

THE LYNN JOURNAL

Friday, March 22, 2024

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Triple Crown



The St. Mary's High School girls hockey team is pictured Sunday on the TD Garden ice after winning the Division 1 state championship with a thrilling 5-4 victory over Notre Dame Academy of Hingham in triple overtime.

St. Mary's wins the Division 1 state title; Norden scores winning goal in third OT

By Cary Shuman

The St. Mary's High School girls hockey was on the verge of a state championship when Notre Dame Academy's Emma Burke scored off a faceoff in the Spartans' end with 7.3 seconds left in regulation Sunday at the TD Garden.

But in a display of resiliency and fortitude that characterized head coach Frank Pagliuca's team all season, the Spartans regrouped and proceeded to battle into the third overtime, thanks to some miraculous goaltending by super-clutch senior Gianna Tringale.

Freshman Alyssa Norden broke the deadlock in that third overtime with the winning goal, her second of the game, giving No. 2-seed St. Mary's a 5-4 victory over No. 1-seed Notre Dame Academy of Hingham and the Division 1 state championship.

Norden talked with reporters about her goal that will no doubt stand the test of time, drawing comparisons to other incredible moments in the program's history such as then eighth-grader and now St. Mary's junior varsity coach Ashley Wojewodzic netting a goal in the tenth round of a shootout in the state semifinals, defeating an undefeated Woburn

team and leading to the Spartans' last state championship in 2013.

"Obviously, it wasn't all me, it's a team effort and I was just so happy to see our team win at TD Garden," said Norden. "Bella [Freitas] got me the puck. I love being on a line with Bella. It's a good feeling that we both could share the goal."

"I got it off the faceoff, we both went to screen the goalie and I tipped it, but Alyssa was right there at the right time," said Freitas.

Freitas scored two goals and assisted on Norden's game-winner, a play started by freshman Keira Twomey off a faceoff. One

of Freitas' goals was a coast-to-coast special that electrified the St. Mary's rooting section.

"I saw a lot of space when I curled the net, and I knew I could try to maneuver my way through, so that was really good," said Freitas, a truly special hockey talent.

Pagliuca was understandably proud and prideful about his team's comeback from a 3-1 deficit and the regrouping that went on before the overtime periods. "I am so proud of the kids, obviously the game could have went either way. We go down, 3-1, and we just kept playing. That's been our motto all year — to do it together. Obviously, the goal that we gave up at the end of the game was tough, but the kids kept playing and stayed focused. They battled and competed their hearts out. I couldn't be more

proud of them."

Tringale's excellent goaltending

in overtime a key to victory
Gianna Tringale made 14 saves in the overtimes, displaying an amazing glove hand in the tense "next goal wins a state title" atmosphere.

"She was nails the whole way. I really believe that she won us that game," said Pagliuca. "She kept us at bay. She made a couple of adjustments after Sarah White beat her twice on great shots on the far post. She did a great job. I'm so proud of her for giving us a chance to win the game. She hadn't started a varsity game until her senior year, so think about how far she's come."

Tringale, one of only three seniors on the St. Mary's roster

For the latest news in Lynn that you need to know, go to lynnjournal.com

EDITORIAL

MARCH IS THE CRUELEST MONTH

Spring officially arrived this week, with March 19 marking the vernal equinox. According to meteorologists, “meteorological spring” began even sooner on March 1.

The poet Emily Dickinson extolled the arrival of March (“Dear March—Come in—How glad I am—”). But we always have viewed March as the ultimate tease. Emily Dickinson lived in Amherst, far from the coast, where ocean breezes off the still-frigid Atlantic -- water temps are their coldest in March -- can lower the dreaded wind-chill factor by 10 degrees even on sunny days.

For those of us who have been lifelong residents of Eastern Mass., March is the month on the calendar that we long for with great anticipation after the harsh winter season. But it always disappoints, like an object of desire who fails to live up to our expectations.

Admittedly, these past few winters have not been too tough to take, both in terms of the lack of cold and snow, which environmental scientists tell us is the beginning of a long-term trend of warmer winters because of climate change. Those milder winters have given us all the more reason to hope that March would be even more temperate compared to the past, but our hopes have been dashed by Mother Nature.

To be sure, we had some warm weather last week and the crocuses and snowdrops have been pushing through the ground for a while now, especially in the areas of our gardens in full sun. But the cold weather that is forecast for the coming week, with below-freezing temperatures every night and early-morning, is anything but a harbinger of the coming spring season.

One of the earliest memories of our childhood was learning the aphorism, “March comes in like a lion and goes out like a lamb.” Despite the onset of climate-change, that saying remains as true today as it was then.

IT’S A SAD, SAD, SAD, SAD WORLD

It is fair to say that for everyone reading this editorial, the world is in a greater state of chaos than at any time in our lives.

Although the decades in the aftermath of World War II brought us the Cold War and two “hot wars” in Korea and Vietnam, plus the Soviet invasion of Afghanistan, the world overall was a more orderly place, divided between the Western democracies and the Eastern European Communist autocracies. Everyone knew where they stood and played by the rules. Both sides possessed huge nuclear arsenals that could destroy the other 10 times over, but that equilibrium brought us relative peace thanks to the concept of mutually assured destruction, appropriately known by the acronym MAD.

