Lewis Street	City Hall.....	3 City Hall Square
Lynn Library.....	5 N. Common Street	Johnny's Market.....	Lynn Shore Drive	Stop & Shop.....	35 Washington Street
Mobil Mart.....	512 Chestnut St	Port Hole Pub.....	98 Lynnway	GLSS.....	8 Silsbee St
Walgreens.....	290 Broadway	Ocean Shore Apt. Bldg.....	50 Lynnway	Walgreens.....	290 Broadway
Richdale's.....	229 Broadway	Eastern Bank.....	195 Market Street	Silsbee Towers.....	67 Silsbee St
Equitable Bank.....	400 Broadway	Brothers Deli.....	41 Market Street	Edison Bldg.....	85 Exchange St
Riverworks Credit.....	947 Western Ave	Capitol Diner.....	431 Union Street	D&M.....	13 Broad St
All Day Convenience.....	548 Summer St	Three Yolks.....	1103 Lynn Marsh Road	Pick Up Modern.....	68 Exchange St
CVS.....	200 S. Common St	PF O'Sullivan.....	151 Central St	Charlies.....	65 Exchange St
Lynn Sewer/Water.....	400 Parkland Ave.	Cal News.....	53 Central Ave.	Mobile.....	512 Chestnut Street
CVS.....	65 Boston Street	Police Station.....	300 Washington St.	Lynn Art.....	25 Exchange St
Rite Aid.....	52 Boston St	Richadale.....	585 Essex St	Eastern Bank.....	195 Market St
Richdale's.....	573 Chestnut Street	Lynn Apt. Bldg.....	295 Lynn Shore	Lynn Museum.....	590 Washington St
Western Ave Mky.....	108 Western Ave	Lynn Court House.....	580 Essex Street	The Lazy Dog.....	Wyoma Square
John's Roast Beef.....	111 Western Ave.	Lynn Housing Authority.....	10 Church Street	Rollys.....	Wyoma Square
Convenience Plus.....	225 Western Ave	Lynn YMCA.....	20 Neptune Blvd.		
Lynn Convenience.....	109 Western Ave	Shaws.....	Lynn Marketplace, 43 State Street		

• Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown



Independent Newspaper Group

Classified

More Than 100,000 Readers Each Week

Call: 781-485-0588

Fax: 781-485-1403

REAL ESTATE

Sales • Rentals

Land • Commercial

RECRUITMENT

Professional • Medical

General • Services

7 COMMUNITIES

• Auto Sales • Yard Sales

• Miscellaneous

APT FOR RENT

EAST BOSTON: 1bdrm, nr. Piers Park, w/d, d/d, wide pine floors, deck, partial water views, no pets, \$1800, avl 3/1 (617)568-9626

DEADLINES: For classified line ads, deadlines are Monday by 4 p.m. Call 781-485-0588 or fax the ad to 781-485-1403

NEED TO SELL Your House? Call to reach over 50,000 readers. Call 781-485-0588 or fax the ad to 781-485-1403

SELLING YOUR AUTO? Call for our 4 week special! Call 781-485-0588.

LOOKING FOR Great Results? Call our classified department. Call 781-485-0588 or fax the ad to 781-485-1403

YARD SALES

YOUR COMMUNITY

25 WORDS FOR ONLY \$50⁰⁰

Must be paid in advance
Cash - Credit Card - Money Order
Call (781) 485-0588
Deadline : Monday, 12 noon

Ads run Revere Journal - Chelsea Record
Winthrop Sun Transcript - Lynn Journal
East Boston Times Free Press
Everett Independent - Charlestown Patriot Bridge

Support local news & grow Your Business with local ONLINE ADVERTISING

SKYSCRAPER ADS

160PX-BY-600PX

\$300/MO

1/2 SIZE ADS

160PX-BY-300PX

\$150/MO

PROPORTIONAL

1/2 SIZE AD SPACE

Clients & customers are just a CLICK away if you advertise ONLINE

Call (781) 485-0588 or email your Rep.

MDIBELLA@WINTHROPTRANSCRIPT.COM

CHARLESTOWNADS@HOTMAIL.COM

DEB@REVEREJOURNAL.COM

ASK ABOUT OUR COMBO RATES

MAXIMIZE YOUR EXPOSURE

THE INDEPENDENT NEWSPAPER GROUP

REVEREJOURNAL.COM • WINTHROPTRANSCRIPT.COM • LYNNJOURNAL.COM
EVERETTINDEPENDENT.COM • EASTIETIMES.COM • CHELSEARECORD.COM
CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM • THEBOSTONSUN.COM
NORTHENDREGIONALREVIEW.COM • JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM



The plungers gather for a group photo at Constitution Beach in East Boston.

Hundreds participate in the 15th annual JetBlue Shamrock Splash

Special to the Journal

On March 2, one of the coldest days of the year, 200 brave souls plunged into the icy 32-degree waters of Constitution Beach in East Boston for the 15th Annual JetBlue Shamrock Splash. The water was cold, but the shore was colder at a crisp ten degrees. The shivering crowd was a medley of people decked out in

bathing suits and silly costumes like sharks and flamingoes who screamed and cheered as they ran into Boston Harbor for the big splash a little after noon. The Shamrock Splash is a fundraiser hosted by the non-profit Save the Harbor/Save the Bay in partnership with JetBlue for Save the Harbor's Better Beaches Grant Program. The Better Beaches Grant Program awards small grants to



KATY ROGERS PHOTO

Costume contest participants at the 15th Annual JetBlue Shamrock Splash on Constitution Beach.



PHOTO BY MIKE MUROWCHICK

Groups of Splashers at the 15th Annual JetBlue Shamrock Splash.

individuals and organizations who produce free events in the summer on the Department of Conservation and Recreation's public beaches from Nahant to Nantasket. Chris Mancini, Save the Harbor's executive director said about the Better Beaches Grant Program, "The goal of the grant program is to support free public events that encourage people to get out on some of the country's cleanest urban beaches and enjoy our spectacular urban natural resources. The

grants focus on breaking down barriers especially for people of color, people who don't speak English as a first language, and ADA-accessibility." The Splash exceeded its \$50,000 goal by raising \$55,910. Each community raised the following amounts for their summer beach programming:

- East Boston \$9,138
- South Boston \$8,953
- Lynn & Nahant \$6,978
- Wollaston \$6,589
- Nantasket \$4,366

- Dorchester \$3,838
- Revere \$3,140
- Winthrop \$2,908

After the splash, participants warmed up in the FMC Ice Sports rink and snagged a hot bowl of clam chowder from The Daily Catch and warm empanadas and rice and beans from Bono. Refreshing beverages were provided by Downeast, Sam Adams, Dogfish Head, Topo Chico and Goldpeak. Volo Boston included beach games and a lively DJ set by Rilla Force kept people smiling and moving outside despite the wind chill.



PHOTO BY MIKE MUROWCHICK

Donnie Todd of East Boston plunges in the icy waters of Constitution Beach.

WWW.BOBSAUTOBODY.COM

BOB'S

AUTO BODY

282-1300

Bob Bolognese
Owner

Conveniently located On The Blue Line

• PICK-UP & DELIVERY

SAFE DEPENDABLE QUALITY REPAIRS

with a lifetime Guarantee

Licensed • Bonded • Insured

Registered by the
Commonwealth of Massachusetts
Reg. #3053

1456 NORTH SHORE RD., REVERE • 781-289-1300

Donnie Todd of East Boston plunges in the icy waters of Constitution Beach.