Even during the height of the Cold War, we could laugh at movies such as “The Russians Are Coming, the Russians Are Coming,” and the Beatles could make a parody of Chuck Berry’s “Back in the U.S.A.” and the Beach Boys’ “California Girls” with their song, “Back in the U.S.S.R.”

But since the demise of the Cold War’s hierarchy, turmoil has erupted in many places that had been relatively-peaceful. The civil wars that engulfed Somalia, Rwanda, and the former Yugoslavia in the 1990s presaged the terrible situations we have today.

Those relatively-contained civil conflicts have evolved into the ongoing cross-border wars in Ukraine, Gaza, Israel, Syria, and sub-Saharan Africa, where civilians are being bombed, murdered, raped, and displaced by the millions. No one is making jokes about the evils of Vladimir Putin and Hamas or the dire situation in Gaza.

In our own hemisphere, Haiti has collapsed into complete and total chaos, ruled by warring criminal gangs, and the Central American nations of El Salvador and Honduras are not far behind. In Mexico, the drug cartels effectively control large swathes of the country.

Venezuela has descended into desperate poverty despite having oil reserves that made it one of the wealthiest nations in South America just 10 years ago when its GDP was five times what it is today.

Even Chinese citizens are fleeing their country, where there is a huge crisis in the real estate market, because of economic stagnation that has brought record-high unemployment and a lack of opportunity to a nation that had known exponential growth for three decades.

It is estimated that 280 million people worldwide today are migrants, of whom 110 million are refugees, asylum-seekers, and others who are internally displaced people and in need of international protection. Both of those numbers are all-time records and are growing parabolically year-after-year.

The New York Times columnist and best-selling author Thomas Friedman has divided the post-post-Cold War world into two camps -- the nations of order vs. disorder. America remains a beacon, not only among the disorderly nations, but also compared to the industrialized world. We emerged from the pandemic as the strongest economy on earth, with an historically-low unemployment rate and a taming of post-COVID inflation that by far have outpaced our peers in Western Europe and elsewhere.

But despite our success, the news headlines each day inform us that the world today is a sad, sad place, instilling in all of us a sense that our relative strength and stability is fragile and cannot be taken for granted.

NEWS BRIEFS

LYNN AUTHOR PUBLISHES SPIRITUAL NOVEL

“Extraterrestrial Legacies of God, Jesus, and the Angels: That We Weren’t Told About,” is a new book by Raphael Basisa, and has been released by Dorance Publishing Co., Inc.

In some way or form, this book is unassumingly a nicer and a more logical organization and interpretation of compounding existing religious writings from a variety of walks of life. Herein, they are presented as proof drawn synthetically from those multitude of intellectual sources written over the last 4,000 years evidencing that the central figure of the persona translated as the reincarnation of almighty God of Israel himself in Christian literature is simply another Extraterrestrial Alien visiting Planet Earth for a purpose. Another visitor just like those well-known Anunnaki, the Elohim, the Nephilim, the Sons of God, the Watchers, the renegade Angels or other entities over several millennia

ego. And, in the many ways how it is related to the current humanity’s most pressing problem of whether we are alone and unique in the Cosmos as it is linked to the much-witnessed UFO encounters phenomenon. It also well outlined the latent consequences resulting from what is presented as postulate.

Raphael-Seraphin Kutota Basisa currently resides in Lynn, Massachusetts. He would consider himself a futurist, a researcher, a world’s concerned citizen, and a great human being. He is a chemical engineer by training and earned an MBA and an ABD in Applied Management and Public Policy. He has written and published several technical and non-technical documents, commentaries, articles, papers, and other books along the subjects of his expertise. He believes in extraterrestrial life in regard to religion. Basisa is a person whose research helped to recognize early on the theory that we are all descendants of Extraterrestrials and Cosmic religiosity should be recognized in modern theology.

SEND US YOUR NEWS

The Lynn Journal encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to Cary@lynnjournal.com

THE LYNN JOURNAL

PRESIDENT: Stephen Quigley **EDITOR IN CHIEF:** Cary Shuman

cary@lynnjournal.com

PHONE 781-485-0588

EMAIL: EDITOR@LYNNJOURNAL.COM

WEB SITE: WWW.LYNNJOURNAL.COM

DIRECTORY

Advertising & Marketing

Director of Marketing

Debra DiGregorio

(deb@reverejournal.com)

Legal Advertising

Ellen Bertino

Business Accounts Executive

Judy Russi

Reporting Staff

Cary Shuman

Printer

Gannett

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Page Design, Copy Editing

Scott Yates

ROD DELAND JR. HONORED ON HIS RETIREMENT FROM R AND R STATION

Local officials honored Rod Deland Jr., owner of R and R American Service Station Inc., at a ceremony at the well-known business at 109 Lynnfield St.

The station, which was named after Rod Deland Jr. and his father, Rod Deland Sr., opened in 1967.

Rod Deland Jr. completed 56 years of ownership at R and R Station on March 1.

"It's bittersweet," said Mr. Deland, whose wife, Diane Deland, was present for the award presentations. "I'm going

to miss it, but I got tired of working 50-plus hours a week for 56 years."

Mr. Deland thanked his sister, Valerie, for "being very helpful in the beginning stages doing some bookkeeping work for my father and me and showing my father how to do the book work."

The Deland family was known for its personal and professional service for vehicle owners. The Delands were also helpful in using their experience and expertise to train other mechanics.



Well-known Lynn Tech alumnus Mark King, owner of Marion Street Autobody, congratulates Rod Deland Jr. on his retirement following 56 years in the vehicle repair business.



From left, Sen. Brendan Crighton (with children, Nathaniel and Eleanor), Mark King, Mayor Jared Nicholson, guest of honor Rod Deland Jr., Rep. Dan Cahill, mechanics William Feener and Mike Falasca, and Mr. Deland's wife, Diane Deland.



Rod Deland Jr. and his proud wife, Diane Deland, pictured at the awards presentation ceremony March 8 at R and R American Service Station.



Sen. Brendan Crighton presents an Official Citation from the Mass. State Senate to Rod Deland Jr. upon his retirement as the owner of R and R American Service Station on Lynnfield Street.



Rep. Dan Cahill presents an Official Citation from the Mass. House of Representatives to Ernest R. "Roy" Deland Jr. during a ceremony at the station.



Mayor Jared Nicholson presents a City of Lynn Citation to Rod Deland Jr., thanking him for his 56 years of owning R and R American Service Station Inc. and wishing him joy in the retirement years.

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MOTOR SERVICE

CITY PAWS

Irish dogs

By Penny & Ed Cherubino

Since March is a month when we celebrate all things Irish, we'd like to introduce you to a few dog breeds originating in Ireland. Some, such as The Irish Wolfhound, Irish Setter, Irish Red and White Setter, Irish Water Spaniel, and Irish Terrier, carry their heritage as part of their breed names.

A few carry an Irish place name, such as the Glen of Imaal Terrier, Kerry Blue Terrier, and Kerry Beagle. However, you might be surprised to learn that the very popular Soft-Coated Wheaten Terrier also traces its ancestry to the Emerald Isle.

We've met quite a few Wheatens, Irish Setters, and Wolfhounds over the years. All three made the top 100 in the American Kennel Club's (AKC) Most Popular Dog Breeds list at numbers 66, 71, and 89, respectively. We've had rare sightings of the Kerry Blue, Glen of Imaal, and Irish Setter but have never had the opportunity to see the others in the fur.

**Big or Small:
Bred to Work**

All these dogs were bred to work for hunting, retrieving, and destroying vermin. The largest, The Irish Wolfhound is said to be able to run down and kill a wolf.

Despite its size and background, the breed is described as quiet, affectionate, loyal to its family, and, with proper training, good around children and other dogs.

Our first experience with a Wolfhound was when we walked our very feisty Westie Sassy around our suburban neighborhood. Down the street trotted Toby, a pony-size Wolfhound, with his person. Sassy, who was highly territorial, gave a sharp bark and a low growl. Toby took one look at her, made a U-turn, and moved away at a much faster pace.

Unfortunately, we could only get to know Toby when Sassy was not with us. Worse, the encounter gave Sassy the mistaken confidence that if she scared away that giant, she could take on horses, cows, and any other large animal she met.

On the other end of the size scale, the AKC writes about the small but mighty Glen of Imaal Terrier: "They were bred to hunt small prey, such as rats, as well as larger targets, such as foxes and badgers (which could weigh more than the dogs, at up to 40 lbs). According to legend, Glens also had a role in the kitchen, turning a specially designed meat-cooking device called a turnspit—think of a dog-operated rotisserie."



The AKC reported, "Irish Wolfhounds were documented in Rome as early as the year 391 A.D. They were presented to the Roman Counsel as gifts..."

Irish Dog Names

We may have a few Irish dogs in the area, but many more dogs have Irish names. In our neighborhood, we've known dogs named Shamrock, Murphy, Erin, Quinn, Fiona, Bailey, Riley, Killian, Brady, Finn, and Finnigan. Perhaps it's this area's Irish heritage or just a love for the sound of Celtic words.

Dog's in Irish Pubs

If, like us, your imagined view of an Irish pub includes dogs sitting beside the men at the bar or under the tables, it's not current. That image comes from popular culture and another age.

From the 1950s until the rules changed in 2017, owners of establishments that served food were only allowed to let service dogs inside. Today, the law is about the same as it is in Boston

and some surrounding towns and cities. It is up to the restaurant or pub owner to decide if they will allow companion animals, and they must meet a set of rules to do so.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

FBI Boston recovers and returns 22 historic artifacts to Japan

The FBI Boston Division has recovered 22 historic artifacts that were looted following the Battle of Okinawa and has orchestrated their return to the Government of Japan, Okinawa Prefecture. These artifacts had been missing for almost 80 years. A formal repatriation ceremony will be held in Japan at a later date.

The 22 artifacts, some of which date back to the 18th and 19th centuries, represent a significant piece of Okinawan history and include six portraits, (three of which were one piece and appear to have been divided into three pieces), a hand drawn map of Okinawa dating back to the 19th century, and various pieces of pottery and ceramics.

In 2001, the Okinawa Prefectural Board of Education, as a result of its participation in the U.S. Department of State's International Visitor Leadership Pro-

gram, registered some of these artifacts with the FBI's National Stolen Art File (NSAF), a database of art and cultural property that have been reported stolen to the FBI by law enforcement agencies in the U.S. and abroad.

"It's incredibly gratifying when the FBI is able to recover precious cultural property that has been missing for almost 80 years," said Jodi Cohen, Special Agent in Charge of the FBI Boston Division. "This case highlights the important role the public plays in recognizing and reporting possible stolen art. We'd like to thank the family from Massachusetts who did the right thing in reaching out to us and relinquishing these treasures so we could return them to the people of Okinawa."

Last year, a family (who wishes to remain anonymous) was going through their late father's personal effects and came

across what appeared to be very valuable Asian art. Their father was a World War II veteran, but never served in the Pacific Theater. In an effort to identify the provenance of the artifacts, they checked the National Stolen Art File and determined that at least four of the items were missing 18th century portraits that had been listed in the database. Included with the artifacts was an unsigned, typewritten letter stating these items were collected in Okinawa during the last days of World War II.

The FBI conducted a logical investigation and was able to authenticate the artworks.

"It's an exciting moment when you watch the scrolls unfurl in front of you and you just witness history, and you witness something that hasn't been seen by many people in a very long time," said Geoffrey Kelly, an FBI Boston Special Agent, and

Art Crime Team member. "These artifacts are culturally significant, they're important pieces of Japan's identity. These were especially important because they were portraits of Okinawan kings dating back to the 18th, 19th centuries. This case really illustrates part of the work we do on the Art Crime Team. It's not always about prosecutions and putting someone in jail. A lot of what we do is making sure stolen property gets back to its rightful owners even if it's many generations down the road."

The National Museum of Asian Art at the Smithsonian Institute assisted the FBI in ensuring that the artifacts were properly packaged for transport back to Japan.

"The FBI reached out, asked us for some help making sure they knew how to care for the works and that they had a safe place to store them while they

worked out the repatriation details," said Danielle Bennett head of collections management at the National Museum of Asian Art at the Smithsonian Institute. "It's an honor to be able to help the works go back to their home."

The FBI also thanks the U.S. Army Civil Affairs & Psychological Operations Command (Airborne) 38 G Monuments Men and Women, the Naval Criminal Investigative Service, and the U.S. Air Force for their assistance in securing and transporting the artifacts to Okinawa Prefecture, Japan.

On Friday, March 15, 2024, Denny Tamaki, the Governor of Okinawa Prefecture, announced the return of the artifacts to the people of Okinawa, Japan, in a news conference stating "it is very meaningful that the FBI, along with others in the U.S. Government, have cooperated to realize this return."

BrightView Health's Lynn Addiction Treatment Center's open house highlight recovery success

By guest column Daniel Buhay

Millions of people nationwide struggle with addiction. More than 2,400 Massachusetts residents died from drug overdoses last year. "Addiction devastates individuals and their families," said Daniel Buhay, community outreach manager at BrightView's Lynn center. "That is why learning about addiction treatment and recovery are so important."

Last week, BrightView Health Lynn Addiction Treatment Center held an open house inviting members of the community, community partners, agencies, and local businesses to start learning about addiction treatment by taking a tour of the center, hear the BrightView team explain their goal of supporting recovery for every Lynn resident who struggles with addiction.

BrightView's comprehensive approach to treating substance use disorder (SUD) includes medication assisted treatment (MAT), individual counseling, group therapy, case management and social support. In addition, by partnering with community partners and local agencies, BrightView also helps patients find steady employment, housing security, reliable transportation and address other challenges



Some of the community members who attended the open house.

es with food, family, or mental health.

"The Lynn BrightView team is committed to helping people recover," said Buhay. "We are here to help communities thrive and patients get the help they need. We treat patients like people, and we treat addiction like a disease."

After an initial medical evaluation and clinical assessment, professionals work with patients to develop an individualized treatment plan. Recovery starts with patients attending appointments each week, with the frequency of appointments decreasing as patients maintain sobriety.

The Lynn center treats adults seeking help with a variety of substance use disorders including alcohol, opioids, and stimulant use. Since opening last year, BrightView Lynn addiction treatment center has helped over

300 area residents work toward recovery through more than 848 hours of medical treatment and approximately 597 hours of counseling and therapy. The BrightView team is committed to helping people recover by providing same day access, care for walk-ins welcome and substance use care in a friendly non-judgmental setting.

"A special thank you for those who stopped by during the open house to show their support for our center and to continue the fight against substance use (addiction)," said Buhay. "People or families seeking help can call BrightView at 833-510-HELP (4357) 24 hours a day, seven days a week, or schedule an appointment online at www.brightviewhealth.com."

For patients in withdrawal, it takes less than 4 hours from the



Outside of BrightView Health Lynn Addiction Treatment Center.

time they walk through the door to receive stabilizing medication, complete their first counseling session, and begin lasting recovery. BrightView Health accepts all forms of insurance, including Medicaid, Medicare and military health insurance. BrightView Health also helps uninsured patients obtain coverage.

Founded in 2015, BrightView

provides comprehensive, evidence-based outpatient addiction treatment to thousands of patients in recovery from substance use disorder throughout Ohio, Kentucky, Virginia, Massachusetts, Maryland, Arizona and North Carolina.

Daniel Buhay is Community Outreach Manager, BrightView Health Lynn.

ESSEX APOTHECARY'S ST. PADDY'S DAY CELEBRATION



PAT GECOYA PHOTO

Business owner Heather Hannon opened Essex Apothecary on 233 Western Avenue. She is excited about her location. Her staff efficiently serves customers. Essex Apothecary offers great deals. "This is a Lynn business that wants to support the city. Our employees live in Lynn and support Lynn. We keep it local," said Heather. Showa are (left to right) are Kim Snook, Owner Heather Hannon, and Kim Wronkowski.

2024 Lynn All City Track Meet

May 28

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LHAND HOLDS ST. PATRICK'S DAY LUNCHEON

PAT GECOYA PHOTOS

The annual Lynn Housing Authority St. Patrick's Day luncheon is a non-alcohol event. This traditional occasion is to reclaim our community. Each year the LHAND staff organize this incredible alcohol free luncheon and recognize individuals who are involved in the Lynn community.

Buzzy Barton, Jimmy Lyons, and Tom Muldoon dedicated their lives to assist others. "These three individuals had a deep love for family and for friends. They had a willingness to help others in need and their legacy will continue," said Roger Ennis. Jim Ridley who is an educator, coach, and school administrator received the Barton, Lyons, and Muldoon "Person of the Year" award. Jim is a loyal friend of those in the recovery community.

Two other recipients were recognized for their outreach and community involvement. Susan Barrios and her staff received the Laurie Walsh Memorial Commissioner's Service Award. Essex County Sheriff Kevin Copping was presented the John Sullivan and Ralph Cronin Community Service Award.

Sponsors for this luncheon were Dan Gates of OBTEK Services, Jim Connors of McGrath Enterprises, and Developer Mike Armstrong. Mayor Jared Nicholson gave the greeting from the City of Lynn, and Pastor David Urbina gave the opening prayer. Executive Director Charlie Gaeta thanked his staff. All proceeds from this annual event go to a charitable cause.



Opening Prayer – David Urbina of East Coast International Church.



Irish Master Chefs – Dave Raymond and Jim Finigan.



LHAND St. Patrick's Day Committee: John Ladd, Kay Rowe, Jeff Weeden, Don Werner, Ash Hames, Andria Haliotis, Patty Capano, Harry MacCabe, and Peggy Phelps.



Toner Real Estate of Lynn – Laura Gunn, Melissa Jeffrey, Colleen and Paul Toner, Anna Budai, Tori Lynch, and Rich Powers.



Mayor Jared Nicholson, LHAND Executive Director Charles Gaeta, and former Mayor Tom McGee.

LHAND HOLDS ST. PATRICK'S DAY LUNCHEON

PAT GECOYA PHOTOS



Lynn City Officials – Ward 3 Coco Alinsug, Schools Lorraine Gately, At-Large Hong Net, Ward 5 VP Dianna Chakoutis, Ward 6 Fred Hogan, At-Large Brian Field, and Ward 2 Obed Matul.



Award Recipients – Jim Ridley, Susan Barrios, and Sheriff Kevin Copping.



Lynn Housing Stability Center Staff at Curwin Circle – Lauren Perry, Flavia Duran Lisa DeJoie, Luisa Batistia, Martha Parissi, Ariela Tejeda, Exec. Dir. Charlie Gaeta, Award Recipient Susan Barrios, Dyharny Santos, Tifanni Mateo, and Joel Guerrero.

ST. MARY'S GIRLS HOCKEY WIN THE DIVISION 1 STATE TITLE



St. Mary's seniors Kasey Litwin, Regan Sullivan, and Gianna Tringale display the Division 1 state championship trophy March 17 at the TD Garden.



St. Mary's hockey players celebrate after winning the Division 1 state championship in dramatic fashion.



St. Mary's head coach Frank Pagliuca (right) and seniors Regan Sullivan, Gianna Tringale, and Kasey Litwin accept the Division 1 state championship trophy after the game.



St. Mary's hockey players display the Division 1 state championship trophy before boarding the bus back to Lynn.

Congratulations, St. Mary's Girls Hockey
Division 1 State Champs

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State Title /

CONTINUED FROM PAGE 1

(Regan Sullivan and Kasey Litwin are the others), joined fellow “stars of the game” Norden and Freitas in the post-game interview room at the Garden.

“They put their trust on me, so I had to put that trust back on them and not dwell on a shot or goal and move on to the next shot,” said Tringale. “[As a senior], it’s just amazing. It’s my last high school career game at the TD Garden. Even if we lost, it’d be such a great experience. But hey, we won.”

Vanessa Hall was an unsung hero in victory

While the goal scorers and forwards usually get the headlines (unless you’re Bobby Orr), there was an unheralded contributor in the state championship game, and that was eighth grade defenseman Vanessa Hall.

Hall played every shift of the overtimes.

“Vanessa played out of her mind,” credited Pagliuca. “She was blocking shots. She didn’t come off the ice. Abby Malcuit stepped up, too, and did a great job. We said, ‘you have to do the little things in overtime, you have to block shots and sacrifice your body if you want to give your team a chance to win a state championship, and Vanessa was one of the best players on the ice – she really was.’”

Also making a valuable contribution was Audrey Zink, whose goal tied the game at 1-1. The junior forward made a heads-up play to position herself behind the defense and then calmly found an opening and deposited the puck in the net.

Frosh phenom Freitas turns it up a notch in playoffs

After having one of the most prolific regular seasons in school history, scoring a record 48 goals and being named the league MVP, Bella Freitas was just as superstar-ish in the MIAA playoffs.

Obviously, the main focus of the NDA defense, Freitas drew four penalties from the Cougars.

“We had an idea that Notre Dame was going to target her and they did a great job with her,” said Pagliuca. “We talked about just picking your spots and not trying to do everything on one shift. Her linemates stepped it up as well.”

Next stop for Frank Pagliuca: The Mass. State Coaches Hall of Fame

Wow, that was fast. A state championship in March and induction into the Massachusetts State Coaches Hall of Fame in May.

Actually, St. Mary’s girls hockey head coach Frank Pagliuca has known for months that he had earned his profession’s highest honor. At the age of 46, Pagliuca will join a pantheon of great coaches, including former

St. Mary’s boys hockey coach Mark Lee, in the Hall of Fame.

“I’m honored to have been selected,” said Pagliuca humbly. “I love coaching and especially coaching at St. Mary’s.”

Pagliuca’s accomplishments are beyond impressive. He has 363 career victories. His teams have won seven state championships. He has built the premier girls hockey program in Massa-

chusetts, with several players going on to play collegiate hockey. This past season, seven Spartans were skating at the next level, including former star, Jenna Chaplain, daughter of assistant coach Scott Chaplain, who just completed an outstanding season at Division 1 Assumption College.

You can expect a large delegation from St. Mary’s at the Hall of Fame induction dinner.

“We congratulate Frank Pagliuca on this tremendous honor,” said St. Mary’s Athletic Director Jeff Newhall, a likely future Hall of Famer himself in girls basketball. “Frank’s record speaks for itself. This season may have been his finest coaching job taking basically an entirely new team and guiding it so masterfully to a state championship.”



St. Mary's senior goaltender Gianna Tringale protects the net during the Division 1 state championship game at the TD Garden.



Junior defenseman Abby Malcuit played an outstanding game for the Spartans.



Alessandra Palmer and Alyssa Norden hold on to the state championship trophy in the reception area outside TD Garden where families congratulated the team.



Alyssa Norden joins family in displaying the state championship trophy before the Spartans' bus ride home.



St. Mary's junior Alessandra Palmer is pictured with her father, Chris Palmer, after the game.



Gianna Tringale and Regan Sullivan share the honor of holding the state championship trophy after the game.



St. Mary's standouts Gianna Tringale, Alyssa Norden, and Bella Freitas, pictured in the post-game interview room at the TD Garden.

OBITUARIES

Thomas Graham Jr.

Boston Gas Retiree

Thomas Graham, Jr., 91, of Belmont, NH, formerly of Saugus and Revere, died on Thursday, March 14th at St. Francis Nursing and Rehabilitation Center in Laconia, NH. He was the husband of the late Sheila (Cody) Graham and Catherine (Burke) Graham.

Born in Lynn, Mr. Graham was the son of the late Thomas and Judith (Tipton) Graham. He was a machine operator for Boston Gas for 38 years. Tom enjoyed hunting and fishing and volunteering with the Shriners. He was a Korean War Veteran who served in both the United States Navy and United States Air Force. He was a former member of the Mt. Carmel Masonic Lodge, Lynn. Thomas adored his beloved pets: Gus, Radar and Peanut.

Mr. Graham is survived by his two sons, Thomas A. Graham and his wife, Karen and Robert Graham, all of Revere; two daughters, Dawn Comeau and her husband, Donald of Revere



and Cheryl Maccioli of Belmont; four grandchildren; one great grandchild and his sister, Marilyn Cockerham of Texas.

Relatives and friends are invited to attend a funeral in the Bisbee-Porcella Funeral Home, 549 Lincoln Ave., today, Wednesday at 11 a.m. Interment in Puritan Lawn Memorial Park in Peabody.

In lieu of flowers, donations in Thomas's memory may be made to Shriners Children's Boston at <https://donate.loveto-therescue.org>.

To place a memoriam in
the Lynn Journal,
please call 781-485-0588

OBITUARIES

All obituaries and death
notices will be at a cost of
\$150.00 per paper.

Includes photo.No word Limit.

Please send to

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Pelletier networks with heavy hitters during the "Hofstra in LA" program

Students in Hofstra University's Lawrence Herbert School of Communication spent part of their January break in Hollywood, networking with alumni and other media and entertainment executives as part of the 10th annual "Hofstra in LA" program.

Emma Pelletier of Lynn was among the 20 student participants, with majors in video and television production, filmmaking, screenwriting, public relations and strategic communications, and mass media. They traveled around Los Angeles, engaging with more than 50 leading industry insiders at top media companies. These included FOX Sports, Creative Artists Agency (CAA), Silent House productions, Magical Elves, Onyx Collective, Buddha Jones, The Walt Disney Company, National Public Radio (NPR), CBS, ESPN, Marvel Studios, WME, Paramount, Media Res Studio, Mortar Media, Wings for Life, Red Bull, Warner Bros Animation, and DKC Public Relations.

Students also explored iconic West Coast landmarks and activities, including the Hollywood Walk of Fame, the Santa Monica Pier, the Hollywood Sign, the Griffith Observatory, the Academy Museum of Motion Pictures,

The Groundlings Theatre and School, and the Warner Bros. Studio backlot.

Emma Pelletier, a filmmaking major, said she signed up for the trip, not thinking that working in Los Angeles would ever become a part of her future plans. "I left with a completely different mindset," she said. "I feel as though LA is absolutely the place for me, and I am more certain of what area of the industry I want to pursue than I ever have been."

"The 'Hofstra in LA' program was easily the best experience of my life," added Jamie LaGattuta, a television production and studies major. "It gave me the confidence and knowledge that I need as I get ready enter the real world. I learned a lot about myself and the type of person I am and that I am very capable of getting to where I want to go."

The students - juniors and seniors - were selected from a competitive pool of applicants based on their academics and extracurricular activities. They were accompanied by Herbert School Associate Dean Adria Marlowe and Associate Professor Emeritus of Radio, Television, Film Peter Gershon, as well as MA Public Relations major Julianna Iovino, who served as this year's graduate assistant.

During the trip, the students also attended a networking reception at the Directors Guild of America (DGA), which included several Herbert School graduates who participated in the "Hofstra in LA" program themselves, as well as high school students who have recently been accepted to Hofstra. More than 150 students have participated in the "Hofstra in LA" program since its inception.

Some of the students' costs were underwritten by the LHSC Dean's Advisory Board, alumni and other benefactors. A limited number of full sponsorships were provided by Hofstra alumni to ensure that deserving students can participate in the program regardless of economic background.

Hofstra University's primary mission is to provide a quality education to its students in an environment that encourages, nurtures, and supports learning. At Hofstra, new ideas take shape through collaboration, engagement, and interaction. Hofstra students create their success with small classes and dedicated faculty, alongside a beautiful campus, plus all the opportunities of New York City within easy reach.

Catholic Schools Foundation receives match support for new donations made towards the Building Minds Scholarship Fund

The Catholic Schools Foundation (CSF) is thrilled to announce a special initiative in support of their signature program, the Building Minds Scholarship Fund. Bill, CSF Trustee, and Jane Mosakowski will generously match one-to-one all new and increased contributions to the fund, up to \$500,000.

The Building Minds Scholarship Fund grants scholarships to over 3,500 low-income students each year who wish to attend Catholic schools in the Archdiocese of Boston.

Bill and Jane's match gift was announced ahead of CSF's upcoming 34th Annual Building Minds Scholarship Fund Gala, taking place at Boston Marriott Copley Place on April 11th, 2024. Thanks to their generosity, every new sponsorship, ticket purchase, and donation made will now have double the impact.

Bill Mosakowski, CSF Trustee, said:

"Jane and I are honored to

support the Catholic Schools Foundation's Building Minds Scholarship Fund.

Every child deserves the opportunity to build a brighter future. By matching new and increased contributions to the Building Minds Scholarship Fund, we hope to inspire others to join us in making a lasting impact on the lives of in-need students and their families in the Archdiocese of Boston."

The 34th Annual Building Minds Scholarship Fund Gala is the single largest fundraiser held by CSF, raising over \$4M annually for low-income students to attend Catholic Schools across Boston and the surrounding communities.

Drawing together approximately 800-1,000 members of the Greater Boston business community and beyond, the event will be chaired by Renee, CSF Trustee, and Mike Minogue, President & CEO of Minogue Consulting, LLC, and Retired Chairman,

President, and Chief Executive Officer of Abiomed.

Some of the most recognized and influential names in the Commonwealth will be in attendance to honor Rick Henken, President & CEO of the Schochet Companies and former president of the CSF Board of Trustees.

Gala attendees will also have the opportunity to meet over 100 CSF scholars who will be present at the event to share more about their great experiences with the organization and to display school projects they have been working on throughout the year.

Mike Reardon, CSF's Executive Director, commented:

"At the Catholic Schools Foundation, our top priority is the education of our scholars. We're proud to say that 100% of CSF Scholars graduate high school, and an impressive 98% matriculate to college.

The Building Minds Scholar-

See SUPPORT Page 11

MassDOT's second National Work Zone Awareness Week announced

The Massachusetts Department of Transportation (MassDOT) is announcing the launch of its second National Work Zone Awareness Week billboard design contest, exclusively for Massachusetts college students. The contest aims to raise awareness of work zone safety and encourage drivers to exercise caution when passing through active construction and maintenance projects.

"We're calling for all great ideas for our second annual National Work Zone Awareness Week billboard contest," said Transportation Secretary and CEO Monica Tibbits-Nutt. "Creatively

designs and advertisement are a powerful way to reach residents and remind them how to keep our construction crews safe."

National Work Zone Awareness Week (NWZAW) is an annual event that brings attention to work zone safety and education around preventing crashes and fatalities in these areas. The theme

for NWZAW 2024 is "Work Zones are temporary. Actions behind the wheel can last forever." The main takeaway is while work zones may be temporary, the choices made by drivers in these areas can have far-reaching effects. Whether it's excessive speed, distracted driving, or ig-

noring traffic laws, poor behaviors exhibited behind the wheel can lead to severe injuries, fatalities, and long-lasting trauma for individuals and families.

MassDOT is taking an active role in promoting work zone safety to protect the men and women working out on the roadway and would like to invite all Massachusetts college students to create a billboard design that promotes the theme and encourages drivers to be cautious when driving through work zones. Massachusetts college students interested in participating should create a billboard design that includes the theme and promotes work zone safety. Review the

MassDOT Digital Billboard Design Specifications before preparing your submission.

The contest is open to all students who are currently enrolled in Massachusetts colleges. The winning designs will be selected based on creativity, impact, and relevance to the NWZAW theme. The contest ends on April 19, and the winning designs will be announced on May 1 during the 2024 MassDOT Transportation Innovation Conference. The top 3 designs will be displayed on a series of digital billboards along the highways in Massachusetts throughout the 2024 construction season. The winning designs will be awarded a scholarship gen-

erously provided by the Massachusetts Aggregate and Asphalt Pavement Association (MAAPA). As staunch advocates for roadway safety, MAAPA recognizes the crucial importance of promoting work zone safety and is dedicated to increasing awareness about driving responsibly near work zones.

1st place: \$500 and 3-month billboard display (June, August, November)

2nd place: \$300 and 2-month billboard display (July, October)

3rd place: \$200 and 1-month billboard display (September).

Support / CONTINUED FROM PAGE 10

ship Fund transforms the lives of these in-need students by providing them with a quality Catholic education that will open the door to a wealth of opportunities.

Your support, along with the generous match from Bill and Jane Mosakowski, will help us to continue making a difference

in their lives and build brighter futures for CSF scholars. It all starts with you."

The Catholic Schools Foundation would like to thank Bill and Jane Mosakowski for their remarkable commitment to the Building Minds Scholarship Fund. For more information on

CSF's 34th Annual Building Minds Scholarship Fund Gala and how you can double your donation, visit www.csfboston.org/34annualgala.

Any questions can be directed to Vanessa at vmcgee@csfboston.org or (617) 398-5459.

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF ABANDONED VEHICLE

To the owner of 2017 FORD Fusion abandoned at 1071 Western Ave. B5, Lynn, MA 01905. Please contact City Line Auto Body, to claim the automobile. License plate is 9BL813, VIN #3FA6POH74HR388293. My telephone number is 978-729-5984.

3/21/24, 3/28/24

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NOTICE OF ABANDONED VEHICLE

To the owner of 2018 HYUNDAI Elantra abandoned at 1071 Western Ave. B5, Lynn, MA 01905. Please contact City Line Auto Body, to claim the automobile. License plate is 4AFR48, VIN #SNPD84LF7JH287973. My telephone number is 978-729-5984.

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To the owner of 2018 NISSAN Rogue abandoned at 1071 Western Ave. B5, Lynn, MA 01905. Please contact City Line Auto Body, to claim the automobile. License plate is 2ZFA65, VIN #5N1AT2M-V2JC754896. My telephone number is 978-729-5984.

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LEGAL NOTICE

Notice of Hearing Ocean Shore Apartments LP v.

Anatoly Shekhtman and Gelina Rozenblum (Docket Number: 23H77CV000312) Hearing on Request for Preliminary Injunction is scheduled for April 1, 2024 at 9:00am at the Northeast Housing Court - Salem Courtroom J. Michael Ruane Judicial Center 56 Federal Street, Court-

room D, 4th Floor Salem, MA 01970 The Plaintiff in the above-referenced Notice is seeking injunctive relief to remove and dispose of the contents in the apartment located at 50 Lynnway, #414, Lynn, MA 01902, to now deceased lawful tenant, Solomon Shekhtman. Anyone who has an interest in personality of Solomon Shekhtman should appear on the date and time noted above.

3/21/24

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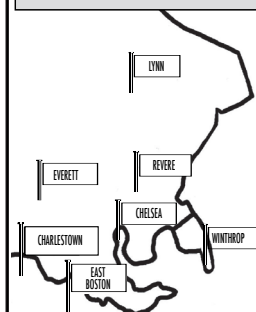
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ST. PIUS V SCHOOL STUDENTS SERVING OUR COMMUNITY

As part of their Lenten Service project, 6th graders at St. Pius V School packed up lunch and dinner bags for My Brother's Table last Friday, March 1.

Almsgiving is one of the three pillars of Lent, the season which runs from Ash Wednesday through Easter Sunday. While the school promotes service and charity projects year-round, there is an increased focus on charitable work during this time of year.

In addition to the 6th grade's My Brother's Table project, all students at the school are collecting money to support St. Vincent DePaul Society's Warm House, Warm Heart Project this Lent. These donations will be used to supply heating oil to needy families in the St. Pius V and Holy Family parish areas. The goal is 1000 gallons of oil.

Other ways St. Pius V School has served our community so far this school year include our 3rd graders collecting nonperishables to fill the Community Fridge in City Hall Square in December, and school-wide collections for St. Jude's Children's Hospital in October.

The community is invited to join the school at St. Pius V Church for the 8th grade's Living Stations of the Cross on Friday, March 22nd at 1pm.

If you would like more information about the 6th grade project with My Brother's Table, please contact 6th grade teacher Kerri Cushna at kcushna@stpiusv-school.org. For more information about other charity projects or general questions about St. Pius V School, please contact Principal Mary Beth Noe at mbnoe@stpiusv-school.org



St. Pius V School students gathering the bags for My Brother's Table.



St. Pius V School students packing up lunch and dinner bags for My Brother's Table.



HAPPY EASTER!!!

From your Ward 3 Team:
Coco Alinsug, Sandy Anshewitz, Sue Walker,
John Hogan, Bonnie Carr, Sandy Corneau, and Lisa Prak



HAPPY EASTER!!!

Hong Net
Councilor-At-Large

LYNN JOURNAL'S

2024 Easter Hunnies



Autumn & Sinclair



Chavez Krassnooff

**LYNN HOUSING AUTHORITY
& NEIGHBORHOOD DEVELOPMENT**

Happy Easter

Charles Gaeta, Executive Director
Board of Commissioners Susan McGinnis-Lang,
Steve Martin, Robert Muise, & Justin Anshewitz